





> More than just movement

# The category opportunity for topical pain relief

- 41% wish there was more variety when it came to pain medication<sup>2</sup>
- Category penetration for topical pain relief is 19%<sup>1</sup>
- The Voltarol Gel Range contains diclofenac which offers a powerful anti inflammatory effect
- Reduced risk of systemic side effects vs. oral NSAIDs
- No known drug interactions with Voltarol Gel

**Pain is the  
No 1 category  
in healthcare<sup>1</sup>**

+12.6% growth  
MAT vs 2YA<sup>1</sup>



## Recommending NSAID Gels – Factors to consider



### **The active ingredient:**

How effective is it at inhibiting its target?



### **Clinical efficacy:**

Does it relieve pain and help preserve movement, providing relief and helping the injury to heal?



### **Delivery:**

How well does the active ingredient reach the source of pain?

# Retail Category Management



**SIGMA**  
independent • together

September 2021

*Guidance and product information for OTC brands and categories to help support the pharmacy team.*

**Erectile  
Dysfunction**



**NRT**



**Pain  
Relief**



**Medicated  
Anti Dandruff**



**Skin  
Care**



**Eye  
Supplements**



**OTC** OFFERS

See this month's book for offers on products featured in the Retail Category Management.

# Introducing new LEMSIP FIRST ACTION nasal spray to help stop colds early\*

NEW

Lemsip First Action is **clinically proven** to help shorten the duration of cold and flu-like symptoms by up to **2 days**<sup>1\*</sup>

- ✓ Can be used from one year of age
- ✓ Suitable for use in pregnancy

£1M  
First Action  
media  
campaign

## A Clinically Proven Cold Hack

Lemsip First Action launch campaign reveals a cold hack that helps stop a cold early by reducing the severity and duration of it.

Lemsip First Action

Out of Home



360  
Media  
Activation

TV and VOD (Oct-Dec)

Search



\*When used at first signs of a cold. This is a medical device. Always read the instructions.  
Reference 1. Ludwig M, et al. *Respir Res*. 2013;14:124.

It is estimated up to 5 million men in the UK suffer from Erection Problems (EPs).

# Viagra Connect can help.



There are several contributing factors to EPs, and it's an embarrassing condition, that's why it's important to have an empathetic conversation with men looking to buy Viagra Connect. Don't forget to use the Pharmacy Checklist to enable you to accurately advise and assess their suitability.

## Contributing lifestyle factors can include:<sup>1</sup>



Stress



Anxiety



Lack of sleep



Unhealthy diet



Drinking too much alcohol



Using recreational drugs

## Causes of erection problems can include



### Physical

Changes in the blood flow to the penis can result from cardiovascular disease, high cholesterol or diabetes, for example



### Psychological<sup>2</sup>

e.g. depression, performance anxiety, work-related stress



A side effect of a medicine they are taking  
e.g. antidepressants, diuretics.

For further information visit [hcp.viagraconnect.co.uk](http://hcp.viagraconnect.co.uk) or



SCAN HERE

#### References;

1. Maiorino MI, Bellastella G, Esposito K. Lifestyle modifications and erectile dysfunction: what can be expected? Asian Journal of Andrology (2015) 17, 5 - 10
2. International Society of Sexual Medicine (ISSM) - [https://www.issm.info/sexual-health-qa/how-does-erectile-dysfunction-ed-affect-a-mans-self-esteem/?ref\\_condition=erectile-dysfunction](https://www.issm.info/sexual-health-qa/how-does-erectile-dysfunction-ed-affect-a-mans-self-esteem/?ref_condition=erectile-dysfunction). Accessed on 21 Jan 2021

VIAGRA Connect 50 mg film-coated tablets | Active ingredient Sildenafil | Supply Classification: P | Indications: For erectile dysfunction in adult men. Further information about this product, including adverse reactions, precautions, contraindications and method of use can be found at <https://www.medicines.org.uk/emc/product/8725> or from Upjohn UK Ltd. Walton Oaks, Surrey, KT20 7NS. | PP-VUJ-GBR-0561 April 2021

# Viagra Connect

## Tools to support conversations

Men may feel uncomfortable discussing erection problems in the pharmacy, it can be embarrassing for them and you. There is a wealth of expert training materials available to help support the entire pharmacy team feel confident with those customer conversations and knowledgeable in the subject of EPs.

### The Psychology of Erection Problems

**A training booklet so you are equipped to advise men affected by erection problems (EPs)**

**EPs are complex and can affect men at any age and can often be the results psychological components.**

- Depression can affect how men feel about themselves and sufferers are less likely to seek help.<sup>3</sup> EPs can contribute to, or result from, depression.
- Stress can result from many areas, including lack of sleep and worries about work, money or relationship.
- Self-esteem issues can cause EPs, or conversely can happen as a result of EPs and may be a sign of depression
- Anxiety can be specifically related to performance
- Relationship issues can affect a man's ability to have an erection but, equally, erection difficulties can impact on relationships



### Tune into Men's Worries

**A booklet to help you tackle some of the myths and common questions around EPs**

While the incidence of EPs increases as men get older, it is estimated that by aged 40, 40% of men will have experienced them at some stage.<sup>4</sup>

EPs can happen with varying frequency;

- 20% of men with EPs surveyed said they struggled to be intimate due to not being able to get or maintain an erection every time they have sex,<sup>5</sup>
- 30% of men with EPs surveyed said they suffered over half the times they tried to be intimate with their partner.<sup>5</sup>



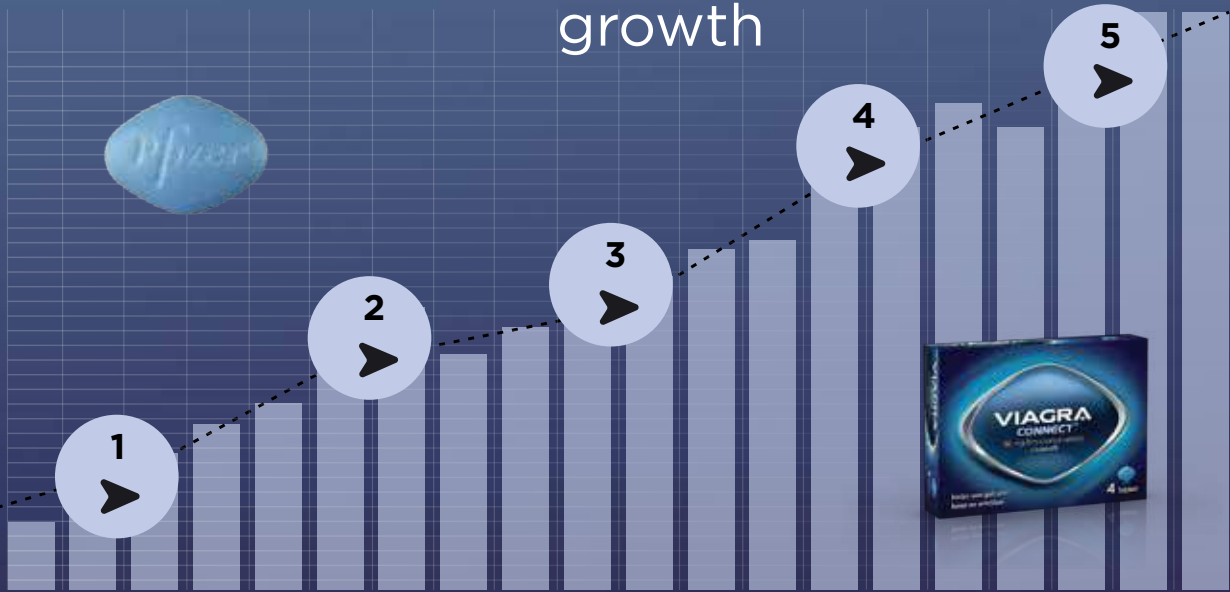
To view our full range of training visit [hcp.viagraconnect.co.uk](http://hcp.viagraconnect.co.uk) or



References:

3. RCPSYCH. Depression and Men. <https://www.rcpsych.ac.uk/mental-health/problems-disorders/depression-and-men>
4. Ferrini. M et al. (2017) Aging related erectile dysfunction - potential mechanism to halt or delay its onset. <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5313305/>
5. Opinion Research June 2020. The research was conducted by Opinion among a nationally representative sample of 5,007 UK adults. The Report was commissioned/funded by Upjohn

# How Viagra Connect can support your pharmacy's growth



1  
↓  
Viagra Connect is a well established and recognised brand and this can drive customers into store

2  
↓  
With an estimated 5 million men<sup>8</sup> in the UK experiencing EPs and 1 in 4 men under 40 affected<sup>7</sup> there is potentially a wider number of men who could approach the pharmacy for help

3  
↓  
Viagra Connect is well supported by consumer advertising, helping to drive footfall to pharmacy for purchase

4  
↓  
With many different physical and psychology health conditions linked to EPs (such as hypertension, diabetes or anxiety) pharmacists can help identify potential causes and offer advice to encourage additional sales or recommendations for other health services

5  
↓  
Viagra Connect was voted by pharmacists and an expert panel as their most valuable product at P3 pharmacy MVP awards alongside winning ICPs Pharmacy Product of the Year award 2 years running



**87% brand Awareness<sup>6</sup>**

**1 in 4 Men<sup>7</sup>**



**£10m annual advertising investment budget**



References:

6. IPSOS January 2021

7. Capogrosso, P., Colicchia, M., Ventimiglia, E., Castagna, G., Clementi, M.C., Suardi, N., Castiglione, F., Briganti, A., Cantiello, F., Damiano, R., Montorsi, F. and Salonia, A. (2013), One Patient Out of Four with Newly Diagnosed ED Is a Young Man. J Sex Med, 10: 1833-1841. doi:10.1111/jsm.12179

8. ONS 2019 UK population data & Kantar TNS 2010 - survey of 1,033 men - men reporting occasional & frequent difficulty getting/keeping an erection.



# Viagra Connect

Driving men to your pharmacy  
**stock up now**

TV Campaign designed to drive footfall to your pharmacy



The campaign will commence on 1<sup>st</sup> July with  
a variety of consumer touch points



TV Advertising



Digital Adverts



Social Advertising



Brand Press Coverage



In Store Activation

To view our full range of training  
visit [hcp.viagraconnect.co.uk](http://hcp.viagraconnect.co.uk) or



SCAN HERE

# Supporting your customers can increase their chances of quitting

There is a 60% greater chance of quitting with combination therapy vs single product NRT treatment.<sup>13\*</sup> A 30-second conversation can have a positive impact on smoking.<sup>24</sup> The UK-based National Centre for Smoking Cessation and Training developed the Very Brief Advice (VBA) on Smoking Model for clinicians.<sup>24</sup>

1. **Ask** – Establish if your customer is currently smoking<sup>24</sup>
2. **Advise** – Advise that the best way to stop smoking is with a combination of support and treatment<sup>12</sup>
3. **Act** – Offer your customer support and treatment wherever it is locally available<sup>24</sup>

Your customers want you to discuss smoking cessation. A study of more than 1,000 people who smoke showed that 50% expected their healthcare professional to discuss smoking cessation.<sup>25</sup>

## You can help by:

- Teaching customers how NRT works and how it can improve their chances of quitting
- Helping customers select the right NRT for them
- Ensuring that customers understand how to use the product

## Which product is right for which patient?

### Nicotinell Patch for discreet 24-hour relief of nicotine cravings



Nicotine

For patients who smoke 20 cigarettes or more per day:

Recommend to start treatment from Step 1 (21mg)

For patients who smoke fewer than 20 cigarettes per day:

Recommend to start treatment from Step 2 (14mg)

### Nicotinell Gum or Nicotinell Lozenges for relief when sudden cravings hit



Nicotine

For patients who smoke fewer than 20 cigarettes per day:

Recommend the 1mg Lozenge, or 2mg Gum

For patients who smoke 30 cigarettes or more per day:

Recommend the 2mg Lozenge, or 4mg Gum

For patients who smoke between 20 to 30 cigarettes a day, either dosing strength can be used depending on customer preference. Patients who have previously failed to quit when using NRT, should be encouraged to use the 2mg Lozenge or 4mg Gum.

Did you know that there is a

60%

greater chance of quitting with combination therapy vs. single product NRT treatment?<sup>13</sup>

\*excludes gum

## Product Information

### Nicotinell TTS Patch 10, 20, 30 (nicotine)

**Indications:** Relieve and/or prevent cravings and nicotine withdrawal symptoms associated with tobacco dependence for those wishing to quit or reduce prior to quitting and for smokers unwilling or unable to smoke. **Legal Category:** GSL. **PL Holder:** GlaxoSmithKline Consumer Healthcare (UK) Trading Limited, 980 Great West Road, Brentford, Middlesex, TW8 9GS

Information about these products, including adverse reactions, precautions, contraindications, and method of use can be found at:

<https://www.medicines.org.uk/emc/product/390/smpc>, <https://www.medicines.org.uk/emc/product/389/smpc>, <https://www.medicines.org.uk/emc/product/388/smpc>

### Nicotinell Mint 1mg/2mg Lozenge (nicotine)

**Indications:** For relief of nicotine withdrawal symptoms as an aid to smoking cessation or temporary smoking reduction in those wanting to quit. **Legal category:** GSL. **PL Holder:** GlaxoSmithKline Consumer Healthcare (UK) Trading Limited, 980 Great West Road, Brentford, Middlesex, TW8 9GS

Information about these products, including adverse reactions, precautions, contraindications, and method of use can be found at:

<https://www.medicines.org.uk/emc/product/2254/smpc>, <https://www.medicines.org.uk/emc/product/1190/smpc>

### Nicotinell Mint 2mg/4mg medicated chewing gum (nicotine)

### Nicotinell Fruit 2mg/4mg medicated chewing gum (nicotine)

**Indications:** Relieve and/or prevent cravings and nicotine withdrawal symptoms associated with tobacco dependence for those wishing to quit or reduce prior to quitting and for smokers unwilling or unable to smoke. **Legal category:** GSL. **PL Holder:** GlaxoSmithKline Consumer Healthcare (UK) Trading Limited, 980 Great West Road, Brentford, Middlesex, TW8 9GS

Information about these products, including adverse reactions, precautions, contraindications, and method of use can be found at:

<https://www.medicines.org.uk/emc/product/6259/smpc>, <https://www.medicines.org.uk/emc/product/6254/smpc>, <https://www.medicines.org.uk/emc/product/6253/smpc>, <https://www.medicines.org.uk/emc/product/6257/smpc>

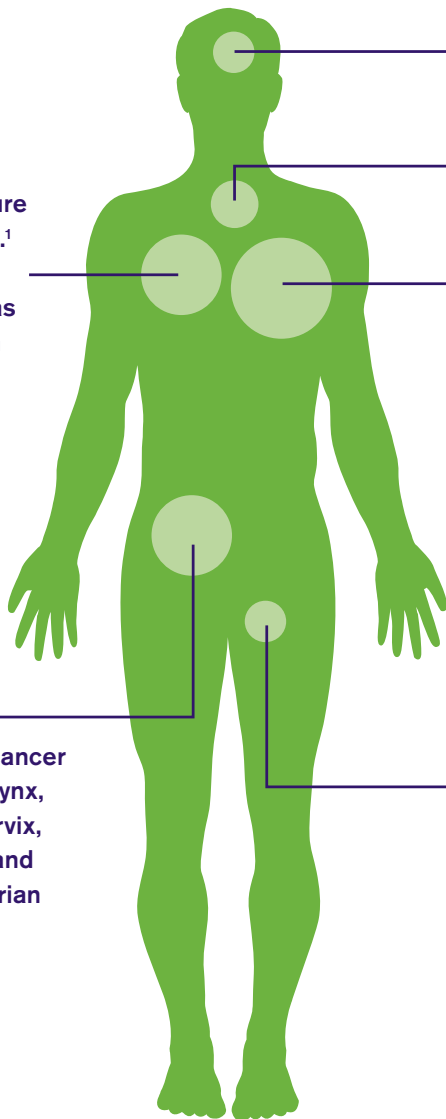
# Smoking Negatively Impacts Health

## Heart disease

The chemicals in tobacco smoke damage the heart and the structure and function of the blood vessels.<sup>1</sup> Smokers are 2 times more likely to have heart disease and twice as likely to have a heart attack when compared with nonsmokers.<sup>1</sup>

## Cancer

Smoking is responsible for approximately 15% of all cancer cases, making it the largest cause of cancer in the UK.<sup>3</sup> It has been linked to cancer of the oral cavity and pharynx, larynx, lungs, oesophagus, pancreas, cervix, kidney, bladder, stomach, bowel and liver, as well as leukemia and ovarian cancer.<sup>3</sup>



## Stroke

## Chronic bronchitis

## Lung function

Lung function declines naturally as people age. Smoking accelerates this decline.<sup>2</sup>

## Erectile dysfunction (ED)

Smoking has been associated with ED in current and former smokers.<sup>4</sup>

**References:** 1. The effects of smoking and drugs on young people. <https://www.bhf.org.uk/informationsupport/support/children-and-young-people/managing-your-lifestyle/the-effects-of-drugs-on-your-heart>. Accessed August 2021. 2. Fletcher C, Peto R. The natural history of chronic airflow obstruction. *Br Med J*. 1977;1(6077):1645-1648. 3. Tobacco Statistics. Cancer Research UK. <https://www.cancerresearchuk.org/health-professional/cancer-statistics/risk/tobacco>. Accessed August 2021. 4. Gades NM, Nehra A, Jacobson DJ, et al. Association between smoking and erectile dysfunction: a population-based study. *Am J Epidemiol*. 2005;161(4):346-351. 5. Everyday Health. Nicotine Withdrawal: How to Cope. <https://www.everydayhealth.com/quit-smoking/guide/nicotine/withdrawal/>. Accessed August 2021. 6. Benowitz NL, Porchet H, Sheiner L, Jacob P 3rd. Nicotine absorption and cardiovascular effects with smokeless tobacco use: comparison with cigarettes and nicotine gum. *Clin Pharmacol Ther*. 1988;44(1):23-28. 7. Choi JH, Dresler CM, Norton MR, Strahs KR. Pharmacokinetics of a nicotine polacrilex lozenge. *Nicotine Tob Res*. 2003;5(5):635-644. 8. Gupta SK, Benowitz NL, Jacob P 3rd, Rolf CN, Gorsline J. Bioavailability and absorption kinetics of nicotine following application of a transdermal system. *Br J Clin Pharmacol*. 1993;36(3):221-227. 9. Respiratory Health Effects of Passive Smoking: Lung Cancer and Other Disorders, 1992. United States Environmental Protection Agency. <https://www.epa.gov/indoor-air-quality-iaq/respiratory-health-effects-passive-smoking-lung-cancer-and-other-disorders>. Accessed August 2021. 10. NHS Stop Smoking Medicines. NHS - Smokefree. Available from <https://www.nhs.uk/smokefree/help-and-advice/prescription-medicines>. Accessed August 2021. 11. Hughes JR. Effects of abstinence from tobacco: valid symptoms and time course. *Nicotine Tob Res*. 2007;9(3):315-327. Everyday Health. Nicotine Withdrawal: How to Cope. <https://www.everydayhealth.com/quit-smoking/guide/nicotine/withdrawal/>. Accessed August 2021. 12. Hughes et al. 2004 in Stopping smoking. The benefits and aids to quitting. September 2014. Action on Smoking and Health. <https://ash.org.uk/wp-content/uploads/2019/10/StoppingSmoking-BenefitsAndAids.pdf> Accessed August 2021. 13. Piper ME, et al. A randomized placebo-controlled clinical trial of five smoking cessation pharmacotherapies. *Arch Gen Psych* 2009;66:1253-62. 14. Hartmann-Boyce et al. Nicotine Replacement Therapy Versus Control for Smoking Cessation (Review). *Cochrane Database of Systematic Reviews*. 2018(5). Available at <https://www.cochranelibrary.com/cdsr/doi/10.1002/14651858.CD000146.pub5/epdf/full>. Accessed August 2021. 15. West R, Shiffman S. Fast Facts: Smoking Cessation. Second Edition. Health Press Ltd. 2007. 16. Shiffman S, Elash CA, Paton SM, et al. Comparative efficacy of 24-hour and 16-hour transdermal nicotine patches for relief of morning craving. *Addiction*. 2000;95:1185-1195. 17. Shiffman S, DiMarino ME, Pillitteri JL. The effectiveness of nicotine patch and nicotine lozenge in very heavy smokers. *J Subst Abuse Treat*. 2005;28(1):49-55. 18. The Local Costs of Tobacco. Action on Smoking and Health. <https://ash.org.uk/ash-ready-reckoner/> Updated October 2019. Accessed August 2021. 19. Chronic Respiratory Diseases. World Health Organization. <https://www.who.int/respiratory/copd/burden/en/>. Accessed August 2021. 20. Breese CR, Marks MJ, Logel J, et al. Effect of smoking history on [3H]nicotine binding in human postmortem brain. *J Pharmacol Exp Ther*. 1997;282(1):7-13. 21. Why people start smoking and why it's so hard to stop. American Cancer Society. <https://www.cancer.org/cancer/cancer-causes/tobacco-and-cancer/why-people-start-using-tobacco.html>. Updated November 2015. Accessed August 2021. 22. National Cancer Institute. How to handle withdrawal symptoms and triggers when you decide to quit smoking. Bethesda, MD: National Institutes of Health. <http://www.cancer.gov/cancertopics/factsheet/Tobacco/symptoms-triggers-quit>. Accessed 04/08/21. 23. 10 self-help tips to stop smoking. NHS England. <https://www.nhs.uk/quit-smoking/10-self-help-tips-to-stop-smoking/> Accessed 04/08/21. 24. Bobak A. Very brief advice on smoking cessation. Presented at: UK National Smoking Cessation Conference; June 18-19, 2012; Birmingham, UK. [http://www.uknsc.org/abstract2012\\_presentation\\_100.php](http://www.uknsc.org/abstract2012_presentation_100.php). Accessed August 2021. 25. Ulbricht S, Klein G, Haug S et al. Smokers' expectations toward the engagement of their general practitioner in discussing lifestyle behaviours. *J Health Commun*. 2011; 16(2): 135-147. Trade marks are owned by or licensed to the GSK group of companies. PM-UK-NICOT-21-00023.

# How NRT Works

Many smokers trying to quit experience withdrawal symptoms and cravings that may be hard to overcome with willpower alone. Approximately 70-90% of smokers say that withdrawal symptoms and cravings are the reason they do not quit smoking. Nicotine replacement therapy (NRT) can help relieve physical withdrawal symptoms.<sup>5</sup>

NRT addresses your customers' physical needs using consistent, controlled therapeutic nicotine to wean them down gradually.<sup>6-8</sup> It delivers lower levels of nicotine without the 4,000 chemicals found in tobacco smoke.<sup>9,10</sup>

NRT helps manage withdrawal symptoms, which manifest within the first 1 to 2 days, peak within the first week and gradually dissipate over 3 to 4 weeks.<sup>11</sup> Cravings, on the other hand, are often psychologically motivated and can last for months. The use of behavioural programmes in conjunction with NRT can improve success.<sup>12</sup>



**greater chance of quitting with combination**

(e.g. NRT Patch plus lozenge) vs. single format NRT<sup>13</sup>

## Benefits of NRT:<sup>10,14-17</sup>

- Helps reduce symptoms of nicotine withdrawal by gradually lessening nicotine intake

- Efficacy shown in over 100 clinical trials

- Various formats to address quitter's needs

- Can be purchased over the counter (OTC)

# The two sides of quitting smoking

## Physical withdrawal symptoms

As a result of the body reacting to the absence of nicotine.<sup>12</sup>

Start within a few hours of quitting, peak about 2-3 days after quitting and may last up to several weeks.<sup>18,19</sup>



## Psychological withdrawal symptoms

As a result of giving up the habitual side of smoking and may be more difficult to overcome than physical.<sup>12</sup>

Psychological cravings arise in situations that trigger the desire for a cigarette, for example:<sup>20,21</sup>



## Advice to share for managing psychological and physical withdrawal symptoms<sup>23,24</sup>



**STRESS** – start an exercise programme, practice deep breathing or call a supportive friend.  
Learn to meditate or take a stress management class



**COFFEE** – try tea or flavoured coffee instead, change where you take your coffee break at work



**OTHER SMOKERS** – explain you are trying to quit, discuss quitting together

## Further advice to share for managing psychological withdrawal triggers:

- Try not to go to the pub for the first few weeks and limit alcohol intake
- Manage triggers that arise from being in the car by choosing a different route for regular trips
- Remind yourself that symptoms are temporary
- Keep your hands busy by keeping sugar-free gum or toothpicks handy

THE UK'S NO.1 SELLING HEAT AND FREEZE BRANDS.

**BEFORE  
EXERCISE.**

**DEEP  
HEAT  
IT.**

**AFTER  
INJURY.**

**DEEP  
FREEZE  
IT.**



Deep Heat Muscle Massage Roll-On Lotion is non-medical



Deep Freeze Pain Relief Glide-on Gel is a medical device

**DEEP HEAT**

[deep-heat.co.uk](http://deep-heat.co.uk)

**DEEP FREEZE**

[deep-freeze.co.uk](http://deep-freeze.co.uk)



# DEEP RELIEF

CONTAINS 2 PAINKILLING INGREDIENTS  
**IBUPROFEN + LEVOMENTHOL**

## DEEP RELIEF

ANTI-INFLAMMATORY GEL

Ibuprofen &  
Levomenthol

FOR BACK, RHEUMATIC  
& MUSCULAR PAIN

**TRIPLE >>>  
ACTION**

*Penetrating  
Pain Relief*

*Fast Cooling  
Relief*

*Anti -  
Inflammatory*



DEEP  
RELIEF

>>>  
From the

**UK's  
No.1**

seller of topical  
pain relief products\*

# ALWAYS PREPARED



**FAST ACTING  
PAIN RELIEF**



**FAST  
COOLING**



**PENETRATING  
PAIN RELIEF**

Levomenthol with Ibuprofen: up to 2x  
faster pain relief than Ibuprofen gel.\*\*  
Topical Ibuprofen is as effective as  
400mg Ibuprofen tablets for joint &  
muscle pain.\*\*\*

FROM THE UK'S No1 TOPICAL PAIN RELIEF SELLER\*

Deep Relief Anti-Inflammatory Gel contains Ibuprofen 5.0%w/w, levomenthol 3.0%w/w.

\*Source: IRI Data Total All Outlets, Unit Sales 52 w/e 20 December 2020 \*\*Ref is: JIMR-19-0229,Rx - Comparison of diclofenac gel, ibuprofen gel and ibuprofen gel with levomenthol in topical treatment of pain associated with musculoskeletal injuries.\*\*\*Whitefield M et al. Comparative efficacy of a proprietary topical ibuprofen gel and oral ibuprofen in acute soft tissue injuries: a randomized, double-blind study. Journal of Clinical Pharmacy and Therapeutics (2002) 27, 409-417.

Indications: Relief of rheumatic pain, muscular aches, pains and swellings such as strains, sprains and sports injuries. Legal category: GSL. Information about this product, including adverse reactions, precautions, contraindications and method of use can be found at <https://mhraproducts4853.blob.core.windows.net/docs/03df4643efebdc22e7a26e36744596c3e4112ad8>

Licence holder: The Mentholatum Company Limited, 1 Redwood Avenue, Peel Park Campus, East Kilbride G74 5PE. [www.deep-relief.co.uk](http://www.deep-relief.co.uk)

DEEP  
RELIEF

12

FOR HEALTHCARE  
PROFESSIONALS

# HELP YOUR CUSTOMERS MANAGE AND PREVENT BACK PAIN IN **FIVE SIMPLE** **S.T.E.P.S.**



## Stretch Therapy Exercise Posture Strengthen

Millions of us in the UK suffer from back pain which can affect work, family and leisure time.

When back pain occurs, we may be unwilling, or even frightened to move because it hurts, but backs were made for moving and the latest advice from expert bodies such as NICE tells people to keep mobile with gentle exercise.

Mentholatum is committed to helping people take an active part in managing their own health and wellbeing, so we have developed **Mind Your Back**, an easy-to-follow back pain management and prevention programme. Mind Your Back's five simple **S.T.E.P.S.** - which can be followed in your own time and at your own pace, alongside a healthy lifestyle, will help you not only manage back pain, but help prevent further problems.

Let your customers know about Mind Your Back, all the information they need can be found at [mindyourbackuk.com](http://mindyourbackuk.com).

#mindyourback





## 1 - Stretch



Too much sitting can weaken our back muscles, so we have selected five simple stretches to increase mobility, reduce stiffness, improve circulation and help take back pain away – backs are made for moving! No need for gym gear or any special equipment – all you need is you. Whether it be at your desk, at home or even on your daily commute – these can be done anywhere. Find out more at [mindyourbackuk.com](http://mindyourbackuk.com)

**As always, people who have not been active for a while should be advised to check with their GP and to start any new activity slowly.**

## 2 - Therapy – Hot, cold, or anti-inflammatory?



Help your customers find the right topical products to care for their back efficiently.<sup>1,2</sup> Mentholatum is the UK's number one seller<sup>3</sup> of topical pain relief products including the iconic Deep Heat, Deep Freeze and Deep Relief, its topical NSAID brand.<sup>1</sup> The mix of formats across the ranges and the fact that some of the products are drug-free means that your customers will be able to find something suitable for their individual needs.

## 3 - Exercise



Even with our busy schedules, it's important to keep our backs healthy and strong! Find gentle exercises you enjoy and build them up gradually be it walking, cycling, swimming – you only have one back, so look after it! If at any time you feel acute pain during exercise, be sure to stop. Exercise is good for the back, but please seek medical advice before exercising if you have underlying health conditions.

## 4 - Posture



Our occupation and our increasingly sedentary lifestyles can lead to back pain because of poor posture. If it continues it can lead to longer term problems later in life, so it's beneficial to know what good posture looks like. Follow our posture check at [mindyourbackuk.com](http://mindyourbackuk.com)

## 5 - Strengthen



A long-term solution to help manage back pain is by strengthening the back - supporting muscles which weaken over time. A strong core provides good support for the spine. Find at [mindyourbackuk.com](http://mindyourbackuk.com) five simple exercises to help strengthen your back muscles and help prevent back pain.

## HEAT THERAPY

Heat helps to soothe muscle aches and pains. Our Deep Heat Muscle Massage Roll-on Lotion<sup>2</sup> helps soften tight muscles to restore movement. Deep Heat Pain Relief Heat Patch provides long lasting, odourless pain relief. The increased blood flow helps aid the healing process.



## COLD THERAPY

Cold therapy works fast.

Our Deep Freeze range of products provide fast pain relief for sharp shooting back pain or muscular back pain during pregnancy<sup>4</sup>.

The cooling effect of the Deep Freeze Pain Relief Cold Gel, Patch and Glide-on Gel have been scientifically proven to penetrate soft tissue to a depth of 3cm.



## ANTI-INFLAMMATORY

Topical Anti-inflammatories provide penetrating pain relief targeting inflammatory back pain.

Deep Relief Anti-Inflammatory Gel is recommended for the effective relief from back pain, rheumatic pain, muscular aches, pains and swellings such as strains and sprains. Deep Relief Joint Pain Gel is also suitable for the relief from pain associated with non-serious arthritic conditions.



[mindyourbackuk.com](http://mindyourbackuk.com)

**Contact:**  
**Ceuta Laser Team**  
**Telephone : 0344 243 6661**

# Ibuleve™

Pain Relief Without Pills

**NEW** look,  
**NEW** sizes,  
same great formulation.



# Ibuleve™

The only ibuprofen gel with a published clinical study proving it works as fast and effectively as ibuprofen pills\*

Fact: Not all pain killing gels are the same, even if they have the same active ingredient. Ibuleve has been shown to be more easily absorbed than some other creams and gels, meaning that more ibuprofen relief reaches the site of pain.

Now available in the following sizes to improve customer choice:



30g  
RRP £4.50



30g  
RRP £6.00



50g  
RRP £6.50



50g  
RRP £8.00



100g  
RRP £11.00

# Ibuleve™

## Pain Relief Spray



### EASY TO USE Pain Relief

Ibuleve Pain Relief Spray is a simple way to apply Ibuleve when you have backache, mild arthritic and muscular pain, sprains, strains and sports injuries, and works to reduce swelling and inflammation.

The spray format makes it easy to apply to hard-to-reach areas such as the lower back.

35ml  
RRP £6.00

### ADVICE FOR YOUR CUSTOMERS Ibuleve Pain Relief Spray



The spray bottle can be used upright or upside down for hard to reach areas.



The spray can be used up to four times a day, leaving at least four hours between applications, for up to two weeks.



Patients should speak to their GP if symptoms worsen or continue for more than 2 weeks.

£1m media investment to drive awareness and demand with your customers.



AS FAST  
AS POWERFUL  
AS EFFECTIVE  
AS IBUPROFEN PILLS\*



Recommend the UK's No.1 ibuprofen gel.



# Have your customers already tried everything for recurring dandruff?



Recommend a medicated  
solution that is clinically  
proven to put an end to dandruff.

Nizoral® – Fights the cause of dandruff.

# Nizoral®

# Nizoral<sup>®</sup>

## The medical solution Nizoral<sup>®</sup> with ketoconazole effectively combats the cause of dandruff.<sup>1-4</sup>

- Inhibits the dandruff fungus
- Relieves itching and other scalp complaints such as burning sensations and redness of the scalp
- Quick and effective but gentle on the scalp<sup>5</sup>
- Protects and improves hair quality<sup>6,7</sup>
- No known resistance to ketoconazole<sup>8</sup>
- Clinical studies prove effectiveness<sup>9</sup>

**Clinically  
proven  
effectiveness<sup>9</sup>**

## Use twice a week for 2-4 weeks for up to 3 months freedom from dandruff<sup>10</sup>



- Apply a small amount of Nizoral<sup>®</sup> shampoo (approx. 6 ml) to the scalp
- Leave the foam to work on the skin for 3 to 5 minutes before rinsing
- Ordinary shampoos can be used in parallel to Nizoral<sup>®</sup>
- For prevention use once a week or once every 2 weeks

# Dandruff and seborrhoeic dermatitis are common and recurring scalp problems

**>50%**  
of people are affected  
by dandruff<sup>11</sup>

  
affects more men  
than women<sup>8</sup>

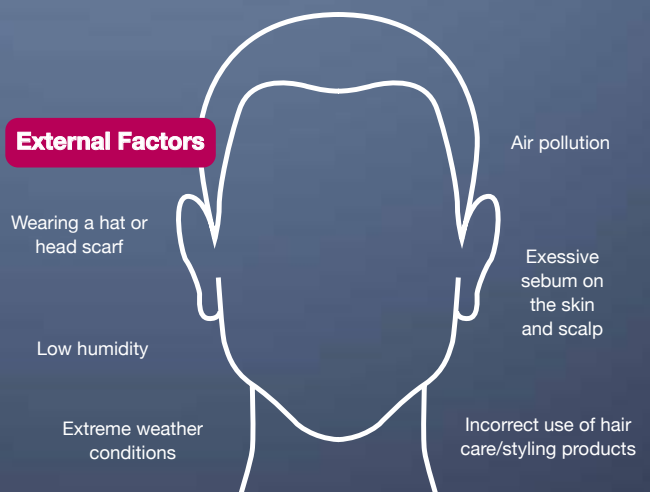
## The Most Common Cause of Dandruff:<sup>12</sup>

The most common cause of dandruff is a yeast like fungus called *Malassezia furfur*. This fungus occurs naturally in the microflora of the outer layer of every person's scalp at a concentration level of up to 46%. Excessive growth of this fungus (c. 73%) leads to dandruff, itching and redness of the scalp. More severe excessive growth (c. 83%) can lead to seborrhoeic dermatitis.



**Dandruff fungus**  
(Yeast-like fungus *Malassezia furfur*)

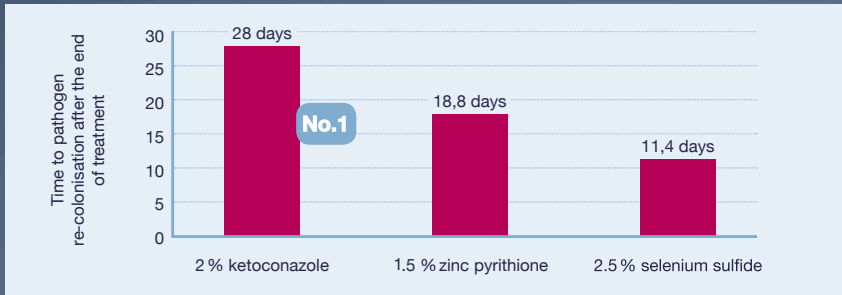
## Other factors that promote dandruff.





# Nizoral® The medicated solution against dandruff.

- Compared to conventional anti-dandruff shampoos that only act on the surface, Nizoral® treats the root cause of dandruff – the fungus.<sup>13</sup>
- In comparison to other active ingredients, treatment with Nizoral® offers the longest interval of 28 days before dandruff recurs. The result is freedom from dandruff for up to 3 months.<sup>14</sup>



## Easy to Use.

- Apply a small amount of Nizoral® shampoo (approx. 6 ml) to the scalp
- Leave the foam to work on the skin for 3 to 5 minutes before rinsing
- Ordinary shampoos can be used in parallel to Nizoral®



### For treatment

Dandruff and seborrheic dermatitis.  
Use twice a week for 2-4 weeks

### For prevention

Use once a week or  
once every 2 weeks

## Nizoral® – Fights the cause of dandruff.

### Sources

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Nizoral Dandruff Shampoo Thornton & Ross, Linthwaite, Huddersfield, HD7 5QH

*Nizoral Dandruff Shampoo. Contains Ketoconazole. Thornton & Ross Ltd., Linthwaite, Huddersfield, HD7 5QH, UK. Classification P.*

*Used for the Prevention and treatment of the scalp conditions dandruff and seborrheic dermatitis. Information about this product, including adverse reactions, precautions, contra-indications, and method of use can be found at: <https://www.medicines.org.uk/emc/product/6764/smpc>*

# SOOTHING SCIENCE

AS SEEN  
ON TV



As a healthcare professional, every clinical decision you make has a scientific basis;  
and caring for skin should be no different.

The QV range of soap-free, dermatologically tested cleansers and moisturisers are specifically developed for sensitive skin. The QV range is suitable for use with eczema, psoriasis, dermatitis and a range of dry skin conditions.



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Further information and samples are available from  
[qvskincare.uk@egopharm.com](mailto:qvskincare.uk@egopharm.com)

**QV**™ | PUTTING SCIENCE  
INTO SKINCARE

# APPLIED SCIENCE



15% GLYCERIN FOR SKIN HYDRATION

QV Gentle Wash is a soap-free alternative for the cleansing of dry skin and is suitable for use with eczema and psoriasis. It is pH balanced for sensitive and dry skin conditions and helps to maintain skin's natural protective properties with the added benefit of glycerin for skin hydration.

## QV Gentle Wash

- Won't strip away natural oils like soap can.
- Suitable for use with eczema, dermatitis, psoriasis, dry and very dry skin.
- Low irritation potential.
- Free from including fragrance colour & other common irritants

Recommend QV, and let your dry-skin patients enjoy a welcome demonstration of applied science.



[www.qvskincare.co.uk](http://www.qvskincare.co.uk)  
Further information and samples are available from [qvskincare.uk@egopharm.com](mailto:qvskincare.uk@egopharm.com)

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PUTTING SCIENCE INTO SKINCARE

# APPLIED SCIENCE



QV Cream helps protect against dryness by sealing in natural moisture. It contains three types of moisturisers to help soothe and replenish dry and sensitive skin providing 24-hour moisturisation.

## QV Cream

- A highly concentrated, rich, moisturising cream.
- Non greasy, pH balanced moisturiser
- Helps to replenish the skin and hydrate dry areas. such as elbows and knees
- Free from including fragrance colour and other common irritants.e

Recommend QV, and let your dry-skin patients enjoy a welcome demonstration of applied science.



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Further information and samples are available from  
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PUTTING SCIENCE  
INTO SKINCARE

# APPLIED SCIENCE



LOW-IRRITANT  
FORMULA

QV Bath Oil Helps revive dry or sensitive skin in the bath, it disperses easily in water without leaving residue and has a safe non-slip formula. Suitable for use with eczema and psoriasis. It is pH balanced for sensitive and dry skin conditions.

## QV Bath Oil

- Helps revive dry or sensitive skin in the bath
- pH balanced, low-irritant formulation,
- Free from fragrance colour and other common irritants
- Safe, non-slip formula
- Ideal for infants and the elderly

Recommend QV, and let your dry-skin patients enjoy a welcome demonstration of applied science.



[www.qvskincare.co.uk](http://www.qvskincare.co.uk)

Further information and samples are available from [qvskincare.uk@egopharm.com](mailto:qvskincare.uk@egopharm.com)

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BILBERRY FLAVOUR**

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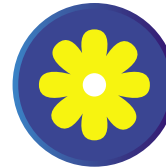
Scientifically proven for eye health\*



LMZ3™ is the brand name for our trusted and researched blend of macular nutrients, a specific formulation of lutein, meso-zeaxanthin and zeaxanthin.



These macular nutrients are found at the back of the eye, at the macula, where they form the macular pigment (yellow colour).



Our LMZ3™ is derived from a botanical extract obtained from the marigold flower (*Tagetes erecta*).



\*Vitamin B2 helps maintain normal vision



MacuShield was launched in 2006 and is now available in **22 countries** across the globe.

Unlike other supplements, it contains a scientifically-tested blend of LMZ3, the three carotenoids found in your macula. These three carotenoids are extracted from the marigold flower (*Tagetes Erecta*), sourced and grown especially for our supplements.

## MACULAR PIGMENT: WHAT YOU NEED TO KNOW

Your macular pigment is found at your macula, a yellow spot at the centre of your retina at the back of your eye that's responsible for our detailed central vision. It's formed solely from what you eat - and from three nutrients in particular, Meso-zeaxanthin, Lutein and Zeaxanthin (LMZ3), also called macular carotenoids. Making sure you're eating dark green veg, fruit and some types of fish and seafood is one way to replenish these nutrients.

But more and more people are choosing to help supplement their intake of these macular carotenoids by supplementing their diet with MacuShield or MacuShield Gold. Think of it as an extra helping hand without disrupting your dietary lifestyle choice.

### Product Table

#### Amount per daily dose

Ingredient	MacuShield	MacuShield Gold
Meso-zeaxanthin	10mg	10mg
Lutein	10mg	10mg
Zeaxanthin	2mg	2mg
Zinc	-	25mg
Vitamin C (L ascorbic acid)	-	500mg
Vitamin E (d-alpha-tocopherol)	-	268mg a-TE
Copper	-	2mg



# CONTAINS LMZ3™, OUR TRUSTED BLEND OF MACULAR NUTRIENTS



[www.macushield.co.uk](http://www.macushield.co.uk)

\*\*Original Formula - based on survey of 92 UK Eye Experts 2017. To verify, email [medinfo@alliancepharma.co.uk](mailto:medinfo@alliancepharma.co.uk)



**11%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICEPRICE	QTY
406-9399	VIAGRA CONNECT 50MG OTC	8	£25.74	11%	<b>£22.91</b>	
406-9407	VIAGRA CONNECT 50MG OTC	4	£14.70	11%	<b>£13.08</b>	
416-0990	VIAGRA CONNECT 50MG OTC	2	£8.08	11%	<b>£7.19</b>	



**UP TO**  
**7.5%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICEPRICE	QTY
SSLI48	NICOTINELL C/GUM 2MG FRUIT	96	£8.26	7.5%	<b>£7.64</b>	
NICCM29	NICOTINELL C/GUM 2MG MINT	96	£8.26	7.5%	<b>£7.64</b>	
3IBUMOUI	NICOTINELL C/GUM*4MG*FRUIT	96	£10.26	7.5%	<b>£9.49</b>	
3MECR5	NICOTINELL C/GUM*4MG*MINT	96	£10.26	7.5%	<b>£9.49</b>	
3NICLOZ19	NICOTINELL LOZENGE S/F IMG	96	£9.12	7.5%	<b>£8.44</b>	
3NICLOZ29	NICOTINELL LOZENGE S/F 2MG	96	£10.60	7.5%	<b>£9.81</b>	
NIC10	NICOTINELL TTS 10 SMALL	EACH	£9.12	2%	<b>£8.94</b>	
NIC20	NICOTINELL TTS 20 MEDIUM	EACH	£9.40	2%	<b>£9.21</b>	
NIC30	NICOTINELL TTS 30 LARGE	EACH	£9.97	2%	<b>£9.77</b>	
SSL036	NICOTINELL TTS 30*NEW 2IDAY	EACH	£24.51	2%	<b>£24.02</b>	

Attention: **Simone** Pharmacy Name: ..... Telephone Number: .....

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E&OE AND SUBJECT TO AVAILABILITY



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0800 597 4439



WWW.SIGCONNECT.CO.UK



**UP TO  
18%  
DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICEPRICE	QTY
415-0477	DEEP FREEZE COLD GEL	100GM	£2.87	13%	£2.50	
415-0462	DEEP FREEZE COLD PATCH	4	£3.30	18%	£2.70	
415-0470	DEEP FREEZE COLD PATCH	EACH	£1.00	18%	£0.82	
415-0454	DEEP FREEZE GLIDE ON COLD GEL	50GM	£2.99	18%	£2.45	
415-0488	DEEP FREEZE SPRAY	150ML	£2.62	15%	£2.23	
417-6806	DEEP RELIEF ACTIFLEX PATCH	4	£4.19	10%	£3.77	
211-4890	DEEP RELIEF IBUPROFEN GEL	50GM	£3.59	15%	£3.05	
224-6841	DEEP RELIEF IBUPROFEN GEL	100GM	£6.46	15%	£5.49	
244-4818	DEEP RELIEF IBUPROFEN GEL	30GM	£2.88	15%	£2.45	

## IBULEVE™

**UP TO  
7.5%  
DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICEPRICE	QTY
416-0602	IBULEVE MAX PAIN RELIEF 10%GEL	50GM	£4.87	15%	£4.14	
416-0610	IBULEVE MAX PAIN RELIEF 10%GEL	30GM	£3.65	15%	£3.10	
416-0560	IBULEVE PAIN RELIEF 5% GEL	30GM	£2.74	15%	£2.33	
416-0578	IBULEVE PAIN RELIEF 5% GEL	50G	£3.95	15%	£3.36	
416-0594	IBULEVE PAIN RELIEF 5% SPRAY	35ML	£3.65	15%	£3.10	
3IBUSP	IBULEVE SPEED RELIEF SPRAY	35ML	£3.26	15%	£2.77	

## Nizoral®

**UP TO  
7.5%  
DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICEPRICE	QTY
3NIZSHA6	NIZORAL SHAMPOO*OTC* 60 ML	60ML	£4.08	14%	£3.51	
3NIZSHAI	NIZORAL SHAMPOO*OTC*100ML	100ML	£6.28	14%	£5.40	

Attention: **Simone** Pharmacy Name: ..... Telephone Number: .....

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**UP TO  
18%  
DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICEPRICE	QTY
327-3307	QV BATH OIL	500ML	£4.79	10%	£4.31	
327-3323	QV EMOLLIENT CREAM	500G	£5.96	10%	£5.36	
363-9168	QV GENTLE WASH EMOLLIENT	500ML	£5.32	10%	£4.79	
363-9176	QV GENTLE WASH EMOLLIENT	250ML	£3.19	10%	£2.87	
363-9150	QV INTENSIVE OINTMENT	450G	£5.75	10%	£5.18	
363-9341	QV SKIN LOTION	500ML	£5.32	10%	£4.79	



**UP TO  
7.5%  
DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICEPRICE	QTY
384-6953	MACUSHIELD GOLD CAPS	90	£17.49	17.5%	£14.43	
413-8525	MACUSHIELD ORIGINAL CHEWABLE	30	£11.66	17.5%	£9.62	

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# This month's offers:



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# SUMMARY OF TERMS

1. Where accounts have been approved for credit, payments are due 30 days from the month of invoice. Sigma Pharmaceuticals Plc reserves the right to charge interest on overdue accounts at the rate of 4% above the LIBOR (London InterBank Offered Rate) per month without prejudice to the right of recovery. Cheques payable to Sigma Pharmaceuticals Plc. Sigma Pharmaceuticals Plc reserves the right not to process the orders in case of an overdue account.
2. All orders and prices quoted are subject to the standard rate or reduced rate of V.A.T. on the NETT invoice value. The invoice date is the tax point for V.A.T. purposes.
3. If a cheque is returned unpaid, for whatever reason, you will automatically be charged with a £25.00 surcharge.
4. All delivery enquiries must be notified within 24 hours of delivery
5. Prices are correct at time of going to print, but are subject to change without prior notice. Sigma Pharmaceuticals Plc reserves the right to amend any of their prices without due notice. Orders are accepted on condition that the goods will be invoiced at the prices ruling at the date of delivery. All images shown are for illustrative purposes only.
6. Invoice queries must be raised within one week of invoice date.
7. The goods shall remain the sole and absolute property of the seller and legal equitable owner until such time as the buyer shall have paid to the seller the agreed price together with the full price of any other contract with the seller.
8. Standard terms and conditions apply, as per trading terms, available upon request.
9. RSP's shown are supplied by the manufacturers and are correct at time of going to print. It is at the retailers discretion to set their own retail price and margin.

## CLAIMS AND RETURNS

### DELIVERIES

When accepting your delivery please ensure the number of boxes/bulk received match the drivers runsheet and that any discrepancies are clearly marked. Non-delivery must be notified to Sigma Pharmaceuticals Plc within 1 service day of invoice date or advice of despatch.

### RETURNS

Under existing rules and regulations issued by the DHSS and as published in "MAIL", goods will only be accepted for return by Sigma Pharmaceuticals Plc for the following reasons:

- To correct an error in delivery or ordering.
- In response to a product or batch recall instigated by a manufacturer.
- Where products or packages are alleged to be faulty.

In order to be considered for credit or replacement the goods must be accompanied by a note showing:-

- The name and address of the customer returning the goods.
- The quantity and description of the goods.
- The invoice number on which the goods were supplied.
- The reason of the return.

#### *Transfer Order Queries*

Call **01923 331 411** and ask for the Transfer Order Department.

#### *Expiry Date Queries*

Dates on products should be checked upon delivery. If you wish to return an item due to the date, please follow the return procedure mentioned previously.

#### *Items Missing From Delivery*

Call **01923 444 999** within 24 hours of delivery.

#### *Wrong Item Supplied*

Mark the required item with the code of 'B' on your invoice/return slip.

#### *Goods Ordered in Error*

Mark the item with the code of 'H' on your invoice/return slip.

#### *Goods Arrived Damaged*

Mark the item with the code of 'F' on your invoice/return slip.

#### *Recall Stock*

All recall stock must be written on a return slip with the date, quantity and reason code K.



## OTC & HEALTH AND BEAUTY TRANSFER ORDER OVERVIEW

Sigma offers a comprehensive transfer order service offering prompt deliveries, transparent invoicing and full advantage of manufacturers multi-level discounts (MLD) across a wide range of manufacturers.

### WHY USE SIGMA FOR TRANSFER ORDERS?

Our transparent invoice structure, quick turnaround and dedicated customer service means we are the preferred choice with manufacturers and third-party sales teams for transfer orders. Advantages of putting your transfer orders through Sigma:

- › A minimum of 10% wholesaler discount on transfer orders\*
- › Transparent discount structure
- › More than 95% of products are available to order in singles
- › Aim to deliver stock within 48 hours from receipt
- › Back orders held for 60 days
- › Dedicated transfer order team that can be directly contacted by telephone or email.
- › Committed to ensure transfer order queries are resolved within 72 hours

\* Ethical and Rx Lines may not qualify for this discount

# TRANSFER ORDER PORTFOLIO

## BAYER

- Alka Seltzer
- Bepanthen
- Berocca
- Canesfresh
- Canesten
- Clarityn
- Diprobase
- Feminax
- Germolene
- Germoloids
- Redoxon
- Rennie
- Sanatogen

## BETTERYOU

## BIOKULT

- Protexin

## BR PHARMACEUTICALS

- Valupak

## CARE FOR YOURSELF LTD

- AMO

## CEUTA HEALTHCARE

- 4head
- Alliance Pharma
- Bayer
- Bazuka
- Chloralieve
- Blistex
- Bodyform
- Clearblue
- Carnation
- Flexiseq
- Freederm
- Ibuleve
- Iglu
- Milton
- Murine
- Mum

- Odoreaters
- ORS
- Otex
- Pepto Bismol
- Fastaid
- Tena
- Ultra Chloraseptic
- Vapodrops
- Viagra Connect
- Vicks
- Westlab

## CIGA HEALTHCARE

## ETHICOE

- Nelsons
- Difflam
- CBI2

## GR LANE

- Aquaban
- Derbac
- Earex
- Kalms
- Jakemans
- Olbas
- Pro Plus
- Teangi Tea Tree

## GLAXO SMITH KLINE

- Alli
- Aquafresh
- Beechams
- Biotene
- Breathe Right
- Corsodyl
- Day Nurse
- Driclor
- Duofilm
- Enos
- Eumovate
- Lamisil
- Nicotinell
- Otrivine

- Panadol
- Piriton
- Poligrip
- Polytar
- Scopoderm
- Sensodyne
- Voltarol
- Zovirax

## KARIUM LTD

- Cuticura
- Perspirex

## LASER HEALTHCARE

- Anthisan
- Brolene
- Buscopan
- Beiersdorf
- Bazuka
- Compeed
- Dextro
- Deep Heat/ Deep Freeze
- Dioralyte
- Dulcolax
- EllaOne
- Just For Men
- Fishermans Friend
- Nitty Gritty
- Opticrom
- Pharmaton
- Phenergan
- Potters
- PoxClin
- Puresentiel
- Ricola
- Seabond
- Selsun
- Syndol
- Vagisil



## **P&G**

- Clearblue
- Fixodent
- Oral B

## **PERRIGO (Omega Pharma)**

- Abidec
- Alphosyl
- Beconase
- Bio-Oil
- Bronchostop
- Buttercup
- Contac
- Dentu Crème
- Gedex
- Lactacyd
- Lyclear
- Metatone
- Milk Of Magnesia
- NiQuitin
- Nytol
- Solpadeine
- TCP
- Tiger Balm
- Veganin
- Wartner
- Wernets

## **POWERMED PLUS**

- Anusol
- Arm & Hammer
- Batiste
- Clinitas
- Colief
- Femfresh
- First Response
- Halls
- Lotil
- Nair
- Orajel
- Pearl Drops
- Replens
- Salonpas
- Sterimar

## **RECKITT BENCKISER**

- Bonjela
- Clearasil
- Cuprofen
- Dequadin
- Dettol
- Disprin
- Durex
- E45
- Full Marks
- Fybogel
- Gaviscon
- Guardium
- Lanacane
- Lemsip
- Nurofen
- Optrex
- Paramol
- Scholl
- Senokot
- Steradent
- Strepsil
- Sweetex
- Veet
- Woodward's

## **THE MILES GROUP**

- A L Simpkin
- Biofreeze
- Cambridge Healthcare
- Colgate Palmolive
- Comedic International
- Alpecin
- Plantur
- Jerome Russell
- Kobayashi
- MS George
- Omron
- Passion For Life
- Profoot
- Quies
- Red E Med
- Therapearl
- Teva UK

## **THEA PHARMACEUTICALS**

- Blephaclean
- Hyabak
- Thealoz
- Otrivine
- Nutrof
- Monopost

## **THORNTON & ROSS**

- Acriflex
- Alegesal
- Care
- Cetraben
- Covonia
- Eucryl
- Eurax
- Flexitol
- Fultium
- Galpseud
- Hedrin
- J Collis
- Metanium
- Movelat
- Mycota
- Oilatum
- Radian B
- Savlon
- Senna
- Settlers
- Virasorb
- Virasoothe
- Windsetlers
- Zeroderm



**SIGMA**  
independent•together



## Contacting the Sigma teams:

CUSTOMER SERVICES (MON–FRI 9 A.M.–7.30 P.M.)	<b>0800 358 4427</b>
FREephone ORDER LINE	<b>0800 597 4462</b>
FREEFAX LINE	<b>0800 597 4439</b>
SPECIALS	<b>0800 597 4475</b> <b>0800 597 4473 (FAX)</b>
OTC TRANSFER ORDERS	<b>01923 331 411</b>
CUSTOMER ACCOUNTS (MON–FRI 9 A.M.–5 P.M.) (Accounts/Statements)	<b>01923 332 900</b> <b>01923 332 911 (FAX)</b>
SIGCONNECT ONLINE ORDERING PORTAL	<b><a href="http://www.sigconnect.co.uk">www.sigconnect.co.uk</a></b>



[info@sigmaplc.com](mailto:info@sigmaplc.com)



[www.sigmaplc.com](http://www.sigmaplc.com)



[@sigmaplcuk](https://twitter.com/sigmaplcuk)

# The sales team supporting you at **Sigma**

## Head of Sales



**Dipesh Vaja**, Head of Sales  
Tel: **0800 597 4462**  
Email: **dipesh@sigmaplc.com**

## Telesales/Customer Service



**Rushin Mehta**, Telesales Manager  
Tel: **0800 597 4462**, Option 3  
Email: **rushin@sigmaplc.com**



**Hitesh Haria**, Telesales Supervisor  
Tel: **0800 597 4462**, Option 3  
Email: **hitesh@sigmaplc.com**

## Business Development



**Michelle Sparrow**, Business Development Manager  
Tel: **01923 332 790**  
Email: **michelle@sigmaplc.com**

## Sales Executives



**Pankaj Vyas** - National Sales Manager  
Tel: **07946 352 462**  
Email: **pankaj@sigmaplc.com**



**Vithal Adatia** - Account Executive  
Tel: **01923 331 407**  
Email: **vithal@sigmaplc.com**

## Specials



**Hinal Pandya**, Specials Manager  
Tel: **0800 597 4475**  
Email: **specials@sigmaplc.com**

## OTC Transfer Orders



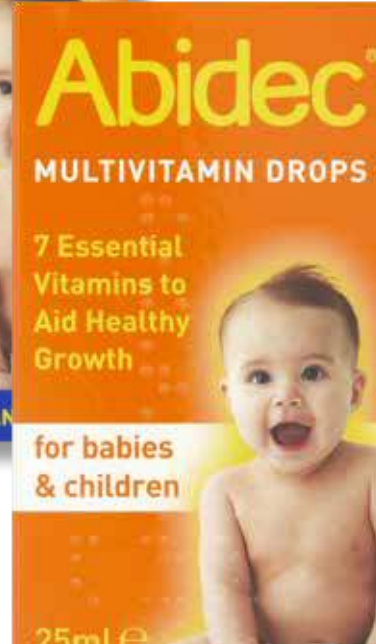
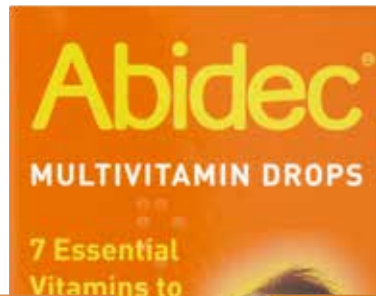
**Simone Elkerton** OTC Transfer Orders  
Tel: **01923 331 411**  
Email: **sim@sigmaplc.com**



**Lisa Farrant** OTC Transfer Orders  
Tel: **01923 331 411**  
Email: **lisa@sigmaplc.com**

For more information on the services  
Sigma provide visit **www.sigmaplc.com**





**12%  
DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
403-2926	ABIDEC ADVANCED MULTIVI SYRUP	150ML	£4.20	12%	£3.70	
3ABI2	ABIDEC DROPS 25ML	25ML	£3.87	12%	£3.41	
415-4381	ABIDEC IMMUNE SUPPORT DROPS	7.5ML	£9.69	12%	£8.53	

Pharmacy Name: ..... Telephone Number: .....

VALID FOR SEPTEMBER 2021 ONLY E&OE AND SUBJECT TO AVAILABILITY



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0800 597 4439



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# Anadin\*



**15%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
3ANAX32	ANADIN EXTRA TABLETS	32	£2.42	15%	£2.06	

Pharmacy Name: ..... Telephone Number: .....

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# answer™

*One Minute, One Step Pregnancy test*



## Fast

- *Result in as little as one minute*

## Easy

- *Easy to read result*

## Accurate

- *Over 99% accurate in laboratory testing*

**20%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
500-8297	ANSWER PREGNANCY TEST	1 TEST	£2.08	20%	£1.66	
500-8305	ANSWER PREGNANCY TEST	2 TEST	£3.48	20%	£2.78	

Pharmacy Name: ..... Telephone Number: .....

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# ALL-DAY ALL-NIGHT

## relief from the symptoms of dry eye



Use together  
for round-the-  
clock relief from  
dry eyes

### Artelac® Rebalance

Long lasting hydration for dry, burning and irritated eyes

- With 0.15% Sodium Hyaluronate
- Suitable for use with all types of contact lenses
- Can be used for two months from first opening

### Artelac® Nighttime Gel

Added protection from a range of symptoms of dry eyes

- With triglycerides to support the tear film
- Lasting hydration overnight
- Can be used for six weeks from first opening

Visit our enhanced website:  
**www.bausch.co.uk**



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WATCH

Bausch and Lomb UK

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ALM.0031UK.21-BL.2370c

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
362-0572	ARTELAC NIGHT TIME GEL	10GM	£2.96	12.5%	£2.59	
362-0549	ARTELAC REBALANCE	10ML	£4.00	12.5%	£3.50	

**12.5%**  
**DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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Shhhhhhhhhhh

**Britain's No.1\***

\*Based on OTC sales value data – IRI

# AShton & Parsons

Used to soothe the pain of teething for 150 years

Ashton & Parsons Infants' Powders are a traditional herbal medicinal product for use in the symptomatic relief of teething pain and the symptoms associated with teething which are sore and tender gums, flushed cheeks and dribbling, exclusively based upon long-standing use as a traditional herbal remedy. Contains tincture of Matricaria. Always read the label.



## And introducing our **NEW†**, anaesthetic-free teething gel

with soft brush applicator

- Bio-adhesive Gel
- Local anaesthetic-free
- Contains aloe vera
- Soft brush applicator to gently massage the gums



Ashton & Parsons teething gel is a medical device.  
† New to the Ashton & Parsons brand.

**17% DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
000-1289	ASHTON & PARSONS POWDER SACH	20	£3.03	17%	£2.51	
393-9568	ASHTON & PARSONS POWDERS	30	£4.66	17%	£3.87	
408-0586	ASHTON & PARSONS TEETHING GEL	10ML	£3.20	17%	£2.66	

Pharmacy Name:: ..... Telephone Number: .....

VALID FOR SEPTEMBER 2021 ONLY E&OE AND SUBJECT TO AVAILABILITY



# THE NO.1 CHOICE FOR BV TREATMENT.

The UK's #1 BV  
treatment brand.\*\*

DISCREET  
PACKAGING!

- The natural treatment for Bacterial Vaginosis - effective without antibiotics.
- Starts to work in 24 hours.
- The only BV treatment in pessary and gel formats.
- Give value to your customers: Typically retails at almost £5\* cheaper than Canesbalance.



## STOCK UP TODAY.

\*BA BV Gel £8.59, Canesbalance £13.49 standard prices as per boots.com accessed 08/10/20.

\*\*IRI unit sales, MAT September 2020

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
372-1016	BALANCE ACTIV BV PESSARY	7	£6.38	7.5%	£5.90	
3DIS02	BALANCE ACTIV VAGIN GEL 7AMP	5ML	£6.38	7.5%	£5.90	

**7.5%**  
**DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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# 80% OF DRY EYE PATIENTS NEED LID CARE TOO<sup>1</sup>



*cleanse*



*hydrate*

Refreshed  
consumer  
friendly packs  
across the  
Thea range

## STEP 1 CLEANSE WITH BLEPHACLEAN®



## STEP 2 HYDRATE AND PROTECT WITH THEALOZ® DUO



### Why recommend Blephaclean®?

- ✓ **Clinically proven<sup>2</sup>** to provide relief from symptoms of Blepharitis, with NO chemical preservatives or soap.
- ✓ **Suitable for babies over 3 months** – gentle for little ones!
- ✓ **20 ready to use sterile wipes** – where Dry Eye drops alone are not enough.

### Why recommend Thealoz® Duo?

- ✓ **Unique formulation** – Trehalose protects, and Sodium Hyaluronate hydrates. Contact lens friendly.
- ✓ **Easy to squeeze bottle** – no waste.
- ✓ **Clinically proven<sup>3</sup>** – one Preservative Free drop lasts for up to 4 hours – longer lasting relief from fewer applications.

Thea Pharmaceuticals Limited  
IC5 Innovation Way • Keele University Science  
& Innovation Park • Keele • Newcastle Under Lyme • ST5 5NT  
Head Office: 0345 521 1290 • Email: [thea.support@theapharma.co.uk](mailto:thea.support@theapharma.co.uk)  
[www.thea-pharmaceuticals.co.uk](http://www.thea-pharmaceuticals.co.uk)

1. Lemp MA et al. Cornea 2012; 31(5):472-8  
2. Guillon & al. (2012) Eye & Contact Lens 38:306-312  
3. Schmidl, D. et al. Cornea (2015); 34(4):421-6



**10%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
THEALOZDUO	THEALOZ DUO E/DR 3% TREHALOSE	10ML	£8.99	10%	£8.09	
THEALOZDUOGEL	THEALOZ DUO GEL 3% TREHAL 0.4G	30	£6.94	10%	£6.25	
BLEPHACLEAN	BLEPHACLEAN WIPES STERILE	20	£5.40	10%	£4.86	
377-1979	BLEPHAGEL GEL P/FREE STERILE	30GM	£7.53	10%	£6.78	
BLEPHADUO	BLEPHASOL DUO PACK(SOLU+PADS)	100ML+100 PADS	£8.30	10%	£7.47	
BLEPHAGEL	BLEPHASOL P/FREE LOTION	100ML	£7.53	10%	£6.78	
408-9066	BLEPHADEMODEX STERILE WIPES	30	£12.53	10%	£11.28	

Pharmacy Name: ..... Telephone Number: .....

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# Belladonna Medicated Plaster

*Desensitises the nerve endings associated with the pain response*

*The only medicine of this type licensed for the treatment of:*

- Sciatica ■ Lumbago
- Muscular Tension & Strain
- Stiff Neck & Aching Shoulders
- Rheumatism ■ Back Ache



*Harnessing nature's help for pain relief*

Belladonna plaster utilises the alkaloids contained in the Belladonna plant.

Belladonna plaster has a counter-irritant and anti-muscarinic action to give topical pain relief for up to 3 days.



*Contains Belladonna Alkaloids. Always read the label.*

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
404-2826	BELLADONA PLASTER 12.5X9.55ML	2PC	£2.66	13%	£2.32	
4BELL	BELLADONA PLASTER 28X17.5 LRG	EACH	£3.14	13%	£2.73	

**13%**  
**DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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# BECOCLEANSE®

**NEW**

A NEW NASAL CLEANSE FAMILY

## HELP PROTECT YOURSELF AGAINST COLDS

- ✓ Helps eliminate nasal viruses, bacteria and allergens
- ✓ 100% natural
- ✓ Efficiently relieves nasal symptoms



SCIENTIFICALLY PROVEN

## BECOCLEANSE+



SCIENTIFICALLY PROVEN

- ✓ Helps relieve nasal congestion from colds & sinusitis
- ✓ Helps eliminate nasal viruses, bacteria and allergens
- ✓ Safe to use during pregnancy and breast feeding

**NEW TV CAMPAIGN RUNS NOVEMBER 2021 - FEBRUARY 2022**

Becocleanse and Becocleanse Plus are medical devices

UK/2021-0377

**22.5%**

**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
418-0907	BECOCLEANSE ISOTONIC JET	135ML	£5.16	22.5%	£4.00	
418-0956	BECOCLEANSE PLUS NASAL SPRAY	135ML	£6.46	22.5%	£5.01	

Pharmacy Name: ..... Telephone Number: .....

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# FAST RELIEF

## FOR INDIGESTION & HEARTBURN

Specially formulated to quickly and effectively neutralise excess acid in the stomach to help ease pain and discomfort.

Rapid Triple Action relief for:

- Acid Indigestion
- Heartburn
- Trapped wind

Bisodol Indigestion Relief Tablets contains sodium bicarbonate Ph.Eur. 64mg/tablet, calcium carbonate Ph.Eur. 522mg/tablet, Magnesium Carbonate Light Ph.Eur. 68mg/tablet. Legal category: GSL. Indications: For relief of the symptoms of gastric hyperacidity, variously called indigestion, heartburn, dyspepsia and flatulence. MA Holder: Teva UK Limited, Brampton Road, Hampden Park, Eastbourne, East Sussex, BN22 9AG. Information about this product, including adverse reactions, precautions, contra-indications, and method of use can be found at <http://products.tevauk.com/p/magnesium-carbonate-678?productid=18405>. Job code: UK/MED/20/0024. Date of Preparation: February 2020. Job code: UK/OTC-CH/20/0001.

**7.5%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
3HAY	BISODOL TABLETS	100	£2.34	7.5%	£2.16	

Pharmacy Name: ..... Telephone Number: .....

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# Clinically proven, targeted solutions



## from the #1 selling cough brand\*



### PROVIDES

deep penetrating relief  
and a soothing effect

### RELIEVE

a persistent dry cough  
from 15 minutes

**Benylin Chesty Coughs (Original).** **Presentation:** Red syrup containing 14mg Diphenhydramine HCl and 2mg Levomenthol per 5ml. **Uses:** Relief of cough and associated congestive symptoms. **Legal category:** P. Further information is available from McNeil Products Ltd, Maidenhead, Berkshire, SL6 3UG. Information about this product, including adverse reactions, precautions, contraindications, and method of use can be found at: [http://www.mhra.gov.uk/spc-pil/?prodName=BENYLIN%20CHESTY%20COUGHS%20\(ORIGINAL\)&subsName=&pageID=ThirdLevel&searchTerm=benylin#retainDisplay](http://www.mhra.gov.uk/spc-pil/?prodName=BENYLIN%20CHESTY%20COUGHS%20(ORIGINAL)&subsName=&pageID=ThirdLevel&searchTerm=benylin#retainDisplay)

**Benylin Dry Coughs 7.5mg/5ml Syrup.** **Presentation:** Brown syrup containing 7.5mg Dextromethorphan hydrobromide per 5ml. **Uses:** Relief of an unproductive cough. **Legal category:** P. Further information is available from McNeil Products Ltd, Maidenhead, Berkshire, SL6 3UG. Information about this product, including adverse reactions, precautions, contraindications, and method of use can be found at: <http://www.mhra.gov.uk/spc-pil/?prodName=BENYLIN%20DRY%20COUGHS%207.5MG/5ML%20SYRUP&subsName=&pageID=ThirdLevel&searchTerm=benylin#retainDisplay>

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
3BENFLU1	BENYLIN 4 FLU TABLETS	24	£3.65	17%	£3.03	
3BENCCND3	BENYLIN CHEST COUGH N/DROWSY	300ML	£5.58	17%	£4.63	
SSL033	BENYLIN CHEST COUGH N/DROWSY	150ML	£3.50	17%	£2.91	
325-2616	BENYLIN CHESTY COUGH ORIGIN	150ML	£4.19	17%	£3.48	
3BENDCO1	BENYLIN CHESTY COUGH ORIGINA	300ML	£6.13	17%	£5.09	
3BENCC1	BENYLIN CHILD CHESTY N/DROWS	125ML	£2.73	17%	£2.27	
388-5910	BENYLIN CHILD COUGH SORE SYRP	125ML	£2.68	17%	£2.22	
3BENCNC1	BENYLIN CHILDREN NIGHT COUGH	125ML	£2.73	17%	£2.27	
3MH01	BENYLIN COLD&FLU DAY&NIGHT	16	£2.91	17%	£2.42	
3BENDNT2	BENYLIN DAY & NIGHT TABLET	16	£3.12	17%	£2.59	
405-3401	BENYLIN DRY & TICKLY COUGH	150ML	£3.48	17%	£2.89	

**17%**  
**DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

VALID FOR SEPTEMBER 2021 ONLY E&OE AND SUBJECT TO AVAILABILITY

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# BENYLIN MUCUS COUGH MAX HONEY & LEMON

MAX STRENGTH FORMULA TO  
HELP REDUCE COUGH INTENSITY  
FROM DAY ONE

- ✓ Contains Guaifenesin to help clear chest mucus
- ✓ New honey & lemon max strength formula, you can feel working
- ✓ Available in 150ml & 300ml



#### Benylin Mucus Cough Max Honey & Lemon Flavour 100mg/5ml Syrup

**Presentation:** Clear yellow-brown coloured syrup containing 100 mg Guaifenesin per 5 ml.

**Uses:** Symptomatic relief of productive cough in adults and adolescents of 12 years and above.

**Legal category:** GSL. Further information is available from McNeil Products Ltd, Maidenhead, Berkshire, SL6 3UG. Information about this product, including adverse reactions, precautions, contraindications, and method of use can be found at: <https://www.medicines.org.uk/emc/product/9356/smcp>



CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
389-7212	BENYLIN DRY COUGH NEW PK SYRP	150ML	£4.10	17%	£3.40	
402-4147	BENYLIN DRY COUGH NIGHT	150ML	£4.10	17%	£3.40	
388-5928	BENYLIN INFAN COUGH SYR APPLE	125ML	£2.68	17%	£2.22	
3AL03	BENYLIN MAX COLD & FLU CAPS	16	£2.74	17%	£2.27	
3MILT03	BENYLIN MUCUS & DECONGESTION	100ML	£2.93	17%	£2.43	
407-5248	BENYLIN MUCUS COUGH MAX H&L	150ML	£3.83	17%	£3.18	
356-5652	BENYLIN MUCUS COUGH MAX MENTH	150ML	£3.83	17%	£3.18	
3BENMUC02	BENYLIN MUCUS RELIEF NIGHT	150ML	£4.47	17%	£3.71	

**17%**  
**DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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# Bell's Healthcare

*we care because you do*

Contact Tel: 0151 422 1200 Email: info@bells-healthcare.com

Bell, Sons & Co. (Druggist) Ltd., Gifford House, Slaidburn Crescent, Southport, PR9 9AL.



**UPTO  
20%  
DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
3MENBRO2	BRONCHIAL BALSAM MENTHOL BELL	200ML	£1.16	<b>20%</b>	<b>£0.93</b>	
107-1588	EMOLLIENT 50 BELLS	500GM	£3.62	<b>20%</b>	<b>£2.90</b>	
3GLHI2	GLYCERIN IPECACUANHA BELLS	200ML	£1.23	<b>20%</b>	<b>£0.98</b>	
401-9550	PAEDIATRIC SIMP LINCTUS BELLS	200ML	£1.06	<b>20%</b>	<b>£0.85</b>	
107-4111	PHOLCODEINE LINCTUS BELLS	200ML	£1.35	<b>15%</b>	<b>£1.15</b>	
114-8741	PHOLCODINE STRONG LINCT BELLS	200ML	£2.12	<b>15%</b>	<b>£1.80</b>	
3SIM2S	SIMPLE LINCTUS + SUGAR BELLS	200ML	£1.06	<b>20%</b>	<b>£0.85</b>	
3VAPRUB	VAPOUR RUB BELLS	50GM	£0.98	<b>20%</b>	<b>£0.78</b>	

Pharmacy Name: ..... Telephone Number: .....

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# Bepanthen®



## Protects & aids natural recovery of skin with Provitamin B5



Helps skin repair its natural protective barrier



Free from fragrances, colours and preservatives



Clinically proven for babies



Available in: 30g and 100g



CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
3BEPO3	BEPANTHEN DUAL ACTION	30GM	£2.49	13%	£2.17	
3BEPO1	BEPANTHEN DUAL ACTION OINT	100GM	£4.99	13%	£4.34	

**13%**  
**DISCOUNT**

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B9

B12

B6

B7

B3

B5

B2

B1



# STAY ON

## Feel energised and support your immunity\*

\*Vitamins B1 and B2 support energy release. Vitamin C & Zinc support your immune system

**UPTO**  
**20%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
3EYE06	BEROCCA BOOST TABLET	10	£4.25	13%	£3.70	
3EYE07	BEROCCA BOOST TABLET	20	£7.60	13%	£6.61	
PILFOOD	BEROCCA M/VITAM EFF MIX BERRY	15	£4.36	13%	£3.79	
388-2719	BEROCCA M/VITAMIN EFF MANGO	15	£4.36	13%	£3.79	
3BERT1	BEROCCA M/VITAMIN EFF TABS	15	£4.36	20%	£3.49	
3BERT3	BEROCCA M/VITAMIN EFF TABS	30	£7.91	13%	£6.88	

Pharmacy Name: ..... Telephone Number: .....

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SAVE 20%

# Pill-free vitamin D

Fast, effective  
immune support  
– in a spray



[betteryou.com](http://betteryou.com)

**BetterYou**



CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
388-3386	BETTERYOU ORAL DLUX JUNIOR	15ML	£3.49	20%	£2.79	
388-4343	BETTERYOU ORAL SPRAY DLUX 1000	15ML	£3.88	20%	£3.10	
388-4335	BETTERYOU ORAL SPRAY DLUX 3000	15ML	£4.44	20%	£3.55	
416-0552	BETTERYOU ORAL SPRAY DLUX 4000	15ML	£5.55	20%	£4.44	
388-3378	BETTERYOU SPRAY DLUX INFANT	15ML	£3.32	20%	£2.66	

**20%**  
**DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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UK's  
No.1 selling  
scar &  
stretch mark  
product.

IRI, 2017



"I had a fall last summer that left me with scars on my face and my foot. I purchased Bio-Oil on a whim a few weeks ago. It is a miracle product. The scar on my face has already started to look better and the dark scar on my foot has faded to a mid-tone pink colour. I never write to companies about their products but felt compelled to do so for this one. I feel pretty without make-up again. Didn't think that would happen. You have a huge fan in me. Thank you so much."

Dena Allen-Few

Bio-Oil® is a specialist skincare product formulated to help improve the appearance of scars, stretch marks and uneven skin tone. Its unique formulation, which contains the breakthrough ingredient PurCellin Oil™, is also highly effective for ageing and dehydrated skin. For comprehensive product information and results of clinical trials, please visit [bio-oil.com](http://bio-oil.com). Bio-Oil is available at pharmacies and selected retailers at the recommended selling price of £8.95 (60ml). Individual results will vary.



CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
408-2665	BIO OIL GEL	200ML	£9.70	12%	£8.54	
408-2699	BIO OIL GEL	50ML	£3.23	12%	£2.84	
408-2707	BIO OIL GEL	100ML	£5.82	12%	£5.12	
BIO	BIO OIL LIQUID	60ML	£6.46	12%	£5.68	
BIOIGE	BIO OIL LIQUID	125ML	£10.99	12%	£9.67	
BIOXL	BIO OIL LIQUID	200ML	£14.88	12%	£13.09	

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**FOR YOUR TOTAL FEMININE HYGIENE NEEDS**

**STOCK UP NOW**

**MONTHLY USAGE**

**MONTHLY USAGE**

**DAILY USAGE**



**PMP ULTRA TOWELS**

**THE ONLY BRAND WITH ROLL, PRESS, GO**

**PMP MAXI TOWELS**

**STAYS IN PLACE WHATEVER YOU DO**

**PMP LINERS**

**BREATHABLE, LIKE COTTON UNDERWEAR**

- Bodyform Fresh Protect towels have a new ultra-breathable top layer with Airtech technology designed to offer a feeling of freshness
- The SecureFit towels offer Triple Protection and are designed to give you both great comfort and incredible protection
- Whilst our Bodyform Daily Fresh Liners are breathable, like cotton underwear, and infused with ProSkin formula to keep your skin pH balanced

**LIVE FEARLESS**

CODE	PRODUCT DESCRIPTION	PK SIZE	INVOICE PRICE	QTY
410-8130	BODYFORM ULTRA GOODNIGHT W PMP	PK10	£1.14	
409-7713	BODYFORM ULTRA NORMAL PMP **NEW**	EACH	£1.14	
409-7770	BODYFORM ULTRA LONG WING PMP **NEW**	EACH	£1.14	
409-7739	BODYFORM MAXI LONG TOWEL PMP **NEW**	EACH	£1.14	
409-7788	BODYFORM ULTRA NORMAL WING PMP **NEW**	PK10	£1.14	
409-7721	BODYFORM MAXI NORMAL TOWEL PMP **NEW**	PK14	£1.14	

Pharmacy Name: ..... Telephone Number: .....

# bonjela



**20%**

**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
3BON15	BONJELA GEL 15GM	EACH	£2.91	20%	£2.33	

Pharmacy Name: ..... Telephone Number: .....

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Great apart. Better together.



From the UK's No.1 Women's Intimate Health Brand<sup>1</sup>



An effective combination treatment for when your customers need a solution for the symptoms and cause of thrush. Includes an on-the-go, single-dose oral capsule to clear the internal infection and a soothing double-strength cream\* to calm the external symptoms of itch and discomfort.<sup>2</sup>

**Complete treatment for the itch and infection of thrush**

\*Compared to Canesten 1% Cream.

1. IRI unit sales data including Thrush, Cystitis, Bacterial Vaginosis and Vaginal Dryness segments, 12WE 30.11.19 2. Canesten® Thrush Duo Oral Capsule & External Cream 150mg / 2% w/w capsule & cream (fluconazole / clotrimazole). Summary of Product Characteristics.

**Canesten® Thrush Duo Oral Capsule & External Cream 150mg / 2% w/w capsule & cream** (fluconazole / clotrimazole).  
**Indications:** For the treatment of thrush. **MA Holder:** Bayer plc, 400 South Oak Way, Reading, RG2 6AD (information about this product, including adverse reactions, precautions, contraindications, and method of use can be found at <https://mhraproductsprod.blob.core.windows.net/docs/e82111d7b3fac8ae71a31deb7e22274c93e0d882>). **Legal Category:** P. **Date of Preparation:** January 2020.  
 © = Registered trademark of Bayer AG.

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
3CANORA1	CANESTEN ORAL CAPSULE 150MG	EACH	£6.33	13%	£5.51	
3COM14	CANESTEN PESS & CREAM COMBI	10GM	£8.94	13%	£7.78	
CAN500	CANESTEN PESSARY 500MG OTC	EACH	£5.50	13%	£4.79	
368-6292	CANESTEN SOFT GEL PESSY 500MG	EACH	£6.99	13%	£6.08	
368-6300	CANESTEN SOFT GEL PESSY COMBI	EACH	£8.94	13%	£7.78	
3CANTHR2	CANESTEN THRUSH CREAM 2%	20GM	£4.76	13%	£4.14	



Pharmacy Name: ..... Telephone Number: .....

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# PERIENCE THE TINGLE

**Soothing lips for over 80 years\***

\*Carmex established in 1937

Carmex UK

@ilovecarmex

[www.carmex.co.uk](http://www.carmex.co.uk)

**23%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
338-4427	CARMEX CHRRY LIP BLM POT 7.5GM	8PCS	£12.40	23%	£9.55	
048-1465	CARMEX CLASS LIP BLM POT 7.5GM	12PCS	£18.60	23%	£14.32	
048-1622	CARMEX CLASS LIP BLM TUBE 10GM	12PCS	£18.60	23%	£14.32	
336-9253	CARMEX CLASSC CLCK STCK 4.25GM	12PCS	£18.60	23%	£14.32	
355-6636	CARMEX SRAWBERRY LIP TUBE 10GM	12PCS	£19.56	23%	£15.06	

Pharmacy Name: ..... Telephone Number: .....

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# Carnation - taking care of your feet

One of the nation's favourite footcare brands with over 100 years of experience and innovation



**CARNATION**  
FOOTCARE

Cuxson Gerrard & Co. Ltd., 125 Broadwell Road, Oldbury, West Midlands B69 4BF  
[www.carnationfootcare.co.uk](http://www.carnationfootcare.co.uk)

Carnation is a registered trade mark.

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
414-8987	CARNATION ADV GEL CUSH INSOLE	6	£2.77	7.5%	<b>£2.56</b>	
262-7479	CARNATION ANIMAL WOOL	25GM	£1.38	7.5%	<b>£1.28</b>	
004-3117	CARNATION BUNION OVAL PAD	EACH	£1.05	7.5%	<b>£0.97</b>	
004-3125	CARNATION CALLOUS CAPS	2	£1.28	7.5%	<b>£1.18</b>	
3QUIES3	CARNATION CHIROPDY FELT STD	EACH	£1.05	7.5%	<b>£0.97</b>	
216-8102	CARNATION CORN CAPS	10	£2.27	7.5%	<b>£2.10</b>	
3CARC5	CARNATION CORN CAPS	5	£1.28	7.5%	<b>£1.18</b>	
211-0377	CARNATION CORN ROUND FELT PAD	12	£1.05	7.5%	<b>£0.97</b>	
296-4872	CARNATION FINGER & TOE BANDGE	EACH	£1.92	7.5%	<b>£1.78</b>	
3ANG15	CARNATION FLEECY PADDING	EACH	£1.05	7.5%	<b>£0.97</b>	
412-8211	CARNATION FOOT SPRAY PLASTER	6	£2.21	7.5%	<b>£2.04</b>	
278-1904	CARNATION HEEL GRIP	EACH	£1.38	7.5%	<b>£1.28</b>	
278-1839	CARNATION HYDRO BLISTER CARE	EACH	£1.38	7.5%	<b>£1.28</b>	
004-3174	CARNATION OVAL FELT CORN PADS	9	£1.05	7.5%	<b>£0.97</b>	
386-4469	CARNATION TOE PROTECTOR	EACH	£1.77	7.5%	<b>£1.64</b>	
3CARTF	CARNATION TOFOAM	EACH	£1.61	7.5%	<b>£1.49</b>	
3SEA03	CARNATION VERRUCA & WART REM FRZE	EACH	£6.66	7.5%	<b>£6.16</b>	
007-7016	CARNATION VERRUCA CAPS 10%	EACH	£2.77	7.5%	<b>£2.56</b>	

**7.5%**  
**DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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# WITH YOU EVERY STEP OF THE WAY



## CCS FOOT CARE CREAM

175 ml

- \* Softens and moistures
- \* Contains 10% urea
- \* Suitable for diabetics

## CCS HEEL BALM

75 ml

- \* Results after three days
- \* Contains 25% urea
- \* Intensely hydrating



**UPTO**  
**27%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
292-2300	CCS CRACKED HEEL BALM	75G	£4.79	25%	£3.59	
016-3683	CCS FOOT CARE CREAM	175ML	£4.79	27%	£3.50	

Pharmacy Name: ..... Telephone Number: .....

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# Ceplac Tablets

## Provides an instant and visible way of teaching oral hygiene

Shows the user where they need to brush more carefully to remove plaque

Ensures a good brushing technique

Handy pharmacy packs of 12 tablets

Easy tear-away blisters



**17.5%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
032-5282	CEPLAC TABLETS	12	£1.16	17.5%	£0.96	

Pharmacy Name: ..... Telephone Number: .....

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## THE NEW COLIC CALM PROBIOTIC IS A SPECIALLY FORMULATED DAILY PROBIOTIC TO SUPPORT INFANT & CHILD GUT & DIGESTIVE HEALTH.

- **Five key strains**, specific to helping with colic & intestinal issues
- Specially formulated to deliver **5 billion CFU\*\* per serving (Guaranteed live cultures)**
- Stocked in **over 15,000 Pharmacies** in the USA
- **Great addition** to Colic Calm 59ml
- **50% Growth per year** in the UK
- **Robust Marketing to push sales** to your pharmacy. Including extensive digital marketing campaigns

*Colic Calm & Colic Calm Probiotic are recommended by pediatricians, natural health care practitioners, pharmacists, lactation consultants, midwives and doulas.*

### Colic Calm Remedies Relieve Infant Gas, Colic and Reflux

- All products are safe & gentle
- All products are made from highest quality ingredients
- All products are manufactured in the USA in an FDA-inspected facility

### COLIC CALM PRODUCTS DO NOT CONTAIN

- Alcohol or sugar
- Sodium Bicarbonate
- Simethicone
- Herbal oils & extracts
- Wheat or gluten
- Soy
- Dairy
- Animal products
- Artificial flavors
- Artificial colors

Where can I find out more about Colic Calm Products? [www.coliccalm.co.uk](http://www.coliccalm.co.uk)

**20%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
646-0376	COLIC CALM GRIPE WATER	59ML	£11.05	20%	£8.84	

Pharmacy Name: ..... Telephone Number: .....

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# Colief® Breathe Easy Vapour Rub

Turns Bedtime back into Sleep-time



**3+**  
MONTHS

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
415-3169	COLIEF EASY BREATHE STICK	30GM	£3.47	20%	£2.78	
266-8721	COLIEF INFANT DROPS	7ML	£8.40	20%	£6.72	
388-6983	COLIEF INFANT DROPS	15ML	£11.19	20%	£8.95	

**20%**  
DISCOUNT

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**12%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
3CUP42	CUPROFEN MAX 400MG TABS	24	£2.26	12%	£1.99	
SSL011	CUPROFEN MAX 400MG TABS	96	£6.14	12%	£5.40	
3CUP44	CUPROFEN MAX 400MG TABS	48	£3.88	12%	£3.41	

Pharmacy Name: ..... Telephone Number: .....

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# Dandrazol

## Anti-Dandruff Shampoo

KETOCONAZOLE 20mg/g

# Head for Dandrazol.



- Dandrazol provides competitive Pharmacy margins
- Better value than Nizoral®\* 60ml retail pack
- Effective treatment<sup>1,2</sup> and convenient choice for customers

**References:** 1. Sanfilippo A, Pharmacy & Therapeutics An Overview of Medicated Shampoos Used in Dandruff Treatment: Vol. 31 No. 7: July 2006:396-400. 2. Pierard-Franchimont et al. A Multicenter Randomized Trial of Ketoconazole 2% and Zinc Pyrithione 1% Shampoos in Severe Dandruff and Seborrheic Dermatitis: Skin Pharmacol Appl Skin Physiol 2002;15:434-441.

**Name of product and active ingredient:** Dandrazol Anti-Dandruff Shampoo (ketoconazole 2%); **Name and address of the product licence holder:** Transdermal Ltd, Merlin House, Brunel Road, Theale, Reading, RG7 4AB; **Supply classification:** GSL; **Information about this product, including adverse reactions, precautions, contra-indications, and method of use can be found at:** <https://www.medicines.org.uk/emc/product/9660>

\* Nizoral is a registered trademark of STADA Arzneimittel AG. Dandrazol 100ml GSL £5.28 (£0.0528 per ml) Nizoral 60ml GSL £4.08 (£0.068 per ml) DanGSL/19/002 Date of Preparation July 2019

**20%  
DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
295-4477	DANDRAZOL DANDRUFF SHAMP 2%	100ML	£6.19	20%	£4.95	

Pharmacy Name: ..... Telephone Number: .....

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To cool, soothe  
and comfort the back  
during pregnancy  
and beyond.  
Also suitable for  
feet and legs.

Always check new symptoms  
with your midwife.



**DEEP FREEZE**

[deep-freeze.co.uk](http://deep-freeze.co.uk)

If you are pregnant, diabetic, have  
poor circulation or a skin condition,  
consult your doctor before use.

**UPTO  
18%  
DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
415-0477	DEEP FREEZE COLD GEL	100GM	£2.87	<b>13%</b>	<b>£2.50</b>	
415-0462	DEEP FREEZE COLD PATCH	4	£3.30	<b>18%</b>	<b>£2.70</b>	
415-0470	DEEP FREEZE COLD PATCH	EACH	£1.00	<b>18%</b>	<b>£0.82</b>	
415-0454	DEEP FREEZE GLIDE ON COLD GEL	50GM	£2.99	<b>18%</b>	<b>£2.45</b>	
415-0488	DEEP FREEZE SPRAY	150ML	£2.62	<b>15%</b>	<b>£2.23</b>	
415-0488	DEEP FREEZE SPRAY	150ML	£2.62	<b>13%</b>	<b>£2.28</b>	

Pharmacy Name: ..... Telephone Number: .....

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# DEEP RELIEF

CONTAINS 2 PAINKILLING INGREDIENTS  
**IBUPROFEN + LEVOMENTHOL**

## DEEP RELIEF

ANTI-INFLAMMATORY GEL

Ibuprofen & Levomenthol

FOR BACK, RHEUMATIC & MUSCULAR PAIN

**TRIPLE ACTION**

Penetrating Pain Relief

Fast Cooling Relief

Anti-Inflammatory



DEEP RELIEF

From the

**UK's No.1**

seller of topical pain relief products\*

# ALWAYS PREPARED



FAST ACTING PAIN RELIEF



FAST COOLING



PENETRATING PAIN RELIEF

Levomenthol with Ibuprofen: up to 2x faster pain relief than Ibuprofen gel.\*\*  
Topical Ibuprofen is as effective as 400mg Ibuprofen tablets for joint & muscle pain.\*\*\*

DEEP RELIEF

FROM THE UK'S No1 TOPICAL PAIN RELIEF SELLER\*

Deep Relief Anti-Inflammatory Gel contains Ibuprofen 5.0%w/w, levomenthol 3.0%w/w.

\*Source: IRI Data Total All Outlets, Unit Sales 62 w/e 20 December 2020. \*\*Ref: JIMR-19-0229.Rx - Comparison of diclofenac gel, ibuprofen gel and ibuprofen gel with levomenthol in topical treatment of pain associated with musculoskeletal injuries. \*\*\*Whitefield M et al, Comparative efficacy of a proprietary topical ibuprofen gel and oral ibuprofen in acute soft tissue injuries: a randomized, double-blind study, Journal of Clinical Pharmacy and Therapeutics (2002) 27, 409-417. Indications: Relief of rheumatic pain, muscular aches, pains and swellings such as strains, sprains and sports injuries. Legal category: GSL. Information about this product, including adverse reactions, precautions, contraindications and method of use can be found at <https://mhraproducts4853.blob.core.windows.net/docs/03af4643efebdc22e7a26e36744596c3e4112ad8>

Licence holder: The Mentholatum Company Limited, 1 Redwood Avenue, Peel Park Campus, East Kilbride G74 5PE. www.deep-relief.co.uk

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
417-6806	DEEP RELIEF ACTIFLEX PATCH	4	£4.19	15%	£3.56	
211-4890	DEEP RELIEF IBUPROFEN GEL	50GM	£3.59	15%	£3.05	
224-6841	DEEP RELIEF IBUPROFEN GEL	100GM	£6.46	15%	£5.49	
244-4818	DEEP RELIEF IBUPROFEN GEL	30GM	£2.88	15%	£2.45	

**15% DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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THE  
**MOST TRUSTED**  
**DISINFECTION**  
 BRAND

PROVIDES PRODUCTS TO MEET  
 ALL CONSUMER DISINFECTION NEEDS

**UPTO**  
**20%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
646-1111	DETTOL AIO DISINFECTANT SPRAY	400ML	£2.40	<b>15%</b>	<b>£2.04</b>	
646-3899	DETTOL ANTIBAC HAND SANITISER	200ML	£2.81	<b>11%</b>	<b>£2.50</b>	
363-2148	DETTOL ANTIBAC SOAP ORI 2X100G	6PCS	£5.16	<b>20%</b>	<b>£4.13</b>	
362-8955	DETTOL ANTIBAC SOAP SENS 100GM	6PCS	£2.76	<b>11%</b>	<b>£2.46</b>	
646-5577	DETTOL ANTIBAC SURFACE SPRAY	750ML	£2.05	<b>11%</b>	<b>£1.83</b>	
646-1231	DETTOL ANTIBAC SURFACE SPRAY	500ML	£1.40	<b>11%</b>	<b>£1.25</b>	
289-4939	DETTOL ANTIBAC SURFACE WIPES	30	£1.41	<b>11%</b>	<b>£1.26</b>	
3MODMUS	DETTOL ANTISEPTIC SPRAY WASH	100ML	£1.94	<b>17%</b>	<b>£1.61</b>	
646-4341	DETTOL CLOTHES SPRAY WATERLILY	250ML	£2.06	<b>11%</b>	<b>£1.83</b>	

Pharmacy Name: ..... Telephone Number: .....

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# 96% of people are 'concerned' about germs while away from home\*\*

## ON THE GO

**NEW**

### Introducing the NEW Dettol Hand & Surface Sanitiser Spray

- Kills 99.9% of bacteria & viruses\*
- Suitable for hands & surfaces with no need to rinse
- Contains Aloe Vera extract
- Handy travel size (50ml)



Also try Dettol Hand Sanitiser Gel & 2-in-1 Hand & Surface Wipes for when you're on the go

Improved design coming soon



\*\*Remesh Workers Survey 2020 (US)

\*As tested and shown effective against enveloped viruses.

See information on pack. Use disinfectants safely. Always read the label and product information before use.

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
402-3495	DETTOL 2 IN 1 ANTIBAC WIPES	15	£1.03	30%	£0.72	
417-8737	DETTOL HAND & SURFACE SPRAY	50ML	£1.56	25%	£1.17	
402-6514	DETTOL ANTIBAC HAND GEL ALOE	50ML	£1.30	40%	£0.78	
646-1234	DETTOL LIQ H/WASH ALOE VERA	6X250ML	£5.16	11%	£4.59	
380-4424	DETTOL LIQ H/WASH CAMOMIL E45	6X250ML	£9.96	11%	£8.86	
317-5676	DETTOL LIQ H/WASH GRAPEFRUIT	6X250ML	£5.96	11%	£5.30	
3DIFONE	DETTOL LIQUID ORIGINAL	500ML	£2.19	11%	£1.95	
3FUSCOM	DETTOL LIQUID ORIGINAL	750ML	£2.88	11%	£2.56	
3DAKP	DETTOL LIQUID ORIGINAL	250ML	£1.51	11%	£1.34	

**UPTO  
40%  
DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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0800 597 4439

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# Dental Emergency?



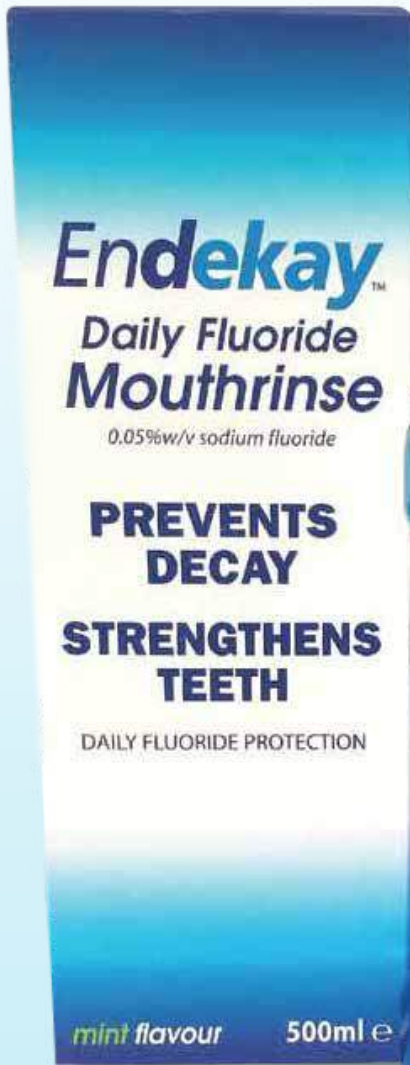
**DEVELOPED BY DENTISTS**  
to bridge between emergencies and appointments.

**12%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
392-5450	DENTEMP DENTURE RELINE	EACH	£4.99	12%	£4.39	
271-9565	DENTEMP DENTURE REPAIR	EACH	£4.99	12%	£4.39	
049-8105	DENTEMP LOOSE CAP&LOST FILLING	EACH	£3.62	12%	£3.19	
415-8754	DENTEMP RECAP-IT CAP CROWN REP	EACH	£3.62	12%	£3.19	
415-8762	DENTEMP REFILL IT FILLING REP	EACH	£3.62	12%	£3.19	
417-3860	DENTEMP PRO CARE ORAL KIT	EACH	£5.56	12%	£4.89	

Pharmacy Name: ..... Telephone Number: .....

VALID FOR SEPTEMBER 2021 ONLY E&OE AND SUBJECT TO AVAILABILITY



CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
403-9095	ENDEKAY ALCOHOL FREE M/RINSE	400ML	£2.22	12.5%	£1.94	
091-5736	ENDEKAY DAILY FLUORIDE M/RINSE	250ML	£1.85	12.5%	£1.62	
300-6467	ENDEKAY DAILY FLUORIDE M/RINSE	500ML	£2.53	12.5%	£2.21	

**12.5%**  
**DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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# HEAL WOUNDS UP TO **2x** FASTER\*

\*Compared to an untreated wound



**CLEANSE**



**PROTECT**



**HEAL**

**DON'T JUST COVER IT, HEAL IT.**

## The Number 1 Plaster Brand\*

\*Source ©2019 Nielsen Data, units + value, First Aid (Client Defined), 52 w/e 02.03.19, GB Total Coverage



**35%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
399-2286	ELASTOPLAST A/BAC SEN DRES XXL	8X10CM	£3.38	<b>35%</b>	<b>£2.20</b>	
399-2252	ELASTOPLAST A/BAC SEN DRESS XL	6X7CM	£2.59	<b>35%</b>	<b>£1.68</b>	
399-2278	ELASTOPLAST A/BAC WP DRESS XL	6X7CM	£2.59	<b>35%</b>	<b>£1.68</b>	
399-2294	ELASTOPLAST A/BAC WP DRESS XXL	8X10CM	£2.95	<b>35%</b>	<b>£1.92</b>	
277-4412	ELASTOPLAST AQUA PROT PLASTERS	20	£2.59	<b>35%</b>	<b>£1.68</b>	
401-8610	ELASTOPLAST CHARACTER FROZEN	20	£2.00	<b>35%</b>	<b>£1.30</b>	
401-8602	ELASTOPLAST CHARACTER STARWARS	20	£2.00	<b>35%</b>	<b>£1.30</b>	
285-2994	ELASTOPLAST FAB. FINGER STRIP	16	£2.00	<b>35%</b>	<b>£1.30</b>	
033-2304	ELASTOPLAST FABRIC DRS 6CMX1M	10	£2.11	<b>35%</b>	<b>£1.37</b>	
258-9851	ELASTOPLAST FABRIC STRIPS	40	£2.59	<b>35%</b>	<b>£1.68</b>	
033-2254	ELASTOPLAST FABRIC STRIPS	10	£1.22	<b>35%</b>	<b>£0.79</b>	
374-5130	ELASTOPLAST FABRIC/WASHPROOF	18	£1.70	<b>35%</b>	<b>£1.11</b>	

Pharmacy Name: ..... Telephone Number: .....

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# Elastoplast

## The Number 1 Plaster Brand\*

\*Source ©2019 Nielsen Data, units + value, First Aid (Client Defined), 52 w/e 02.03.19, GB Total Coverage



CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
406-4309	ELASTOPLAST HEALING OINTMENT	50GM	£2.12	20%	£1.70	
406-4317	ELASTOPLAST HEALING OINTMENT	20GM	£1.44	20%	£1.15	
385-6549	ELASTOPLAST KNEE & ELBOW	10	£2.31	35%	£1.50	
413-5380	ELASTOPLAST MARVEL AVENG PLAST	20	£2.13	35%	£1.38	
409-6830	ELASTOPLAST PAW PATROL	20	£2.13	35%	£1.38	
049-7438	ELASTOPLAST SENSITIVE STRIPS	20	£2.03	35%	£1.32	
404-4798	ELASTOPLAST SILICONE SOFT	8	£2.69	35%	£1.75	
358-5999	ELASTOPLAST STRAPPING 2.5CMX3M	EACH	£2.33	35%	£1.51	
367-7036	ELASTOPLAST STRIPS TOUGH	12	£2.00	35%	£1.30	
033-1546	ELASTOPLAST WATER RES. STRIPS	20	£1.70	35%	£1.11	
258-9869	ELASTOPLAST WATER RES. STRIPS	40	£2.59	35%	£1.68	
033-1538	ELASTOPLAST WATER RES. STRIPS	10	£1.22	35%	£0.79	
406-4291	ELASTOPLAST WOUND SPRAY	100ML	£2.18	20%	£1.74	

**UPTO**  
**35%**  
**DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

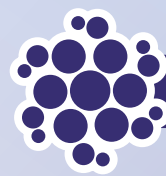
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**ENTEROGEL**

# Imagine a life IBS-Diarrhoea Free

Acute and Chronic IBS  
Diarrhoea treatment

Drug free and effective treatment

Suitable for both adults  
and children aged 1+

Enterogel Kids is the only clinically  
proven treatment on the market  
to treat acute diarrhoea in children



**SPECIAL INTRODUCTORY  
OFFER  
25% OFF!**

**25%  
DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
392-6466	ENTEROGEL	90GM	£7.85	25%	£5.89	
392-6474	ENTEROGEL	225GM	£12.10	25%	£9.08	
415-0033	ENTEROGEL KIDS	90GM	£7.50	25%	£5.63	
392-6482	ENTEROGEL SACHETS	10	£12.10	25%	£9.08	

Pharmacy Name: ..... Telephone Number: .....

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**NEW**

# EROPID



Somex Pharma

## P line Sildenafil 50mg Tablets



- Recommend Eropid and increase your profits
- Available in packs of 2, 4 and 8 tablets
- **BIG** mark-up for Pharmacy – more than 100%
- Available to order from Sigma

**Product information:** Eropid 50mg film-coated tablets. **Active ingredient:** Sildenafil 50mg. **Indication:** for treatment of erectile dysfunction in men aged 18 and over. For further information about this product, including adverse reactions, precautions, contra-indications and method of use, as well as training material, visit [www.somexpharma.com/eropid](http://www.somexpharma.com/eropid)

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
415-7608	EROPID 50MG TABS SILDENAFIL	2	£3.31	12.5%	£2.90	
415-7616	EROPID 50MG TABS SILDENAFIL	4	£6.23	12.5%	£5.45	
415-7624	EROPID 50MG TABS SILDENAFIL	8	£10.40	12.5%	£9.10	

**12.5%**  
**DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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pH balanced

# Expert care for down there



- pH-balanced for intimate skin
- Dermatologically & gynaecologically tested
- Hypoallergenic and soap free
- MULTIActif complex

**pH balanced - gynaecologically tested  
- dermatologically tested**

**20%  
DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
360-4379	FEMFRESH DAILY INTIMATE WASH	250ML	£1.99	20%	£1.59	
043-4845	FEMFRESH DEODRANT SPRAY	125ML	£1.69	20%	£1.35	
343-9858	FEMFRESH POWDER	200GM	£2.61	20%	£2.09	
388-5654	FEMFRESH SOOTHING WASH	250ML	£1.99	20%	£1.59	
410-1804	FEMFRESH WASH 0%	250ML	£1.99	20%	£1.59	
360-4394	FEMFRESH WIPES	25	£1.99	20%	£1.59	

Pharmacy Name: ..... Telephone Number: .....

VALID FOR SEPTEMBER 2021 ONLY E&OE AND SUBJECT TO AVAILABILITY



CAN BE USED FROM THE FIRST DAY OF YOUR MISSED PERIOD



SIMPLE



FAST



CLEAR



ACCURATE

OVER  
**99%**  
ACCURATE\*

\*Over 99% accurate detecting typical pregnancy hormone levels, from the day of missed period. Note that hormone levels vary, some pregnant women may not even have detectable amounts of the pregnancy hormone in their urine on the day they use the test. Always read the label.

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
017-2098	FIRST RESPONSE PREG TEST DBLE	2 TEST	£5.93	20%	<b>£4.74</b>	
010-3283	FIRST RESPONSE PREG TEST SNGLE	1 TEST	£4.44	20%	<b>£3.55</b>	

**20%**  
DISCOUNT

Pharmacy Name: ..... Telephone Number: .....

VALID FOR SEPTEMBER 2021 ONLY E&OE AND SUBJECT TO AVAILABILITY

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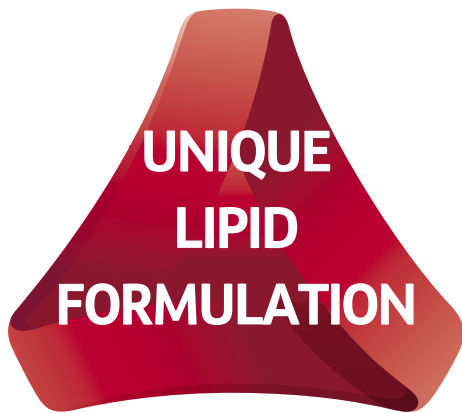
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# WHY IS FLARIN<sup>®</sup> IBUPROFEN DIFFERENT?

- No other Ibuprofen proven to be more effective for joint pain<sup>1</sup>**  
Flarin is the only lipid-formulated ibuprofen clinically proven (1200mg/day) to be as effective as prescription strength (2400mg/day) standard ibuprofen at relieving joint pain.
- Helps shield the Stomach from Damage<sup>2,3</sup>**  
Flarin encases ibuprofen in lipids, which are absorbed in the small intestine, minimising contact with the stomach.



**References:**

- 1 - Bierma-Zeinstra et al 2017
- 2 - Trevaskis et al 2015
- 3 - Data on file – infirst Healthcare 2018

Only Available in Pharmacies.

Flarin 200 mg soft capsules. Ibuprofen. For the relief of rheumatic or muscular pain, pain of non-serious arthritic conditions, backache. Information about this product, including adverse reactions, precautions, contraindications, and method of use can be found at <http://www.mhra.gov.uk/spc-pil/index.htm>  
Legal category: P. MA holder: infirst Healthcare Ltd, Central Point, 45 Beech St, London EC2Y 8AD.  
PP560-2019 Date of Preparation – March 2019

**10%  
DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
402-4105	FLARIN LIPID IBUPROFEN	30	£6.85	10%	£6.17	
409-4595	FLARIN LIPID IBUPROFEN	12	£3.31	10%	£2.98	
415-3714	FLARIN LIPID JOINT AND MUSCULAR PAIN RELIEF	12	£3.31	10%	£2.98	

Pharmacy Name: ..... Telephone Number: .....

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# FLEXISEQ<sup>®</sup>

Is joint pain & stiffness taking the spring out of your step? Try drug-free Flexiseq.



**86%**

of users agreed that Flexiseq helped improve their overall joint health.



**73%**

of users reported they could go longer without taking pain relief.



**84%**

of users agreed that Flexiseq improved their joint mobility.

Award-winning, drug free gel for osteoarthritis sufferers.



No wonder Flexiseq is Len Goodman's go-to solution for joint wear & tear.

[www.flexiseq.com](http://www.flexiseq.com)

[enquiries@flexiseq.com](mailto:enquiries@flexiseq.com)

\*Conaghan, P. et al., 2014. Current Medical Research & Opinion, 30, 599 – 611

\*According to participants in the Flexiseq Experience Study, May 2019. Data on file.

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
410-5888	FLEXISEQ ACTIVE GEL	50GM	£8.26	20%	<b>£6.61</b>	
410-5912	FLEXISEQ ACTIVE GEL	100GM	£13.81	20%	<b>£11.05</b>	
386-4477	FLEXISEQ JOINT PAIN RELIEF GEL	50GM	£11.54	20%	<b>£9.23</b>	
410-9302	FLEXISEQ OSTEO GEL	30GM	£8.26	20%	<b>£6.61</b>	



Pharmacy Name: ..... Telephone Number: .....

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# Give them a **Head Start**



**NEW**

**Floradix<sup>®</sup>**  
**KIDS**

Iron helps support the normal development of **cognitive functions**

- Contains vitamin C, B1, B2, B3, B6, B12
- Raspberry flavour for a great taste
- Free from preservatives, colourings, lactose and gluten
- Suitable from 3 years+ and for vegans

**FREE FROM PRESERVATIVES**



**20% OFF\***

\*Introductory offer

**UPTO**  
**20%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
418-2002	FLORADIX LIQUID IRON KIDS	250ML	£7.15	<b>20%</b>	<b>£5.72</b>	
004-5732	FLORADIX IRON TABLETS	84	£6.40	<b>12.5%</b>	<b>£5.60</b>	
408-7011	FLORADIX KINDERVITAL FRUITY	250ML	£5.65	<b>12.5%</b>	<b>£4.94</b>	
028-7979	FLORADIX LIQUID IRON FORMULA	250ML	£6.29	<b>12.5%</b>	<b>£5.50</b>	
028-8241	FLORADIX LIQUID IRON FORMULA	500ML	£10.35	<b>12.5%</b>	<b>£9.06</b>	
085-9991	FLORADIX MAGNESIUM LIQ FORMULA	250ML	£5.27	<b>12.5%</b>	<b>£4.61</b>	
407-2898	FLORADIX VIT B COMPLEX LIQUID	250ML	£7.18	<b>12.5%</b>	<b>£6.28</b>	
201-6897	FLORAVITAL LIQUID IRON FORMULA	250ML	£6.29	<b>12.5%</b>	<b>£5.50</b>	

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**50** 0800 597 4462 0800 597 4439 [WWW.SIGCONNECT.CO.UK](http://WWW.SIGCONNECT.CO.UK)



CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
3BLAP1	FRUIT OF EARTH ALOE GEL	56GM	£1.05	10%	£0.95	
3REND24	FRUIT OF EARTH ALOE GEL	340GM	£3.90	10%	£3.51	

**10%**  
**DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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# Fybogel

Gently relieves constipation, and helps to restore and maintain regularity

**NEW Artwork Available in January**



CONTAINS 3.5G OF ISPAGHULA HUSK



SUITABLE FOR PREGNANT WOMEN\*



SUGAR FREE



GLUTEN FREE

NEW Media Campaign 2021

**£5.5 M**

media investment behind TV, radio & digital

\*Medicines can affect the unborn baby. Always consult a doctor or pharmacist before taking any medicine in pregnancy. Fybogel Hi-Fibre Orange Granules. Contains Ispaghula Husk. For the relief of constipation and maintenance of regularity. Always read the label. RB-M-23069. Date of Preparation: February 2020

**11%  
DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
3MH04	FYBOGEL HI FIBRE LEMON SACH	10	£2.58	11%	£2.30	
3ACTSYR1	FYBOGEL HI FIBRE ORANGE SACH	30	£5.82	11%	£5.18	
334-4892	FYBOGEL HI-FIBRE ORANGE SACH	10	£2.58	11%	£2.30	
418-6508	FYBOGEL CHEWABLE TABS	30	£6.49	11%	£5.78	
418-6516	FYBOGEL CHEWABLE TABS	60	£10.02	11%	£8.92	

Pharmacy Name: ..... Telephone Number: .....

VALID FOR SEPTEMBER 2021 ONLY E&OE AND SUBJECT TO AVAILABILITY

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# FAST ACTING & LONGER LASTING

THAN ANTACIDS\*



Available Sizes:  
Mixed Berry flavour: 150ml & 300ml

**NATION'S FAVOURITE BRAND\*\***  
DUAL RELIEF FOR HEARTBURN & INDIGESTION

**£6.5M** 2021 MEDIA SPEND  
ACROSS DOUBLE ACTION RANGE

\*Doctor et al., Ann U Ther 1995; 54(6-552) Gaviscon SPC. \*\*Based on Nielsen Unit Sales Data L12W30.01.21 Gaviscon Double Action Peppermint Flavour Oral Suspension / Gaviscon Double Action Aniseed. Each 10 ml dose contains sodium alginate 500 mg, sodium hydrogen carbonate 215 mg and calcium carbonate 525 mg. Indications: Treatment of acid-related symptoms of gastro-oesophageal reflux such as acid regurgitation, heartburn and indigestion, for example following meals or during pregnancy. Care should be taken when recommending medicines for use in pregnancy as medicines can cross the placenta and may affect the foetus. Legal Category: OTC. MAH: Reckitt Benckiser Healthcare (UK) Limited, Darnley Lane, Hull, HU8 7DS, United Kingdom. Further information about this product including adverse reactions, precautions, contra-indications and method of use can be found at: <https://www.medicines.org.uk/emc/product/685/imp>; <https://www.medicines.org.uk/emc/product/5009/imp>.

Adverse events should be reported. Reporting forms and information can be found at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard). Adverse events should also be reported to Reckitt Benckiser Healthcare (UK) Ltd on 03332005345

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
418-5468	GAVISCON DOUBLE ACTN BERRIES	300ML	£5.49	11%	£4.89	
418-5476	GAVISCON DOUBLE ACTN BERRIES	150ML	£3.23	11%	£2.87	
3MIMAT2	GAVISCON DOUBLE ACTION MINT	150ML	£3.23	11%	£2.87	
3MODFOO	GAVISCON DOUBLE ACTION MINT	300ML	£5.49	11%	£4.89	

**11%**  
**DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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FROM THE MAKERS OF **GAVISCON**



# NOTHING GIVES LONGER LASTING PROTECTION FROM HEARTBURN\*



**ONE PILL FOR  
24 HOURS RELIEF FROM  
FREQUENT HEARTBURN**

**£4M 2021 GUARDIUM  
MEDIA SPEND**

\*The verification website is: 403 Dixie Avenue, Stoughton, MA 01561. Tel: 800-441-2200 and website: www.sigconnect.com. GUARDIUM ACID REFLUX CONTROL 20MG GASTRO RESISTANT TABLETS (per tablet dose): esomeprazole 20mg. Indications: The short-term treatment of reflux symptoms (e.g. heartburn and acid regurgitation) in adults. Legal category: GSL. MAH: Reckitt Benckiser Healthcare (UK) Ltd, HUR 706, United Kingdom. Information about this product, including adverse reactions, precautions, contraindications and method of use can be found at: www.medicines.org.uk/ema/103459/moa. Date of preparation: February 2021. Adverse events should be reported. Reporting forms and information can be found at www.mhra.gov.uk/yellowcard. Adverse events should also be reported to Reckitt Benckiser Healthcare (UK) Ltd on 03332005345

**10%  
DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
407-3607	GUARDIUM TABLETS	7	£4.52	10%	£4.07	

Pharmacy Name: ..... Telephone Number: .....

VALID FOR SEPTEMBER 2021 ONLY E&OE AND SUBJECT TO AVAILABILITY

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# Introducing



Date of preparation: January 2021 | UK/HANA/0136

## DAILY CONTRACEPTION WITHOUT PRESCRIPTION

### HRA Pharma's passion in women's health

The launch of Hana represents a milestone in improving access to contraceptives for women.

### Helping you support your customers

HRA Pharma provides an extensive NPA-accredited support programme that builds on our award-winning pharmacy training heritage, to ensure the appropriate and confident supply of Hana.

[hanapharmacist.co.uk](http://hanapharmacist.co.uk)

Contact your stockist for Hana and help us broaden access to contraception for women today.

#### Product Information

#### Hana 75 microgram film coated tablets (desogestrel)

**Indication:** Hana 75 microgram film coated tablets contain desogestrel and are indicated for oral contraception in women of childbearing age to prevent pregnancy. Refer to SmPC for further product information. **Dosage and Administration:** One tablet taken orally. Must be taken at same time every day, always 24h interval between 2 tablets. First tablet should be taken on day 1 of menstrual bleeding, can be started on days 2-5, but barrier method recommended for first 7 days of tablet-taking. Thereafter one tablet daily (continuously) without taking any notice of possible bleeding. When pack of pills is finished, a new pack should be started directly the day after the previous one. Pre-existing bleeding abnormalities such as oligomenorrhoea and amenorrhoea should be investigated before starting Hana. Refer to SmPC for full directions on how to prevent pregnancy. **Contraindications:** Known or suspected sex-steroid sensitive malignancies. Women with breast cancer. Active venous thromboembolic disorder. Presence or history of severe hepatic disease (as long as liver function values have not returned to normal). Undiagnosed vaginal bleeding. Hypersensitivity to the active substance or excipients. **Special warnings and Precautions:** Exclude pregnancy before starting Hana. Before starting Hana, use reliable contraceptive method until first day of next period. Women should be advised if menstrual period does not come when expected, she may be pregnant, to do a pregnancy test or see a physician. Provided pregnancy test is negative she can start Hana on the first day of next period. Before starting a new pack of Hana, a woman should be certain she is not pregnant. Refer to SmPC for full directions. Refer to physician if any of the following conditions/risk factors are present: breast cancer, hepatic disorders and disturbances of liver function, hypertension, thromboembolic disorders, changes in bleeding patterns, diabetes, psychiatric disorders, ectopic pregnancy, effect on bone mineral density, conditions reported during pregnancy or during sex steroid use, chloasma, reduced efficacy in event of missed tablets, does not protect against HIV (AIDS) or other sexually transmitted infections, contains lactose, refer to SmPC for full warning and precaution information. **Interactions:** refer to SmPC for full interaction information. **Undesirable Effects:** Always consult the SmPC before prescribing. Only the most common side effects and those which are rare but may be serious are listed below. Most commonly reported adverse reactions: bleeding irregularity headache, acne, mood changes, depressed mood, decreased libido, breast pain, nausea and weight increase, amenorrhoea, irregular menstruation. Rare: rash, urticaria, erythema nodosum. On rare occasions ectopic pregnancies reported, hypersensitivity reactions, breast discharge can occur. Aggravation of angioedema and/or aggravation of hereditary angioedema may occur. In women using combined oral contraceptives a number of (serious) undesirable effects have been reported: venous thromboembolic disorders, arterial thromboembolic disorders, hormone-dependent tumours (e.g. liver tumours, breast cancer), and chloasma, breakthrough bleeding and/or contraceptive failure may result from interactions of other drugs (enzyme inducers) with hormonal contraceptives. Consult the SmPC in relation to other adverse reactions. **Legal Category:** P. **Pack size:** 28 tablets. **Retail Price:** £9.48 (1x28) £20.90 (3x28). **MA Number:** PL 17836/0015. **MA Holder:** Laboratoire HRA Pharma, 200 avenue de Paris, 92320 Chatillon, France. **Marketed by:** HRA Pharma UK & Ireland Ltd, Haines House, 21 John Street, Bloomsbury, London, WC1N 2BF. Additional information and full Product Information is available on request from [med.info.uk@hra-pharma.com](mailto:med.info.uk@hra-pharma.com)

Adverse events should be reported. Reporting forms and information can be found at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the Google Play or Apple App Store. Adverse events should also be reported to HRA Pharma UK & Ireland Ltd on 0800 917 9548 or email [med.info.uk@hra-pharma.com](mailto:med.info.uk@hra-pharma.com)

Date of last revision of text: December 2020 Company Reference: UK/HANA/0144

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
416-3184	HANA 75MCG FCT 1 MONTH	28	£6.63	12%	£5.83	
416-3192	HANA 75MCG FCT 3 MONTH	84	£14.63	12%	£12.87	



Pharmacy Name: ..... Telephone Number: .....

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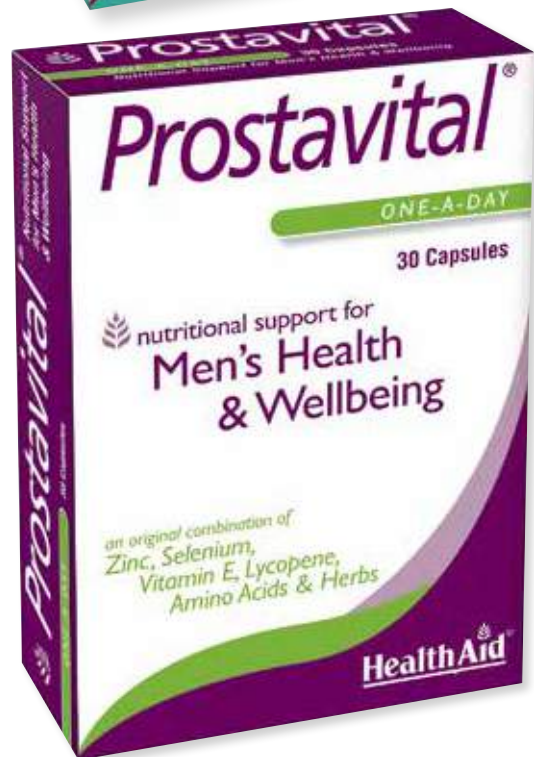
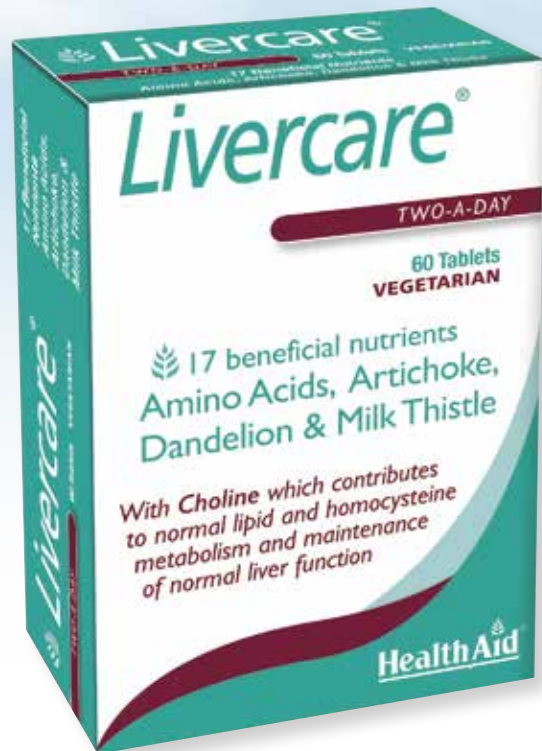
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55

# HealthAid®



**10%  
DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
HA3400	HEALTH AID HAIRVIT CAPS	30	£6.69	10%	£6.02	
HA1905	HEALTH AID JUNIOR VIT CHEWABL	30	£4.74	10%	£4.27	
354-1570	HEALTH AID LIVER CARE UK RED	60	£7.25	10%	£6.53	
328-5285	HEALTH AID PROSTAVITAL CAPS	30	£6.69	10%	£6.02	

Pharmacy Name: ..... Telephone Number: .....

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REVOLUTIONARY  
RELIEF FOR DRY EYE

# Hycosan Shield®



Unique **lipid layer replacement** for the management of **evaporative dry eye**



Complete Lipid Replacement



Preservative, Phosphate and Water Free



Long Lasting Relief



6 Months Sterility

SCOPE

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
415-6915	HYCOSAN SHIELD	3ML	£11.08	12.5%	£9.70	

**12.5%**  
**DISCOUNT**

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# Ibuleve™

Pain Relief Without Pills

**NEW** look,  
**NEW** sizes,  
same great formulation.



\*GSL lines only

**15%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
416-0602	IBULEVE MAX PAIN RELIEF 10%GEL	50GM	£4.87	15%	£4.14	
416-0610	IBULEVE MAX PAIN RELIEF 10%GEL	30GM	£3.65	15%	£3.10	
416-0560	IBULEVE PAIN RELIEF 5% GEL	30GM	£2.74	15%	£2.33	
416-0578	IBULEVE PAIN RELIEF 5% GEL	50G	£3.95	15%	£3.36	
416-0594	IBULEVE PAIN RELIEF 5% SPRAY	35ML	£3.65	15%	£3.10	
3IBUSP	IBULEVE SPEED RELIEF SPRAY	35ML	£3.26	15%	£2.77	

Pharmacy Name: ..... Telephone Number: .....

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# JAKEMANS®

Boston ENGLAND



CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
347-2578	JAKEMANS BLUEBERRY EXP 12-21	10PCS	£6.55	25%	£4.91	
318-9917	JAKEMANS CHERRY MENTHOL EXP 02-22	10PCS	£6.55	25%	£4.91	
318-9925	JAKEMANS HONEY & LEMON EXP 02-22	10PCS	£6.55	25%	£4.91	
318-9958	JAKEMANS MENTHOL & EUCALYPTU EXP 02-22	10PCS	£6.55	25%	£4.91	
389-1397	JAKEMANS PEPPERMINT MENTHOL EXP 01-22	10PCS	£6.55	25%	£4.91	
318-9966	JAKEMANS THROAT & CHEST EXP 04-22	10PCS	£6.55	25%	£4.91	

**25%**  
**DISCOUNT**

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A new  
name,  
the same  
great  
feeling

KY Jelly...soon to be **Kynect**

**14%**  
**DISCOUNT**

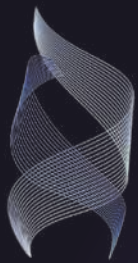
CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
3KYJ5	KY JELLY - NEW SIZE UK 50GM	50GM	£2.42	14%	£2.08	
3KYJ7	KY JELLY - NEW SIZE UK 75GM	75GM	£3.31	14%	£2.85	

Pharmacy Name: ..... Telephone Number: .....

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# LIBERIZE™

sildenafil

**Liberize™ is a 50 mg film coated tablet of sildenafil which helps men achieve and maintain an erection.**

## Studies show that when taking sildenafil:

- 74% of men saw improvement in their erections\*
- It's fast acting - results noticed in 25 minutes\*
- Most importantly, men have seen an improvement in their confidence to maintain an erection and overall improved self-esteem and less anxiety when attempting sex.\*

*\*Reference: Liberize™ 50 mg Film-coated Tablets SmPC*



Essential Information



Checklist



**Liberize™ (sildenafil) 50 mg film coated tablets** contains sildenafil citrate equivalent to 50 mg of sildenafil. **Legal category:** P. **Indications:** In adult men with erectile dysfunction, which is the inability to achieve or maintain a penile erection. In order for Liberize to be effective, sexual stimulation is required. **MA Holder:** Teva UK Limited, Brampton Road, Hampden Park, Eastbourne, BN22 9AG, United Kingdom. Information about this product, including adverse reactions, precautions, contra-indications, and method of use can be found at <http://products.tevauk.com/p/sildenafil-435?productId=21601>. **Job code:** LIB-GB-00001. **Date of Preparation:** April 2021.

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
417-3399	LIBERIZE SILDENAFIL 50MG	4	£7.74	20%	£6.19	
417-3407	LIBERIZE SILDENAFIL 50MG	8	£13.94	20%	£11.15	

**20%  
DISCOUNT**

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# THIS PILL

# HAS BEEN

# LIBERATED

## A CONTRACEPTIVE PILL IS NOW AVAILABLE WITHOUT A PRESCRIPTION AS A P MEDICINE

The contraceptive pill has been a life-changing choice for women for nearly 60 years<sup>1</sup>.

Yet over a third of women are still unable to access contraceptive services locally<sup>2</sup>.

Lovima<sup>®</sup> now helps to change that.

Lovima<sup>®</sup> puts you on the frontline of providing important contraception support and choice in pharmacy. You can now play a vital role in step changing access to contraception.

It's in your hands. Stock Lovima<sup>®</sup> and be part of this revolution.



**GO TO LOVIMA.COM TO ACCESS YOUR TRAINING MATERIAL AND TO FIND OUT MORE**

Lovima<sup>®</sup> is a registered trademark of Maxwellia Ltd.

1. Improving access to contraception. Extended community pharmacy services would improve quality and outcomes, LSE, August 2017.
2. Royal College of Obstetricians & Gynaecologists, Dec 2019. Improving the health and wellbeing of girls and women. Better for women. [online] London: Royal College of Obstetricians & Gynaecologists, pp.38-39. Available at: <<https://www.rcog.org.uk/globalassets/documents/news/campaigns-and-opinions/better-for-women/better-for-women-full-report.pdf>>
3. GOV.UK. Nov 2016. Local health and care planning: menu of preventative interventions. [online] Available at: <<https://www.gov.uk/government/publications/local-health-and-care-planning-menu-of-preventative-interventions>>
4. All Party Parliamentary Group on Sexual and Reproductive Health in the UK, 2020. Women's Lives, Women's Rights: Strengthening Access to Contraception Beyond the Pandemic. Women's Lives, Women's Rights. London: All Party Parliamentary Group on Sexual and Reproductive Health in the UK.
5. Survey of 1,009 women aged 18-55, Censuswide commissioned by Maxwellia (Dec 2020).

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# FREEDOM AND CHOICE STARTS WITH YOU



**37%** of women unable to access contraceptive services locally<sup>2</sup>  
**LACK OF ACCESS**

**UNPLANNED PREGNANCY COSTS NHS ~£240m<sup>pa.3</sup>**

**COVID 19 HAS ALTERED THE LANDSCAPE OF CONTRACEPTION CARE<sup>4</sup>**



**Women want greater access and are willing to pay**

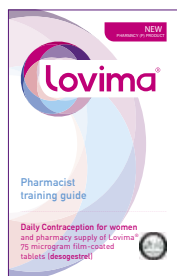
**70%** of women agreed the contraceptive pill should be easier to obtain and more widely available<sup>5</sup>

**44%** of women agreed they would be willing to pay to get daily contraception more quickly and easily e.g. no need to see a GP or wait for a prescription<sup>5</sup>

Survey of 1,009 women aged 18-55 years, commissioned by Maxwellia



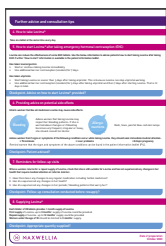
## VISIT LOVIMA.COM TO ACCESS FURTHER TRAINING MATERIALS



**Pharmacy Training Guide**



**OPTIONAL Consultation Checklist**



**Active Pack**



**Online Training Materials**

PL 42807/0002. **Indications:** Oral contraception for women of childbearing age including adolescents. **Posology:** One tablet every day continuously; 24 hours between tablets. First tablet taken on the first day of menstrual bleeding. **Contraindications:** Active venous thromboembolic disorder. Presence or history of severe hepatic disease. Known or suspected sex-steroid sensitive malignancies. Undiagnosed vaginal bleeding. Hypersensitivity to any ingredients. Peanut or soya allergy. **Precautions:** Pregnancy should be excluded; contains lactose; not for patients with rare hereditary problems of galactose intolerance, the Lapp lactase deficiency, or glucose-galactose malabsorption. Caution in patients with: a history of breast cancer, diabetes, liver cancer or chloasma or depressed mood arising during use. Efficacy may be reduced with missed tablets, gastro-intestinal disturbances, or concomitant medications. Stop if sustained hypertension not controlled. **Side effects:** Common (≥1/100 to <1/10) breast pain; depressed mood; mood altered; libido decreased; menstrual cycle irregularities: nausea; acne; weight increased, headache. Uncommon (≥1/1,000 to <1/100) vaginal infections, contact lens intolerance, vomiting, alopecia, dysmenorrhoea, ovarian cyst, fatigue. Rare (≥1/10,000 to <1/1,000) rash, urticaria, erythema nodosum. **MA holder:** Maxwellia Ltd, Alderley Park, Alderley Edge, SK10 4TG **Classification:** P **Price (ex.5% VAT):** 28 tablets £14.28 or 84 tablets £28.56. **Date:** August 2021.

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
416-0107	LOVIMA 75MCG FCT 3 MONTH 'P'	84	£20.56	16%	£17.27	
416-0099	LOVIMA 75MG FCT 1 MONTH 'P'	28	£10.28	16%	£8.64	

**16% DISCOUNT**

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# TOUGH, RESEALABLE PACKS OF GLUCOSE.

## IDEAL FOR YOUR CUSTOMERS WITH DIABETES.

- Perfect for managing blood glucose levels.
- Resealable, water-resistant packaging, ideal for on-the-go use.
- Four great-tasting flavours available in chewable tablets and juice shots.



**STOCK UP  
TODAY.**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
399-9805	LIFT GLUCO JUICE BERRY	60ML	£0.90	7.5%	£0.83	
339-9797	LIFT GLUCO JUICE LEMON & LIME	60ML	£0.90	7.5%	£0.83	
381-6709	LIFT GLUCOSE BLUEBERRY TABS 40G	10	£0.83	7.5%	£0.77	
324-1833	LIFT GLUCOSE RASPBERRY 200GM	50	£2.30	7.5%	£2.13	
324-1858	LIFT GLUCOSE RASPBERRY 40GM	10	£0.83	7.5%	£0.77	
324-1841	LIFT GLUCOSE TABS ORANGE 200GM	50	£2.30	7.5%	£2.13	
324-1866	LIFT GLUCOSE TABS ORANGE 40GM	10	£0.83	7.5%	£0.77	

**7.5%  
DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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# Introducing new LEMSIP FIRST ACTION nasal spray to help stop colds early\*

**NEW**

Lemsip First Action is **clinically proven** to help shorten the duration of cold and flu-like symptoms by up to **2 days**<sup>1\*</sup>

- ✓ Can be used from one year of age
- ✓ Suitable for use in pregnancy

**£1M**  
First Action  
media  
campaign

**A Clinically Proven Cold Hack**  
Lemsip First Action launch campaign reveals a cold hack that helps stop a cold early by reducing the severity and duration of it.

Lemsip First Action  
**360**  
Media  
Activation  
Out of Home  
TV and VOD (Oct-Dec)  
Search



\*When used at first signs of a cold. This is a medical device. Always read the instructions.  
Reference 1. Ludwig M, et al. *Respir Res.* 2013;14:124.

**11%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
418-5492	LEMSIP FIRST DEFENCE ACTION NASAL SPRAY	20ML	£4.52	11%	£4.02	

Pharmacy Name: ..... Telephone Number: .....

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Search for **LansinohFamily** on social media

[www.lansinoh.co.uk](http://www.lansinoh.co.uk)

# Lansinoh®

## At Lansinoh®

we have a trusted range of breastfeeding products to help mums on their breastfeeding journey. Our award-winning range includes:

### HPA® Lanolin Nipple Cream

100% natural so there's no need to remove before breastfeeding. Helps soothe and protect sore nipples, safe for mum and baby.

**99%** \* of mums would recommend to other breastfeeding mums



### Breastmilk Storage Bags

Strong, durable and leak proof for convenient and safe storage of breastmilk in the fridge or freezer for up to 6 months. Express directly into Lansinoh® Breastmilk Storage Bags when using a Lansinoh® breast pump.

### Disposable Nursing Pads with Blue Lock™ Core

Absorb up to 20x their own weight. Leak proof, discreet, comfortable and stays in place with 2 non-slip tapes.



[www.Lansinoh.co.uk](http://www.Lansinoh.co.uk)

**7.5%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
296-4468	LANSINOH BREASTMILK STORE BAG	25	£3.21	7.5%	£2.97	
322-5786	LANSINOH DISP NURSING PADS	60	£3.49	7.5%	£3.23	
341-8894	LANSINOH DISP NURSING PADS	24	£1.57	7.5%	£1.45	
370-5209	LANSINOH HPA LANOLIN	40ML	£7.08	7.5%	£6.55	

Pharmacy Name: ..... Telephone Number: .....

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Formula containing all three macular carotenoids

**MACUSHIELD**

**NO.1  
RECOMMENDED  
SUPPLEMENT  
BY EYE EXPERTS\***

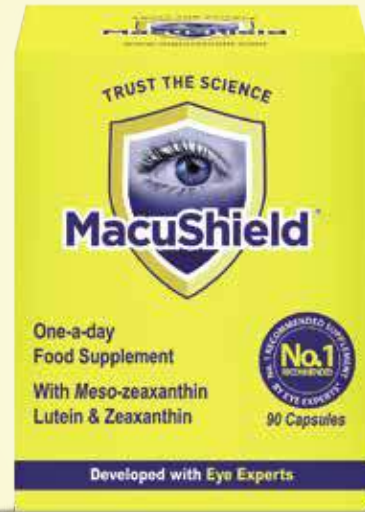
**Ingredients List:**

Lutein 10mg

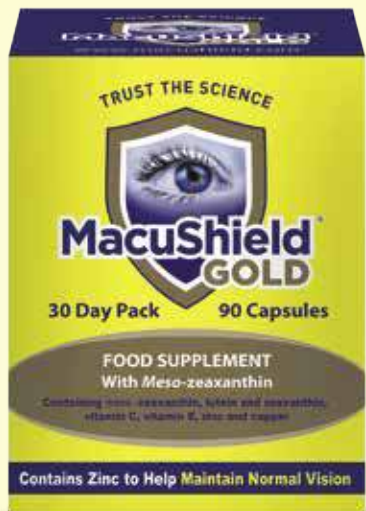
Meso-zeaxanthin 10mg

Zeaxanthin 2mg

\*based on UK survey data of 92 eye experts, 2017



**MACUSHIELD GOLD**



**MACUSHIELD GOLD  
FOR EYE HEALTH\***

**Ingredients List:**

Lutein 10mg

Meso-zeaxanthin 10mg

Zeaxanthin 2mg

Vitamin C 500mg

Vitamin E 268mg  $\alpha$ -TE

Zinc 25mg

Copper 2mg

\*Contains Zinc to help maintain normal vision

[www.macushield.com](http://www.macushield.com)

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
355-3351	MACUSHIELD BLISTER CAPS	30	£10.95	17.5%	£9.03	
355-3369	MACUSHIELD BLISTER CAPS	90	£26.78	17.5%	£22.09	
384-6953	MACUSHIELD GOLD CAPS	90	£17.49	17.5%	£14.43	
413-8525	MACUSHIELD ORIGINAL CHEWABLE	30	£11.66	17.5%	£9.62	

**17.5%  
DISCOUNT**

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AL/3023/11.17/0.001

# MIGRAITAN

50mg TABLETS  
Sumatriptan

**FAST  
MIGRAINE**

# MIGRAITAN

50mg TABLETS  
Sumatriptan



**FAST  
MIGRAINE**

# MIGRAITAN

50mg TABLETS  
Sumatriptan



**FAST ACTING  
MIGRAINE RELIEF**

Also relieves symptoms such as:

- Nausea
- Sensitivity to light and sound



**10%  
DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
388-4616	MIGRAITAN 50MG TABS	2	£4.44	10%	£4.00	

Pharmacy Name: ..... Telephone Number: .....

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# Migraleve™



MIGRALEVE™ Pink contains paracetamol and codeine, to treat the patient's head pain, together with buclizine, to relieve nausea. If taken at the first sign of a migraine, MIGRALEVE™ Pink can prevent an attack from developing further. If further treatment is required, this can be followed with MIGRALEVE™ Yellow.



MIGRALEVE™ Yellow contains paracetamol and codeine, which treat the patient's continuing headache symptoms. This should only be taken after the first dose of MIGRALEVE™ Pink, if required.



MIGRALEVE™ contains both MIGRALEVE™ Pink Tablets and MIGRALEVE™ Yellow Tablets to combat the different stages of a migraine attack. Contains paracetamol, buclizine and codeine.

**Migraleve. Presentation:** *Migraleve Pink:* Tablet containing Buclizine Hydrochloride 6.25mg, Paracetamol 500mg, Codeine Phosphate 8mg. *Migraleve Yellow:* Tablet containing Paracetamol 500mg, Codeine Phosphate 8mg. **Uses:** For the short term treatment of acute moderate pain which is not relieved by paracetamol, ibuprofen or aspirin alone such as migraine attacks including the symptoms of migraine headache, nausea and vomiting. **Legal category:** P. Further information is available from McNeil Products Ltd, Foundation Park, Roxborough Way, Maidenhead, Berks, SL6 3UG, UK. Information about this product, including adverse reactions, precautions, contraindications, and method of use can be found at: <http://www.mhra.gov.uk/home/groups/spcpil/documents/spcpil/con1416808939131.pdf>

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
017-8574	MIGRALEVE COMPLETE DUO	12	£4.25	15%	£3.61	
017-8582	MIGRALEVE COMPLETE DUO	24	£6.73	15%	£5.72	
UVIEYE	MIGRALEVE COMPLETE DUO POM	48	£3.81	15%	£3.24	
012-6417	MIGRALEVE PINK	24	£6.37	15%	£5.41	
017-8590	MIGRALEVE PINK	12	£3.97	15%	£3.37	
012-6433	MIGRALEVE YELLOW	24	£4.95	15%	£4.21	
012-6433	MIGRALEVE YELLOW	24	£4.95	15%	£4.21	



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**SAFE • SIMPLE • EFFECTIVE • AFFORDABLE**

**Over The Counter Products  
(No Prescription Required)**



Now, Soothing Saline Nasal Rinse is as easy as...

**Helps Alleviate:**

- Nasal Symptoms from Allergies & Hay Fever
- Nasal Symptoms from Cold & Flu
- Post Nasal Drip
- Sinus Pressure & Nasal Stuffiness
- Allergies from Occupational and House Dust, Fumes, Animal Dander, Grass, Pollen, Smoke, etc.
- Nasal Symptoms in CPAP Users with Sleep Apnoea
- To Loosen Thick Nasal Mucous Symptoms seen in Cystic Fibrosis and Immotile Ciliary Syndrome

Suitable for use during pregnancy

Money Back Guarantee\*

\*If returned within 120 days from date of purchase.

**NeilMed® product range**



P4957

**NeilMed® Pharmaceuticals Ltd.,**

Unit 8, Beddington Cross, 136-38 Beddington Farm Road, Croydon, CR0 4XH UK

For more details, please call Tel: +44 (0)208 660 9447 • Fax: +44 (0)207 900 6414

or email us at: [questions@neilmed.com](mailto:questions@neilmed.com) • [www.neilmed.co.uk](http://www.neilmed.co.uk)



CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
3SINU1	SINU RINSE KIT + 60 SACHET	EACH	£10.25	10%	£9.23	
3SINU10	SINU RINSE NASAMIST SALINE	177ML	£5.91	10%	£5.32	
3SINU5	SINU RINSE NASAMIST SALINE	75ML	£3.40	10%	£3.06	
3SINU6	SINU RINSE NASOGEL SPRAY	30ML	£5.10	10%	£4.59	
336-9873	SINU RINSE NETTIPOT 60 SACHET	240ML	£10.25	10%	£9.23	
3SINU2	SINU RINSE REFILL SACHET	120	£10.85	10%	£9.77	
3SINU4	SINU RINSE REFILL SACHET	50	£6.00	10%	£5.40	
3SINU3	SINU RINSE REG KIT +10 SACHE	EACH	£6.20	10%	£5.58	

Pharmacy Name: ..... Telephone Number: .....

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# arnicare®



### Nelsons® Arnicare® Arnica Cream

90% of Nelsons® Arnicare® Arnica cream users said it helps reduce swelling and pain from bruising\*. It is a traditional herbal medicinal product for the symptomatic relief of bruising exclusively based upon long-standing use as a traditional remedy. Available in 30g and 50g.

### Nelsons® Arnicare® Arnica Cooling Gel

A perfect product to massage into muscles following physical exertion or to revive tired, heavy legs after being on your feet all day. It combines the benefits of arnica with the refreshing sensation of natural grapefruit oil and menthol to cool and soothe the skin. Available in 30g.

\*Quick Poll May 2019 research amongst 125 respondents

[www.arnicare.co.uk](http://www.arnicare.co.uk)

## For daily bumps and bruises

Contains Arnica montana. Always read the label.



### Nelsons® Tea Tree Cream

A purifying skin cream prepared with the finest, purest tea tree oil from Australia. Tea tree oil is known for its excellent antiseptic and antibacterial properties. Nelsons® Natural Tea Tree Cream is a non-greasy formula and is rapidly absorbed. It's free from artificial colourings, fragrances, PEGs, lanolin, silicones and mineral oils.

Information for healthcare professionals

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
N41	NELSONS ARNICA 30C PILLULES	84	£3.46	15%	£2.94	
N4	NELSONS ARNICA 6C PILLULES	84	£2.87	15%	£2.44	
N94	NELSONS ARNICA COOLING GEL30G	30GM	£2.95	15%	£2.51	
N80	NELSONS ARNICA CREAM 30GM	30GM	£2.91	15%	£2.47	
N81	NELSONS ARNICA CREAM 50GM	50GM	£3.95	15%	£3.36	

**15%**  
**DISCOUNT**

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**UPTO  
40%  
DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
021-4874	NIVEA CREME JAR	200ML	£4.03	35%	£2.62	
357-4001	NIVEA LIP HYDRO CARE	4.8GM	£1.55	40%	£0.93	
254-1142	NIVEA LIP ORIGINAL CARE	4.8GM	£1.47	40%	£0.88	
282-8762	NIVEA SOFT MOIST CREAM POT	300ML	£6.05	40%	£3.63	
303-1192	NIVEA SOFT MOIST CREAM POT	200ML	£5.07	40%	£3.04	
238-8452	NIVEA SOFT MOIST CREAM TUBE	75ML	£2.19	40%	£1.32	

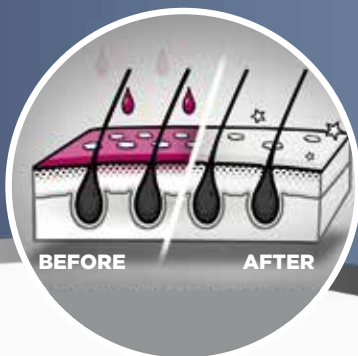
Pharmacy Name: ..... Telephone Number: .....

VALID FOR SEPTEMBER 2021 ONLY E&OE AND SUBJECT TO AVAILABILITY

## Have your customers already tried everything for recurring dandruff?

Medicated anti dandruff solution that treats and prevents dandruff

- Clinically proven effectiveness
- Suitable for all hair types
- Relieves itching and flaking related to dandruff



Starts working from the first wash. Can give visible results in just two weeks.

**CONTAINS KETOCONAZOLE**



Nizoral® Dandruff Shampoo. Contains Ketoconazole. Thornton & Ross Ltd., Linthwaite, Huddersfield, HD7 5QH, UK. Classification P. Used for the Prevention and treatment of the scalp conditions dandruff and seborrheic dermatitis. Information about this product, including adverse reactions, precautions, contra-indications, and method of use can be found at: <https://www.medicines.org.uk/emc/product/6764/smpc>

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
3NIZSHA6	NIZORAL SHAMPOO*OTC* 60 ML	60ML	£4.08	14%	£3.51	
3NIZSHA1	NIZORAL SHAMPOO*OTC* 100ML	100ML	£6.28	14%	£5.40	

**14%  
DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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0800 597 4462

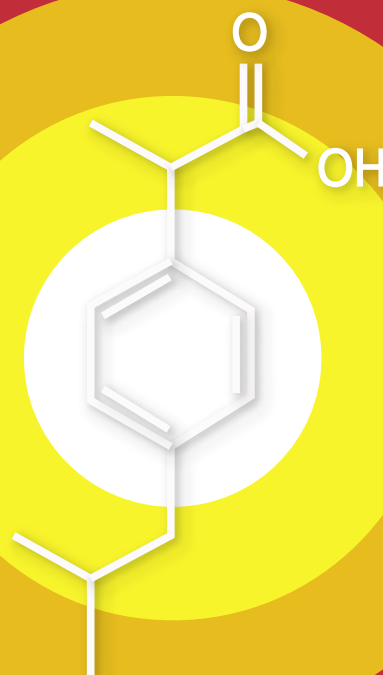
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# NUROFEN EXPRESS OFFERS FASTER AND MORE EFFECTIVE HEADACHE RELIEF THAN PARACETAMOL<sup>1\*</sup>

- Gets to work twice as fast as standard ibuprofen<sup>2\*\*</sup>
- Can be taken with water<sup>3</sup>



## THE SCIENCE OF PAIN RELIEF

Recommend to your customers for faster and more effective headache relief than paracetamol<sup>1</sup>

PIP Code: 339-8757

\*400mg dose of ibuprofen liquid capsules compared to 1000mg dose of standard paracetamol.\*\*Refers to absorption.

### REFERENCES:

1. Packman B, Packman E, Doyle G, Cooper S, Ashraf E, Koronkiewicz K, et al. Solubilized ibuprofen: evaluation of onset, relief, and safety of a novel formulation in the treatment of episodic tension-type headache. Headache. 2000 Jul-Aug;Sect. 561-7. 2. Schettler T et al 2001. Comparative Pharmacokinetics of Two Fast-Dissolving Oral Ibuprofen Formulations. Clin Drug Invest 21(1): 73-78. 3. Nurofen Express 400mg Liquid Capsules SPC. Accessed Sept 2020 <https://www.medicines.org.uk/emc/product/5632>.

### ESSENTIAL INFORMATION:

Nurofen Express Liquid Capsules (Ibuprofen 400mg).

For symptomatic relief of non-serious arthritic conditions, rheumatic or muscular pain, backache, neuralgia, migraine, headaches, dental pain, dysmenorrhoea, feverishness, colds and influenza. License Holder: Reckitt Benckiser Healthcare (UK) Ltd, SL1 4AQ. Legal category: P. Information about this product, including adverse reactions, precautions, contra-indications, and method of use can be found at <https://www.medicines.org.uk/emc/product/5632>.

Adverse events should be reported. Reporting forms and information can be found at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard).  
Adverse events should also be reported to Reckitt Benckiser Healthcare (UK) Ltd on: 0333 200 5345

RB-M-14306 Date of preparation October 2020

**UPTO**  
**20%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
214-4871	NUROFEN PLUS	24	£5.11	12%	£4.50	
3QUIC52	NUROFEN PLUS	32	£6.14	12%	£5.40	
3PER6	NUROFEN EXPRSS LIQ CAP 400MG	10	£3.88	20%	£3.10	

Pharmacy Name: ..... Telephone Number: .....

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# nutriburst

plant based gummy vits

## EMPOWERING CONSUMERS ON THEIR WELLNESS JOURNEY DAILY

nutriburst is the UK's leading **sugar-free and vegan** gummy vitamin brand, as endorsed by nutritionists.

So deliciously tasty your customer will be back for more!



-   
NO ARTIFICIAL  
FLAVOUR
-   
SUGAR  
FREE
-   
VEGAN  
FRIENDLY
-   
HALAL  
SUITABLE
-   
CRUELTY  
FREE
-   
NON  
GMO
-   
GLUTEN  
FREE

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
417-2557	NUTRIBURST GUMMY HAIR& NAILS	60	£12.84	20%	£10.27	
417-2540	NUTRIBURST GUMMY MULTIVIT	60	£11.16	20%	£8.93	
417-2573	NUTRIBURST GUMMY MUSCLES	60	£12.28	20%	£9.82	
417-2581	NUTRIBURST GUMMY PRENATAL	60	£12.84	20%	£10.27	
417-2599	NUTRIBURST GUMMY VITAMIN C	60	£11.16	20%	£8.93	

**20%**  
**DISCOUNT**

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# TOTAL SUPPORT FOR EYE HEALTH

NUTROF® TOTAL CONTAINS A BLEND OF ESSENTIAL NUTRIENTS PROVEN TO BE BENEFICIAL TO EYE HEALTH, ALL IN A ONCE-DAILY CAPSULE.



**Lutein and Zeaxanthin**  
essential for  
macular health



**Resveratrol**  
protects  
retinal cells



**Zinc**  
helps to maintain  
normal vision



**Vitamin D**  
supports eye  
health and combats  
deficiencies



**Omega 3**  
known to be  
beneficial  
to eye health



**Vitamin C & E**  
antioxidant vitamins  
to help protect  
from oxidative stress

Thea Pharmaceuticals Limited, IC5 Innovation Way, Keele University Science and Business Park,  
Keele, Newcastle under Lyme, ST5 5NT **Head Office / Medical Information:** 0345 521 1290  
**Email:** theasupport@theapharma.com **www.thea-pharmaceuticals.co.uk**

**Thea**  
let's open our eyes

**10%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
NUTROF	NUTROF TOTAL EYE VIT+MIN CAPS	30	£10.20	10%	£9.18	

Pharmacy Name: ..... Telephone Number: .....

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# TRUST THE UK'S NO. 1 FOR 24-HOUR HEARTBURN PROTECTION<sup>1</sup>



Easy to swallow mini capsules: 53% smaller than the tablets\*, in a portable bottle

[www.frequentheartburn.co.uk](http://www.frequentheartburn.co.uk)

\*Based on volume of tablet vs capsule. Reference: 1. Nielsen Scantrack. Total Coverage, L12W unit sales WE 28.11.20

**Product information:** Nexium Control 20 mg gastro-resistant tablets and hard capsules **Active ingredient:** Esomeprazole Supply classification: General Sales List (GSL) **Indications:** The short-term treatment of reflux symptoms (e.g. heartburn and acid regurgitation) in adults. Further information about this product, including adverse reactions, precautions, contra-indications, and method of use can be found at: <https://www.medicines.org.uk/emc/product/3660/> (tablets) and <https://www.medicines.org.uk/emc/product/819/> (capsules) or from GlaxoSmithKline Consumer Healthcare (UK) Trading Limited, Brentford, TW8 9GS, U.K. Trade marks are owned by or licensed to the GSK group of companies. PM-UK-NEX-20-00022

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
404-9888	NEXIUM CONTROL 20MG CAPSULES	14	£8.12	10%	£7.31	
388-3139	NEXIUM CONTROL 20MG TABLETS	14	£7.49	10%	£6.74	
388-3147	NEXIUM CONTROL 20MG TABLETS	7	£4.37	10%	£3.93	

**10%**  
**DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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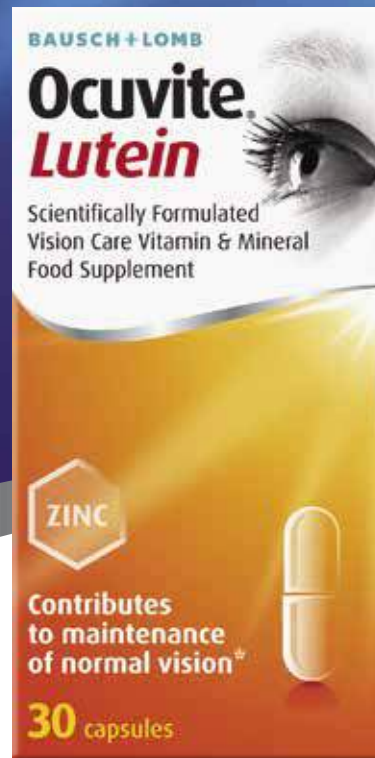
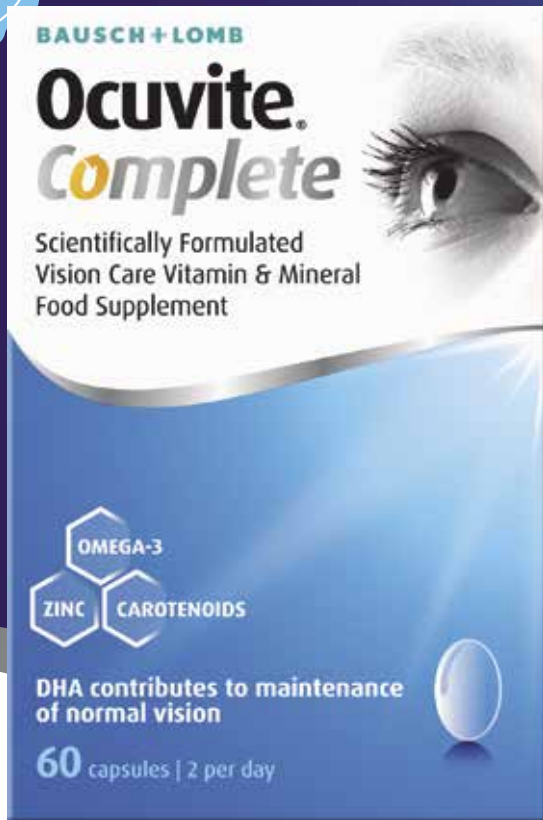
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# BAUSCH+LOMB

INNOVATORS IN EYECARE FOR OVER 160 YEARS



## Ocuville® Complete

- Advanced formulation to help maintain normal vision\*
- Contains: **Fish oil, of which Omega-3 fatty acids and DHA, Vitamin C, Vitamin E, Zinc, Lutein, Zeaxanthin**

## Ocuville® Lutein

- For people wishing to try an eye supplement for the first time
- Contains: **Vitamin C, Vitamin E, Zinc, Lutein, Copper**

Visit our enhanced website:  
[www.bausch.co.uk](http://www.bausch.co.uk)



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Bausch and Lomb UK

\*IRI. All Outlets. Eye supplements market. Unit sales, 52 w/e 4th November 2017.

\*\* Zinc and DHA each separately help to maintain normal vision. The beneficial effect of DHA is obtained with a daily intake of 250mg.

OCV.0014.UK.21

**12.5%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
346-5549	OCUVITE COMPLETE EYE VITAMINS	60	£9.42	12.5%	£8.24	
324-8788	OCUVITE LUTEIN SOFT GELS	30	£5.50	12.5%	£4.81	

Pharmacy Name: ..... Telephone Number: .....

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## Zero compromise on healthier lives

At OMRON Healthcare, we strive to minimize the impact that health conditions have on our lives. Constantly striving for a better quality of life without compromises. Always going for zero.



## A large portfolio of solutions

OMRON Healthcare provides clinically proven, innovative medical equipment for health monitoring and therapy. Patients can prevent, treat and manage their health condition easily from home.

### Blood pressure monitors



### Nebulisers



### Thermometers



## Recognised expertise

- ✓ With over 200 million blood pressure monitors sold, OMRON is market leader in digital blood pressure monitors for both home and professional use.
- ✓ OMRON is the No.1 recommended brand by cardiologists in Europe.



## Peace of mind

- ✓ OMRON products are renowned for their quality and reliability.
- ✓ All OMRON blood pressure monitors are clinically validated and some models have clinical validation for specific conditions: diabetics, pregnant women, obese persons.
- ✓ All OMRON products have a 3-year warranty.

## Premium user experience

- ✓ Each device has been carefully crafted and displays premium designs and exclusive technologies for a simple and comfortable usage.
- ✓ OMRON offers a large range of connected devices. Thanks to the mobile app OMRON connect, it is easy to have vital measurements at your fingertips and to share them with your doctor.

PH-00269-01-21-UK May 2021 BCC Inconsultants.fr

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
371-5893	OMRON NEBULISER C28 COMP AIR	EACH	£74.07	50.6%	£36.60	
416-3481	OMRON NEBULISER FOR CHILDREN	EACH	£41.66	37.6%	£25.98	
415-8507	OMRON EASY CUFF 22-42CM	EACH	£11.01	24.1%	£8.35	
40MRONM2-BASIC	OMRON M2 BASIC AUTO BPM	EACH	£47.03	57.6%	£19.92	
400-9601	OMRON M3 COMFORT BP MONITOR	EACH	£58.57	39%	£35.75	
413-5299	OMRON M4 INTELLI BP MONITOR	EACH	£61.28	33%	£41.09	
362-9045	OMRON M2 CLASSIC BPM INTELLI	EACH	£52.42	50.6%	£25.90	
416-5510	OMRON INTELLI IT THERMOMETER	EACH	£19.16	43.5%	£10.82	
381-6493	OMRON G/TEMP 520 THERMOMETER	EACH	£40.78	36.3%	£25.97	
646-7916	OMRON WALKING STYLE IV WHITE	EACH	£20.85	23.3%	£16.00	
355-2882	OMRON ECOTEMP THERMOMETER	EACH	£4.41	38%	£2.73	

**UPTO**  
**57.6%**  
**DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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# OPTASE®

## Comfort Drop



Is contact lens discomfort an issue for your customers?

77%

Studies show that **77% of people** have experienced issues while wearing contact lenses – **the largest complaint being dry eyes.**<sup>1</sup>



Greater than half of the respondents wear their lenses for **longer than is recommended.**<sup>2</sup>

References: 1. General Optical Council Contact Lens Survey, 2015. 2. Consumer Survey (n=161), 2018.



For more information visit [Scopeeyecare.com](http://Scopeeyecare.com)

**12.5%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
416-4604	OPTASE COMFORT DROP 0.1%	20	£4.43	12.5%	£3.88	

Pharmacy Name: ..... Telephone Number: .....

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# 15% Off OptiBac For your baby

The UK & Ireland's most recommended brand\*



## For your baby

A high quality, clinically researched probiotic for babies from birth, in an easy-to-use liquid drop.

- Contains *Bifidobacterium breve* M-16V®
- Flavourless liquid drops, for easy administration
- Suitable for both breast & formula fed babies from birth onwards
- Scientifically researched in thousands of babies & young children

### Details

Code	Pack	Promo Trade (-15%)	RRP
414-8490	30 servings	£7.11	£14.99

**Order with Sigma today**  
0800 358 4427

**OptiBac**  
probiotics

\*Optibac is the brand of friendly bacteria most recommended by stockists and UK consumers. See website T&Cs for survey details

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
414-8490	OPTIBAC PROBIOTICS FOR BABY	10ML	£8.37	15%	£7.11	
DTECTA6	OPTIBAC TRAVELLING ABROAD	20	£6.69	15%	£5.69	
415-5834	OPTIBAC FOR PREGNANCY	30	£10.60	15%	£9.01	

**15%**  
**DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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# TARGETED RELIEF FOR INFECTED EYES

With **CHLORAMPHENICOL** which is recommended by NICE for bacterial conjunctivitis.



Trust the UK's first pharmacy-only OTC antibiotic<sup>1,2</sup>

- Scientifically proven to help treat acute bacterial conjunctivitis
- Can help reduce the duration of moderate symptoms<sup>3</sup>



Ointment offers an alternative for adults & children who don't like drops

- No need for refrigeration
- Suitable for both day & night time use

Both products are suitable for adults and children aged 2+

Experts in Eye Care



1. Pharmaceutical Journal, Royal Pharmaceutical Society of Great Britain, 2005. 2. BBC, 2015. 3. Everitt et al, BMJ 2006; 331:321.

**ESSENTIAL INFORMATION: Optrex Infected Eye Drops: Chloramphenicol 0.5% w/v (P).** One drop instilled into the infected eye every 2 hours for the first 48 hours and 4 hourly thereafter. To be used during waking hours only. The course of treatment is 5 days. Treatment should continue for 5 days even if symptoms improve. **MRRP:** £6.49. **Indications:** Treatment of acute bacterial conjunctivitis. **MA Holder:** Optrex Limited, SL1 3UH. Information about this product, including adverse reactions, precautions, contraindications, and method of use can be found at: <https://www.medicines.org.uk/emc/medicine/23300>.

**Optrex Bacterial Conjunctivitis 1% w/w/ Eye Ointment:** 10 mg Chloramphenicol (1% w/w). Apply a small amount in the affected eye three to four times daily for five days. Suitable for night time use. **MRRP:** £5.99. **Indications:** For the treatment of acute bacterial conjunctivitis in adults and children aged 2 years and over. **Legal category:** P. **Product license holder:** Medicom Healthcare Ltd, Hants, PO14 4PJ, UK. Information about this product, including adverse reactions, precautions, contraindications, and method of use can be found at: <https://www.medicines.org.uk/emc/product/7299/smpc>.

All adverse events should be reported. Reporting forms and information can be found at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard). Adverse events should also be reported to Reckitt Benckiser Healthcare (UK) Ltd on: 0333 200 5345. Date of preparation: July 2020. RB-M-08506

**UPTO  
15%  
DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
Z29	OPTREX INFECTED EYE DROPS	10ML	£4.52	7%	£4.20	
402-5565	OPTREX BACTERIAL EYE OINTMENT	4GM	£4.52	11%	£4.02	
3OPTMAE1	OPTREX MULTI ACTION EYE WASH	100ML	£3.23	15%	£2.75	

Pharmacy Name: ..... Telephone Number: .....

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# Tune in

THE UK'S No.1 EAR WAX

TREATMENT RANGE\*



Urea Hydrogen Peroxide

No other ear drops are more effective than Otex Express for the removal of ear wax.

For more information, contact Ceuta on 0344 243 6661

# Otex<sup>®</sup>

Be clear to hear

[www.otexear.com](http://www.otexear.com)

OTEX Product Licence, Trademark and medical device registrations held by Diomed Developments Ltd., Hitchin, Herts, SG4 7QR, UK. Distributed by Ceuta Healthcare, Hill House, 41 Richmond Hill, Bournemouth, BH2 6HS, UK. **Indications: Otex Ear Drops, Otex Express Ear Drops, Otex Olive Oil Ear Drops and Otex Sodium Bicarbonate Ear Drops:** An aid in the removal of hardened ear wax. **Otex Express Combi Pack:** Complete ear wax removal kit comprising Otex Express Ear Drops to initially soften and disperse wax, and a bulb syringe to then gently cleanse the ear. Further information is available from Ceuta Healthcare, at the above address. **Legal Category:** Otex Ear Drops 8ml [P], Otex Express Ear Drops, Otex Express Combi Pack, Otex Olive Oil Ear Drops and Otex Sodium Bicarbonate: Medical device. \*Source: Based on sales data MAT 01/2020.

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
30TECOM	Otex COMBI PACK	EACH	£5.47	15%	£4.65	
30TEX	Otex EAR DROPS	8ML	£3.41	15%	£2.90	
30TEEXP	Otex EXPRESS	10ML	£3.65	15%	£3.10	
394-2125	Otex OLIVE OIL EAR DROP	10ML	£2.43	15%	£2.07	
408-5247	Otex SODIUM BICARBONATE E/D	10ML	£2.43	15%	£2.07	

**15%  
DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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Help customers manage their pain



**Only pain relief product with a sleep aid**



**Releases its medicine 5x faster than standard paracetamol**



**Powerful pain relief vs standard paracetamol**

**Product Information**

**Panadol Night (Paracetamol/Diphenhydramine hydrochloride).** Indications: For the short term treatment of bedtime pain. Rheumatic and muscle pain, backache, toothache, migraine, headache and period pain, which is causing difficulty in getting to sleep. **Legal Category:** P. **PL holder:** GlaxoSmithKline Consumer Healthcare, Brentford, TW8 9GS, U.K. Information about this product, including adverse reactions, precautions, contraindications, and method of use can be found at [www.medicines.org.uk/emc/product/3919/smpc](http://www.medicines.org.uk/emc/product/3919/smpc). **Panadol Advance 500 mg tablets. (Paracetamol).** Indications: A mild analgesic and antipyretic. Headache, migraine, toothache, backache, rheumatic, dysmenorrhoea, sore throat, and for relieving the fever, aches and pains of colds and flu. **Legal Category:** P. **PL holder:** GlaxoSmithKline Consumer Healthcare, Brentford, TW8 9GS, U.K. Information about these products, including adverse reactions, precautions, contraindications, and method of use can be found at [www.medicines.org.uk/emc/product/742/smpc](http://www.medicines.org.uk/emc/product/742/smpc), [www.medicines.org.uk/emc/product/4503/smpc](http://www.medicines.org.uk/emc/product/4503/smpc). Trade marks are owned by or licensed to the GSK group of companies. PM-UK-ANAD-20-00027.



CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
3PANACT1	PANADOL ACTIFAST COMPACT TAB	14	£1.42	15%	£1.21	
342-1146	PANADOL ACTIFAST SOLUBLE TAB	24	£2.80	15%	£2.38	
3PANA1	PANADOL ADVANCE TABLETS	16	£1.12	15%	£0.95	
415-3524	PANADOL ADVANCE TABLETS	30	£1.92	15%	£1.63	
3PANEXT1	PANADOL EXTRA ADVANC TAB COMP	14	£1.76	15%	£1.50	
3PANE32	PANADOL EXTRA ADVANCE TABS	32	£2.56	15%	£2.18	
3PANES2	PANADOL EXTRA SOLUBLE TAB	24	£3.11	15%	£2.64	
234-2590	PANADOL NIGHT PAIN TABS	20	£3.20	15%	£2.72	
371-5885	PANADOL PERIOD PAIN TABS	14	£1.76	15%	£1.50	

Pharmacy Name: ..... Telephone Number: .....

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# Pepto-Bismol

Effective Relief For **Multiple\*** Stomach Symptoms

\*At least 2 more symptoms than rival leading brands



CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
3PEPBIS1	PEPTO BISMOL LIQUID	120ML	£2.09	25%	£1.57	
3PEPBIS2	PEPTO BISMOL LIQUID	240ML	£2.83	25%	£2.12	
268-5576	PEPTO BISMOL TABLETS	12	£2.18	25%	£1.64	
312-6836	PEPTO BISMOL TABLETS	24	£3.68	20%	£2.94	

**UPTO**  
**25%**  
**DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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# Plantur 39

## The UK's fastest growing womens shampoo\*



- Plantur39 helps to reduce hair loss.
- It stimulates hair at the root using a Phyto-Caffeine Complex.
- **70%** of women recognised less hair loss in the shower / on their hairbrush after using Plantur39\*\*
- Plantur39 effectiveness has been scientifically proven
- £2.5m ATL investment for 2018
- Now available, Plantur39 Colour Brown, for a breathtaking shade of brown

\*SOURCE: IRI VALUE SALES, SHAMPOO CATEGORY, TOTAL UK, 52 WEEK ENDING 28TH SEPTEMBER 2018.

\*\*SOURCE: 70% OF 284 WOMEN AGREE. TIME INC. READERS ONLINE SURVEY 2016

**15%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
408-4950	PLANTUR 39 BROWN CONDITIONER	150ML	£6.27	<b>15%</b>	<b>£5.33</b>	
408-5833	PLANTUR 39 BROWN SHAMPOO	250ML	£7.68	<b>15%</b>	<b>£6.53</b>	
384-7753	PLANTUR 39 COLOUR CONDITIONER	150ML	£5.40	<b>15%</b>	<b>£4.59</b>	
329-0954	PLANTUR 39 COLOUR SHAMPOO	250ML	£6.98	<b>15%</b>	<b>£5.93</b>	
384-7746	PLANTUR 39 FINE & BRIT CONDIT	150ML	£5.40	<b>15%</b>	<b>£4.59</b>	
329-0939	PLANTUR 39 FINE & BRIT SHAMP	250ML	£6.98	<b>15%</b>	<b>£5.93</b>	
329-0962	PLANTUR 39 TONIC	200ML	£6.91	<b>15%</b>	<b>£5.87</b>	

Pharmacy Name: ..... Telephone Number: .....

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# PoxClin<sup>®</sup>

## CoolMousse



## Instant relief from the symptoms of Chicken Pox

- Immediate cooling and soothing effect to relieve itching
- Easy to use mousse format
- Proven to block bacteria and prevent infection
- Contains natural ingredients

**25%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
366-7482	POXCIN COOL MOUSSE CHICKENPO	100ML	£7.04	25%	£5.28	

Pharmacy Name: ..... Telephone Number: .....

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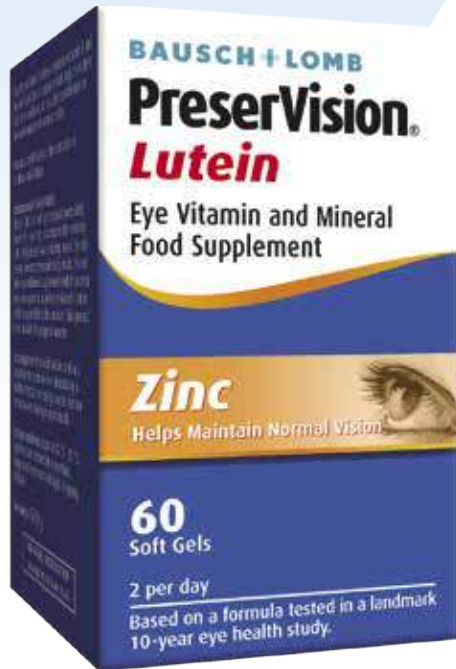


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Based on the  
**Original AREDS**  
formula  
tested in a landmark  
10-year eye study

Studies have  
shown that diet  
plays an important  
role in maintaining  
normal vision.



## PreserVision® Lutein Soft Gels

- ✦ Contains: vitamins C and E, zinc<sup>2</sup>, copper and lutein
- ✦ Zinc<sup>2</sup> contributes to the maintenance of normal vision
- ✦ Vitamin C, vitamin E, and copper contribute to the protection of cells from oxidative stress

## PreserVision® Original Soft Gels

- ✦ Contains: beta carotene<sup>1</sup> providing vitamin A, vitamins C and E, zinc<sup>3</sup> and copper
- ✦ Vitamin A supports the immune system and helps maintain normal skin, zinc<sup>3</sup> contributes to the maintenance of normal vision
- ✦ Vitamin C, vitamin E, and copper contribute to the protection of cells from oxidative stress

Visit our enhanced website:  
[www.bausch.co.uk](http://www.bausch.co.uk)



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1. Smokers are advised not to consume food supplements containing beta carotene. 2. Long term intake of this amount of zinc can lead to anaemia. 3. The high levels of Zinc in this product make it unsuitable for pregnant women; long term intake of 50 mg of zinc can reduce copper and iron absorption and may lead to anaemia. Food supplements should not be used as a substitute for a varied diet. Balanced diet and healthy lifestyle are essential for maintaining good health. Please consult a nutritional professional if you require advice on the most appropriate food supplement for your needs. 4. IRI. All Outlets. Eye supplements market. Unit sales, 52 w/e 4th November 2017. PVN0014.UK.21-BL 2370b

**10%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
324-2534	PRESERVISION LUTEIN CAPS	60	£9.89	10%	£8.90	
324-2518	PRESERVISION ORIGINAL CAPS	60	£9.89	10%	£8.90	

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# Intimate Health Care Support...

## We've got you covered!

The Bio-Kult intimate health care support range includes Bio-Kult Pro-Cyan with cranberry extract, two specifically selected bacteria strains and vitamin A that contributes to the normal function of the immune system as well as the maintenance of mucous membranes. Also in the range is Bio-Kult Candéa, which contains seven strains of live bacteria with garlic and grapefruit extract targeting the intimate flora. And, the latest addition to the range, Bio-Kult Pregnéa, containing six strains of live bacteria, magnesium, zinc, vitamins C + D and folate to support women during pregnancy, from pre-conception to breastfeeding and beyond birth.



For more information or to place your order speak to your wholesaler or contact Bio-Kult.

**Bio-Kult**<sup>®</sup>  
What's your gut feeling?

[bio-kult.com](http://bio-kult.com) /biokultprobiotics @bio\_kult @biokult\_uk



CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
FH1232-B	PROTEXIN BIO-KULT CANDEA	60	£8.77	15%	£7.45	
417-4124	PROTEXIN BIO-KULT PREGNEA ADV	60	£11.08	15%	£9.42	
415-2989	PROTEXIN BIO-KULT BOOSTED	30	£13.95	15%	£11.86	
418-2192	PROTEXIN BIO-KULT BRIGHTEN	60	£11.08	15%	£9.42	
348-2999	PROTEXIN BIO-KULT CAPSULES	120	£19.19	15%	£16.31	
F7055-B	PROTEXIN BIO-KULT CAPSULES	60	£9.72	15%	£8.26	
F7058-B	PROTEXIN BIO-KULT CAPSULES	30	£5.29	15%	£4.50	
373-7210	PROTEXIN BIO-KULT PRO-CYAN	45	£8.77	15%	£7.45	

**15%**  
DISCOUNT

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**PROFOOT®**

**FEET  
HAVE NEVER  
FELT SO  
GOOD**



CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
5PF018	PROFOOT BLISTER PLASTERS	EACH	£2.69	<b>20%</b>	<b>£2.15</b>	
5PF025	PROFOOT CHIROPODY FELT	PACK	£0.95	<b>20%</b>	<b>£0.76</b>	
5PF015W	PROFOOT DBLE CUSHION WOMEN	EACH	£2.38	<b>20%</b>	<b>£1.90</b>	
5PF015M	PROFOOT DOUBLE CUSHION MEN	EACH	£2.38	<b>20%</b>	<b>£1.90</b>	
5PF017M	PROFOOT GEL MAX MENS	EACH	£5.98	<b>20%</b>	<b>£4.78</b>	
5PF017W	PROFOOT GEL MAX WOMEN	EACH	£5.98	<b>20%</b>	<b>£4.78</b>	
5PF007	PROFOOT HEEL SNUGS	EACH	£1.78	<b>20%</b>	<b>£1.42</b>	
5PF034	PROFOOT MOLESKIN ROLL COMFORT	PACK	£1.78	<b>20%</b>	<b>£1.42</b>	
290-3557	PROFOOT SUPER SPORT MENS	EACH	£7.11	<b>20%</b>	<b>£5.69</b>	
290-3565	PROFOOT SUPER SPORT WOMENS	EACH	£7.11	<b>20%</b>	<b>£5.69</b>	
290-3508	PROFOOT TRIAD INSOLE MENS	EACH	£8.87	<b>20%</b>	<b>£7.10</b>	
290-3516	PROFOOT TRIAD INSOLE WOMENS	EACH	£8.87	<b>20%</b>	<b>£7.10</b>	

**20%**  
**DISCOUNT**

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## FIND A SOLUTION FOR ALL YOUR FOOTCARE NEEDS



# SOFT GEL

- Washable and reusable.
- Dramatic reduction of friction.
- Used by chiropodists worldwide.
- Contains pure mineral oil, helping to keep the skin soft and supple.
- Conforms to any shape or surface it comes into contact with.
- Excellent pressure and re-distribution qualities.

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
5PF001	PROFOOT CORN WRAPS	EACH	£1.70	20%	£1.36	
5PF003	PROFOOT TOE PROTECTOR	EACH	£1.76	20%	£1.41	
5PF004	PROFOOT TOE SUPPORT	EACH	£1.76	20%	£1.41	
5PF006	PROFOOT TOE SPREADER	EACH	£1.20	20%	£0.96	
5PF008	PROFOOT TOE SEPARATORS	EACH	£1.65	20%	£1.32	



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# PURESSENTIEL PURIFYING AIR SPRAY



**Puressentiel**  
**PURIFYING**  
The Efficacy of Nature®



- PURIFY YOUR HOME WITHOUT SYNTHETIC CHEMICALS<sup>1</sup>
- SPRAY IN THE AIR, ON FABRICS OR OTHER SURFACES<sup>2</sup>
- SUITABLE FOR ASTHMA SUFFERERS<sup>3</sup>
- LONG LASTING SIGNATURE BLEND
- 99.4% USER SATISFACTION<sup>4</sup>

100% PLANT-BASED • PROPELLANT-FREE • NO ANIMAL-DERIVED INGREDIENTS • PATENTED FORMULA

Use biocides safely. Always read the label and product information before use. 1-Reduces bacteria on surfaces. Microbiological Environmental study, randomised, blind, controlled, May 18. 2-Carry out a preliminary test. 3-Suitable for mild to moderate asthma sufferers. Journal of Asthma 2018: Tolerance to essential oils exposure in patients with allergic asthma. 4-Study of 9603 users, 23<sup>rd</sup> November 2020.

**20%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
387-8840	PURESSEN PUR ANTIBAC AIR SPRAY	200ML	£12.16	20%	£9.73	

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# PYROCALM CONTROL

OMEPRAZOLE 20MG TABLETS

NOW AVAILABLE OTC



## EXCLUSIVE TO PHARMACY

- The most widely prescribed PPI\*
- Now available for your regular prescription customers
- Offering the convenience of a familiar treatment without the wait for GP appointments

\* NHS Digital, Practice level prescribing data 2018/19

Original training materials developed by CIG Healthcare Partnership

Dexcel<sup>®</sup>  
pharma

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
122-3593	PYROCALM CONTROL 20MG TABLETS	7	£4.08	10%	£3.67	
413-3732	PYROCALM CONTROL 20MG TABLETS	14	£6.41	10%	£5.77	

**10%**  
**DISCOUNT**

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### Noise protection



-27 dB



-33 dB

#### WAX EARPLUGS

- Perfect for long lasting use
- They mould at body temperature to your ear shape for maximum comfort
- High quality

#### MINI FOAM EARPLUGS

- Smaller size, suitable for small ear canal
- Very soft foam
- Comfortable low pressure foam
- Your choice for sensitive ear canals

### Noise protection



#### FOAM EARPLUGS

-35 dB

- For loud noise
  - Super soft for comfort
  - Anatomically shaped
- Available in Bright colours



#### SILICONE EARPLUGS

-20 dB

- No pressure in the ear canal
- Malleable
- Protection at the entrance of the ear



#### AQUAPLUG

- Tight fit for an optimum water protection
- Easy to insert
- Reusable
- Ergonomic: fit all ear shapes and sizes



#### SILICONE SWIMMING

- Waterlight & malleable
  - Also protect against dust and cold
  - Extra-auricular positioning
- 2 sizes: Standard and for kids

**27.5%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
407-6360	QUIES EARPLUGS BOX BRI COLOURS	6PAIRS	£3.35	27.5%	£2.43	
356-8995	QUIES EARPLUGS FOAM	3PAIRS	£2.22	27.5%	£1.61	
407-6378	QUIES EARPLUGS IN FOAM MINI BX	3PAIRS	£2.22	27.5%	£1.61	
368-7969	QUIES EARPLUGS NATURAL WAX	8PAIRS	£3.15	27.5%	£2.28	
402-6258	QUIES EARPLUGS SILICON PROTCT	3PAIRS	£2.62	27.5%	£1.90	
357-1452	QUIES EARPLUGS SILICONE	3PAIRS	£2.71	27.5%	£1.96	
356-9001	QUIES EARPLUGS SILICONE KIDS	3PAIRS	£2.37	27.5%	£1.72	

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**DERMATOLOGIST  
RECOMMENDED**

Feel the difference with



Specifically developed for sensitive skin.  
The QV range is suitable for use with eczema,  
psoriasis, dermatitis and a range of dry skin  
conditions.



\*QV Gentle Wash voted  
Pharmacy Product of the Year  
- Assistant's Choice 2021



Order now for your pharmacy  
[www.qvskincare.co.uk](http://www.qvskincare.co.uk)

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
327-3307	QV BATH OIL	500ML	£4.79	10%	<b>£4.31</b>	
327-3323	QV EMOLLIENT CREAM	500G	£5.96	10%	<b>£5.36</b>	
363-9168	QV GENTLE WASH EMOLLIENT	500ML	£5.32	10%	<b>£4.79</b>	
363-9176	QV GENTLE WASH EMOLLIENT	250ML	£3.19	10%	<b>£2.87</b>	
363-9150	QV INTENSIVE OINTMENT	450G	£5.75	10%	<b>£5.18</b>	
363-9341	QV SKIN LOTION	500ML	£5.32	10%	<b>£4.79</b>	



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# #FindYourBalance<sup>†</sup> DAY & NIGHT





 †Follow @rescueremedyuk for exclusive tips on finding your balance

<sup>†</sup>IRI Unit Sales in our brand category, 52 weeks to w/e 26th Dec 2020. verify@nelsons.net

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
418-5278	RESCUE BALANCE & POSITIVITY	30	£12.50	25%	£9.38	
418-5286	RESCUE PEACEFUL NIGHT CAPS	30	£9.35	25%	£7.01	
418-5344	RESCUE PEACEFUL NIGHT DUO	30	£12.50	25%	£9.38	
418-5294	RESCUE REMEDY DREAM BALM	50ML	£14.35	25%	£10.76	
418-5260	RESCUE REMEDY FRESH & FOCUS	30	£9.35	25%	£7.01	
398-7146	RESCUE PLUS LOZENGES	10	£2.06	25%	£1.55	
343-5849	RESCUE REMEDY BLCKCURRNT PAS	50GM	£3.21	25%	£2.41	
053-8579	RESCUE REMEDY DROPPER	10ML	£4.36	25%	£3.27	
053-8595	RESCUE REMEDY DROPPER	20ML	£5.64	25%	£4.23	
331-1271	RESCUE REMEDY NIGHT DROPPER	10ML	£4.36	25%	£3.27	
353-8444	RESCUE REMEDY NIGHT LIQ MELTS	28	£4.62	25%	£3.47	
331-9837	RESCUE REMEDY NIGHT SPRAY	20ML	£5.64	25%	£4.23	
325-1188	RESCUE REMEDY ORNG & ELDR PAS	50GM	£3.21	25%	£2.41	
230-5936	RESCUE REMEDY SPRAY	7ML	£4.10	25%	£3.08	
291-1543	RESCUE REMEDY SPRAY	20ML	£5.90	25%	£4.43	

**25%  
DISCOUNT**

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NEW

Bach ORIGINAL FLOWER REMEDIES  
**RESCUE**<sup>®</sup>

UK's **Nº 1**  
EMOTIONAL WELLBEING BRAND

Discover a new RESCUE<sup>®</sup> wellbeing collection for these popular consumer categories

# Sleep, Mood & Focus

Active fusions of natural plant-based botanicals, vitamins, minerals, essential oil and RESCUE<sup>®</sup> flower essences.

## Unwind & Relax Into Sleep



Supports relaxation in readiness for peaceful sleep  
Helps you wake up feeling refreshed



Relax muscles and naturally massage away tensions  
Soothe the mind and senses, ready for quality sleep

**RESCUE<sup>®</sup> Peaceful Night Capsules**  
A unique fusion of Ashwagandha, Lemon Balm, Chamomile, Magnesium, Vitamin B6 and RESCUE Night<sup>®</sup> flower essences. **30 Vegan Capsules. FOOD SUPPLEMENT.**

**RESCUE<sup>®</sup> Dream Balm**  
An active fusion of high purity CBD, natural Lavender Oil, Chamomile, Hemp Seed Oil and RESCUE Night<sup>®</sup> flower essences. **Massage Balm with High Purity CBD. Suitable for Vegans.**



Supports relaxation in readiness for peaceful sleep  
Helps you wake up feeling refreshed

**RESCUE<sup>®</sup> Peaceful Night Duo**  
A natural pairing of **Peaceful Night Capsules** to help you prepare for sleep and **Peaceful Night Spray** to help you relax and settle back down if you are disturbed during the night. Unique fusions of Ashwagandha, Chamomile, Lemon Balm, Magnesium, Vitamin B6, Passion Flower and RESCUE Night<sup>®</sup> flower essences. **30 Vegan Capsules and 14ml Sugar Free Oral Spray. FOOD SUPPLEMENTS.**

## Sharpen the Mind



## Balance Emotions



Supports concentration, focus and mental clarity  
Helps maintain and support long term memory



Helps maintain a positive outlook  
Contributes to emotional balance and mood

**RESCUE<sup>®</sup> Fresh & Focus Capsules**  
An active fusion of ingredients including Ginkgo Biloba, Omega 3 DHA, B Vitamins and RESCUE<sup>®</sup> flower essences. **30 Vegan Capsules. FOOD SUPPLEMENT.**

**RESCUE<sup>®</sup> Balance & Positivity Capsules**  
An active fusion of Saffron, L-theanine, B vitamins and RESCUE<sup>®</sup> flower essences. **30 Vegan Capsules. FOOD SUPPLEMENT.**

**Peaceful Night Capsules:** Ashwagandha contributes to optimal relaxation. Chamomile contributes to optimal relaxation and a normal healthy sleep. Magnesium & Vit B6 contribute to the reduction of tiredness and fatigue. **Peaceful Night Spray:** Passion flower contributes to optimal relaxation. **Fresh & Focus Capsules:** Ginkgo biloba contributes to normal mental performance, cognitive function & helps maintain memory with age. Omega 3 DHA supports normal brain function\*. Vitamin B5 contributes to normal mental performance & the reduction of tiredness and fatigue. Vitamins B6, B12 & Folic acid contribute to normal psychological function. **Balance & Positivity Capsules:** Crocus sativus (saffron) contributes to normal healthy emotional balance and mood, helping maintain a positive outlook. Pantothenic acid (Vit B5) contributes to normal mental performance. Vit B12 contributes to normal psychological function. FOOD SUPPLEMENTS SHOULD NOT BE USED AS A SUBSTITUTE FOR A BALANCED DIET AND HEALTHY LIFESTYLE.

\*The beneficial effect for brain function is obtained with a daily intake of 250mg of DHA. \*IRI Value Sales, 52 weeks to w/e 15th May 2021. verify@nelsons.net

Information for trade professionals only.

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# Support your immune system\*

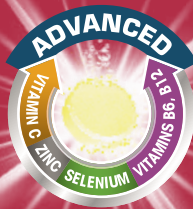


**Vitamin C + Zinc + Vitamin D**

1000mg + 10mg + 10µg

**Redoxon Triple Action** is a combination of high strength Vitamin C, Zinc and Vitamin D to support your immune system – your body's natural defence

- Vitamin C helps support your immune system.
- Zinc helps maintain your skin, the body's first line of defence.



**11 vitamins + minerals**

**Redoxon Advanced** Immune Support is an every day multivitamin containing a high strength dose of Vitamin C, designed to help maintain the immune system.

- Vitamins (C, A, D, B6, B12 & Folic Acid) & Minerals (Zinc, Iron, Copper & Selenium) help your immune system function – your body's natural protector.



**13%  
DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
409-7689	REDOXON ADVANCED EFF TABS	15	£3.34	13%	£2.91	
402-8791	REDOXON TRIPLE ACTION EFF TAB	10	£2.43	13%	£2.11	

Pharmacy Name: ..... Telephone Number: .....

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# Grow your sales with the power of 13 Swiss herbs.



Wish you well.

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
405-1405	RICOLA APPLE MINT S/F	20PCS	£19.00	20%	£15.20	
406-5215	RICOLA CARAMEL S/FREE STEVIA	20PCS	£19.00	20%	£15.20	
3RICCRA5	RICOLA CRANBERRY S/F STEV 45GM	20PCS	£19.00	20%	£15.20	
3RICEF5	RICOLA ELDERFLWR S/F BOX 45GM	20PCS	£19.00	20%	£15.20	
SSL038	RICOLA GLAC P/MINT S/FREE BOX	20PCS	£19.00	20%	£15.20	
3RICLEM5	RICOLA LEMON MNT S/F STEV 45GM	20PCS	£19.00	20%	£15.20	
375-8133	RICOLA LIQOURICE S/FR STEVIA	20PCS	£19.00	20%	£15.20	
388-1323	RICOLA MOUNTAIN MINT S/F 45GM	20PCS	£19.00	20%	£15.20	
3RICOR15	RICOLA ORIGINAL S/F STE 45GM	20PCS	£19.00	20%	£15.20	
410-7702	RICOLA SOOTH/CLR ORIG HERB 75G	12PCS	£12.25	20%	£9.80	
410-7694	RICOLA SOOTHE HON/LEM,ECHI 75G	12PCS	£12.25	20%	£9.80	
410-7686	RICOLA SOOTHE/CLR HON HERB 75G	12PCS	£12.25	20%	£9.80	

**20%**  
**DISCOUNT**

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**ROHTO**  
DRY AID

Itchy, gritty, burning,  
sore, tired, irritated,  
stinging — or just  
really, really dry eyes?



**NEW**



## Hydrates. Restores. Protects.

62% of adults claim<sup>1</sup> that their consumption of screen devices has increased since lockdown. Screen time causing a lack of blinking, ageing and wearing contact lenses – among other factors, are all directly linked to an increase in dry eyes. As the use of digital devices has gone up during lockdowns, so have cases of dry eye.

Help is at hand with **Rohto Dry Aid** – an advanced, clinically proven, 8-in-one dry eye symptom relief formulation which targets dry spots that appear on the surface of the eye. **Rohto Dry Aid** hydrates, restores and protects – breaking the vicious cycle of dry eye and providing soothing relief for up to 12 hours.



Provides effective soothing relief for up to 12 hours



8 in 1 symptoms relief, non blurry

**93%** found **Rohto Dry Aid** eye drops fast-acting.<sup>1</sup>

**73%** agreed that **Rohto Dry Aid** relieved their dry eye within 60 seconds.<sup>1</sup>

### From Rohto The world's **No.1** eye care brand<sup>2</sup>

Rohto – eyedrop specialists since 1909, have a clear vision to make quality eyecare products accessible for all.

[www.clickdrophydrate.co.uk](http://www.clickdrophydrate.co.uk)

**20%**  
**DISCOUNT**

Sources: 1. Independent consumer user trial conducted in Autumn 2020 with 107 respondents, 2. Euromonitor International Limited; Consumer Health Eye Care definition, retail value share, 2020 data. Rohto Dry Aid is a medical device.

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
416-4422	ROHTO DRY AID EYE DROPS	10ML	£5.61	20%	£4.49	

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# Salonpas<sup>™</sup> Pain Relief Patch

**Anti-inflammatory  
Pain Relief Patch  
for Muscle and  
Joint Pain<sup>1</sup>**

- Methyl Salicylate 105mg - NSAID to fight inflammation<sup>2</sup> and reduce pain
- Levomenthol 31.5 mg - an ingredient with analgesic properties when applied topically providing soothing sensation for fast onset of relief<sup>1</sup>
- For the symptomatic pain relief of muscles and joints associated with strains and sprains
- **Stick it to pain for long-lasting, targeted pain relief for up to 12 hours<sup>2</sup>**

<sup>1</sup> SPC, <sup>2</sup> UKPAR Salonpas<sup>®</sup> Pain Relief Patch, Medicated Plaster, <sup>3</sup>

**Salonpas<sup>®</sup> – a leading brand in pain relief patch technology and available in over 30 countries worldwide**

Further information contact: [salonpas.co.uk](http://salonpas.co.uk)

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
373-5008	SALONPAS PAIN RELIEF PATCH	3	£2.99	20%	<b>£2.39</b>	
373-5016	SALONPAS PAIN RELIEF PATCH	5	£4.19	20%	<b>£3.35</b>	

**20%  
DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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# Sambucol®

BLACK ELDERBERRY

## The Original Black Elderberry

**UK's No.1**  
IMMUNITY  
BRAND\*

**AS SEEN  
ON TV**

# BACK TO SCHOOL

# Beat the Bugs!



**Voted Best  
Supplement  
Brand for  
Kids 2021**



## Immune support for the whole family

Care for your family's immunity with Sambucol, our award-winning supplement brand especially for back to school and day care nurse. Sambucol contains natural Black Elderberries as well as Vitamin C which helps support the immune system.



**Family  
Health**



**Great  
Tasting**



**Scientifically  
Tested**



\*Nielsen MAT W12 March 2021

**20%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
415-0108	SAMBUCOL BABY DROPS	20ML	£5.24	20%	£4.19	
410-6696	SAMBUCOL BABY POWDER SACHETS	14	£4.08	20%	£3.26	
371-8194	SAMBUCOL EXTRA DEFENCE LIQUID	120ML	£6.99	20%	£5.59	
268-1047	SAMBUCOL FOR KIDS LIQUID	120ML	£5.24	20%	£4.19	
366-4018	SAMBUCOL IMMUNO FORTE EFF TABS	15	£5.39	20%	£4.31	
268-1054	SAMBUCOL IMMUNO FORTE LIQUID	120ML	£5.83	20%	£4.66	
258-2377	SAMBUCOL ORIGINAL LIQUID	120ML	£5.24	20%	£4.19	

Pharmacy Name: ..... Telephone Number: .....

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**102** 0800 597 4462 0800 597 4439 [WWW.SIGCONNECT.CO.UK](http://WWW.SIGCONNECT.CO.UK)

# For effective, overnight constipation relief **in one dose**

Larger pack sizes are now only available behind the counter\*



## Why choose **Senokot Max**?



**Works within 8-12 hours, providing overnight relief**



**Clinically proven medicine for the short-term relief of occasional constipation**



**Contains natural Senna**



of Senokot tablets  
**Our strongest ever formula\*\***

\*Refers to larger Senokot pharmacy only pack sizes when compared to the Senokot GSL range.

\*\*Senokot Max Strength Tablets adult and Senokot Max Strength Tablets 12 Years Plus are double the strength of Senokot 7.5mg Tablets Adult. Contains Senna for the relief of short term, occasional constipation, always read the label. RB-M-23067  
Date of Preparation: January 2021

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
415-3698	SENOKOT LIQUID SYRUP 'P'	150ML	£4.52	11%	£4.02	
415-3656	SENOKOT MAX STRENGTH TABS GSL	10	£1.93	14%	£1.66	
415-3672	SENOKOT MAX STRENGTH TABS 'P'	24	£3.88	14%	£3.34	
415-3680	SENOKOT MAX STRENGTH TABS 'P'	48	£6.14	14%	£5.28	
402-5532	SENOKOT SENOCALM IBS RELF CAP	20	£3.88	11%	£3.45	
3SEN2	SENOKOT TABLETS BLISTER	20	£1.94	14%	£1.67	
415-3664	SENOKOT TABLETS BLISTER 'P'	60	£4.85	14%	£4.17	

**UPTO  
14%  
DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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# Sensodyne

## No.1 Dentist Recommended Toothpaste Brand For Sensitive Teeth\*

Advanced technology for sensitive teeth



### Repair & Protect toothpaste – Deep Repair† for sensitive teeth\*\*

\* 63% of 300 surveyed dentists, 2020 (contact  
consumer.relations@gsk.com for claim verification).

† Based on data generated 2013-2015.

\*\* Forms a protective layer over sensitive areas of teeth.  
Brush twice a day for lasting sensitivity protection.

Trade marks are owned by or licensed to the  
GSK group of companies.

PM-UK-SENO-21-00114



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# SENSODYNE

RAPID RELIEF



- Clinically proven relief in just 60 seconds and long-lasting protection\*
- Starts working from the first brush<sup>1</sup>
- Unique Stannous Fluoride formulation engineered for speed



**BEAT  
SENSITIVITY  
PAIN  
FAST**



\*With twice daily brushing. **References:** 1. GSK data on file 205710. July, 2016. Trade marks are owned by or licensed to the GSK group of companies.

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
370-8682	SENSO REP & PROT WHITE 75ML	12PCS	£37.80	15%	£32.13	
404-6991	SENSO RAPID RELIEF WHITE 75ML	12PCS	£37.80	13%	£32.89	
404-7205	SENSO RAPID RELIEF 75ML	12PCS	£37.80	13%	£32.89	

**UPTO  
15%  
DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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# Shantys

L I M I T E D

Innovate, design & create brand leaders

## Nitcomb-M2

01061

5COMLIC2



- Uniquely spaced stainless steel teeth for efficient removal of lice, eggs and nits
- Two row technology head lice comb



## PillCutter

19022

PB3

- Useful for splitting tablets



## PillCrusher

19040

PB9C

- To grind pills into powder



## Day Out

19026

PB7

- Useful for carrying a day's medication



CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
5COMLIC2	HEAD LICE NITCOMB M2 1061	EACH	£2.89	3%	£2.80	
PB3	PILLMATE PILLCUTTER 19022	EACH	£1.72	3%	£1.67	
PB7	PILLMATE DAY OUT 19026	EACH	£0.75	3%	£0.73	
PB9C	PILLMATE PILLCRUSHER 19040	EACH	£2.54	3%	£2.46	

Pharmacy Name: ..... Telephone Number: .....

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# Smart Pak<sup>®</sup> Small Weekly Disposable 40010

Pip Code: 416 3242

**New!**

Smart Pak supersedes MD Pak Small Disposable 20010

- Now stackable
- Made with 50% less plastic
- 100% Recyclable

For a free sample or to order spare seals please contact us by email at: [shanty@shantys.com](mailto:shanty@shantys.com).

Seal Code: 40025 PIP Code: 416 3259



RECYCLE

Box Contents:

50 Trays / 50 Seals / 50 Paper Lids

# Smart Pak<sup>®</sup> Large Weekly Disposable 40011

Pip Code: 416 0214

**New!**

Smart Pak supersedes MD Pak Large Disposable 20011

- Now stackable
- Made with 50% less plastic
- 100% Recyclable

For a free sample or to order spare seals please contact us by email at: [shanty@shantys.com](mailto:shanty@shantys.com).

Seal Code: 40026 PIP Code: 416 0206



RECYCLE

Box Contents:

50 Trays / 50 Seals / 50 Paper Lids

CODE	PRODUCT DESCRIPTION	PK SIZE	INVOICE PRICE	QTY
416-3242	PILLMATE MD SMART WKLY S-40010	50 SET	£16.65	
416-0214	PILLMATE MD SMART PK L -40011	50 SET	£19.99	

Pharmacy Name: ..... Telephone Number: .....

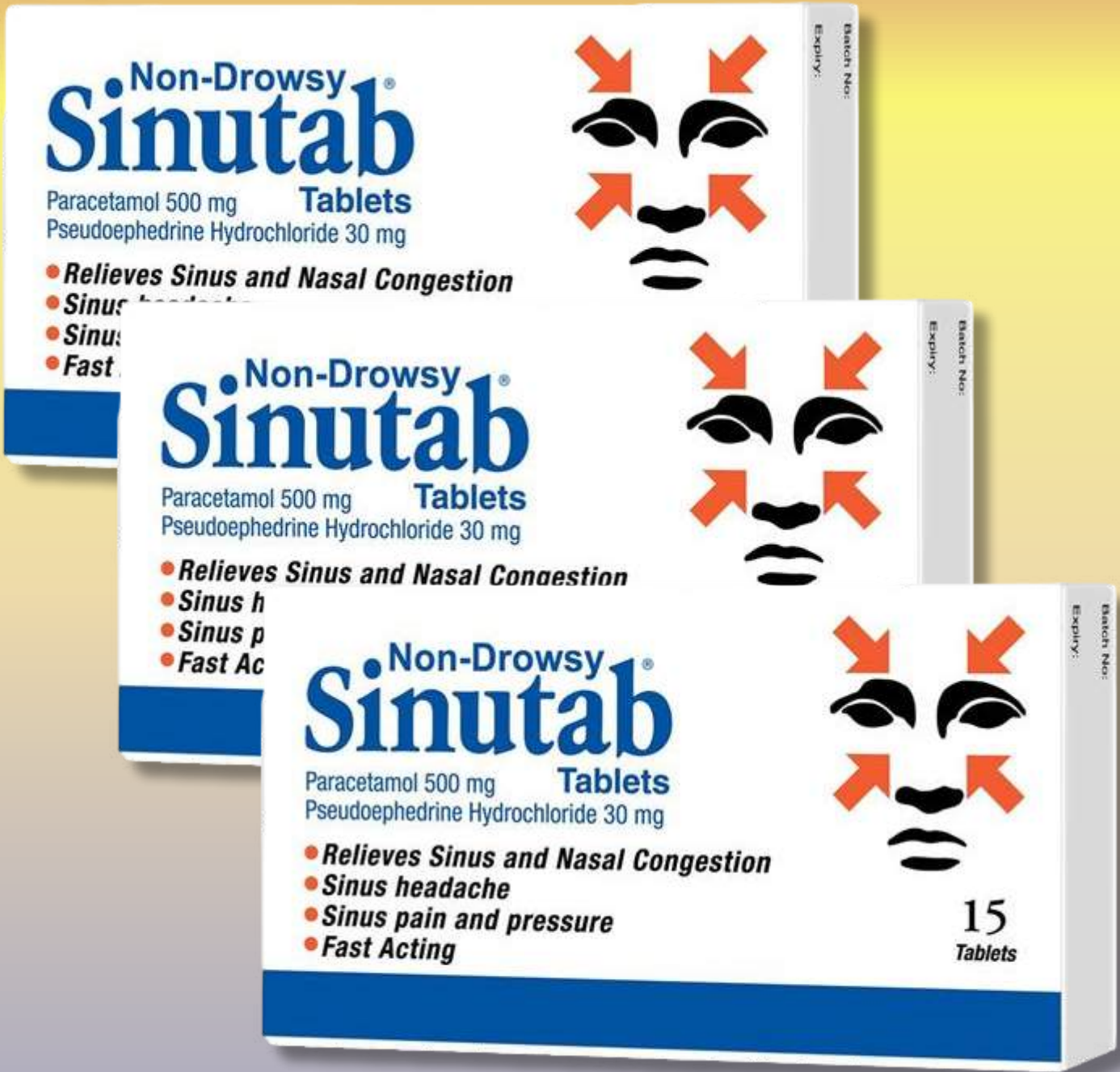
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**17%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
3SIN15	SINUTAB TABLETS	15	£3.46	17%	£2.87	

Pharmacy Name: ..... Telephone Number: .....

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# Solpadeine®



CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
NUC169	SOLPADEINE MAX SOLUBLE TABS	32	£5.56	12%	£4.89	
3SOLM2	SOLPADEINE MAX TABLETS	20	£4.01	12%	£3.53	
3SOLM3	SOLPADEINE MAX TABLETS	30	£5.11	12%	£4.50	
3SOLC3	SOLPADEINE PLUS CAPSULES	32	£4.65	12%	£4.09	
3NASD1	SOLPADEINE PLUS SOLUBLE TAB	16	£2.65	12%	£2.33	
3PHAGLU	SOLPADEINE PLUS SOLUBLE TAB	32	£4.85	12%	£4.27	
3SOLT3	SOLPADEINE PLUS TABLETS	32	£4.52	12%	£3.98	

**12%**  
**DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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# SUDAFED®



**17%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
3SUDSPR1	SUDAFED BLOC NOSE NASAL SPRAY	15ML	£2.91	17%	£2.42	
401-0096	SUDAFED CONGESTION RELIEF SPR	10ML	£3.65	17%	£3.03	
388-4855	SUDAFED DAY & NIGHT CAPS	16	£2.91	17%	£2.42	
3SUDELI1	SUDAFED DECONGEST ELIXIR LIQ	100ML	£2.34	17%	£1.94	
3SUD12	SUDAFED DECONGESTANT TABS	12	£2.55	17%	£2.12	
388-4848	SUDAFED MAX STRENGTH CAPSULE	16	£2.74	17%	£2.27	
3FR02	SUDAFED MUCUS RELIEF TABS	16	£2.91	17%	£2.42	
407-8093	SUDAFED SINUS EASE SPRAY	15ML	£2.96	17%	£2.46	
388-5936	SUDAFED SINUS MAX STRENGT CAP	16	£2.74	17%	£2.27	
405-5109	SUDAFED SINUS PAIN RELIEF	16	£3.26	17%	£2.71	
3SUDRM1	SUDAFED SINUS PRESSURE & PAIN	12	£2.83	17%	£2.35	
3SUDRM2	SUDAFED SINUS PRESSURE & PAIN	24	£4.37	17%	£3.63	

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# Limited Edition

On the **G**

## my little Sudocrem®

- ✓ Highly portable compact pot, take it with you anywhere!
- ✓ Gentle formula can be used as often as you need
- ✓ Protects against irritants, allowing the skin to maintain its natural and healthy condition
- ✓ A skin soothing formulation that can be used from parents to teenagers, runners to cyclists, mountaineers to urban explorers and everyone in-between

teva

**20%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
407-9299	MY LITTLE SUDOCREM	22GM	£1.75	20%	£1.40	

Pharmacy Name: ..... Telephone Number: .....

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TENA®

# NEW Silhouette

UNDERWEAR

Just like underwear.  
Protects like TENA.



CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
SMTND3	TENA *SILHOUETTE* NORMAL BLANC LARGE	PK5	£3.20	10%	£2.88	
SMTND2	TENA *SILHOUETTE* NORMAL BLANC MEDIUM	PK6	£3.20	10%	£2.88	
409-4504	TENA *SILHOUETTE* NORMAL NOIR MEDIUM ***NEW***	PK10	£6.22	13%	£5.44	
409-4496	TENA *SILHOUETTE* NORMAL NOIR LARGE ***NEW***	PK9	£6.22	13%	£5.44	
SMTNLP2	TENA *SILHOUETTE* PLUS CRÈME LARGE	PK8	£5.92	13%	£5.18	
SMTNLP1	TENA *SILHOUETTE* PLUS CRÈME MEDIUM	PK 9	£5.92	13%	£5.18	
410-8148	TENA SIL/NOIR INCONT PANTS MED	PK9	£5.82	10%	£5.24	
410-8163	TENA SIL/NOIR INCONT PANTS LRG	PK8	£5.85	10%	£5.27	
SMTNAFL	TENA MEN ACTIVE FIT PANTS LARG	PK8	£5.92	13%	£5.18	
SMTNAFM	TENA MEN ACTIVE FIT PANTS MEDI	PK9	£5.92	13%	£5.18	
SMTNPFL	TENA MEN PREMIUM FIT PANTS LRG	PK8	£6.33	13%	£5.54	
SMTNPFM	TENA MEN PREMIUM FIT PANTS MED	PK10	£6.33	13%	£5.54	

**UPTO**  
**13%**  
**DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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TENA®

# PROskin 3x PROTECTION

**A new approach to skin health**  
from the leading incontinence expert



As skin ages it becomes thinner, more fragile, takes longer to heal. At TENA we know that with incontinence skin is even more at risk. That is why prevention is key. TENA ProSkin range with FeelDry Advanced quickly absorbs liquid away from the surface, keeping the skin dry.

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
SMTNC1	TENA ProSkin COMFORT EXTRA	PK40	£13.07	10%	£11.76	
SMTNC3	TENA ProSkin COMFORT MAXI	PK28	£13.23	10%	£11.91	
SMTNC5	TENA ProSkin COMFORT NORMAL	PK42	£8.20	10%	£7.38	
SMTNC4	TENA ProSkin COMFORT PLUS	PK46	£11.49	10%	£10.34	
SMTNC2	TENA ProSkin COMFORT SUPER	PK36	£13.97	15%	£11.87	
SMTNS4	TENA ProSkin SLIP MAXI LARGE	PK24	£13.98	10%	£12.58	
SMTNS3	TENA ProSkin SLIP MAXI MEDIUM	PK24	£12.73	10%	£11.46	
SMTNS7	TENA ProSkin SLIP PLUS LARGE	PK30	£13.75	10%	£12.38	
SMTNS6	TENA ProSkin SLIP PLUS MEDIUM	PK30	£13.76	10%	£12.38	
SMTNS2	TENA ProSkin SLIP SUPER LARGE	PK30	£14.35	10%	£12.92	
SMTNS1	TENA ProSkin SLIP SUPER MEDIUM	PK30	£13.52	10%	£12.17	
SMTNF2	TENA ProSkin FLEX PLUS MEDIUM	PK30	£13.87	15%	£11.79	
SMTNF3	TENA ProSkin FLEX PLUS LARGE	PK30	£14.08	10%	£12.67	
SMTNF5	TENA ProSkin FLEX SUPER MEDIUM	PK30	£14.64	15%	£12.44	
SMTNF9	TENA ProSkin FLEX MAXI MEDIUM	PK22	£11.56	10%	£10.40	
SMTNF10	TENA ProSkin FLEX MAXI LARGE	PK22	£13.74	15%	£11.68	
SMTNF11	TENA ProSkin FLEX MAXI EXTRA LARGE	PK21	£14.10	10%	£12.69	
SMT021	TENA FIX MEDIUM 5'S	PK5	£3.17	15%	£2.69	
SMT022	TENA FIX LARGE 5'S	PK5	£3.89	10%	£3.50	

**UPTO**  
**15%**  
**DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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# TENA®



## TENA discreet

Thin, discreet and secure, Triple protection from leaks, odour and moisture Single wrapped for convenience.

- TENA 82% market share pharmacy bladder weakness category
- TENA pharmacy market No 1



\* IRI 20 March 2021

**10%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
SMTND7	TENA LADY DISCREET MINI 20'S	PK20	£2.40	10%	£2.16	
3TEN01	TENA LADY EXTRA 10'S	PK10	£2.40	10%	£2.16	
SM0006	TENA LADY EXTRA DUO PACK	PK20	£4.04	10%	£3.64	
3TEN02	TENA LADY EXTRA PLUS	PK8	£2.40	10%	£2.16	
SM0005	TENA LADY EXTRA PLUS DUO PACK	PK16	£4.04	10%	£3.64	
SMTN10	TENA LADY MAXI	PK6	£2.40	10%	£2.16	
SMTN09	TENA LADY DISCREET MAXI NIGHT	PK6	£2.40	10%	£2.16	
SM0022	TENA LADY DISCREET MAXI NIGHT DUO	PK12	£4.04	10%	£3.64	
SM0007	TENA LADY DISCREET NORMAL DUO PACK	PK24	£4.04	10%	£3.64	
SM0009	TENA LADY ULTRA MINI PLUS	PK24	£2.40	10%	£2.16	

Pharmacy Name: ..... Telephone Number: .....

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TENA®

1 in 3 women  
experience  
little leaks\*\*



lights™  
BY  
TENA®

**PHARMACY "MUST STOCK"**  
1. LIGHTS BY TENA LINER  
2. LIGHTS BY TENA  
LONG LINER

**LINERS ARE AN IMPORTANT  
ENTRY POINT FOR THE BLADDER  
WEAKNESS CATEGORY.**  
Be sure to assign the appropriate  
level of space per tier to ensure  
that sales are maximised

**lights by TENA**

- QuickDry topsheet
- FeelFresh™ Technology locks in moisture and odour much quicker than regular sanitary protection
- Ergonomic body shape
- Discreet protection

WITH FEELFRESH TECHNOLOGY™

\* IRI DATA 52 w/e 28th Dec 2019  
Value in UK Chemists excluding Boots and Superdrug.  
\*\* International Consultation on Incontinence (ICI),  
publication 2013, Abrams et al.



CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
3TEN06	LIGHTS BY TENA LIGHT LINER	PK28	£2.00	10%	£1.80	
SMTN02	LIGHTS BY TENA LINER 24'S	PK24	£2.00	10%	£1.80	
SM0011	LIGHTS BY TENA LINER SINGLE WR	PK22	£2.00	10%	£1.80	
SM0010	LIGHTS BY TENA LONG LINER	PK20	£2.00	10%	£1.80	



Pharmacy Name: ..... Telephone Number: .....

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TENA®

# URINE LEAKAGE?

1 in 4 Men  
experience  
urine leakage\*\*



**PHARMACY "MUST STOCK"**

1. TENA Men Level 2
2. TENA Men Level 3
3. TENA Men Premium Fit M & L
4. TENA Men Active Fit M & L

**MEN IS THE FASTEST GROWING SUB-CATEGORY AND REPRESENTS 10%\* OF TOTAL BLADDER WEAKNESS**

- Light to maxi absorbency control
- Fits securely and discreetly in your underwear
- Unique odour control system that helps prevent unwanted smells
- Premium Fit & Active Fit - Masculine design and breathable material to look and feel like natural underwear

\* IRI DATA 52 w/e 3rd Nov 2018  
Value in UK Chemists excluding Boots and Superdrug.

\*\* 1 in 4 men over 40 suffer from urine leakage, (as defined by the International Consultation on Incontinence); SCA Study 2013, 40+ year old men UK, US, DE, IT, MEX, RU



**UPTO  
20%  
DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
3TEN03	TENA FOR MEN LEVEL 1 12'S	PK12	£3.60	10%	£3.24	
3TEN04	TENA FOR MEN LEVEL 2 10'S	PK10	£3.60	10%	£3.24	
SM0014	TENA MEN LEVEL 0 P/SHIELD	PK14	£3.60	20%	£2.88	
SM0013	TENA MEN LEVEL 3	PK8	£3.60	10%	£3.24	

Pharmacy Name: ..... Telephone Number: .....

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# TENA®

**6.5 Million**  
people in the UK  
currently care for a  
loved one\*\*



## TENA Pants Plus, Super & Maxi

- Suitable for moderate to heavy bladder weakness
- Look and feel like everyday underwear
- Easy to put on and take off
- For men and women

**TENA PANTS PLUS XL IS THE NUMBER 1 SELLING BLADDER WEAKNESS SKU IN PHARMACY AND UNISEX PANTS REPRESENTS 38.3%\* OF TOTAL BLADDER WEAKNESS**

**NEW TENA PANTS SUPER XL & MAXI XL ARE ONLY AVAILABLE IN PHARMACY**



\* IRI DATA 52 w/e 3rd Nov 2018  
Value in UK Chemists excluding Boots and Superdrug.

\*\* www.careersuk.co.uk

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
SMTNM2	TENA UNISEX PANTS MAXI LARGE	PK10	£11.49	15%	<b>£9.77</b>	
SMTNM1	TENA UNISEX PANTS MAXI MEDIUM	PK10	£11.49	15%	<b>£9.77</b>	
409-7838	TENA UNISEX PANTS MAXI EXTRA LARGE	PK10	£11.48	15%	<b>£9.76</b>	
SMTNP5	TENA UNISEX PANTS PLUS EXTRA LARGE	PK12	£9.81	15%	<b>£8.34</b>	
SMTNP3	TENA UNISEX PANTS PLUS EXTRA SMALL	PK14	£8.90	15%	<b>£7.57</b>	
SMTNP2	TENA UNISEX PANTS PLUS LARGE 8'S	PK8	£6.30	15%	<b>£5.36</b>	
SMTNP1	TENA UNISEX PANTS PLUS MEDIUM PK/9	PK 9	£6.49	15%	<b>£5.52</b>	
SMTNP4	TENA UNISEX PANTS PLUS SMALL	PK14	£8.89	15%	<b>£7.56</b>	
372-1917	TENA UNISEX PANTS SUPER EXTRA LARGE	PK12	£10.37	15%	<b>£8.81</b>	
SMTNS9	TENA UNISEX PANTS SUPER LRG 12'S	PK12	£10.00	15%	<b>£8.50</b>	
SMTNS8	TENA UNISEX PANTS SUPER MED 12'S	PK12	£9.26	15%	<b>£7.87</b>	
SMTNS10	TENA UNISEX PANTS SUPER SMALL	PK12	£8.38	15%	<b>£7.12</b>	

**15%  
DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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S U P P L E M E N T S



# THREE NEW MUST-STOCK LINES

Quality Supplements  
& Effervescent  
at affordable prices.

**20%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
409-2995	VALUPAK VITAMIN B + C OAD	20	£2.33	20%	£1.86	
409-3001	VALUPAK VITAMIN C + ZINC OAD	20	£1.97	20%	£1.58	
VP422	VALUPAK EFF VITAMIN C 1000MG	20	£1.38	20%	£1.10	

Pharmacy Name: ..... Telephone Number: .....

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CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
300-8448	VASELINE LIP THERAPY ALOE VERA	12PCS	£10.68	25%	£8.01	
358-9629	VASELINE LIP THERAPY COCOA	12PCS	£13.56	25%	£10.17	
261-8940	VASELINE LIP THERAPY ORIGINAL	12PCS	£10.68	25%	£8.01	
340-1767	VASELINE LIP THERAPY ROSY	12PCS	£13.56	25%	£10.17	
029-9313	VASELINE PETROLEUM JELLY 100ML	12PCS	£18.60	25%	£13.95	
013-3983	VASELINE PETROLEUM JELLY 250ML	6PCS	£12.90	25%	£9.68	
029-9305	VASELINE PETROLEUM JELLY 50ML	12PCS	£13.44	25%	£10.08	

**25%**  
**DISCOUNT**

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# TRUSTED CARE FOR THE WHOLE FAMILY

**VICKS BRAND SUPPORTED BY A HEAVY WEIGHT  
CONSUMER MARKETING CAMPAIGN  
FOR WINTER 2020/21**



Vicks VapoRub Contains  
Levomenthol and Camphor



Vicks Sinex  
Contains Oxymetazoline



## Great for Night Relief

Up to 8 hour vapour release through the night



## Great for Day Relief

Portable • Easy to use • On-the-go size

## First Defence

Vicks First Defence  
is a Medical Device

Vicks VapoRub, relief of nasal catarrh. Vicks Sinex Soother and Vicks Sinex Micromist contain oxymetazoline, relief of congestion due to common cold. Vicks Inhaler, relief of congestion from upper respiratory tract disorders. Always read the label.

Name of product: Vicks Vaporub. Active Ingredients: Levomenthol, camphor eucalyptus oil and turpentine oil. Indication: For the symptomatic relief of nasal catarrh and congestion, sore throat, also cough due to colds. Supply classification: GSL. Name and address of the marketing authorisation holder: Procter & Gamble (Health & Beauty Care) Limited, The Heights, Brooklands, Weybridge, Surrey, KT13 0XP. Information about this product, including adverse reactions, precautions, contraindications, and method of use can be found at: <https://mhraproducts4853.blob.core.windows.net/docs/10a8ac947601f8afe46550df4aaf894b210a005b> Name of product: Vicks Inhaler. Active Ingredients: Menthol, camphor and siberian pine needle oil. Indication: The relief of nasal congestion associated with allergic and infectious upper respiratory tract disorders. Supply classification: GSL. Name and address of the marketing authorisation holder: Procter & Gamble (Health & Beauty Care) Limited, The Heights, Brooklands, Weybridge, Surrey, KT13 0XP. Information about this product, including adverse reactions, precautions, contraindications, and method of use can be found at: <https://mhraproducts4853.blob.core.windows.net/docs/60162f57a693ef14f515ae695a6755cebf937f7b> Name of product: Vicks Sinex Micromist. Active Ingredients: Oxymetazoline hydrochloride. Indication: The symptomatic relief of congestion of the upper respiratory tract due to the common cold, hayfever, and sinusitis. Supply classification: GSL. Name and address of the marketing authorisation holder: Procter & Gamble (Health & Beauty Care) Limited, The Heights, Brooklands, Weybridge, Surrey, KT13 0XP. Information about this product, including adverse reactions, precautions, contraindications, and method of use can be found at: <https://mhraproducts4853.blob.core.windows.net/docs/8abaf357b6dd6d31aa6f207efcea4db05bd2b61> Name of product: Vicks Sinex Soother Nasal Spray. Active Ingredients: Oxymetazoline hydrochloride. Indication: Symptomatic treatment of nasal congestion. Supply classification: GSL. Name and address of the marketing authorisation holder: Procter & Gamble (Health & Beauty Care) Limited, The Heights, Brooklands, Weybridge, Surrey, KT13 0XP. Information about this product, including adverse reactions, precautions, contraindications, and method of use can be found at: <https://mhraproducts4853.blob.core.windows.net/docs/7f013998c5527bb5ac447b9455238f29f38aad4> Adverse events should be reported. Reporting forms and information can be found at: <https://yellowcard.mhra.gov.uk/>  
Text Reviewed: October 2020.

**UPTO  
33%  
DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
837-5065	VICKS BABY RUB	50GM	£2.55	24.5%	£1.93	
3ZANDIS2	VICKS FIRST DEFENCE N/SPRAY	15ML	£6.11	33%	£4.09	
3VICINH	VICKS INHALER	0.5ML	£1.38	23%	£1.06	
GH01	VICKS SINEX MICROMIST SPRAY	15ML	£2.23	22%	£1.74	
3POT15	VICKS SINEX SOOTHR NASL SPR	15ML	£2.50	21%	£1.98	
340-4944	VICKS VAPORRUB JAR	100GM	£3.74	26.5%	£2.75	
3VICVAP4	VICKS VAPORRUB JAR	50GM	£2.65	26%	£1.96	

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# ENJOY A DEEP BREATH



## SUGAR FREE

Distribution under trademark license of The Procter & Gamble Company.

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
403-5101	VICKS VAPODROPS EUCALYPT	72GM	£1.04	20%	£0.83	
403-5119	VICKS VAPODROPS LEM MENT	72GM	£1.04	20%	£0.83	
403-5127	VICKS VAPODROPS MENTHOL S/F	72GM	£1.04	20%	£0.83	



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# Recommend the No.1 Pharmacy Selling Topical pain relief brand<sup>1</sup>



## Diclofenac diethylammonium

**Product Information: Voltarol 12 Hour Joint Pain Relief 2.32% Gel (diclofenac diethylammonium). Indications:** Local symptomatic relief of pain and inflammation in trauma of the tendons, ligaments, muscles and joints e.g. due to sprains, strains and bruises, and localised forms of soft tissue rheumatism. **Legal category:** P. **Licence holder:** GlaxoSmithKline Consumer Healthcare (UK) Trading Limited, 980 Great West Road, Brentford, Middlesex, TW8 9GS, U.K. **Information about these products, including adverse reactions, precautions, contra-indications, and method of use can be found at:** <https://www.medicines.org.uk/emc/product/8775/smpe>

**14%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
387-6570	VOLTAROL 12HR EMULGEL	100GM	£11.21	14%	£9.64	
379-5291	VOLTAROL 12HR EMULGEL	50GM	£6.59	14%	£5.67	
379-5309	VOLTAROL 12HR EMULGEL	30GM	£4.61	14%	£3.96	
408-1147	VOLTAROL 12HR EMULGEL GSL	30GM	£4.61	14%	£3.96	
408-1154	VOLTAROL 12HR EMULGEL GSL	50GM	£6.59	14%	£5.67	

Pharmacy Name: ..... Telephone Number: .....

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# IT'S NOT JUST MOVEMENT IT'S THE JOY OF MOVEMENT



Voltarol 12 Hour Joint Pain Relief 2.32% Gel offers effective pain relief with low risk of systemic side effects, including GI side effects.<sup>2\*</sup>

**Diclofenac diethylammonium** **It's time to recommend topical joint pain relief**

\*When compared to oral NSAIDs.

**References:** 1. Nielsen, Total Coverage, L12W unit sales, w/e 22.05.2021. 2. Hagen M, Baker M. Curr Med Res Opin 2017; 33: 1623-34.

**Product Information. Voltarol 12 Hour Joint Pain Relief 2.32% Gel (diclofenac diethylammonium). Indications:** Local symptomatic relief of pain and inflammation in trauma of the tendons, ligaments, muscles and joints e.g. due to sprains, strains and bruises, and localised forms of soft tissue rheumatism. **Legal category:** P. **Licence holder:** GlaxoSmithKline Consumer Healthcare (UK) Trading Limited, 980 Great West Road, Brentford, Middlesex, TW8 9GS, U.K. Information about these products, including adverse reactions, precautions, contra-indications, and method of use can be found at: <https://www.medicines.org.uk/emc/product/8775/smhc>.

Trade marks are owned by or licensed to the GSK group of companies. PM-UK-VOLT-21-00083

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
OCE4	VOLTAROL EMULGEL P 1.16% GEL	50GM	£4.97	14%	£4.27	
3SETA02	VOLTAROL EMULGEL P 1% EASY OP	100GM	£8.09	14%	£6.96	
385-7133	VOLTAROL EMULGEL PAINZEZ GSL	60GM	£5.57	14%	£4.79	
3RICORA5	VOLTAROL EMULGEL PAINZEZ GSL	30GM	£3.47	14%	£2.98	
386-2562	VOLTAROL EMULGEL PAINZEZ GSL	100GM	£8.09	14%	£6.96	
406-6643	VOLTAROL GEL BCK & MUS 1.16%	100GM	£8.99	14%	£7.73	
396-5084	VOLTAROL 140MG MEDICID PLASTER	2	£5.99	20%	£4.79	
396-5092	VOLTAROL 140MG MEDICID PLASTER	5	£11.40	20%	£9.12	

**UPTO  
20%  
DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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# Help your patients Connect with Confidence this summer



Be prepared for higher demand - the Viagra Connect TV commercial will be on air over the summer.

**ORDER NOW, TO ENSURE YOUR PHARMACY IS STOCKED-UP READY FOR POST LOCKDOWN DEMAND.**

VIAGRA Connect 50 mg film-coated tablets. Contains Sildenafil. For erectile dysfunction in adult men. Supply Classification: P. Further information about this product, including adverse reactions, precautions, contraindications, and method of use can be found at <https://www.medicines.org.uk/emc/product/8725> or from Upjohn UK Limited, Walton Oaks, Surrey, KT20 7NS PP-VUJ-GBR-0643 Date of preparation: June 2021



**11%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
406-9399	VIAGRA CONNECT 50MG OTC	8	£25.74	11%	£22.91	
406-9407	VIAGRA CONNECT 50MG OTC	4	£14.70	11%	£13.08	
416-0990	VIAGRA CONNECT 50MG OTC	2	£8.08	11%	£7.19	

Pharmacy Name: ..... Telephone Number: .....

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**Babies cleansed with WaterWipes are less likely to get nappy rash\* and if they do it doesn't last as long as with other leading brands.**



**In a clinical study of 698 babies, nappy rash lasted fewer days in babies cleansed with WaterWipes.**

For each day of nappy rash\* experienced by the WaterWipes babies, it would have lasted approximately 50% longer had they used the other brands.

For more information on some of the work we are doing visit our Healthcare Professional page at [www.waterwipes.com/uk/en/health-care/resources/clinical-study-different-baby-wipes](http://www.waterwipes.com/uk/en/health-care/resources/clinical-study-different-baby-wipes)

\* Moderate to severe nappy rash.

Reference: Price AD et al., The BaSICS (Baby Skin Integrity Comparison Survey) study: A prospective experimental study using maternal observations to report the effect of baby wipes on the incidence of irritant diaper dermatitis in infants, from birth to eight weeks of age, Pediatrics and Neonatology, <https://doi.org/10.1016/j.pedneo.2020.10.003>



@WaterWipes

**15%  
DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
646-0378	WATERWIPES BABY WIPES	60	£1.89	15%	£1.61	

Pharmacy Name: ..... Telephone Number: .....

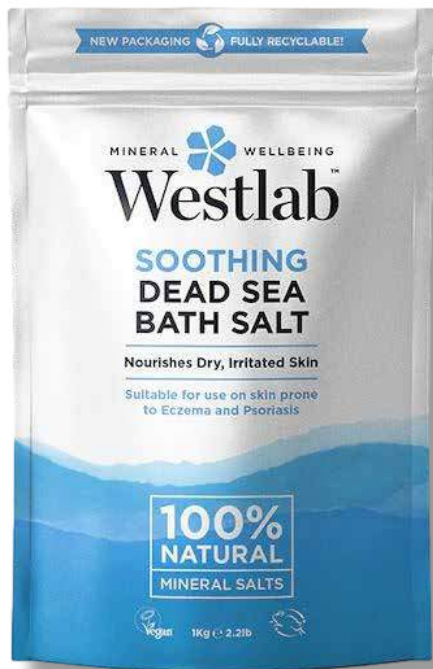
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**UPTO  
35%  
DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
400-2390	EPSOM SALTS	1KG	£2.99	35%	£1.94	
400-2408	WESTLAB DEAD SEA SALT	1KG	£2.99	35%	£1.94	
400-2416	WESTLAB DEAD SEA SALT KIDS	500GM	£1.99	30%	£1.39	
400-2440	WESTLAB HIMALAYAN PINK SALT	1KG	£2.99	35%	£1.94	
402-3537	WESTLAB MAGNESIUM FLAKES	1KG	£4.50	30%	£3.15	

Pharmacy Name: ..... Telephone Number: .....

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# WOODWARD'S



**15%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
SSL035	WOODWARDS GRIPE WATER	150ML	£2.58	15%	£2.19	

Pharmacy Name: ..... Telephone Number: .....

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**23%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
337-6654	ZAM-BUK HERBAL BALM 20GM	12PCS	£23.40	23%	£18.02	

Pharmacy Name: ..... Telephone Number: .....

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# SIGCONNECTION

## Sigma's online ordering system

Access to our extensive  
product range online

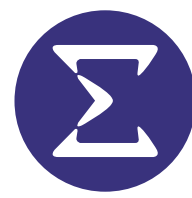
Easy to use

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To arrange access  
call us on: **0800 358 4427**

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Are available from 10:30 am to 7:00 pm every day

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# Working with you to build your pharmacy

Clear, transparent pricing,  
comprehensive product range  
and excellent service

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# How to choose a topical NSAID – Introducing the three P's<sup>3,4</sup>

**Potency + Penetration = Pain-on-movement reduction**

**Potency:**



How effective is the main ingredient at inhibiting its target? – in the case of NSAIDs this reflects the ability to inhibit COX-2 enzymes

**Penetration:**



Does it penetrate deep into the site of pain?

**Pain-on-movement reduction:**



Does it preserve the patient's mobility?

## Voltarol Gels meet all 3 P's



**Potency:**

Voltarol Gels contain diclofenac, a potent anti-inflammatory ingredient



**Penetration:**

The Voltarol Emulgel formulation penetrates deep to the sites of pain



**Pain-on-movement reduction:**

Voltarol Gels are clinically proven to reduce pain on movement

# The Voltarol Range

<b>Voltarol Osteoarthritis Joint Pain Relief 1.16% Gel</b> Diclofenac diethylammonium	<b>Voltarol 12 Hour Joint Pain Relief 2.32% Gel</b> Diclofenac diethylammonium	<b>Voltarol 140mg Medicated Plaster</b> Diclofenac sodium
<b>Pharmacy Only</b>		
		
Proven to be as effective as ibuprofen tablets for joint pain	All-day joint pain relief*	Effective relief for muscle pain

<b>Voltarol Back &amp; Muscle Pain Relief 1.16% Gel</b> Diclofenac diethylammonium	<b>Voltarol Joint Pain Relief 2.32% Gel</b> Diclofenac diethylammonium	<b>Voltarol Heat Patch</b> Non-medicated pain relief
<b>Self select</b>		
		
Scientifically proven to help relieve pain, reduce inflammation and help restore movement	All-day joint pain relief*	Pain relief is still provided up to 24 hours after the patch is removed <sup>†</sup> †up to 24 hours pain relief in lower back pain from the second day of treatment

**Product Information: Voltarol Osteoarthritis Joint Pain Relief 1.16% Gel, Voltarol 12 Hour Joint Pain Relief 2.32% Gel, Voltarol Joint Pain Relief 2.32% Gel, Voltarol Back & Muscle Pain Relief 1.16% Gel (diclofenac diethylammonium), Voltarol 140 mg Medicated Plaster (diclofenac sodium). Indications:** Gels: Local symptomatic relief of pain and inflammation in trauma of the tendons, ligaments, muscles and joints e.g. due to sprains, strains and bruises, and localised forms of soft tissue rheumatism. Osteoarthritis Joint Pain Relief 1.16% Gel only: Relief of pain of non-serious arthritic conditions. Plaster: Local symptomatic, short term treatment of pain in acute strains, sprains or bruises of the extremities following blunt trauma. **Licence holder:** GlaxoSmithKline Consumer Healthcare (UK) Trading Limited, 980 Great West Road, Brentford, Middlesex, TW8 9GS, U.K.

Information about these products, including legal status, adverse reactions, precautions, contra-indications, and method of use can be found at: <https://www.medicines.org.uk/emc/product/8774>; <https://www.medicines.org.uk/emc/product/8775>; <https://www.medicines.org.uk/emc/product/8773>; <https://www.medicines.org.uk/emc/product/9335>; <https://www.medicines.org.uk/emc/product/6992>

# The holistic management of MSK pain in pharmacy<sup>5</sup>



Provide education & information to MSK pain



Recommend that patients remain active



Advise on weight management if required



Recommend analgesic treatments including topical NSAIDs as recommended by NICE



Monitor patient progress and provide further advice if required

## Access content to help support your patients with joint, back or muscle pain now!

We have developed a range of materials for you to use to update your knowledge of causes and management of body pain, how you can provide holistic support for patients and the role of the Voltarol range of topical treatments.

### Personalised learning modules

Access interactive education modules to refresh your knowledge on causes of body pain, guidelines for management and the Voltarol range

### Patient care resources

Access digital resources including a patient support leaflet and exercise poster

### Education resources

Download a series of resources including a pharmacy guide to managing joint pain and videos on effective patient consultation for joint pain

### Register and attend webinars

Access dedicated webinars for pharmacy teams on management of musculoskeletal pain



**Register now to access this content and more**



\*when applied twice daily.

1. Nielsen Scantrack total category. Value sales data to: w/e 19.06.21. 2. GSK data on file, GPI data 2018. 3. Pradal J et al. J Pain Res 2019; 12: 1149-54. 4. Pradal J et al. Postgrad Med 2018; 130: 59 5. Osteoarthritis: care and management CG177 . NICE updated 2020. Available at <https://www.nice.org.uk/guidance/cg177> 2. Sprains and strains. Health Topics A to Z. NICE. Available at <https://cks.nice.org.uk/topics/sprains-strains/>

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S U P P L E M E N T S



## THREE NEW MUST-STOCK LINES

Quality Supplements  
& Effervescents  
at affordable prices.

# Introducing



## DAILY CONTRACEPTION WITHOUT PRESCRIPTION

### HRA Pharma's passion in women's health

The launch of Hana represents a milestone in improving access to contraceptives for women.

### Helping you support your customers

HRA Pharma provides an extensive NPA-accredited support programme that builds on our award-winning pharmacy training heritage, to ensure the appropriate and confident supply of Hana.

[hanapharmacist.co.uk](http://hanapharmacist.co.uk)

Contact your stockist for Hana and help us broaden access to contraception for women today.

#### Product Information

##### Hana 75 microgram film coated tablets (desogestrel)

**Indication:** Hana 75 microgram film coated tablets contain desogestrel and are indicated for oral contraception in women of childbearing age to prevent pregnancy. Refer to SmPC for further product information. **Dosage and Administration:** One tablet taken orally. Must be taken at same time every day, always 24h interval between 2 tablets. First tablet should be taken on day 1 of menstrual bleeding, can be started on days 2-5, but barrier method recommended for first 7 days of tablet-taking. Thereafter one tablet daily (continuously) without taking any notice of possible bleeding. When pack of pills is finished, a new pack should be started directly the day after the previous one. Pre-existing bleeding abnormalities such as oligomenorrhoea and amenorrhoea should be investigated before starting Hana. Refer to SmPC for full directions on how to prevent pregnancy. **Contraindications:** Known or suspected sex-steroid sensitive malignancies. Women with breast cancer. Active venous thromboembolic disorder. Presence or history of severe hepatic disease (as long as liver function values have not returned to normal). Undiagnosed vaginal bleeding. Hypersensitivity to the active substance or excipients. **Special warnings and Precautions:** Exclude pregnancy before starting Hana. Before starting Hana, use reliable contraceptive method until first day of next period. Women should be advised if menstrual period does not come when expected, she may be pregnant, to do a pregnancy test or see a physician. Provided pregnancy test is negative she can start Hana on the first day of next period. Before starting a new pack of Hana, a woman should be certain she is not pregnant. Refer to SmPC for full directions. Refer to physician if any of the following conditions/risk factors are present: breast cancer, hepatic disorders and disturbances of liver function, hypertension, thromboembolic disorders, changes in bleeding patterns, diabetes, psychiatric disorders, ectopic pregnancy, effect on bone mineral density, conditions reported during pregnancy or during sex steroid use, chloasma, reduced efficacy in event of missed tablets, does not protect against HIV (AIDS) or other sexually transmitted infections, contains lactose, refer to SmPC for full warning and precaution information. **Interactions:** refer to SmPC for full interaction information. **Undesirable Effects:** Always consult the SmPC before prescribing. Only the most common side effects and those which are rare but may be serious are listed below. Most commonly reported adverse reactions: bleeding irregularity headache, acne, mood changes, depressed mood, decreased libido, breast pain, nausea and weight increase, amenorrhoea, irregular menstruation. Rare: rash, urticaria, erythema nodosum. On rare occasions ectopic pregnancies reported, hypersensitivity reactions, breast discharge can occur. Aggravation of angioedema and/or aggravation of hereditary angioedema may occur. In women using combined oral contraceptives a number of (serious) undesirable effects have been reported: venous thromboembolic disorders, arterial thromboembolic disorders, hormone-dependent tumours (e.g. liver tumours, breast cancer), and chloasma, breakthrough bleeding and/or contraceptive failure may result from interactions of other drugs (enzyme inducers) with hormonal contraceptives. Consult the SmPC in relation to other adverse reactions. **Legal Category:** P. **Pack size:** 28 tablets. **Retail Price:** £9.48 (1x28) £20.90 (3x28). **MA Number:** PL 17836/0015. **MA Holder:** Laboratoire HRA Pharma, 200 avenue de Paris, 92320 Chatillon, France. **Marketed by:** HRA Pharma UK & Ireland Ltd, Haines House, 21 John Street, Bloomsbury, London, WC1N 2BF. Additional information and full Product Information is available on request from [med.info.uk@hra-pharma.com](mailto:med.info.uk@hra-pharma.com)

Adverse events should be reported. Reporting forms and information can be found at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for MHRA Yellow Card in the Google Play or Apple App Store. Adverse events should also be reported to HRA Pharma UK & Ireland Ltd on 0800 917 9548 or email [med.info.uk@hra-pharma.com](mailto:med.info.uk@hra-pharma.com)