

# OTC

## MARCH 2024 PROMOTIONS

PRICES VALID FROM 1-31 MARCH 2024



**Berocca**

**NEW**  
**STOCK UP NOW**

**Berocca**  
**Multi-Action**  
Energy Release  
Support your busy lifestyle  
Vitamin B1 & B2 support energy release, Vitamin C helps reduce tiredness & fatigue.  
**Cherry Flavour**  
Food supplement  
60

**Berocca**  
**Immuno**  
Immune Support  
Help stay on top form  
Vitamin D, C, A, B6, B12 & Zinc support the immune system.  
**Orange Flavour**  
Food supplement  
60

**Bursting with flavour  
& nutrients to support  
you every day\***

**Everyday use**

**7+**  
Adults & children 7+

**Free from preservatives**

**Free from artificial colours & flavours**

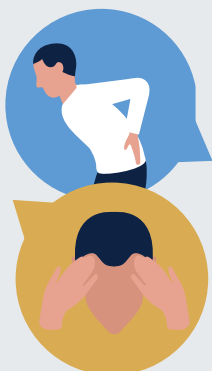
**Free from artificial sweeteners**

\*Berocca Multi-Action gummies contain vitamins B1 & B2 to support energy release, and vitamin C to help reduce tiredness & fatigue. Berocca Immuno gummies contain vitamins D, C, A, B6 & B12, and zinc to support the immune system.

# BACK PAIN AND HEADACHES ARE THE MOST COMMON PAINS SUFFERED BY PEOPLE<sup>1</sup>

Recommending pain relief doesn't have to be painful for pharmacy staff. Over-the-counter (OTC) treatments can be effective in managing common pain conditions, so you can make a real difference to patients and help reduce the headache of frustrated patients.

Pharmacists and pharmacy team members play a valuable role in offering informed self-care advice to patients, taking into consideration age, existing health problems or personal choice. If your patients are coming to you because they're struggling to find something that works for them, they're not alone. In fact, a survey of 1000 UK shoppers showed that 57% with body pains have trouble finding OTC pain relief that work for them.<sup>1</sup>



These patients should have tried ibuprofen or paracetamol already but not got the relief they want for their mild to moderate pain. That's where the expert advice of the pharmacy team comes in.

**23.5%** want better options to relieve their pain<sup>1</sup>

If codeine combinations are your go-to recommendations for these patients, it might be time to reconsider.

Around 60% of pharmacy staff think codeine combination products are the most effective pain relievers from a range of OTC analgesics.<sup>3†</sup> Research shows a paracetamol + ibuprofen combination is actually more effective when it comes to easing patients' pain for up to 12 hours.<sup>2\*</sup>

Did you know BASH and NICE guidelines do not recommend the use of opioids including codeine in acute headaches such as headache or migraine?<sup>4,5‡</sup>

## IT CAN BE HARD FOR PATIENTS TO FIND THE RIGHT PAIN RELIEF<sup>1</sup>

BASH, British Association for the Study of Headache.

<sup>\*</sup>Based on a clinical trial. <sup>†</sup>Online survey of 205 UK pharmacy staff comparing product recommendations for various type of pain, including Nurofen. <sup>‡</sup>OTC codeine is only available as a combination product, not as a single active.



## TIME TO TRY SOMETHING ELSE?

If a patient has already tried paracetamol or ibuprofen but have not got the relief they needed, you now have a new GSL option available to help them get back to feeling like themselves – **Nuromol Dual Action Pain Relief**.

**What makes Nuromol Dual Action Pain Relief different to single active products?**

**Nuromol Dual Action Pain Relief** contains interlocking paracetamol and ibuprofen,<sup>6</sup> which are released simultaneously to deliver a combination effect<sup>7</sup>



**Simple and convenient dosing:** Take 1 tablet, if 1 tablet does not control symptoms a maximum of 2 tablets may be taken, up to 3 times a day<sup>7</sup>



### **1x Nuromol Dual Action Pain Relief tablet**

Provides **statistically superior pain relief than a 1 g paracetamol + 30 mg codeine** combination up to 12 hours<sup>2\*</sup>



6s & 16s also available.

## THINGS TO REMEMBER<sup>7</sup>

- Advise patients Nuromol Dual Action Pain Relief cannot be used alongside other oral or topical NSAIDs or paracetamol
- To minimise side effects, it is recommended that patients take Nuromol Dual Action Pain Relief with food
- If patients still need pain relief after using Nuromol Dual Action Pain Relief for 3 days, they should see their GP for advice

\*Based on a clinical trial.



## CUSTOMER CONVERSATIONS



**A 25-year-old lady**

**"I've got a sore back from sleeping funny and I really need to get on with things"**

- She has had back pain for a couple of days but no other symptoms
- She is not taking any other medication
- She has tried standard ibuprofen but it hasn't helped in relieving her pain

**Paracetamol is not recommended for use on its own in NICE's low back pain guidelines<sup>8,9</sup> and, as standard ibuprofen has failed to ease her pain, Nuromol Dual Action Pain Relief could give her the relief she needs to get on with her day.<sup>7</sup>**



**A 46-year-old man**

**"I twisted my ankle yesterday!"**

- He has a painful ankle joint that is tender and swollen
- He can move his ankle and is able to bear his weight
- Doctor advised self-management with PRICE and OTC pain relief<sup>10</sup>
- He has been taking paracetamol but the ankle is still swollen and he wants something else to manage the pain

**As the patient is not getting the relief he wants with paracetamol alone, a combination ibuprofen + paracetamol formulation like Nuromol Dual Action Pain Relief could help.<sup>7</sup>**



Recommending effective pain relief doesn't have to be painful

# THINK NUROMOL DUAL ACTION PAIN RELIEF FIRST CHOICE FOR SECOND-LINE OTC PAIN RELIEF<sup>2,7</sup>

## NEW GSL LICENCE



6s & 16s also available.

**References:** **1.** Kantar Worldpanel Pain LinkQ Study, data to December 2020 (n=1000). February 2021. **2.** Daniels SE, et al. A randomised, five-parallel-group, placebo-controlled trial comparing the efficacy and tolerability of analgesic combinations including a novel single-tablet combination of ibuprofen/paracetamol for postoperative dental pain. *Pain*. 2011;152:632–642. **3.** Pharmacy staff survey on oral analgesia. CIG research. 2021. (n=205). **4.** NICE. Headaches in over 12s: diagnosis and management. Clinical guidelines 150. September 2012. Updated December 2021. <https://www.nice.org.uk/guidance/cg150>. **5.** British Association for the Study of Headache. National Headache Management System for Adults 2019. [https://www.bash.org.uk/downloads/guidelines2019/01\\_BASHNationalHeadache\\_Management\\_SystemforAdults\\_2019\\_guideline\\_versi.pdf](https://www.bash.org.uk/downloads/guidelines2019/01_BASHNationalHeadache_Management_SystemforAdults_2019_guideline_versi.pdf). **6.** Patented technology. Composition comprising a NSAID and paracetamol. 2007. Data on File. **7.** Nuromol Dual Action Pain Relief 200 mg/500 mg Tablets. Summary of Product Characteristics. Updated December 2021. Accessed May 2022. <https://www.medicines.org.uk/emc/product/4967>. **8.** NICE. Clinical Knowledge Summaries. Back pain – low (without radiculopathy). Revised November 2020. Accessed May 2022. <https://cks.nice.org.uk/topics/back-pain-low-without-radiculopathy/management/management/>. **9.** NICE. Low back pain and sciatica in over 16s: assessment and management. November 2016. Updated December 2020. Accessed May 2022. <https://www.nice.org.uk/guidance/ng59>. **10.** NICE. Clinical Knowledge Summaries. Sprains and strains. Revised April 2020. Accessed May 2022. <https://cks.nice.org.uk/topics/sprains-strains/>.

**Essential Information:** Nuromol Dual Action Pain Relief ibuprofen 200 mg/paracetamol 500 mg. For the temporary relief of mild to moderate pain which has not been relieved by ibuprofen or paracetamol individually such as migraine, headache, backache, period pain, dental pain, rheumatic and muscular pain, cold and flu symptoms, sore throat and fever. Licence Holder: Reckitt Benckiser Healthcare (UK) Limited, Slough, SL1 3UH. MRRP: £2.49 for 6 tablets, £3.99 for 12 tablets & £4.99 for 16 tablets. Legal Classification: GSL. Information about this product, including adverse reactions, precautions, contra-indications, and method of use can be found at <https://www.medicines.org.uk/emc/product/4967>.

Adverse events should be reported. Reporting forms and information can be found at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for the MHRA Yellow Card in the Google Play or Apple App Store. Adverse events should also be reported to Reckitt Benckiser Healthcare (UK) Ltd on: 0333 200 5345

RB-M-104702 June 2022



# SORE THROAT?



OUR TRIPLE ACTION RELIEF IS CLINICALLY PROVEN  
TO EFFECTIVELY TREAT SORE THROATS FAST:

1. ANTI-INFLAMMATORY
2. ANALGESIC
3. ANAESTHETIC

## Difflam<sup>®</sup>

**90%**  
OF PHARMACISTS  
RECOMMEND  
DIFFLAM<sup>™</sup> SPRAY\*



STOCK UP TODAY. DISCOVER OUR FULL RANGE AT [WWW.SORETHROAT.CO.UK](http://WWW.SORETHROAT.CO.UK)



**Product information: Difflam 3 mg Lozenges (benzydamine hydrochloride) Lemon, Orange-Honey and Mint flavour.**

**Indications:** Difflam<sup>™</sup> Lozenges is used in adults and children above 6 years of age for symptomatic local treatment for the relief of pain and irritation of the mouth and throat. Legal category: P. Information about this product, including adverse reactions, precautions, contraindications and method of use can be found at:

<https://www.medicines.org.uk/emc/search?q=difflam+lozenges>. Basic price (UK): RRP 20 lozenges £7.59. Product licence number: Mint flavour PL 46302/0095, Lemon flavour PL 46302/0096, Orange-Honey flavour PL 46302/0097. **Difflam<sup>™</sup> Spray (benzydamine hydrochloride 0.15%w/v).** **Indications:** Difflam<sup>™</sup> Spray is a locally acting analgesic and

anti-inflammatory treatment for the throat and mouth. It is especially useful for the relief of pain in traumatic conditions such as following surgical removal of tonsils, the use of naso-gastric tube or dental surgery. Legal category: P. Information about this product, including adverse reactions, precautions, contraindications and method of use can be found at:

<https://www.medicines.org.uk/emc/product/827/smpc>. Basic price (UK): RRP 30ml spray £8.49. Product licence number: PL 46302/0160. **Difflam<sup>™</sup> Sore Throat Rinse contains benzydamine hydrochloride 0.15% w/v.** **Indications:** Locally acting analgesic and anti-inflammatory treatment for the relief of painful inflammatory conditions of the throat including

pharyngitis. Legal category: P. Information about this product, including adverse reactions, precautions, contraindications and method of use can be found at <https://www.medicines.org.uk/emc/product/9258>. Product licence number: 46302/0161. Marketing authorisation holder: Viatrix, Building 4, Trident Place, Mosquito Way, Hatfield, AL10

9UL. DIFF-2024-0002 Date of preparation: January 2024.

# durex®

## NO.1 UK SEXUAL WELLBEING BRAND\*

Syphilis reaches  
**highest** level in  
England in a given year  
**since 1948<sup>#</sup>**

**\*\*1 in 3** UK  
shoppers have not used  
a condom in their last  
partnered occasion

**\*\*1 in 2**  
shoppers perceive  
that condoms  
reduce pleasure

Dr Sinka, Head of Sexually  
Transmitted Infections at UKHSA  
states condoms are the  
**"best defence  
against STIs"<sup>^^</sup>**



PIP Code: 385-7257  
**EXTRA SAFE**  
Easy-on shape for comfort  
& slightly thicker\*\*\*



PIP Code: 385-7190  
**THIN FEEL**  
Thin design for  
enhanced sensitivity



PIP Code: 426-2846  
**NUDE**  
Our thinnest condoms to date  
& designed to feel it all



PIP Code: 394-1192  
**PLAY FEEL LUBE**  
Water-based lubricant to help  
make sex more pleasurable

### Learn more about Durex Nude range here

All condoms are also available in pack of 12s

\*Based on sales data (01.01.2023 - 04.11.2023). For verification, please contact PO Box 4044, Slough, SL1 0NS

\*\*RB SWB Demand Centric Growth Survey' 2020/2021 (n=26,122)

\*\*\*When compared to other Durex originals condoms

<sup>#</sup> Gonorrhoea and syphilis sex infections reach record levels in England - BBC News

<sup>^^</sup>University freshers urged to use condoms amid record levels of gonorrhoea - GOV.UK (www.gov.uk)

Always read the instructions

RKT-M-44865







Recommend Panadol,  
a range of treatment options  
for your patients' pain relief

Experts in  
pain relief

Panadol Actifast is  
absorbed twice as  
fast as standard  
paracetamol tablets



Paracetamol



Paracetamol &  
Caffeine

Panadol Extra  
Soluble has a  
combination of  
ingredients which  
provide up to 37%  
more potent pain  
relief than standard  
paracetamol<sup>1</sup>



The Panadol 'Release Starts Here' campaign is supported by strong media on youtube, TV, social and digital platforms. Scan to listen to the 'Sound of release' on Spotify from the campaign.

1. Wilson CG et al. Comparison of a novel fast-dissolving acetaminophen tablet formulation (FD-APAP) and standard acetaminophen tablets using gamma scintigraphy and pharmacokinetic studies. Drug development and industrial pharmacy. 2011 Jul 1; 37(7): 74753. 2. Laska EM et al. JAMA 2984; 251(13): 1711-1

**Panadol Extra Soluble Tablets (Paracetamol/ Caffeine) and Panadol ActiFast Soluble Tablets (Paracetamol). Indications:** For the treatment of most painful and febrile conditions **Legal category:** GSL. **PL holder:** Haleon UK Trading Limited, The Heights, Weybridge, Surrey, KT13 0NY, U.K.

Information about this product, including adverse reactions, precautions, contraindications, and method of use can be found at:

[www.medicines.org.uk/emc/product/6473](http://www.medicines.org.uk/emc/product/6473)

<https://www.medicines.org.uk/emc/product/6492>

Trade marks are owned by or licensed to the Haleon group of companies. PM-GB-PAN-23-00039.

# Retail Category Management



March 2024

*Guidance and product information for OTC brands and categories to help support the pharmacy team.*

**Gastro  
Treatment**



**Pain  
Relief**



**Digestive  
Health**



**Ear  
Treatment**



**Skin  
Care**



**Eye  
Care**



*See this month's book for offers on products featured in the Retail Category Management.*

# Heartburn and Acid Reflux

IN PHARMACY



## Pharmacy Facts about Heartburn and Indigestion

- Heartburn and Indigestion (HB&I) are **common conditions** but they can cause a lot of confusion. People may not understand the **differences** between the two conditions and they may not be aware that it is possible to suffer from both conditions at the same time<sup>1,2</sup>, with **73%** of customers\* suffering from heartburn and indigestion interchangeably<sup>3</sup>.
- Heartburn** is defined as a **burning feeling** in the chest caused by acid reflux<sup>4</sup>. **Indigestion** is caused by stomach acid **irritating** the **stomach lining** or throat, resulting in stomach discomfort, heartburn and bringing up food<sup>2</sup>.
- To help support pharmacies, we have included a break down of different HB&I medication classes and category data from the number 1 selling brand in HB&I, **Gaviscon**<sup>†5</sup>.

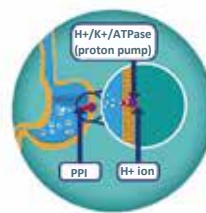
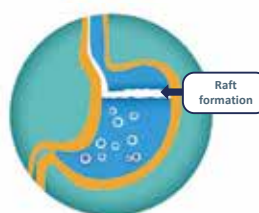
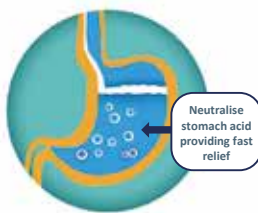
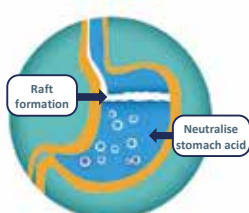
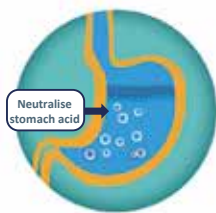
\*UK quantitative survey in adults 18+, November 2010 (n=741)

†Source (5): Year-to-Date Nielsen Data Value Sales W.E 05.11.2022

## Heartburn & Acid Reflux Treatments

### 3 classes of OTC medications

Antacids Neutralising Acids	Alginates Treats acid reflux by forming a raft that sits on top of stomach contents that helps to suppress acid reflux (7,8,9)			PPI Reduce acid production
Antacids contain different combinations of compounds, such as calcium carbonate and sodium bicarbonate, which act to neutralise stomach acid <sup>6</sup>	<b>Original</b> Gaviscon Original reacts with gastric acid to form a raft of alginic acid gel, which helps stop stomach contents from moving back up the oesophagus <sup>7</sup>	<b>Double Action</b> As well as raft formation, Double Action has higher concentrations of calcium carbonate and sodium bicarbonate. Gaviscon Double Action works to neutralise acid to provide fast relief from HB&I <sup>8</sup>	<b>Advance</b> Twice the concentration of sodium alginate versus Original and Double Action. Gaviscon Advance forms a strong raft that is able to entrap bile and pepsin, further protecting the oesophagus from stomach contents <sup>9</sup>	PPIs block the stomach's acid-producing mechanism (proton pump) and inhibits both basal and stimulated acid secretion, therefore reducing frequent heartburn symptoms <sup>6</sup>



### PRODUCTS AVAILABLE



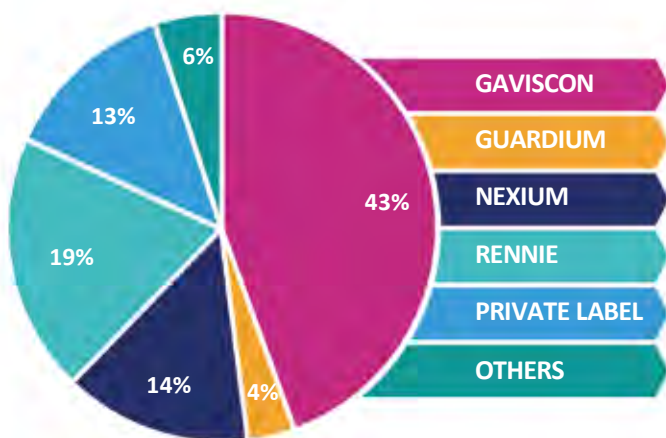
Visit [Reckitt Pharmacy Hub](https://www.reckittpharmacyhub.co.uk/) a training portal that has been designed to build skills and confidence in key therapeutic categories, such as HB&I, to facilitate greater understanding of your patients' needs.  
<https://www.reckittpharmacyhub.co.uk/>

# Heartburn and Acid Reflux

## IN PHARMACY



### HB&I CATEGORY PERFORMANCE



Source (5): Year-to-Date Nielsen Data Value Sales W.E 05.11.2022



In a UK survey\*, it was found that

**55%**

of participants **experience HB&I**<sup>1</sup>



...**However**, there continues to be several **barriers to treatment**<sup>†</sup>, including<sup>10</sup> -

- **Lack of awareness or product not available (31%)**
- **Concerns about safety and resistance (19%)**
- **Efficacy concerns (10%)**

\*UK quantitative survey in adults 18+, November–December 2018 (n=2,481)

†Global quantitative survey in adults 18+, November 2015 (n=3,965), based on participants who suffered any digestive health condition

**GAVISCON**  
DOUBLE ACTION

## Chewable Tablets & Oral Suspension

Gaviscon Double Action is the best selling product<sup>\*5</sup> in the Gaviscon family and it is effective in providing relief from heartburn and indigestion.

Gaviscon Double Action works in **two different ways**<sup>8</sup>:

- 1 Through the **antacid component**, it **neutralises excess stomach acid** to relieve stomach discomfort<sup>8</sup>.
- 2 Through the **alginate** (refined from seaweed), it forms a protective barrier over the stomach contents to soothe the burning sensation in the chest and helps suppress acid reflux<sup>8</sup>

Available in Mint, Mixed Berries and Aniseed flavour.

Gaviscon Double Action can be taken during pregnancy<sup>†</sup> or breastfeeding, if clinically needed<sup>8</sup>.

†Care should be taken when recommending medicines for use in pregnancy as medicines can cross the placenta and may affect the fetus.

\*Source (5): Year-to-Date Nielsen Data Value Sales W.E 05.11.2022





# Heartburn and Acid Reflux

## CATEGORY MERCHANDISING



### GSL PLANOGRAM



#### Category Location

HB&I has a 5.4% share of total OTC<sup>†</sup> and therefore requires prominent space in-store.

#### Category Signpost

Gaviscon is the number 1 selling brand in the HB&I category\*<sup>5</sup>.

#### Category Dynamics

HB&I shoppers are loyal to the chosen format, i.e. tablets or liquids<sup>11</sup>

At fixture, shoppers will then consider strength ahead of size and flavour\*\*<sup>11</sup>.

#### Category Navigation

HB&I shoppers shop by brand, flavour and then size<sup>1</sup>.

<sup>†</sup>Excluding Incontinence

<sup>\*</sup>Source (5): Year-to-Date Nielsen Data Value Sales W.E 05.11.2022

<sup>\*\*</sup>UK quantitative survey, HB&I panel (n=362)

## HB&I CONSUMER INSIGHTS

#### Product Availability is Key

31% of sufferers<sup>†</sup> **don't treat** because there's either **no option** available or there's a **lack of awareness**<sup>10</sup>. 37% of sufferers\* purchase HB&I medications for **immediate use**<sup>11</sup>, therefore having an **offering** at pharmacy counters is **key**.

#### Maximise Fixture

61% of HB&I shoppers\* plan their purchase at home and so the fixture needs to be set up to maximise shopper navigation<sup>11</sup>.

#### Purchase Drivers

The **number 1** driver for shoppers when selecting a product are **specific claims**. Shoppers are looking for relief that is fast acting and easy to use<sup>1</sup>.

<sup>†</sup>Global quantitative survey in adults 18+, November 2015 (n=3,965), based on participants who suffered any digestive health condition

<sup>\*</sup>UK quantitative survey, HB&I panel (n=362)



# Heartburn and Acid Reflux

IN PHARMACY



## REFERENCES

1. Gaviscon U&A, Winkle 2019. UK quantitative survey in adults 18+, November–December 2018 (n=2,481)
2. NHS Indigestion. May 2020. Accessed September 2022. <https://www.nhs.uk/conditions/indigestion/>
3. GI Segmentation Research, Winkle 2010. UK quantitative survey in adults 18+, November 2010 (n=741)
4. NHS Heartburn. September 2020. Accessed September 2022. <https://www.nhs.uk/conditions/heartburn-and-acid-reflux/>
5. Nielsen Scantrack HB&I, Total Coverage Value Sales YTD, Data to W.E 05.11.2022
6. Wang YK, *et al. Gastroenterol Res Pract.* 2013;2013:983653.
7. Gaviscon Original Aniseed Relief. Summary of Product Characteristics. January 2021. Accessed June 2022. <https://www.medicines.org.uk/emc/product/623>
8. Gaviscon Double Action Aniseed Flavour Oral Suspension. Summary of Product Characteristics. February 2021. Accessed June 2022. <https://www.medicines.org.uk/emc/product/685/smpc>.
9. Gaviscon Advance Peppermint Flavour Oral Suspension. Summary of Product Characteristics. September 2019. Accessed June 2022. <https://www.medicines.org.uk/emc/product/6715/smpc>.
10. Global Gaviscon U&A, Clear 2015. Global quantitative survey in adults 18+, November 2015 (n=3,965)
11. Kantar Missions Study 2021. UK quantitative survey, HB&I panel (n=362)

## Essential Information

**GAVICON DOUBLE ACTION MINT FLAVOUR CHEWABLE TABLETS:** Each tablet contains sodium alginate 250 mg, sodium bicarbonate 106.5 mg and calcium carbonate 187.5 mg. **INDICATIONS:** Treatment of symptoms resulting from the reflux of acid, bile and pepsin into the oesophagus such as acid regurgitation, heartburn and indigestion, for example following meals or during pregnancy, and for symptoms of excess stomach acid (hyperacidity). Can also be used to treat the symptoms of gastro-oesophageal reflux during concomitant treatment with or following withdrawal of acid suppressing therapy. **LEGAL CLASSIFICATION:** GSL. **LICENCE HOLDER:** Reckitt Benckiser Healthcare (UK) Limited, Dansom Lane, Hull, HU8 7DS, United Kingdom **LAST REVISED:** June 2020. Information about this product, including adverse reaction, precautions, contra-indications, and method of use can be found at <https://www.medicines.org.uk/emc/product/5329>

**GAVICON DOUBLE ACTION LIQUID SACHETS:** Each 10 ml dose contains sodium alginate 500 mg, sodium bicarbonate 213 mg and calcium carbonate 325 mg. **INDICATIONS:** Treatment of symptoms resulting from the reflux of acid, bile and pepsin into the oesophagus such as acid regurgitation, heartburn and indigestion, for example following meals or during pregnancy, and for symptoms of excess stomach acid (hyperacidity). Can also be used to treat the symptoms of gastro-oesophageal reflux during concomitant treatment with or following withdrawal of acid suppressing therapy. **LEGAL CLASSIFICATION:** GSL. **LICENCE HOLDER:** Reckitt Benckiser Healthcare (UK) Limited, Dansom Lane, Hull, HU8 7DS, United Kingdom **LAST REVISED:** January 2021. Information about this product, including adverse reaction, precautions, contra-indications, and method of use can be found at <https://www.medicines.org.uk/emc/product/3959>

**GAVICON DOUBLE ACTION MINT ORAL SUSPENSION:** Each 10 ml dose contains sodium alginate 500 mg, sodium bicarbonate 213 mg and calcium carbonate 325 mg. **INDICATIONS:** Treatment of symptoms resulting from the reflux of acid, bile and pepsin into the oesophagus such as acid regurgitation, heartburn and indigestion, for example following meals or during pregnancy, and for symptoms of excess stomach acid (hyperacidity). Can also be used to treat the symptoms of gastro-oesophageal reflux during concomitant treatment with or following withdrawal of acid suppressing therapy. **LEGAL CLASSIFICATION:** GSL. **LICENCE HOLDER:** Reckitt Benckiser Healthcare (UK) Limited, Dansom Lane, Hull, HU8 7DS **LAST REVISED:** February 2021. Information about this product, including adverse reaction, precautions, contra-indications, and method of use can be found at <https://www.medicines.org.uk/emc/product/5609>

# Heartburn and Acid Reflux

## IN PHARMACY



**GAVICON PEPPERMINT LIQUID RELIEF:** Each 5 ml dose contains contains 250mg sodium alginate, 133.5mg sodium bicarbonate and 80mg calcium carbonate. **INDICATIONS:** Gastric reflux, heartburn, flatulence associated with gastric reflux, heartburn of pregnancy, all cases of epigastric and retrosternal distress where the underlying cause is gastric reflux. **LEGAL CLASSIFICATION:** GSL. LICENCE HOLDER: Reckitt Benckiser Healthcare (UK) Limited, Dansom Lane, Hull, HU8 7DS **LAST REVISED:** July 2019. Information about this product, including adverse reaction, precautions, contra-indications, and method of use can be found at <https://www.medicines.org.uk/emc/product/113>

**GAVICON PEPPERMINT FLAVOUR TABLETS:** Each tablet contains sodium alginate 250 mg, sodium hydrogen carbonate 133.5 mg and calcium carbonate 80 mg. **INDICATIONS:** Treatment of symptoms of gastro-oesophageal reflux such as acid regurgitation, heartburn and indigestion (related to reflux), for example, following meals or during pregnancy or in patients with symptoms related to reflux oesophagitis. **LEGAL CLASSIFICATION:** GSL. LICENCE HOLDER: Reckitt Benckiser Healthcare (UK) Limited, Dansom Lane, Hull, HU8 7DS **LAST REVISED:** June 2019. Information about this product, including adverse reaction, precautions, contra-indications, and method of use can be found at <https://www.medicines.org.uk/emc/product/4856>

**GAVICON ADVANCE MINT CHEWABLE TABLETS:** Each tablet contains sodium alginate 500 mg and potassium bicarbonate 100 mg. **INDICATIONS:** Treatment of symptoms resulting from the reflux of acid, bile and pepsin into the oesophagus such as acid regurgitation, heartburn, indigestion (occurring due to the reflux of stomach contents), for instance, after gastric surgery, as a result of hiatus hernia, during pregnancy, accompanying reflux oesophagitis, including symptoms of laryngopharyngeal reflux such as hoarseness and other voice disorders, sore throats and cough. It can also be used to treat the symptoms of gastro-oesophageal reflux during concomitant treatment with or following withdrawal of acid suppressing therapy. **LEGAL CLASSIFICATION:** GSL. LICENCE HOLDER: Reckitt Benckiser Healthcare (UK) Limited, Dansom Lane, Hull, HU8 7DS **LAST REVISED:** February 2021. Information about this product, including adverse reaction, precautions, contra-indications, and method of use can be found at <https://www.medicines.org.uk/emc/product/73>

**GAVICON ADVANCE ANISEED FLAVOUR ORAL SUSPENSION:** Each 10 ml of oral suspension contains 1000 mg sodium alginate and 200 mg potassium hydrogen carbonate **INDICATIONS:** Treatment of symptoms resulting from the reflux of acid, bile and pepsin into the oesophagus such as acid regurgitation, heartburn, indigestion (occurring due to the reflux of stomach contents), for instance, after gastric surgery, as a result of hiatus hernia, during pregnancy, accompanying reflux oesophagitis, including symptoms of laryngopharyngeal reflux such as hoarseness and other voice disorders, sore throats and cough. Can also be used to treat the symptoms of gastro-oesophageal reflux during concomitant treatment with or following withdrawal of acid suppressing therapy. **LEGAL CLASSIFICATION:** GSL. LICENCE HOLDER: Reckitt Benckiser Healthcare (UK) Limited, Dansom Lane, Hull, HU8 7DS **LAST REVISED:** November 2020. Information about this product, including adverse reaction, precautions, contra-indications, and method of use can be found at <https://www.medicines.org.uk/emc/product/681/smpe>

**GUARDIUM ACID REFLUX CONTROL 20MG GASTRO-RESISTANT TABLETS:** Each gastro-resistant tablet contains 20 mg of esomeprazole (as esomeprazole magnesium). **INDICATIONS:** Esomeprazole 20 mg Gastro-resistant Tablets are indicated for the short-term treatment of reflux symptoms (e.g. heartburn and acid regurgitation) in adults. **LEGAL CLASSIFICATION:** GSL. LICENCE HOLDER: Torrent Pharma (UK) Ltd. 3rd Floor, Nexus Building, 4 Gatwick Road, Crawley, West Sussex, RH10 9BG, United Kingdom **LAST REVISED:** March 2022. Information about this product, including adverse reaction, precautions, contra-indications, and method of use can be found at <https://www.medicines.org.uk/emc/product/10345>



Visit [Reckitt Pharmacy Hub](https://www.reckittpharmacyhub.co.uk/) a training portal that has been designed to build skills and confidence in key therapeutic categories, such as HB&I, to facilitate greater understanding of your patients' needs. <https://www.reckittpharmacyhub.co.uk/>



**SIGMA**  
independent • together

# Generics & Parallel Imports



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# Ibuleve<sup>TM</sup>



**Clinically proven to work as  
fast and effectively as pills\***

\*Ibuleve 5% Gel Compared to ibuprofen 400mg tablets. Always read the label.

# Ibuleve<sup>TM</sup>

The only ibuprofen gel with  
a published clinical study  
proving it works as fast and  
effectively as ibuprofen pills\*



Fact: Not all pain killing gels are the same, even if they have the same active ingredient. Ibuleve has been shown to be more easily absorbed than some other creams and gels, meaning that more ibuprofen relief reaches the site of pain.

Now available in the following sizes  
to improve customer choice:



30g  
RRP £4.50



30g  
RRP £6.00



50g  
RRP £6.50



50g  
RRP £8.00



100g  
RRP £11.00

\*Compared to ibuprofen 400mg tablets in soft tissue injuries.



# Ibuleve<sup>TM</sup>

## Pain Relief 5% Spray



### EASY TO USE Pain Relief

Ibuleve Pain Relief 5% Spray is a simple way to apply Ibuleve when you have backache, mild arthritic and muscular pain, sprains, strains and sports injuries, and works to reduce swelling and inflammation.

The spray format makes it easy to apply to hard-to-reach areas such as the lower back.

**35ml**  
**RRP £6.00**

Ibuprofen Pain Relief 5% Spray contains Ibuprofen. **Legal category:** GSL. For the relief of backache and muscle pain. **Ibuleve Trademark and Product Licence holder:** Diomed Developments Ltd., Hitchin, Herts, SG4 7QR, UK. Information about this product, including adverse reactions, precautions, contra-indications, and method of use can be found at: [www.medicines.org.uk/emc/product/302/smhc](http://www.medicines.org.uk/emc/product/302/smhc)

## ADVICE FOR YOUR CUSTOMERS Ibuleve Pain Relief Spray



The spray bottle can be used upright or upside down for hard to reach areas.



The spray can be used up to four times a day, leaving at least four hours between applications, for up to two weeks.



Patients should speak to their GP if symptoms worsen or continue for more than 2 weeks.

£1m media investment to  
drive awareness and demand  
with your customers.



AS FAST  
AS POWERFUL  
AS EFFECTIVE  
AS IBUPROFEN PILLS\*



Ibuleve Pain Relief 5% Gel and Ibuleve Max Strength Pain Relief 10% Gel contain Ibuprofen. **Legal category:** GSL. For the relief of backache and muscle pain. **Ibuleve Trademark and Product Licence holder:** Diomed Developments Ltd., Hitchin, Herts, SG4 7QR, UK. Information about these products, including adverse reactions, precautions, contra-indications, and method of use can be found at: [www.medicines.org.uk/emc/product/6196/smpc](http://www.medicines.org.uk/emc/product/6196/smpc) and [www.medicines.org.uk/emc/product/5689](http://www.medicines.org.uk/emc/product/5689)

# A non-stimulant laxative to recommend **NOW**

NEW DESIGN,  
SAME EFFECTIVE,  
AND TRUSTED  
PRODUCT<sup>1</sup>



Make a difference for your  
patients, recommend

# Movicol<sup>®</sup>

MACROGOL 3350, SODIUM HYDROGEN CARBONATE,  
SODIUM CHLORIDE AND POTASSIUM CHLORIDE

Essential information can be found on the back page.

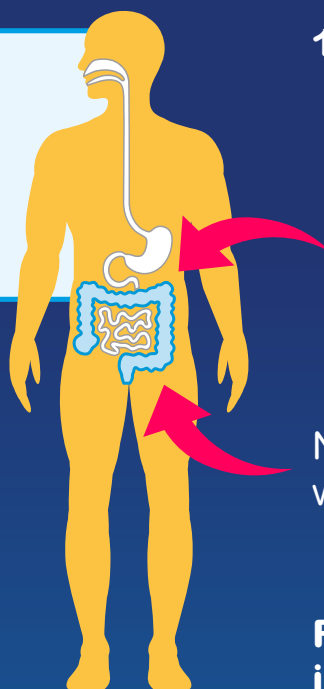
# Works differently\*

A non-stimulant laxative working in harmony within the body, to help patients get on with their day

- ✓ **VIRTUALLY UNABSORBED**
- ✓ **STRAIGHT TO STOOL**
- ✓ **ISO-OSMOTIC EFFECT<sup>2</sup>**

As an osmotic laxative, Movicol binds to water in a glass. Once consumed, it remains unchanged and passes through the gut virtually unabsorbed<sup>2</sup>

Movicol then binds with the stool to trigger a natural bowel movement in as little as 24 hours<sup>2,3</sup>



125 mL of Movicol



No net gain or loss of water or electrolytes

**Retains water in the bowel**

## Movicol has a natural action that works in two ways



### 1. Hydrates and bulks

Each macrogol molecule bonds with 100 water molecules to hydrate and bulk stools<sup>1</sup>



### 2. Soften and lubricates

This also softens and lubricates stools to aid passage through the bowels

**Can be used in pregnancy<sup>†</sup> and breast feeding,<sup>4</sup> as it is virtually unabsorbed and passes through the body unchanged**

\*To bulk forming and stimulant laxatives <sup>†</sup>Patients are required to talk to their doctor or pharmacist before taking medication when pregnant.

# A different, unique prescription heritage

**TRUST** Movicol

**25** yrs  
of clinical  
use<sup>1</sup>

**1<sup>st</sup>**  
Macrogols are **first  
line** choice in elderly<sup>5</sup>

**30%**  
Macrogols account for 30%  
of laxative prescriptions<sup>6</sup>

	<b>Movicol (iso-osmotic laxative)</b>	<b>Bulk-forming laxatives</b>	<b>Stimulant laxatives</b>
<b>Active</b>	Macrogol 3350 + electrolytes	Ispaghula husk, sterculia, wheat, oat bran <sup>4</sup>	Senna, bisacodyl, sodium picosulfate <sup>4</sup>
<b>Works by</b>	Hydrating, bulking and softening stools to trigger natural bowel movement	Retains fluid in stool to increase weight and consistency <sup>7</sup>	Stimulate bowel nerves to increase motility <sup>4</sup>
<b>Time to relief</b>	24-48 hours <sup>8</sup> 67% had a bowel motion within 1 day of taking a macrogol-containing product <sup>3</sup>	48-72 hours <sup>4</sup>	6-12 hours <sup>4</sup>
<b>Duration of use</b>	2 weeks	Ispaghula husk: 1 week <sup>9</sup>	Senna: 3 days <sup>10</sup> Bisacodyl and sodium picosulfate: 5 days <sup>11,12</sup>
<b>Use in pregnancy<sup>†</sup></b>	✓	✓	✗
<b>Use in breastfeeding</b>	✓	✓	✗
<b>Position on NICE guidelines</b>	<b>Adults:</b> 1st alternative to bulk-forming laxatives <sup>4</sup> <b>Children:</b> 1 <sup>st</sup> -line <sup>13</sup> (Movicol is only for 12 years plus)	<b>Adults:</b> 1 <sup>st</sup> -line <sup>4</sup> <b>Children:</b> Not recommended <sup>13</sup>	<b>Adults:</b> 2 <sup>nd</sup> -line <sup>4</sup> <b>Children:</b> 2 <sup>nd</sup> -line <sup>13</sup> BUT P-medicines for 12+ years, GSL for 18+ years <sup>14</sup>



# Make a difference to your patients, recommend Movicol

**Movicol** is clinically proven to relieve constipation in adults, children, older patients and pregnant/breastfeeding women<sup>†</sup>

## Recommending Movicol

**FOR:** Adults, older people, children 12+ years and pregnant/breastfeeding women<sup>†</sup>

**AS:** NICE-recommended, stimulant-free laxative<sup>4,13</sup>

**WORKS:** By triggering a natural bowel movement in as little as 24 hours after consumption<sup>2,3</sup>

**PLUS:** Supported by the guidelines<sup>4,13</sup>



Clinically proven **superior efficacy** and tolerability versus **lactulose and ispaghula husk**<sup>15,16</sup>



**NEW DESIGN, SAME EFFECTIVE, AND TRUSTED PRODUCT<sup>1</sup>**



### Movicol 13.8g sachet

Sachets containing macrogol 3350 13.125g, sodium chloride 0.3507g, sodium bicarbonate 0.1785g, potassium chloride 0.0466g. Dissolve in water to make a lemon and lime flavoured drink. For the treatment of chronic constipation and faecal impaction. **Adults, elderly and children 12+ years:** Chronic constipation: 1-3 sachets daily in divided doses, according to individual response. For extended use, reduce to 1 or 2 daily. Each sachet is to be dissolved in 125ml of water. Faecal impaction: 8 sachets daily, all to be consumed within 6 hours, for up to 3 days. For use in faecal impaction, 8 sachets may be dissolved in 1 litre of water. Not recommended for under 12yrs for whom alternative Movicol products are available. In impaired cardiovascular function, no more than 2 sachets to be taken in any 1 hour. No changes to dose are needed in renal insufficiency. **Contraindications:** GI obstruction or perforation, ileus, toxic megacolon or severe inflammatory conditions of the intestinal tract. Do not use if hypersensitive to the active substances or to any of the excipients. **Warnings and Precautions:** Does not replace normal fluid intake which must be maintained. May affect absorption of other medicines. Movicol is not recommended to be used with starch-based thickeners as it can worsen swallowing problems. Discontinue if symptoms develop indicating fluid/electrolytes imbalance. Pregnancy and Lactation: Movicol can be used. **Adverse Events:** Allergic reactions, including anaphylactic reactions, dyspnoea, and allergic skin reactions including angioedema, urticaria, pruritus, rash, erythema; electrolyte disturbances, particularly hyperkalaemia and hypokalaemia; headache; abdominal pain, diarrhoea, vomiting, nausea, dyspepsia, abdominal distension, borborygmi, flatulence and anorectal discomfort; Peripheral oedema. **PL 00322/0070; Legal category:** P. PL Holder: Norgine Pharmaceuticals Limited, Norgine House, UB9 6NS, UK. **30 sachets RRP £14.79. Date of preparation:** January 2024.

### References

1. Candy D, et al. *Gastroenterol*. 2016;3(3):1-24. 2. Nakajima, A, et al. *J Gastroenterol*. 2019;54:792-803. 3. Chaussade, S, & Minić, M. *Aliment Pharmacol Ther*. 2003;17:165-172. 4. NICE. Clinical Knowledge Summaries. Constipation. Last revised January, 2023. Accessed January, 2024. Available at: <https://cks.nice.org.uk/topics/constipation/>. 5. Bassotti, G, et al. *Clin Exp Gastroenterol*. 2021;14:413-428. 6. IQVIA. Sales macrogols on prescription. August 2023. 7. Bashir, A, & Sizar, O. Laxatives. StatPearls [Internet]. October, 2022. Accessed January, 2024. Available at: <https://www.ncbi.nlm.nih.gov/books/NBK537246/>. 8. NHS. Macrogol. Accessed January, 2024. Available at: <https://www.nhs.uk/medicines/macrogol/>. 9. NHS. Fybogel (ispaghula husk). Last reviewed January 2022. Accessed January, 2024. Available at: <https://www.nhs.uk/medicines/fybogel-ispaghula-husk/>. 10. NHS Senna. Last reviewed February 2022. Accessed January, 2024. Available at: <https://www.nhs.uk/medicines/senna/>. 11. NHS Bisacodyl. Last reviewed June 2021. January, 2024. Available at: <https://www.nhs.uk/medicines/bisacodyl/>. 12. Patient. Sodium picosulfate. Last updated August 2022. Accessed January 2024. Available at: <https://patient.info/medicine/sodium-picosulfate-dulcolax-pico-citrafleet-picolax>. 13. NICE. Constipation in children and young people: diagnosis and management. Guideline 99. May 2010. 14. Royal Pharmaceutical Society. Dealing with over-the-counter stimulant laxatives in community pharmacy. Pharmacy guide. August, 2020. Updated May, 2022. Accessed January 2024. Available at: <https://www.rpharms.com/resources/pharmacy-guides/dealing-with-over-the-counter-stimulant-laxatives-in-community-pharmacy>. 15. Wang HJ, et al. *Clin Drug Investig*. 2004;24(10):569-76. 16. Lee-Robichaud H, et al. *Cochrane Database Syst Rev*. 2010 Jul 7;(7):CD007570. doi: 10.1002/14651858.CD007570.pub2. PMID: 20614462.

**Adverse events should be reported. Reporting forms and information can be found at [yellowcard.mhra.gov.uk](http://yellowcard.mhra.gov.uk).  
Adverse events should also be reported to Norgine Pharmaceuticals.**

<sup>†</sup>Patients are required to talk to their doctor or pharmacy before taking medication when pregnant.



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Job code: 006UKMOV Date of preparation: January 2024



# TREATING ear wax

PHARMACY TEAM TRAINING



## After reading this module you will be able to:

- Recognise the symptoms of ear wax build up
- Confidently recommend the Otex range to customers
- Identify other ear problems and distinguish them from wax build up.

### What is ear wax?<sup>1</sup>

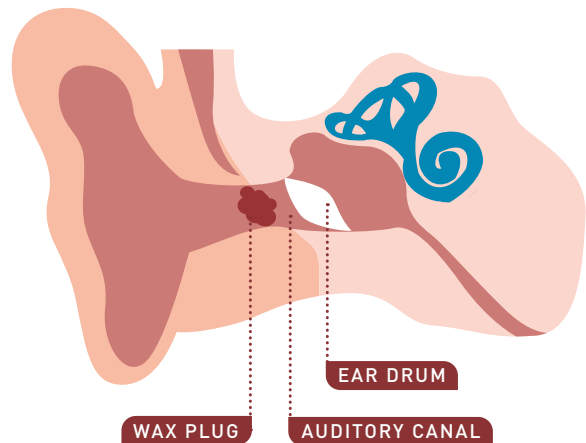
Ear wax is produced naturally by tiny glands that line the ear canal. It forms a thin film that helps to lubricate the delicate skin lining of the ear canal and is also part of the ear's natural cleaning system, helping to trap dirt and skin debris. Normally, the wax and debris gradually fall from the ears, helping to keep them healthy and prevent infection.

Problems arise when too much wax and debris build up and harden in the ear. Sometimes this is made worse by an obstacle in the ear canal (e.g. a cotton wool plug or hearing aid) or having a narrow, curved or hairy ear canal, as this can inhibit the ears' natural shedding process.

### Who is affected?

Anyone can be affected by problematic ear wax build up, but it is more common among the over 40s.<sup>2</sup> Ear wax can become harder as people age,<sup>3</sup> making it more difficult to shed naturally, which

can cause a blockage. A solid plug may start to build up in front of the ear drum, initially causing irritation and a feeling of fullness in the ear. Left untreated, it may then lead to discomfort, pain and even temporary loss of hearing and balance. Children under 5 years of age with any ear problems should see their GP as they are less likely to experience simple ear wax problems.



## What are the symptoms of ear wax build up?

Those affected may experience:



An uncomfortable  
blocked feeling in the ear



Impaired  
hearing



Mild tinnitus  
(ringing in the ear)



Itching inside  
the ear



Potential loss  
of balance

It is important not to confuse problem ear wax with an infection, which is more painful and may involve discharge of liquid or pus from the ear.

# Other ear problems

Infection and other ear problems should be ruled out before treatment for problem ear wax is offered. Referral to a GP is needed if any signs of infection, such as pain or discharge, are reported. Customers should be questioned carefully and the pharmacist involved where necessary. Over-the-counter (OTC) analgesics can be recommended to help relieve pain, if appropriate. Ear problems in children should be referred to their GP.

## Types of ear infection to rule out before recommending ear wax softeners:

- **Outer ear infection (otitis externa).** This is more common in adults over 45 years and is an inflammatory condition of the outer ear canal. It can be extremely painful and hearing may be affected<sup>4</sup>
- **Middle ear infection (otitis media).** This is particularly common in infants and young children.
- **Glue ear.** This is a result of chronic inflammation of the middle ear and an accumulation of fluid. It is common but often goes unrecognised due to a lack of obvious symptoms.<sup>5</sup>

If an ear infection or glue ear is suspected, the customer should go to the doctor for diagnosis and treatment.<sup>4</sup>



Useful advice you can give to customers to help prevent an outer ear infection includes not inserting cotton wool buds or fingers in their ears, using ear plugs when they go swimming and trying to avoid getting water and shampoo in their ears when showering.<sup>4</sup>

## Revalidation

**You might be able to use this training towards your revalidation. For example:**

**Planned learning:** If you have already identified a gap in your knowledge on the management of ear wax build up.

**Unplanned learning:** This training has highlighted a particular learning need regarding this topic.

**OTEX** Trademark and Medical Device registrations held by Diomed Developments Ltd, Hitchin, Herts, SG4 7QR, UK.

**Indications:** Otex Express Ear Drops, Otex Olive Oil Ear Drops and Otex Sodium Bicarbonate Ear Drops: An aid in the removal of hardened ear wax. Otex Express Combi Pack: Complete ear wax removal kit comprising Otex Express Ear Drops to initially soften and disperse wax, and a bulb syringe to then gently cleanse the ear. Further information is available from Diomed Developments Ltd at the above address.

### References:

- 1 <https://www.tinnitus.org.uk/ear-wax>
- 2 <https://www.otexear.com/ear-wax>
- 3 <https://www.nhs.uk/conditions/earwax-build-up/>
- 4 <https://www.nhs.uk/conditions/ear-infections/>
- 5 <https://www.nhs.uk/conditions/glue-ear/>

All references last accessed March 2023

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# The Otex range

Otex has a strong clinical heritage, with a wide range of tried and tested solutions. The range includes self-select products in three different formulas.

## The Otex range comprises:

### Otex Express Ear Drops 10ml

A clinically-proven, dual-action, non-aqueous formulation containing urea hydrogen peroxide, which reacts with moisture in the ear wax, releasing oxygen to break it up (which may cause a 'bubbly' sensation). Glycerol then softens the wax so it can be more easily shed. Treatment for three to four days is normally sufficient. Presented in an easy-squeeze dropper bottle.



### Otex Express Combi Pack 10ml

Using the same drops, this pack also includes an accompanying bulb syringe that can be used to gently cleanse the ear after completing treatment.



For more information about the Otex range, visit [otexear.com](http://otexear.com)

**Note:** Do not use ear wax softening drops if ear syringing or any other mechanical wax removal procedure has been used in the last two to three days. Otex products should not be used at the same time as anything else in the ear, including hearing aids.

Ear drops should also not be used if: The eardrum is known or suspected to be damaged or perforated; the customer complains of dizziness; there is, or has been, any other ear disorder (such as pain, discharge, inflammation, infection or tinnitus); or if the customer is sensitive to any of the ingredients.

In some cases, use of ear drops can temporarily aggravate the painful symptoms of ear wax, including some loss of hearing, dizziness and tinnitus.

## Otex Olive Oil Ear Drops

Contains medicinal-grade natural olive oil to gently soften and help remove hardened ear wax. Older people with recurrent ear wax problems may wish to use olive oil drops on an occasional basis to help prevent wax build up. Includes handy dropper pipette.



## Otex Sodium Bicarbonate Ear Drops

Contains aqueous sodium bicarbonate to gently soften and help remove hardened ear wax. Includes handy dropper pipette.



**Otex<sup>®</sup>**  
Be clear to hear

Savlon®

Your **Savlon®** Product Guide

# FOR LIFE'S LITTLE SKIN DRAMAS

Savlon has been helping take the worry out of life's little skin dramas for generations. Perhaps more familiar for cuts, grazes and minor wounds, Savlon's range includes products to help prevent infection, provide pain relief and speed up healing of a variety of skin mishaps.



## Did you know...

Some customers may not be aware of the uses of Savlon, here's a handy guide to help with their skin drama:



### Blisters

- The most common cause of blisters is **friction** against **soft** or **moist** skin.
- Broken blisters can be **susceptible to infection** because the protective outer skin is exposed.
- Savlon Antiseptic Cream can be applied to the blister (either an open or closed blister) before a dressing to help **cleanse & prevent infection**.



### Spots and blackheads

- Spots and blackheads are caused by **blocked pores** which may become red and inflamed with a visible 'whitehead' caused by bacteria.
- Savlon Scar Prevention Gel can help **speed up healing and prevent scarring**.



### Nettle rash

- Nettle rash is an irritating, but short-term skin condition, usually derived from contact with stinging nettles.
- Use Savlon Bites & Stings Pain Relief Gel to help soothe & protect against infection as well as relieve pain, itching & irritation\*.





# Explore the *Savlon* Range

Whether it's grazed knees, shaving cuts, burns & scalds or bee stings, the range has products to help the whole family. Use this handy guide to advise which product would be best to treat the customer's ailment.

## Savlon Antiseptic Cream



- Cleanses skin and helps prevent infection.
- Available in 15g, 30g, 60g and 100g.

*Cetrimide* – destroys the cell structures of fungal and bacterial micro-organisms.

*Chlorhexidine Digluconate* – proven to be very effective at reducing bacteria.



Cuts & grazes



Spots



Blisters



Shaving cuts

## In addition to these benefits...

### Savlon Antiseptic and Pain Relief Gel\*



- Helps prevent infection.
- Also contains anaesthetic to help relieve pain.

## Savlon Scar Prevention Gel



Contains Hydrogel which turns dry wounds into wet ones, helping reduce the likelihood of scarring and Hydrocolloid which absorbs excessive fluid from wet wounds to restore the water balance.



Cuts & grazes



Minor burns



Minor wounds

- Reduces likelihood of scarring.
- Helps soothe pain.
- Speeds up healing.

## Savlon Burns & Scalds 0.25% w/w Cream



Contains Chlorhexidine Gluconate, in a formula specifically designed to treat the skin.



Minor burns



Sunburn blisters



Scalds

- Clean and dry the affected area thoroughly, smooth gently into the affected skin, and if necessary cover with a dressing.
- Treats minor burns and scalds.
- Provides effective relief.

## Savlon Bites & Stings Pain Relief Gel\*



Insect bites



Nettle rash



Insect stings

- Multi-action formula soothes and protects against infection.
- Provides relief from skin reactions caused by plants.
- Relieves pain, itching & irritation of insect bites & stings.

Ingredients include Zinc Sulphate which reduces inflammation, Cetrimide which destroys fungal and bacterial microorganisms and Lidocaine Hydrochloride which temporarily blocks the pathway of nerve signals to the brain to help relieve itching and pain.

\*Products suitable for ages 12+ only.

Savlon Antiseptic Cream contains cetrimide and chlorhexidine digluconate. For the cleansing and prevention of infection in all types of lesions, ranging from minor skin disorders or blisters, to minor burns and small wounds. GSL Thornton & Ross Ltd. Savlon Antiseptic and Pain Relief Gel / Savlon Bites & Stings Gel contains lidocaine hydrochloride, zinc sulphate and cetrimide. For the symptomatic relief of pain, itching, irritation, and for antiseptic protection. For use in insect bites and stings, and skin reactions such as nettle rash, caused by contact with plants. GSL Thornton & Ross Ltd. Savlon Burns & Scalds 0.25% w/w Cream contains Chlorhexidine Gluconate. For the treatment of minor burns and scalds, scratches, cuts and abrasions, sunburn blisters and infected cracked skin. GSL Thornton & Ross Ltd. Information about these products, including adverse reactions, precautions, contra-indications, and method of use can be found at: Savlon Antiseptic Cream: <https://www.medicines.org.uk/emc/product/6330>. Savlon Antiseptic and Pain Relief Gel / Savlon Bites & Stings Pain Relief Gel: <https://www.medicines.org.uk/emc/product/7135>. Savlon Burns & Scalds 0.25% w/w Cream: <https://www.medicines.org.uk/emc/product/4877>.

# Itch relief Coolmousse

NEW

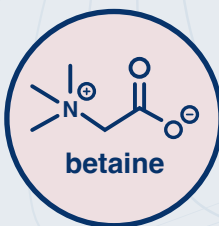
**NEW E45 Itch Relief Coolmousse instantly cools and soothes dry, itchy and irritated skin.** It is formulated with betaine, a natural osmoprotectant with moisturising and calming properties, and highly purified aloe vera leaf extract to soothe and hydrate.

E45 Itch Relief Coolmousse is perfume-free and suitable for dry, itchy and irritated skin. The lightweight foam texture is easily absorbed without leaving a sticky residue. It is suitable to use on the body, face and hands and is safe for the whole family.

Simply shake the can 1-2 times before use, press foam into the palm and apply softly to the affected skin area without rubbing. It can be used as frequently as needed and, for added cooling relief, can be stored in the fridge. If additional moisturisation is needed, E45 Itch Relief Coolmousse can be used in conjunction with an emollient such as E45 Cream.



**Instant cooling effect**



**Highly purified aloe vera leaf extract to soothe and hydrate**



**Natural and gentle osmoprotectant**

# Itch relief Gel

## NEW E45 Itch Relief Gel

**immediately soothes, cools and calms dry, itchy and irritated**

**skin.** It is formulated with glycerin to moisturise, soothe and heal skin, and vitamin B5 to help attract and retain moisture.

E45 Itch Relief Gel is perfume- and allergen-free and suitable for dry, itchy and irritated skin. It can be used on the body, face and hands, and is safe for the whole family. The gentle gel texture is fast-absorbing. Simply squeeze gel into the palm and apply softly to the affected skin area without rubbing. It can be used as frequently as needed, and for added cooling relief can be stored in the fridge. If additional moisturisation is needed, E45 Itch Relief Gel can be used in conjunction with an emollient such as E45 Cream.



Glycerin

**Skin protectant,  
with moisturising,  
soothing and  
anti-irritant properties**



**Attracts and retains moisture,  
with anti-inflammatory,  
barrier-strengthening and  
wound-healing properties**



**Lightweight gel  
texture**



# E45 Cream – An emollient for use in an extensive range of dry skin conditions<sup>1</sup>

Applying emollients 2-3x a day offers **benefits beyond hydration:**<sup>2</sup>

- Can prevent condition flare-ups
- May reduce need for additional flare-up treatments
- Improves patients' quality of life, such as sleep disturbance<sup>3</sup>

Proven relief in **children's eczema:**<sup>3</sup>

- Reduced symptom severity and number of nights of disrupted sleep by almost half
- Improved feelings of parental control – 9 out of 10 parents reported the highest level of control



**Suitable for babies over 1 month of age<sup>1</sup>**

## Licensed for the treatment of:<sup>1</sup>

- Flaking/chapped skin • Ichthyosis • Traumatic dermatitis
- Sunburn • The dry stage of eczema • Certain dry cases of psoriasis

**Gets to work instantly to create an effective barrier, locking in natural moisture to repair dry skin<sup>1</sup>**

Intended for UK healthcare professionals only

# The E45 specialist range – scientifically proven to treat a wide range of dry skin conditions<sup>1</sup>

 <p><b>E45</b> Specialist Cream</p> <p><b>Psoriasis CREAM</b></p> <p>Scientifically proven to treat symptoms of psoriasis</p> <ul style="list-style-type: none"><li>Moistens itching, itching, redness, roughness &amp; hardening of the skin</li><li>Stimulates the skin's natural healing process</li></ul> <p>50ml</p> <p>DERMATOLOGICAL</p>	 <p><b>E45</b> Specialist Cream</p> <p><b>Eczema Repair Cream</b></p> <p>Scientifically proven to help repair the skin barrier for 24h</p> <ul style="list-style-type: none"><li>Helps repair the skin's natural barrier</li><li>Moistens very dry and itchy skin</li><li>Reduces itching</li><li>Moisturises and softens the skin</li></ul> <p>200 ml e</p> <p>DERMATOLOGICAL</p>	 <p><b>E45</b> Specialist Cream</p> <p><b>itch relief CREAM</b> with lauromacrogols</p> <p>Relieves all pruritus, eczema, dermatitis &amp; scaling skin conditions</p> <ul style="list-style-type: none"><li>Oral antihistamine treatment for itching and skin irritation</li><li>Use for 24 hours' protection</li><li>Locks skin holding water and soothes skin</li></ul> <p>50ml e</p> <p>DERMATOLOGICAL</p>	 <p><b>E45</b> Specialist Cream</p> <p><b>Dermatitis CREAM</b></p> <p>Scientifically proven to help reduce inflammation &amp; redness</p> <ul style="list-style-type: none"><li>Helps to reduce and soothe all skin conditions</li><li>Reduces inflammation &amp; redness</li><li>Stimulates the skin's natural healing process</li><li>Suitable for daily use</li></ul> <p>50ml e</p> <p>DERMATOLOGICAL</p>	 <p><b>Hc45</b> Specialist Cream</p> <p><b>hydrocortisone acetate cream</b> Hydrocortisone Acetate 1% w/w</p> <p>Treatment for Eczema, Dermatitis &amp; Itchy Skin</p> <ul style="list-style-type: none"><li>Contains 1% hydrocortisone<sup>5</sup></li><li>Works by altering the body's responses to inflammatory reactions<sup>5†</sup></li></ul>
<ul style="list-style-type: none"><li>• Treats symptoms of psoriasis*</li><li>• Reduces scaling, itching, redness, roughness and hardening of the skin</li></ul>	<ul style="list-style-type: none"><li>• Triple action formula to treat symptoms of eczema*<sup>†</sup></li><li>• Helps repair the skin barrier for 24 hours</li></ul>	<ul style="list-style-type: none"><li>• Treats and soothes itch caused by pruritus, eczema, dermatitis and scaling skin conditions<sup>4</sup></li><li>• Urea helps skin retain moisture<sup>4</sup></li></ul>	<ul style="list-style-type: none"><li>• Helps reduce inflammation and redness*</li><li>• Steroid-free and suitable for daily use</li></ul>	<ul style="list-style-type: none"><li>• Contains 1% hydrocortisone<sup>5</sup></li><li>• Works by altering the body's responses to inflammatory reactions<sup>5†</sup></li></ul>

\*This is a medical device. <sup>†</sup>The combination of humectants (which draw water in) and occlusive agents (which reduce water loss) enable the skin to retain moisture. Omega fatty acids may help support the integrity of the skin. <sup>‡</sup>Hc45 is not suitable for patients under 10 years of age, pregnant or breastfeeding, unless stated by an HCP. Use for a maximum of 7 days.<sup>5</sup>

## Essential Information

**E45 Cream. Contains: White Soft Paraffin 14.5% w/w, Light Liquid Paraffin 12.6% w/w and Anhydrous Lanolin 1.0% w/w.**

**Indications:** For the symptomatic relief of dry skin conditions, where the use of an emollient is indicated, such as flaking, chapped skin, ichthyosis, traumatic dermatitis, sunburn, the dry stage of eczema and certain dry cases of psoriasis. **Product licence holder:** Karo Pharma AB, Box 16184, 103 24 Stockholm, Sweden. **Legal category:** GSL. Please refer to SmPC before prescribing.

**E45 Itch Relief Cream. Contains: Lauromacrogols 3.0% w/w and Urea 5.0% w/w.**

**Indications:** For the treatment of pruritus, eczema, dermatitis and scaling skin conditions where an antipruritic and/or hydrating effect is required. **Product licence holder:** Karo Pharma AB, Box 16184, 103 24 Stockholm, Sweden. **Legal category:** GSL. Please refer to SmPC before prescribing.

**Hc45 Hydrocortisone Cream. Contains: Hydrocortisone acetate 1.0% w/w.**

**Indications:** For the treatment of irritant contact dermatitis, allergic contact dermatitis, insect bite reactions and mild to moderate eczema. **Licence holder:** Karo Pharma AB, Box 16184, 103 24 Stockholm, Sweden. **Legal category:** P. Please refer to SmPC before prescribing.

## Adverse events should be reported.

Reporting forms and information can be found at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard).  
Adverse events should also be reported to Karo Pharma Ltd PV on +44 (0) 1628 531171 or [UK@karopharma.com](mailto:UK@karopharma.com).

**References:** **1.** E45 SmPC, available at: [www.medicines.org.uk/emc/product/378/smpe](http://www.medicines.org.uk/emc/product/378/smpe). Accessed February 2023. **2.** Moncrieff G, *et al.* Clin Experiment Dermatol. 2013;12:7. **3.** Mason JM, *et al.* BMC Dermatology. 2013;13:7. **4.** E45 Itch relief cream SmPC, available at: <https://www.medicines.org.uk/emc/product/378/smpe#ref>. Accessed February 2023. **5.** Hc45 Hydrocortisone Cream SmPC, available at: <https://www.medicines.org.uk/emc/product/5651>. Accessed February 2023.



WE DO SKIN  
YOU DO YOU

#1 DERMATOLOGIST  
RECOMMENDED  
UK SKINCARE BRAND

# Cleanses from day to night. It's that simple



Hydrates as  
it cleanses



Nourishes the skin  
barrier



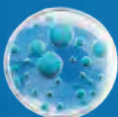
Soothes and calms  
the skin



Hydrates as  
it cleanses

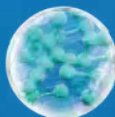


Renews and  
smooths skin



**+GLYCERIN** to  
help prevent  
dryness

Powerful  
humectant that  
pulls in moisture to  
hydrate the skin



**+NIACINAMIDE** to  
strengthen skin  
barrier

Widely known  
for its ability to  
strengthen skin-  
barrier integrity



**+PANTHENOL**  
to soothe and  
restore dry skin

Hydrating  
ingredient that  
soothes and  
restores dry skin.

Science-led cleansers. Clinically proven results.





WE DO SKIN  
YOU DO YOU

#1 DERMATOLOGIST  
RECOMMENDED  
UK SKINCARE BRAND

# We hydrate to protect. Who even thought of that?



High UVA/UVB  
Production



Long-lasting  
48hr hydration



Restores the skin  
barrier



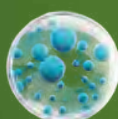
Quick-absorbing  
with hyaluronic acid



Long-lasting,  
overnight relief



Intensely  
replenishes skin



**+GLYCERIN** to  
help prevent  
dryness

Powerful  
humectant that  
pulls in moisture to  
hydrate the skin



**+NIACINAMIDE** to  
strengthen skin  
barrier

Widely known  
for its ability to  
strengthen skin-  
barrier integrity



**+PANTHENOL**  
to soothe and  
restore dry skin

Hydrating  
ingredient that  
soothes and  
restores dry skin.

Science-led moisturisers. Clinically proven results.





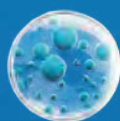


WE DO SKIN  
YOU DO YOU

# Cleanses from day to night & Science-led formulations.



## Enhanced with ingredients



**+GLYCERIN** to help  
prevent dryness

Powerful humectant  
that pulls in moisture  
to hydrate the skin



**#1** DERMATOLOGIST  
RECOMMENDED  
UK SKINCARE BRAND

# provides hydration to protect Clinically proven results.



## to improve skin quality

**+NIACINAMIDE to  
strengthen skin barrier**

Widely known for its  
ability to strengthen  
skin-barrier integrity



**+PANTHENOL to soothe  
and restore dry skin**

Hydrating ingredient  
that soothes and  
restores dry skin.



**THERE'S A BETTER WAY  
FOR YOUR PATIENTS**



# blink<sup>®</sup> Product Selector

**Dry eye symptoms occur when the eyes either do not produce enough tears or the tears evaporate too rapidly.**

The incidence of dry eye symptoms is likely to increase in the future. Exacerbated by an ageing population (the chance of developing dry eye symptoms increases as you grow older), and our digital lifestyle, (increasing amount of time we spend looking at screens). Mild to moderate cases of dry eye symptoms are best eased following advice on viewing habits and environment, and using products such as lubricating drops, gels and mists.

The range of products available can be bewildering for patients. This document is designed to help you identify and confidently recommend you products for dry eye symptoms to help match your patients' specific needs, whilst also identifying where further advice or investigation may be required.

**The product selector tool is designed to be used in addition to your current clinical knowledge and experience.**

## Understanding Dry Eye Symptoms

Dry eye is a chronic condition, present from morning to evening, but generally worse at the end of the day<sup>1</sup>, so if your patient's symptoms are of sudden onset, or linked with an event, consider infection or trauma.

Dry eye is generally a bilateral condition<sup>1</sup>. If symptoms or redness are much greater in one eye than the other, further ophthalmic investigation is required<sup>3</sup>.

Vision may be affected but should recover after a blink<sup>2</sup>; a reduction in vision which does not improve with blinking, particularly if sudden onset, requires urgent ophthalmic examination<sup>3</sup>.

Unless severe, dry eye symptoms with signs of irritation such as dryness and grittiness rather than pain<sup>3</sup>.





**10%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	NETT PRICE	QTY
417-1278	GAVISCON DOUBLE ACTN BERRIES	48	£6.34	10.00%	£5.71	
3MIMAT2	GAVISCON DOUBLE ACTION MINT	150ML	£3.88	10.00%	£3.49	
3MODFOO	GAVISCON DOUBLE ACTION MINT	300ML	£6.27	10.00%	£5.64	
347-3790	GAVISCON DOUBLE ACTION MINT	600ML	£9.77	10.00%	£8.79	
337-9583	GAVISCON DOUBLE ACTN ANISEED	300ML	£6.27	10.00%	£5.64	
418-5468	GAVISCON DOUBLE ACTN BERRIES	300ML	£6.27	10.00%	£5.64	
398-8136	GAVISCON DOUBLE ACTION MINT	500ML	£1.99	10.00%	£1.79	
418-5476	GAVISCON DOUBLE ACTN BERRIES	150ML	£3.88	10.00%	£3.49	
418-5484	GAVISCON DOUBLE ACTN ANISEED	600ML	£9.77	10.00%	£8.79	

**IBULEVE™**

**UP TO  
12%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	NETT PRICE	QTY
416-0602	IBULEVE MAX PAIN RELIEF 10%GEL	50GM	£4.87	10.00%	£4.38	
416-0610	IBULEVE MAX PAIN RELIEF 10%GEL	30GM	£3.65	10.00%	£3.29	
416-0586	IBULEVE PAIN RELIEF 5% GEL	100GM	£6.69	10.00%	£6.02	
3IBUG3	IBULEVE GEL	30GM	£2.74	10.00%	£2.47	
3IBUG5	IBULEVE GEL	50GM	£3.96	12.00%	£3.48	
3IBUEX3	IBULEVE GEL*MAXIMUM STR*	30GM	£3.65	12.00%	£3.21	
3RICHON4	IBULEVE GEL*MAXIMUM STR*	50GM	£4.87	12.00%	£4.29	

**MOVICOL®**

**10%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	NETT PRICE	QTY
426-I533	MOVICOL STP 30 LL OTC PK	18	£8.59	10.00%	£7.73	

Attention: **Simone** Pharmacy Name: ..... Telephone Number: .....

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# Otex

UP TO  
**16%**  
DISCOUNT

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	NETT PRICE	QTY
3OTECOM	OTEX COMBI PACK	EACH	£5.47	16.00%	£4.59	
3OTEEXP	OTEX EXPRESS	10ML	£3.65	16.00%	£3.07	
394-2125	OTEX OLIVE OIL EAR DROP	10ML	£2.74	16.00%	£2.30	
408-5247	OTEX SODIUM BICARBONATE E/D	10ML	£2.74	16.00%	£2.30	
3OTEX	OTEX EAR DROPS	8ML	£3.41	10.00%	£3.07	



**15%**  
DISCOUNT

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	NETT PRICE	QTY
3SAVCREI	SAVLON ANTISEPTIC CREAM	15GM	£1.27	15.00%	£1.08	
3SAVCRE3	SAVLON ANTISEPTIC CREAM	30GM	£1.70	15.00%	£1.45	
3SAVCRE6	SAVLON ANTISEPTIC CREAM	60GM	£2.54	15.00%	£2.16	
3SAVCRE12	SAVLON ANTISEPTIC CREAM	100GM	£3.67	15.00%	£3.12	
3SOLSI	SAVLON BITES & STINGS GEL	20GM	£3.73	15.00%	£3.17	
396-5027	SAVLON DUAL ACTION GEL	20GM	£3.74	15.00%	£3.18	
423-0967	SAVLON BURNS & SCALDS CREAM	30GM	£3.12	15.00%	£2.65	



**15%**  
DISCOUNT

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	NETT PRICE	QTY
238-0053	E45 BATH OIL	500ML	£6.34	15.00%	£5.39	
008-0572	E45 CREAM	50GM	£2.46	15.00%	£2.09	
019-8523	E45 CREAM	125GM	£4.22	15.00%	£3.59	
279-9146	E45 CREAM	350GM	£7.79	15.00%	£6.62	
378-4386	E45 CREAM PUMP DISPEN OTC PK	500GM	£9.74	15.00%	£8.28	
406-7203	E45 DAILY LOTION	400ML	£4.22	15.00%	£3.59	
411-3718	E45 DERMATITIS CREAM	50ML	£12.99	15.00%	£11.04	
3DIMEXPI	E45 DRY SCALP SHAMPOO	200ML	£4.54	15.00%	£3.86	
406-7245	E45 ECZEMA REPAIR CRM OTC PK	200ML	£12.99	15.00%	£11.04	
423-2294	E45 ITCH RELIEF COOL MOUSSE	100ML	£6.49	15.00%	£5.52	
423-2229	E45 ITCH RELIEF GEL	100ML	£6.49	15.00%	£5.52	
024-8609	E45 LOTION MOISTURISING	200ML	£3.24	15.00%	£2.75	
213-2850	E45 LOTION PUMP MOISTURISING	500ML	£6.49	15.00%	£5.52	
415-8978	E45 PSORIASIS CREAM	50ML	£12.99	15.00%	£11.04	
273-1412	E45 SHOWER CREAM EMOLLIENT	200ML	£4.09	15.00%	£3.48	
238-0038	E45 WASH CREAM	250ML	£4.22	15.00%	£3.59	

Attention: **Simone** Pharmacy Name: ..... Telephone Number: .....

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**15%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	NETT PRICE	QTY
409-3803	CETAPHIL GENTLE EXFOL CLEANSER	178ML	£7.47	15.00%	£6.35	
366-0859	CETAPHIL GENTLE SKIN CLEANSER	236ML	£5.96	15.00%	£5.07	
366-1113	CETAPHIL MOISTURISING LOTION	236ML	£5.96	15.00%	£5.07	
406-6619	CETAPHIL BODY CREAM	450GM	£9.54	15.00%	£8.11	
402-3743	CETAPHIL OILY SKIN CLEANSER	236ML	£5.96	15.00%	£5.07	

**blink<sup>®</sup>**

**20%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	NETT PRICE	QTY
S82	BLINK CONTACT EYE DROP S82 #	10ML	£3.44	20.00%	£2.75	
S73	BLINK INTENS TEAR 0.4ML	20VIAL	£5.34	20.00%	£4.27	
S74	BLINK INTENSIVE TEARS S74 #	10ML	£3.80	20.00%	£3.04	

Attention: **Simone** Pharmacy Name: ..... Telephone Number: .....

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0800 597 4439



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# This month's offers:



**SIGMA**  
independent•together

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# SUMMARY OF TERMS

1. Where accounts have been approved for credit, payments are due 30 days from the month of invoice. Sigma Pharmaceuticals Plc reserves the right to charge interest on overdue accounts at the rate of 4% above the LIBOR (London InterBank Offered Rate) per month without prejudice to the right of recovery. Cheques payable to Sigma Pharmaceuticals Plc. Sigma Pharmaceuticals Plc reserves the right not to process the orders in case of an overdue account.
2. All orders and prices quoted are subject to the standard rate or reduced rate of V.A.T. on the NETT invoice value. The invoice date is the tax point for V.A.T. purposes.
3. Products on offer in the PLOF are not eligible for any further discounts.
4. All delivery enquiries must be notified within 24 hours of delivery
5. Prices are correct at time of going to print, but are subject to change without prior notice. Sigma Pharmaceuticals Plc reserves the right to amend any of their prices without due notice. Orders are accepted on condition that the goods will be invoiced at the prices ruling at the date of delivery. All images shown are for illustrative purposes only.
6. Invoice queries must be raised within one week of invoice date.
7. The goods shall remain the sole and absolute property of the seller and legal equitable owner until such time as the buyer shall have paid to the seller the agreed price together with the full price of any other contract with the seller.
8. Standard terms and conditions apply, as per trading terms, available upon request.
9. RSP's shown are supplied by the manufacturers and are correct at time of going to print. It is at the retailers discretion to set their own retail price and margin.

## CLAIMS AND RETURNS

### DELIVERIES

When accepting your delivery please ensure the number of boxes/bulk received match the drivers runsheet and that any discrepancies are clearly marked. Non-delivery must be notified to Sigma Pharmaceuticals Plc within 1 service day of invoice date or advice of despatch.

### RETURNS

Under existing rules and regulations issued by the DHSS and as published in "MAIL", goods will only be accepted for return by Sigma Pharmaceuticals Plc for the following reasons:

- To correct an error in delivery or ordering.
- In response to a product or batch recall instigated by a manufacturer.
- Where products or packages are alleged to be faulty.

In order to be considered for credit or replacement the goods must be accompanied by a note showing:-

- The name and address of the customer returning the goods.
- The quantity and description of the goods.
- The invoice number on which the goods were supplied.
- The reason of the return.

#### *Transfer Order Queries*

Call **01923 331 411** and ask for the Transfer Order Department.

#### *Expiry Date Queries*

Dates on products should be checked upon delivery. If you wish to return an item due to the date, please follow the return procedure mentioned previously.

#### *Items Missing From Delivery*

Call **01923 444 999** within 24 hours of delivery.

#### *Wrong Item Supplied*

Mark the required item with the code of 'B' on your invoice/return slip.

#### *Goods Ordered in Error*

Mark the item with the code of 'H' on your invoice/return slip.

#### *Goods Arrived Damaged*

Mark the item with the code of 'F' on your invoice/return slip.

#### *Recall Stock*

All recall stock must be written on a return slip with the date, quantity and reason code K.



# OTC & HEALTH AND BEAUTY TRANSFER ORDER OVERVIEW

Sigma offers a comprehensive transfer order service offering prompt deliveries, transparent invoicing and full advantage of manufacturers multi-level discounts (MLD) across a wide range of manufacturers.

## WHY USE SIGMA FOR TRANSFER ORDERS?

Our transparent invoice structure, quick turnaround and dedicated customer service means we are the preferred choice with manufacturers and third-party sales teams for transfer orders. Advantages of putting your transfer orders through Sigma:

- A minimum of 10% wholesaler discount on transfer orders\*
- Transparent discount structure
- More than 95% of products are available to order in singles
- Aim to deliver stock within 48 hours from receipt
- Back orders held for 60 days
- Dedicated transfer order team that can be directly contacted by telephone or email.
- Committed to ensure transfer order queries are resolved within 72 hours

\* Ethical and Rx Lines may not qualify for this discount

# TRANSFER ORDER PORTFOLIO

## BIOKULT

- Protexin

## BR PHARMACEUTICALS

- Valupak

## CEUTA HEALTHCARE

- 4 Head
- Aloclair
- Anbesol
- Ashton & Parsons
- Astral
- Belladonna
- Blistex
- Bloateze
- Bodyform
- Breathe Right
- Carnation
- Chewy Vites
- Chloralieve
- GoldenEye
- Hydromol
- Ibuleve
- Lypsyl
- Macushield
- Milton
- MolluDab
- Murine
- Odor - Eaters
- ORS
- Otex
- Pepto Bismol
- Seven Seas
- Tena
- ThermaCare
- Ultra Chloraseptic
- Uvistat
- Vamousse
- Viagra Connect
- Vicks
- Vicks Vapodrops
- Wisdom

## CIGA HEALTHCARE

### HALEON

- Aquafresh
- Beechams
- Biotene
- Breathe Right
- Corsodyl
- Nurses
- Driclor
- Enos
- Eumovate
- Lamisil
- Nicotinell
- Otrivine
- Panadol
- Piriton
- Poligrip
- Sensodyne
- Voltarol
- Zovirax

## LASER HEALTHCARE

- Allevia
- Buscopan
- Cialis Together
- Dulco Range
- Maalox
- Nasacort
- Opticrom
- Pharmaton
- Phenergan
- Clearblue
- Fixodent
- Deep Freeze / Heat / Relief
- Mentholatum Ibuprofen
- Mentholatum Vapour Rub
- Elastoplast
- Eucerin
- Nivea
- Ulipristal
- Just For Men
- Vagisil
- Anthisan
- Cepton
- Dalvit
- Dentinol
- Dioralyte
- Snufflebabe
- Syndol
- Difflam
- Ricola
- Dextro
- Fisherman's Friend
- Bazuka
- Doublebase
- Freederm
- Iglu

## **PERRIGO (Omega Pharma)**

Abidec  
Alphosyl  
Beconase  
Bio-Oil  
Bronchostop  
Buttercup  
Contac  
Dentu Crème  
Lactacyd  
Lyclear  
Metatone  
Milk Of Magnesia  
NiQuitin  
Nytol  
Solpadeine  
TCP  
Tiger Balm  
Veganin  
Wartner  
Wernets

## **POWERMED PLUS**

Anusol  
Arm & Hammer  
Batiste  
Femfresh  
First Response  
Karium  
Lotil  
Nair  
Orajel  
Pearl Drops  
Replens  
Salonpas  
Sterimar

## **RECKITT BENCKISER**

Bonjela  
Cuprofen  
Dettol  
Disprin  
Durex  
Full Marks  
Fybogel  
Gaviscon  
Guardium  
Lanacane  
Lemsip  
Nurofen  
Optrex  
Paramol  
Senokot  
Steradent  
Strepsil  
Sweetex  
Veet  
Woodwards

## **THE MILES GROUP**

A L Simpkin  
Cambridge Healthcare  
Colgate Palmolive  
Comedic International  
Alpecin  
Plantur  
Kobayashi  
MS George  
Omron  
Passion For Life  
Profoot  
Quies

## **THEA PHARMACEUTICALS**

Blephaclean  
Hyabak  
Thealoz  
Otrivine  
Nutrof  
Monopost

## **THORNTON & ROSS**

Acriflex  
Alegesal  
Care  
Cetraben  
Covonia  
Eucryl  
Eurax  
Flexitol  
Fultium  
Hedrin  
Metanium  
Movelat  
Mycota  
Oilatum  
Radian B  
Savlon  
Senna  
Virasorb  
Virasoothe  
Windsetlers  
Zero Derm





**SIGMA**  
independent•together



## Contacting the Sigma teams:

CUSTOMER SERVICES (MON–FRI 9 A.M.–7.30 P.M.)	<b>0800 358 4427</b>
FREEPHONE ORDER LINE	<b>0800 597 4462</b>
FREEFAX LINE	<b>0800 597 4439</b>
SPECIALS	<b>0800 597 4475</b> <b>0800 597 4473 (FAX)</b>
OTC TRANSFER ORDERS	<b>01923 331 411</b>
CUSTOMER ACCOUNTS (MON–FRI 9 A.M.–5 P.M.) (Accounts/Statements)	<b>01923 332 900</b> <b>01923 332 911 (FAX)</b>
SIGCONNECT ONLINE ORDERING PORTAL	<b><a href="http://www.sigconnect.co.uk">www.sigconnect.co.uk</a></b>



[info@sigmaplc.com](mailto:info@sigmaplc.com)



[www.sigmaplc.com](http://www.sigmaplc.com)



[@sigmaplcuk](https://twitter.com/sigmaplcuk)

# The sales team supporting you at **Sigma**

## Head of Sales



**Dipesh Vaja**, Head of Sales  
Tel: **0800 597 4462**  
Email: **dipesh@sigmaplc.com**

## Telesales/Customer Service



**Rushin Mehta**, Telesales Manager  
Tel: **0800 597 4462**, Option 3  
Email: **rushin@sigmaplc.com**



**Hitesh Haria**, Telesales Supervisor  
Tel: **0800 597 4462**, Option 3  
Email: **hitesh@sigmaplc.com**

## Sales Executives



**Pankaj Vyas** - National Sales Manager  
Tel: **07946 352 462**  
Email: **pankaj@sigmaplc.com**



**Vithal Adatia** - Account Executive  
Tel: **01923 331 407**  
Email: **vithal@sigmaplc.com**

## OTC Transfer Orders



**Simone Elkerton** OTC Transfer Orders  
Tel: **01923 331 411**  
Email: **sim@sigmaplc.com**



**Lisa Farrant** OTC Transfer Orders  
Tel: **01923 331 411**  
Email: **lisa@sigmaplc.com**

For more information on the services  
Sigma provide visit **www.sigmaplc.com**



# AVOMINE™

Effective prevention  
and relief of travel  
sickness



- Established active ingredient - Promethazine Teoclate
- Prevention and relief of motion sickness, vomiting and vertigo
- Quickly reduces the sensitivity of the vomiting centre - works within 1 hour, for up to 24 hours
- Suitable for children aged 5 years and upwards
- P Medicine - drives pharmacy sales
- Pack size 28 tablets and 10 tablets

**15%**

**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
KP06	AVOMINE TRAVEL SICKNESS TAB #	10	£1.56	15.00%	£1.33	
KP07	AVOMINE TRAVEL SICKNESS TAB #	28	£4.23	15.00%	£3.60	

Pharmacy Name: ..... Telephone Number: .....

VALID FOR MARCH 2024 ONLY E&OE AND SUBJECT TO AVAILABILITY

## Helps naturally repair the skin's protective barrier



Free from  
fragrances, colours  
and preservatives



CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
3BEP01	BEPANTHEN DUAL ACTION OINT #	100GM	£6.18	20.00%	£4.94	
3BEP03	BEPANTHEN DUAL ACTION #	30GM	£3.18	20.00%	£2.55	

**20%**  
**DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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## SOLUTIONS



## EYE DROPS



**20%**

**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
S82	BLINK CONTACT EYE DROP S82 #	10ML	£3.44	20.00%	£2.75	
S73	BLINK INTENS TEAR 0.4ML	20VIAL	£5.34	20.00%	£4.27	
S74	BLINK INTENSIVE TEARS S74 #	10ML	£3.80	20.00%	£3.04	

Pharmacy Name: ..... Telephone Number: .....

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# UNBEATABLE PROTECTION

WITH OUR MOST ADAPTIVE FIT

**NEW**  
ADAPTIVE  
TECHNOLOGY



ABSORPTION  
ZONES **3x**

**SLEEP  
FEARLESS**



**3x** ABSORPTION  
ZONES

**MOVE  
FEARLESS**

ONE PACK SOLD  
**EVERY SECOND!**

OVER **230M**  
PACKS OF BODYFORM  
ULTRA TOWELS SOLD  
EVERY YEAR

**GROWING FASTER**  
THAN THE CATEGORY

Source: Nielsen, feminine Care, MAT w/e 21st January 2023, Kantar WPO, MAT w/e 22nd January 2023.

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
423-5545	BODYFORM ULTRA NORMAL PMP #	PK10	£1.22	5.00%	£1.16	
409-7788	BODYFORM ULTRA NORMAL WG PMP	PK10	£1.22	5.00%	£1.16	
409-7770	BODYFORM ULTRA LONG WING PMP	PK08	£1.22	5.00%	£1.16	
423-5685	BODYFORM ULTRA+ GOODNIGHT WPMP	PK08	£1.22	5.00%	£1.16	
423-5677	BODYFORM MAXI NORMAL TOWEL PMP	PK12	£1.22	5.00%	£1.16	
423-5669	BODYFORM MAXI LONG TOWEL PMP	PK10	£1.22	5.00%	£1.16	

**5%**  
DISCOUNT

Pharmacy Name: ..... Telephone Number: .....

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CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
003-5998	BROLENE EYE DROPS 0.1% ##	10ML	£4.05	15.00%	£3.44	
395-0219	BROLENE EYE DROPS 0.5% MX2 ##	10ML	£4.34	15.00%	£3.69	

Pharmacy Name: ..... Telephone Number: .....

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WE DO SKIN  
YOU DO YOU

## 75 YEARS OF DEDICATION TO SENSITIVE SKINCARE

Cetaphil – dermatologist recommended sensitive skincare range  
with science-led, clinically proven results.



DEFENDS SENSITIVE  
SKIN AGAINST

Dryness  
Irritation  
Roughness  
Tightness  
Weakened skin barrier



CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
409-3803	CETAPHIL GENTLE EXFOL CLEANSER	178ML	£7.47	15.00%	£6.35	
366-0859	CETAPHIL GENTLE SKIN CLEANSER#	236ML	£5.96	15.00%	£5.07	
366-1113	CETAPHIL MOISTURISING LOTION #	236ML	£5.96	15.00%	£5.07	
406-6619	CETAPHIL BODY CREAM	450GM	£9.54	15.00%	£8.11	
402-3743	CETAPHIL OILY SKIN CLEANSER #	236ML	£5.96	15.00%	£5.07	

15%  
DISCOUNT

Pharmacy Name: ..... Telephone Number: .....

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# Cl-ear™

## PAIN RELIEF

### EAR DROPS

#### ACTIVE FORMULA

Relieves pain and itching

- Supports healing inflammations of the ear



7g

# Cl-ear™

## EXPRESS

### EAR DROPS

#### DUAL ACTION

Softens & removes hard earwax

- helps prevent hardened earwax build-up



12ml e

# Cl-ear™

## OLIVE OIL

### EAR DROPS

Gently softens & removes ear wax

- with medical grade olive oil



15ml e

# Cl-ear™

## OLIVE OIL

### EAR SPRAY

Gently softens & removes ear wax

- with medical grade olive oil



10ml e

**NEW**

**15%**

**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
413-3260	CL-EAR EXPRESS EAR DROPS 12ML#	12ML	£2.89	15.00%	£2.46	
399-3052	CL-EAR OLIVE OIL EAR DRP 15ML#	15ML	£2.50	15.00%	£2.13	
417-0635	CL-EAR OLIVE OIL EAR SPRAY #	10ML	£3.13	15.00%	£2.66	
413-3278	CL-EAR RELIEF EAR DROPS 0.5% #	7G	£5.83	15.00%	£4.96	

Pharmacy Name: ..... Telephone Number: .....

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# For relief from colic choose Colief®

Trusted by mums and  
recommended by  
healthcare professionals  
for over twenty years.

Visit [www.colief.com](http://www.colief.com)  
for more information.



CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
266-8721	COLIEF INFANT DROPS    ##	7ML	£8.40	22.00%	£6.55	
388-6983	COLIEF INFANT DROPS    ##	15ML	£11.20	18.00%	£9.18	



Pharmacy Name: ..... Telephone Number: .....

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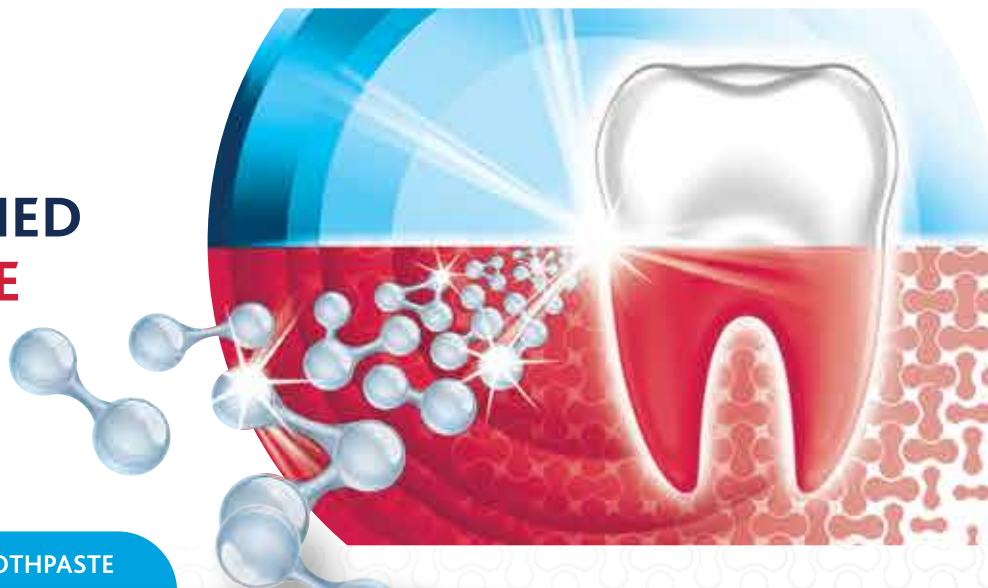
☎ 0800 597 4462

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🌐 [WWW.SIGCONNECT.CO.UK](http://WWW.SIGCONNECT.CO.UK)



**CORSODYL  
TOOTHPASTE IS  
SPECIALLY DESIGNED  
TO HELP ENHANCE  
YOUR PATIENTS'  
DAILY BRUSHING  
EFFORTS**



NEW CORSODYL ACTIVE GUM REPAIR TOOTHPASTE

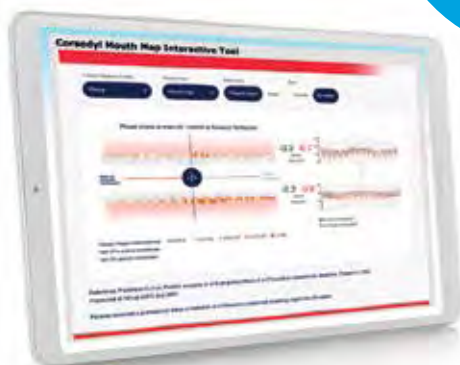


**Corsodyl Active Gum Repair toothpaste contains 67% sodium bicarbonate.** It penetrates the plaque matrix where it disrupts and breaks bonds in the biofilm to loosen plaque.

**WITH FLAVOUR  
ENHANCING  
TECHNOLOGY**

**It is specially designed to help enhance your patients' brushing efforts†**

- Softens plaque on the tooth surface for easier removal<sup>1,2</sup>
- Proven to be 4x more effective at removing plaque than brushing alone<sup>11</sup>
- Clinically Proven to help bleeding, swollen & inflamed gums repair



**SEE THE CLINICAL EVIDENCE FOR 67% SODIUM BICARBONATE AND HOW YOU CAN SUPERCHARGE YOUR PATIENT BRUSHING ROUTINE BY VISITING OUR INTERACTIVE MOUTH MAP HERE:**



†Compared to a regular toothpaste with twice daily brushing.

1. Jose et al. J Clin Dent 2018;29:33-39.

2. Pratten J et al. Int J Dent Hygiene. 2016;14:209-214.

Pharmacy Name: ..... Telephone Number: .....

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# Short term intensive treatment for gum disease



Chlorhexidine is  
widely regarded  
as a gold standard  
antimicrobial

Chlorhexidine digluconate

**NO.1 DENTIST RECOMMENDED TREATMENT MOUTHWASH BRAND FOR GINGIVITIS<sup>3</sup>**

3. Haleon Data on File, 2023. IPSOS. Survey of 300 Dentists.

Product Information: Corsodyl 0.2% Mouthwash (Alcohol Free) Active Ingredient: Chlorhexidine digluconate Indications: Plaque inhibition; gingivitis; maintenance of oral hygiene; post periodontal surgery or treatment; aphthous ulceration; oral candida. Legal category: GSL. Licence Holder: Haleon UK Trading Limited, Weybridge, KT13 0NY, U.K. Information about this product, including adverse reactions, precautions, contra-indications and method of use can be found at: <https://www.medicines.org.uk/emc/medicine/23034>

Trade marks are owned by or licensed to the Haleon group of companies. PM-GB-CSYL-23-00289

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
420-9102	CORSODYL GUM SENS&BREATH 75ML#	12PCS	£46.56	15.00%	£39.58	
30PRFEM1	CORSODYL DAILY ORIGINAL PASTE#	12PCS	£33.60	15.00%	£28.56	
3CORMIN6	CORSODYL MOUTHWASH MINT ##	600ML	£5.17	15.00%	£4.39	
403-9228	CORSODYL ULTRA CLEAN T/P 75ML#	12PCS	£30.16	15.00%	£25.64	
3CORMIN3	CORSODYL MOUTHWASH MINT ##	300ML	£3.44	15.00%	£2.92	
417-1997	CORSODYL MWSH ORGNL ALC FREE##	300ML	£3.44	15.00%	£2.92	
Z56	CORSODYL MWSH MINT ALC FREE ##	300ML	£3.57	15.00%	£3.03	
646-2662	CORSODYL TOOTHBRUSH SOFT #	12PCS	£31.00	15.00%	£26.35	

**15%**  
**DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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# SKIN HEALTH EXPERTS SINCE 1865



## Mildly Medicated Body Powder

**87%** saw an improvement in their skin in 2 weeks

**85%** believed their skin felt soothed  
**80%** experienced relief from itchiness  
**84%** believed their skin looked healthier

\*BLIND CONSUMER TEST, 100 ADULTS WITH ECZEMA PRONE SKIN



## Original Anti Bacterial Hand Gel

**Kills 99.9% of bacteria & viruses\***

\*Enveloped viruses including Coronavirus & Influenza

- 66.6% of alcohol v/v
- Dermatologically approved
- Quick drying

**15%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
371-7246	CUTICURA HAND SAN GEL CUCUMBER	50ML	£0.99	15.00%	£0.84	
088-0476	CUTICURA MEDICATED TALC POWD #	150GM	£2.06	15.00%	£1.75	
090-6149	CUTICURA MEDICATED TALC POWD #	250GM	£2.88	15.00%	£2.45	

Pharmacy Name: ..... Telephone Number: .....

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UK's  
**No.1** selling rehydration treatment\*

## REHYDRATES FASTER AND BETTER THAN WATER ALONE



\*Based on sales data, for verification please email: [info@dendronbrandsltd.co.uk](mailto:info@dendronbrandsltd.co.uk)

Dioralyte® Natural (GSL) Dioralyte® Blackcurrant (GSL) Dioralyte® Citrus (GSL) Dioralyte® Natural Sachets (P) Dioralyte® Blackcurrant Sachets (P) Dioralyte® Citrus Sachets (P)

#### Abbreviated Product information

**Presentation:** Powder for reconstitution with 200 ml water containing glucose 3.56 g, sodium chloride 0.47 g, potassium chloride 0.30g, disodium hydrogen citrate 0.53 g in each sachet. **Indications:** GSL: For the treatment of fluid and electrolyte loss associated with acute diarrhoea. P: Oral correction of fluid and electrolyte loss in infants, children and adults. Treatment of watery diarrhoea of various aetiologies including gastroenteritis in all age groups. **MA holder:** Phoenix Labs, Suite 12, Bunkilla Plaza, Bracetown Business Park, Clonee, Co. Meath, Ireland. **Further information is available from:** Phoenix Labs. Always read the label. Tel +3531 5742410, email: [medical information@phoenixlabs.ie](mailto:medical information@phoenixlabs.ie).

**Legal category:** Dioralyte Natural (GSL), Dioralyte Blackcurrant (GSL), Dioralyte Citrus (GSL), Dioralyte Natural Sachets (P), Dioralyte Blackcurrant Sachets (P), Dioralyte Citrus Sachets (P). Information about these products including adverse reactions, precautions, contraindications and method of use can be found at:

Dioralyte Natural (GSL) [www.medicines.org.uk/emc/product/2774/smpc](http://www.medicines.org.uk/emc/product/2774/smpc) Dioralyte Blackcurrant (GSL) [www.medicines.org.uk/emc/product/2775/smpc](http://www.medicines.org.uk/emc/product/2775/smpc)

Dioralyte Citrus (GSL) [www.medicines.org.uk/emc/product/2770/smpc](http://www.medicines.org.uk/emc/product/2770/smpc)

Dioralyte Natural Sachets (P) [www.medicines.org.uk/emc/product/2771/smpc](http://www.medicines.org.uk/emc/product/2771/smpc)

Dioralyte Blackcurrant Sachets (P) [www.medicines.org.uk/emc/product/2773/smpc](http://www.medicines.org.uk/emc/product/2773/smpc)

Dioralyte Citrus Sachets (P) [www.medicines.org.uk/emc/product/2772/smpc](http://www.medicines.org.uk/emc/product/2772/smpc)

**Date of preparation:** January 2024

Dioralyte® Relief Raspberry (GSL)  
Dioralyte® Relief Blackcurrant (GSL)  
Dioralyte® Relief Blackcurrant Sachets (P)

#### Abbreviated Product information

**Presentation:** Powder for reconstitution with water containing pre-cooked rice powder 6 g, sodium citrate 580 mg, sodium chloride 350 mg, potassium chloride 300 mg in each sachet. **Indications:** GSL: For the treatment of fluid and electrolyte loss associated with acute diarrhoea. P: Oral correction of fluid and electrolyte loss in infants aged 3 months upwards, children and adults. Treatment of watery diarrhoea of various aetiologies including gastroenteritis from 3 months upwards. Particularly recommended in the case of too loose or frequent stools where it enables over-loose stools to revert to normal.

**MA holder:** Phoenix Labs, Suite 12, Bunkilla Plaza, Bracetown Business Park, Clonee, Co. Meath, Ireland. **Further information is available from:** Phoenix Labs. Always read the label. Tel +3531 5742410, email: [medical information@phoenixlabs.ie](mailto:medical information@phoenixlabs.ie).

**Legal category:** Dioralyte Relief Blackcurrant (GSL), Dioralyte Relief Blackcurrant Sachets (P),

Dioralyte Relief Raspberry (GSL). Information about these products including adverse reactions, precautions, contraindications and method of use can be found at:

Dioralyte Relief Blackcurrant [www.medicines.org.uk/emc/product/2858/smpc](http://www.medicines.org.uk/emc/product/2858/smpc)

Dioralyte Relief Raspberry [www.medicines.org.uk/emc/product/3855/smpc](http://www.medicines.org.uk/emc/product/3855/smpc)

Dioralyte Relief Blackcurrant Sachets [www.medicines.org.uk/emc/product/274/smpc](http://www.medicines.org.uk/emc/product/274/smpc)

**Date of preparation:** January 2024

MAT-XU-2202355 (v1.0) June 2022

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
090-7782	DIORALYTE BLCKCURRANT SACHET##	20	£8.04	15.00%	£6.83	
261-8171	DIORALYTE RELIEF B/CURRANT ##	6	£3.26	10.00%	£2.93	
011-8414	DIORALYTE NATURAL SACHET ##	20	£8.04	10.00%	£7.24	
082-2759	DIORALYTE BLACKCURRANT ##	6	£2.68	10.00%	£2.41	
261-8163	DIORALYTE RELIEF RASPBERRY ##	6	£3.26	10.00%	£2.93	
414-4838	DIORALYTE RELIEF B/CURRANT ##	20	£8.73	10.00%	£7.86	

**UPTO**  
**15%**  
**DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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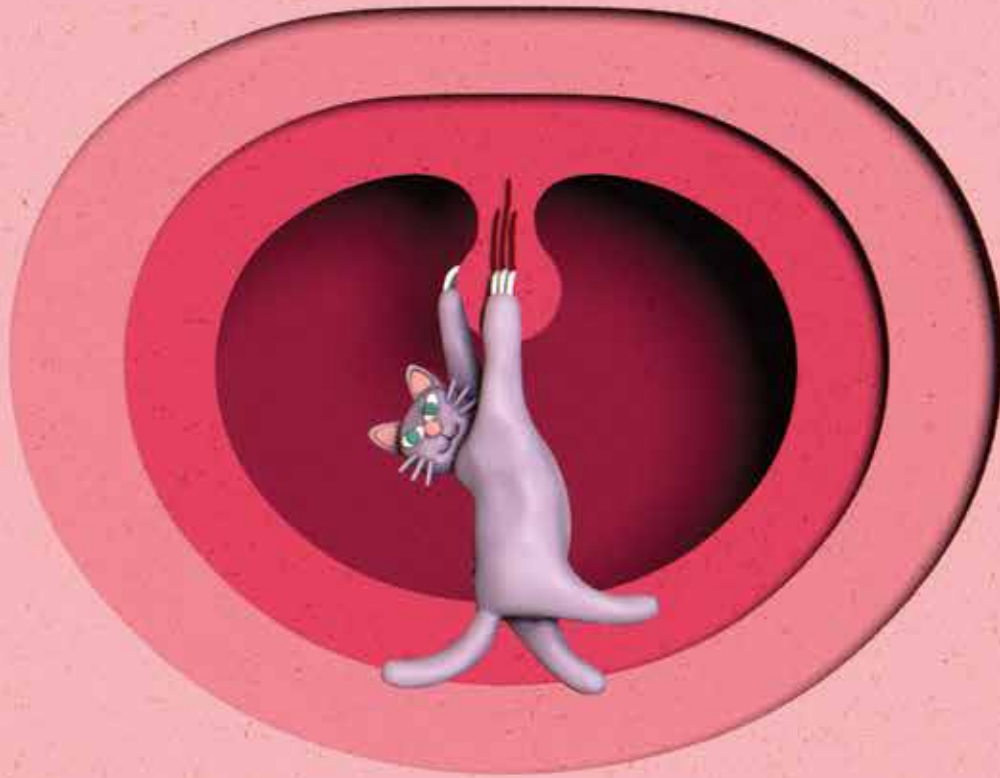
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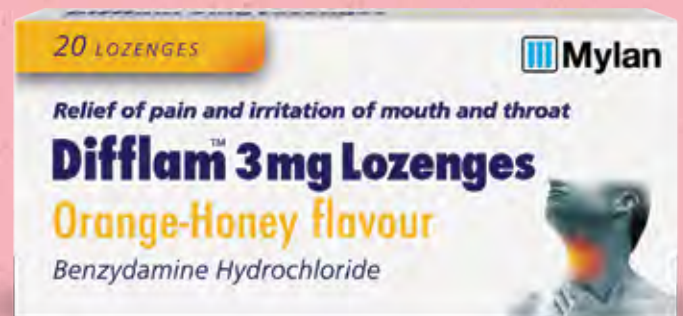


# SORE THROAT?



RELIEVE PAIN AND  
TREAT INFLAMMATION  
FAST WITH

# Difflam<sup>®</sup>



**Product information:** Difflam<sup>™</sup> 3mg Lozenges contain benzydamine hydrochloride. **Indications:** Difflam<sup>™</sup> contains the active substance benzydamine hydrochloride, which is a local anti-inflammatory agent. Difflam<sup>™</sup> is used in adults and children above 6 years of age for symptomatic local treatment for the relief of pain and irritation of the mouth and throat. **Legal category:** P. Information about these products, including adverse reactions, precautions, contraindications and method of use can be found at <https://www.medicines.org.uk/emc/product/9690/smpc>. **Product licence number:** 46302/0097.

**Marketing authorisation holder:** Viatris, Building 4, Trident Place, Mosquito Way, Hatfield, AL10 9UL. **DIFF-2022-0017** Date of preparation: June 2023.



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# SORE THROAT?



RELIEVE PAIN AND  
TREAT INFLAMMATION  
FAST WITH

# Difflam<sup>®</sup>



**Difflam<sup>TM</sup> Spray** contains benzydamine hydrochloride 0.15% w/v. Each metered dose pump spray delivers approximately 175l per puff. **Indications:** Difflam<sup>TM</sup> Spray is a locally acting analgesic and anti-inflammatory treatment for the throat and mouth. It is especially useful for the relief of pain in traumatic conditions such as following tonsillectomy, the use of a naso-gastric tube or dental surgery. **Legal category:** P. Information about this product, including adverse reactions, precautions, contraindications and method of use can be found at <https://www.medicines.org.uk/emc/product/827/smpc>. **Product licence number:** 46302/0160.

**Difflam<sup>TM</sup> Sore Throat Rinse** contains benzydamine hydrochloride 0.15% w/v. **Indications:** Locally acting analgesic and anti-inflammatory treatment for the relief of painful inflammatory conditions of the throat including pharyngitis. **Legal category:** P. Information about this product, including adverse reactions, precautions, contraindications and method of use can be found at <https://www.medicines.org.uk/emc/product/9258>. **Product licence number:** 46302/0161.

**Marketing authorisation holder:** Viatrix, Building 4, Trident Place, Mosquito Way, Hatfield, AL10 9UL. **DIFF-2022-0017** Date of preparation: June 2023.

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
DIFFLAMSPRAY	DIFFLAM SPRAY ##	30ML	£4.74	10.00%	£4.27	
UKDIFFLAMSOETHRINSE	DIFFLAM SORETHROAT RINSE ##	200ML	£5.03	10.00%	£4.53	
406-9746	DIFFLAM LOZENGES ORNG/HON 3MG#	20	£4.24	10.00%	£3.82	
UKDIFFLAMORALRINSE	DIFFLAM ORAL RINSE ##	300ML	£6.50	10.00%	£5.85	
406-9712	DIFFLAM LOZENGES LEMON 3MG #	20	£4.24	10.00%	£3.82	



Pharmacy Name: ..... Telephone Number: .....

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0800 597 4439



WWW.SIGCONNECT.CO.UK



# DOCTOR GUT

GET RID OF TOXINS, VIRUSES AND GAS  
WHICH CAUSE SYMPTOMS OF

- ✓ PAIN
- ✓ DIARRHOEA
- ✓ BLOATING
- ✓ BELCHING
- ✓ FULLNESS
- ✓ DISCOMFORT



**30%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
415-9026	DR GUT BLOATING REL CAPSULES #	15	£3.10	30.00%	£2.17	
418-9197	DR GUT DIARRHOEA LIQ STICK #	10	£6.40	30.00%	£4.48	
418-9205	DR GUT DIARRHOEA REL SACHETS #	PK12	£5.80	30.00%	£4.06	
415-8986	DR GUT IBS RELIEF CAPSULES #	PK13	£3.40	30.00%	£2.38	

Pharmacy Name: ..... Telephone Number: .....

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# durex®

## NO.1 UK SEXUAL WELLBEING BRAND\*

Syphilis reaches  
**highest** level in  
England in a given year  
**since 1948#**

**\*\*1 in 3** UK  
shoppers have not used  
a condom in their last  
partnered occasion

**\*\*1 in 2**  
shoppers perceive  
that condoms  
reduce pleasure

Dr Sinka, Head of Sexually  
Transmitted Infections at UKHSA  
states condoms are the  
**"best defence  
against STIs"^^**



PIP Code: 385-7257  
**EXTRA SAFE**  
Easy-on shape for comfort  
& slightly thicker\*\*\*



PIP Code: 385-7190  
**THIN FEEL**  
Thin design for  
enhanced sensitivity



PIP Code: 426-2846  
**NUDE**  
Our thinnest condoms to date  
& designed to feel it all



PIP Code: 394-1192  
**PLAY FEEL LUBE**  
Water-based lubricant to help  
make sex more pleasurable

### Learn more about Durex Nude range here

All condoms are also available in pack of 12s

\*Based on sales data (01.01.2023 - 04.11.2023). For verification, please contact PO Box 4044, Slough, SL1 0NS

\*\*RB SWB Demand Centric Growth Survey\* 2020/2021 (n=26,122)

\*\*\*When compared to other Durex originals condoms

# Gonorrhoea and syphilis sex infections reach record levels in England - BBC News

^^University freshers urged to use condoms amid record levels of gonorrhoea - GOV.UK (www.gov.uk)

Always read the instructions

RKT-M-44865



CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
385-7257	DUREX EXTRA SAFE 6'S #	6PCS	£22.26	10.00%	£20.03	
385-7190	DUREX THIN FEEL 6'S #	6PCS	£22.26	10.00%	£20.03	
394-1192	DUREX LUBRICANT PLAY FEEL #	50ML	£3.40	10.00%	£3.06	
426-2846	DUREX NUDE 6'S #	6PCS	£25.12	10.00%	£22.61	

**10%**  
**DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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# EXPERT SKINCARE EVERYDAY

## MOISTURISE

Long-lasting barrier repair  
for dry and sensitive skin



## CLEANSE

Gentle and effective cleansing  
for dry, sensitive and itchy skin



# E45

## ITCH RELIEF

Instantly soothes and treats  
itchy and irritated skin



## TREATMENT

Scientifically proven treatment  
for Eczema, Dermatitis & Psoriasis



E45 Cream. Contains: White Soft Paraffin 14.5% w/w,  
Light Liquid Paraffin 12.6% w/w and Anhydrous Lanolin 1.0% w/w.  
E45 Itch Realief Cream. Contains: Lauromacrogols 3.0% w/w and Urea 5.0% w/w.

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
238-0053	E45 BATH OIL ##	500ML	£6.34	15.00%	£5.39	
008-0572	E45 CREAM ##	50GM	£2.46	15.00%	£2.09	
019-8523	E45 CREAM ##	125GM	£4.22	15.00%	£3.59	
279-9146	E45 CREAM ##	350GM	£7.79	15.00%	£6.62	
378-4386	E45 CREAM PUMP DISPEN OTC PK #	500GM	£9.74	15.00%	£8.28	
406-7203	E45 DAILY LOTION #	400ML	£4.22	15.00%	£3.59	
411-3718	E45 DERMATITIS CREAM #	50ML	£12.99	15.00%	£11.04	
3DIMEXP1	E45 DRY SCALP SHAMPOO #	200ML	£4.54	15.00%	£3.86	
406-7245	E45 ECZEMA REPAIR CRM OTC PK #	200ML	£12.99	15.00%	£11.04	
423-2294	E45 ITCH RELIEF COOL MOUSSE #	100ML	£6.49	15.00%	£5.52	
423-2229	E45 ITCH RELIEF GEL #	100ML	£6.49	15.00%	£5.52	
024-8609	E45 LOTION MOISTURISING ##	200ML	£3.24	15.00%	£2.75	
213-2850	E45 LOTION PUMP MOISTURISING##	500ML	£6.49	15.00%	£5.52	
415-8978	E45 PSORIASIS CREAM #	50ML	£12.99	15.00%	£11.04	
273-1412	E45 SHOWER CREAM EMOLLIENT #	200ML	£4.09	15.00%	£3.48	
238-0038	E45 WASH CREAM ##	250ML	£4.22	15.00%	£3.59	

15%

DISCOUNT

Pharmacy Name: ..... Telephone Number: .....

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# BABY Earol®

Is your child suffering from **ear wax build up** or **itchy and irritated ears**?



Suitable for use from **6 months**, Baby Earol® is clinically proven to soften, break-up and loosen ear wax in addition to moisturising the ear canals preventing itchy ears.



- ✓ Suitable for use from 6 months old
- ✓ Gentle ear care
- ✓ Pharmaceutical grade olive oil
- ✓ Clinically proven
- ✓ Metered dose spray, no drops, no mess

**TRY IT NOW!**

[www.earol.co.uk](http://www.earol.co.uk)

Baby Info 01

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
313-5803	EAROL EAR WAX OLIVE OIL SPRAY#	10ML	£3.81	20.00%	£3.05	
425-6053	EAROL ER/WX BABY OLIVE OIL SP#	10ML	£4.35	20.00%	£3.48	
361-4054	EAROL SWIM TEA TREE OIL SPRAY#	10ML	5.54	25.00%	£4.16	

**UPTO  
25%  
DISCOUNT**

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**25**



# POST-OPERATIVE AND LARGER WOUND TREATMENT

Dressings are the best performing category in First Aid

## Extra Skin Friendly

Painless to remove,  
high wearing comfort



#1

## UK's No.1 Dressing

Waterproof XL dressing

## Dermatologically Approved

Soft, non woven  
backing material



## 2023 MVP Awards, Highly Commended Product

Waterproof XL dressing



## Highly Absorbent

Non-stick wound pad



## Breathable and 100% Waterproof

Skin friendly & ideal for  
showowering and bathing.



0% LATEX No risk of allergies caused by latex

## Most common wounds:



### Cut

Cut (59%)

### Abrasion

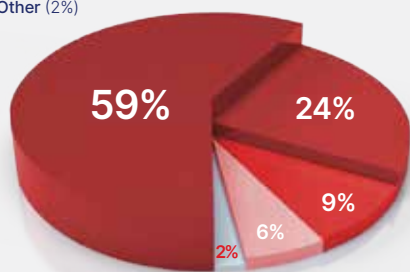
Abrasion (24%)

### Post-operative Wound

Post-operative (9%)

Burn (6%)

Other (2%)



Source: MW Research; Consumer survey; Q7: What kind of wound was that?  
Base: Total n=495, DE/UK/IT; May 2014

## Our sterile larger plaster range protects from infection and is highly comfortable to wear

## Our larger wound plaster heroes: Sensitive & Waterproof XL/XXL

Highly absorbent, non stick wound pad cushions the wound

Painless to remove,  
high wearing comfort



Sterile extra skin  
friendly protection,  
soft non woven  
backing material



Sterile waterproof  
protection against  
dirt & bacteria,  
transparent flexible  
film

Round edges  
prevent an  
unintended  
removal of the  
plaster

Reliable  
adhesion and no  
residues when  
removed



\*skin compatibility dermatologically approved

25%

DISCOUNT

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
374-5130	ELASTOPLAST FABRIC/WASHPROOF #	18	£2.03	25.00%	£1.52	
385-6549	ELASTOPLAST FLEXIBLE FAB. XL #	10	£2.77	25.00%	£2.07	
049-7438	ELASTOPLAST SENSITIVE STRIPS #	20	£2.43	25.00%	£1.82	
367-7036	ELASTOPLAST STRIPS TOUGH #	12	£2.39	25.00%	£1.79	
258-9869	ELASTOPLAST WATER RES. STRIPS#	40	£3.09	25.00%	£2.32	
033-1538	ELASTOPLAST WATER RES. STRIPS#	10	£1.45	25.00%	£1.09	
033-2254	ELASTOPLAST FABRIC STRIPS #	10	£1.45	25.00%	£1.09	
406-4291	ELASTOPLAST WOUND SPRAY #	100ML	£2.62	25.00%	£1.97	
033-2304	ELASTOPLAST FABRIC DRS 6CMX1M	10	£2.52	25.00%	£1.89	
358-5999	ELASTOPLAST STRAPPING 2.5CMX3M	EACH	£2.79	25.00%	£2.09	

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# Better Oral Health For Your Customers With Endekay

With active ingredient Sodium Fluoride, Endekay Mouthrinses combat tooth decay and prevent cavities, gum disease and abscesses. A simple step to better oral health, remineralising and strengthening teeth with a minty flavour.



Recommend Endekay today  
[manxhealthcare.com](http://manxhealthcare.com)

**MAN**   
HEALTHCARE

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
091-5736	ENDEKAY DAILY FLUORIDE M/RINSE	250ML	£1.94	15.00%	£1.65	
300-6467	ENDEKAY DAILY FLUORIDE M/RINSE	500ML	£2.67	15.00%	£2.27	

**15%**  
**DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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ENTEROSGEL

# ALL-IN-ONE IBS DIARRHOEA TREATMENT

SAFE &  
EFFECTIVE  
RELIEF OF:

- ✓ DIARRHOEA
- ✓ URGENCY
- ✓ BLOATING
- ✓ ABDOMINAL PAIN



★★★★★ Rated "Excellent"

"Works from the first dose!"

"Life changer!" "Got my life back!"

"Brand New Gut!" "Miracle cure!"

## How it works:

Oral Intestinal Adsorbent  
ENTEROSGEL passes along the gut, binding to bacterial toxins, immune chemicals and other harmful substances which can cause IBS symptoms, expelling them from the body via the stool.



💧 For faster diarrhoea relief mix  
ENTEROSGEL with ORS or water

💧 ENTEROSGEL passes through the gut  
binding to viruses and bacterial toxins,  
expelling them from the gut

💧 Suitable for children 0+,  
safe and effective, clinically proven

## BEAT TUMMY BUGS AND DIARRHOEA



**25%**  
DISCOUNT

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
392-6466	ENTEROSGEL #	90GM	£8.52	25.00%	£6.39	
392-6474	ENTEROSGEL #	225GM	£14.12	25.00%	£10.59	
415-0033	ENTEROSGEL KIDS #	90GM	£8.28	25.00%	£6.21	
392-6482	ENTEROSGEL SACHETS #	10	£13.07	25.00%	£9.80	

Pharmacy Name: ..... Telephone Number: .....

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# Eurax Cream

UP TO 10 Hour Itch Relief



Soothes itchy & irritated skin including:

- Dry eczema
- Itchy dermatitis
- Allergic rashes
- Itchy bites & stings

Eurax Cream. Contains Crodamiton. Classification: GSL. For relief of itching and skin irritation. Thornton & Ross Ltd., Linthwaite, Huddersfield, HD7 5QH, UK. Information about these products, including adverse reactions, precautions, contra-indications, and method of use can be found at: [www.medicines.org.uk/emc/product/2255](http://www.medicines.org.uk/emc/product/2255)



Soothes, cools and hydrates itchy, irritated skin

- Instant cooling
- Reduces the urge to scratch

## Eurax Gel

### Cooling Itch Relief

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
421-3807	EURAX COOLING ITCH RELIEF GEL#	75G	£4.38	15.00%	£3.72	
3EURCRE3	EURAX CREAM #	30GM	£3.13	15.00%	£2.66	
3EURCRE1	EURAX CREAM #	100GM	£5.91	15.00%	£5.02	

**15%**  
**DISCOUNT**

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# Down there needs specially formulated care



## Feel Femfresh Every Day

\*matches pH, and gentle on microbiome of intimate skin

**15%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
360-4379	FEMFRESH DAILY INTIMATE WASH	250ML	£1.99	15.00%	£1.69	
043-4845	FEMFRESH DEODRANT SPRAY	125ML	£1.69	15.00%	£1.44	
343-9858	FEMFRESH POWDER	200GM	£2.61	15.00%	£2.22	
388-5654	FEMFRESH SOOTHING WASH	250ML	£1.99	15.00%	£1.69	
410-1804	FEMFRESH WASH 0% #	250ML	£1.99	15.00%	£1.69	
360-4394	FEMFRESH WIPES	25	£1.99	15.00%	£1.69	

Pharmacy Name: ..... Telephone Number: .....

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CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
3VAS01	FEMINAX EXPRESS 342MG TABS #	8	£2.12	20.00%	£1.70	
3VAS02	FEMINAX EXPRESS 342MG TABS #	16	£3.37	20.00%	£2.70	



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# The Role of Iron

The body cannot make iron, so we must acquire it through the diet. Women usually have a greater need for iron due to monthly blood loss during menstruation and also when giving birth.

The need for iron is particularly high for pregnant and breastfeeding women.

The following symptoms may signal an iron deficiency and a need to check iron levels:

- Persistent tiredness
- Concentration problems
- Lack of energy
- Pale skin
- Brittle hair and nails

## Iron can:

- Contribute to the reduction of tiredness and fatigue
- Contribute to the normal formation of red blood cells and haemoglobin
- Contribute to normal oxygen transport in the body
- Contribute to normal energy-yielding metabolism
- Contribute to normal function of the immune system

## The Benefits of Floradix Liquid Iron

- Contains iron gluconate which is a highly absorbable form of iron
- Contains vitamin C and fruit concentrates to aid iron absorption further
- Herbal extracts, from nettle, carrots and spinach help maintain a healthy digestion and provide further trace elements
- B-vitamins support blood formation and energy release
- Fruit juices give Floradix a pleasant taste
- Floradix is free from chemical preservatives, colourings and flavourings



## Also Available

### Floradix Iron Tablets

Convenient for those on the go!



### Floradix Floravital Liquid

A yeast- and gluten-free version of Floradix for those people with intolerances to yeast and gluten.



### Floradix Kids Liquid

Our acerola and raspberry flavoured formula for children with vitamins C, B1, B2, B6, B12 and niacin to support cognitive functions. Suitable for children aged 3 years and over plus vegans.



**17.5%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
004-5732	FLORADIX IRON TABLETS #	84	£7.27	17.50%	£6.00	
028-7979	FLORADIX LIQUID IRON FORMULA #	250ML	£7.15	17.50%	£5.90	
028-8241	FLORADIX LIQUID IRON FORMULA #	500ML	£11.76	17.50%	£9.70	
418-2002	FLORADIX LIQUID IRON KIDS #	250ML	£7.72	17.50%	£6.37	

Pharmacy Name: ..... Telephone Number: .....

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# Tired

of being

# Tired?

## Floradix®

Iron contributes to the **reduction** of **tiredness** and to the normal function of the **immune** system

- No preservatives, colourings or artificial flavourings
- Non constipating liquid formula
- Highly absorbable iron gluconate
- Vitamin C to increase iron absorption
- Suitable for vegetarians
- Suitable during pregnancy and breastfeeding

FREE FROM  
PRESERVATIVES



**NEW**  
**PACKAGING**  
**COMING SOON!!!!**

**Salus**  
NATURAL HEALTH CARE SINCE 1916

[www.floradix.co.uk](http://www.floradix.co.uk)

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Introducing

FyboCalm



A new, effective range of treatments to **relieve and help prevent** gut symptoms recurring<sup>s1-6</sup>

**Fybocalm is a medical device. Always read the instructions.**

<sup>s</sup>wind & bloating and IBS-type symptoms such as constipation and diarrhoea

**REFERENCES:** 1. de los Rios CC, et al. *Ther Adv Gastroenterol* 2021; 14: 1-10. 2. Trifan A, et al. *UEG Journ* 2019; 7(8): 1093-1101. 3. Data on file, Reckitt Benckiser Ltd. Small Intestinal Bacterial Overgrowth (SIBO) Publication due 2023. 4. Filippone A, et al. *J Clin Med* 2022; 11(23): 7073. 5. Piqué N, et al. *Int J Mol Sci* 2018; 19(3): 673. 6. Gnessi L, et al. *BMC Gastroenterol* 2015; 15: 153-160.

RKT-M-33570 August 2023

**10%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
425-4298	FYBOCALM WIND & BLOATING CAPS#	30	£9.69	<b>10.00%</b>	<b>£8.72</b>	
425-4280	FYBOCALM CONSTIPATE RELF CAPS#	30	£9.69	<b>10.00%</b>	<b>£8.72</b>	
425-4272	FYBOCALM DIARRHOEA RELF CAPS #	30	£9.69	<b>10.00%</b>	<b>£8.72</b>	

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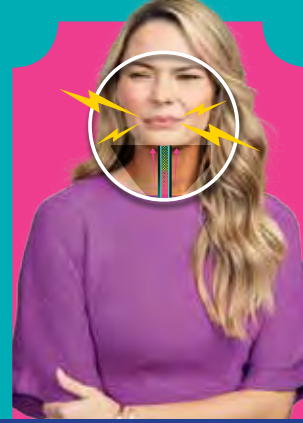
CHEST BURNING<sup>1,2</sup>

# 7

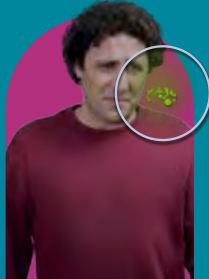
**1 SYMPTOMS**  
**RECOMMENDATION**

RECOMMEND  
**GAVISCON**  
DOUBLE ACTION

FOR 7 SYMPTOMS OF  
HEARTBURN & INDIGESTION<sup>1,3</sup>



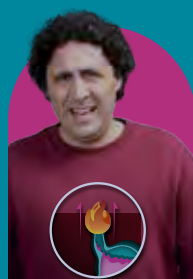
SOUR TASTE<sup>1,2</sup>



BAD BREATH<sup>2,4\*</sup>



STOMACH BURNING<sup>1</sup>



ACID REFLUX<sup>2</sup>



STOMACH DISCOMFORT<sup>1,5</sup>



THROAT BURNING<sup>2,6</sup>

**GAVISCON**  
DOUBLE ACTION



**PROVIDES FAST  
ACTING AND  
LONG-LASTING  
RELIEF<sup>3,7</sup>**

\*Associated with acid reflux.

**References:** **1.** Heading, RC, *et al. Eur J Gastroenterol Hepatol.* 2016;28:455-462. **2.** Heartburn and acid reflux. NHS UK. Available at: <https://www.nhs.uk/conditions/heartburn-and-acid-reflux/> Accessed July 2023. **3.** Gaviscon Double Action Mint Oral Suspension. Summary of Product Characteristics. Available at: <https://www.medicines.org.uk/emc/product/5609/smpc> Accessed July 2023. **4.** Watanabe M, *et al. BMC Gastroenterol.* 2017;17:92. **5.** Indigestion. NHS UK. Available at: <https://www.nhs.uk/conditions/indigestion/> Accessed July 2023. **6.** Broderick R, *et al. Dig Dis.* 2020;38:188-195. **7.** Dettmar, PW, *et al. Drug Dev Ind Pharmacy.* 2018;44:30-39.

**Essential Information: GAVISCON DOUBLE ACTION ANISEED ORAL SUSPENSION:** Contain per 10 ml: Sodium alginate 500 mg, sodium bicarbonate 213 mg and calcium carbonate 325 mg (GSL). Indications: Treatment of symptoms resulting from the reflux of acid, bile and pepsin into the oesophagus such as acid regurgitation, heartburn and indigestion, for example following meals or during pregnancy, and for symptoms of excess stomach acid (hyperacidity). Can also be used to treat the symptoms of gastro-oesophageal reflux during concomitant treatment with or following withdrawal of acid suppressing therapy. MAH: Reckitt Benckiser Healthcare (UK) Ltd, HUB 7DS, United Kingdom. Information about this product including adverse reactions, precautions, contra-

indications and method of use can be found at: <https://www.medicines.org.uk/emc/product/685/>. **GAVISCON DOUBLE ACTION MINT FLAVOUR CHEWABLE TABLETS:** Each tablet contains sodium alginate 250 mg, sodium bicarbonate 106.5 mg and calcium carbonate 187.5 mg (GSL). Indications: Treatment of symptoms resulting from the reflux of acid, bile and pepsin into the oesophagus such as acid regurgitation, heartburn and indigestion, for example following meals or during pregnancy, and for symptoms of excess stomach acid (hyperacidity). Can also be used to treat the symptoms of gastro-oesophageal reflux during concomitant treatment with or following withdrawal of acid suppressing therapy. MAH: Reckitt Benckiser Healthcare (UK) Ltd, HUB 7DS, United Kingdom. Information about this product including adverse reactions, precautions, contra-

indications and method of use can be found at: <https://www.medicines.org.uk/emc/product/5329>.

Adverse events should be reported. Reporting forms and information can be found at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard), or search for the MHRA Yellow Card in the Google Play or Apple App Store. Adverse events should also be reported to Reckitt Benckiser Healthcare (UK) Ltd on: 0333 200 5345

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
417-1278	GAVISCON DOUBLE ACTN BERRIES #	48	6.34	10.00%	£5.71	
3MIMAT2	GAVISCON DOUBLE ACTION MINT #	150ML	£3.88	10.00%	£3.49	
3MODFO0	GAVISCON DOUBLE ACTION MINT ##	300ML	£6.27	10.00%	£5.64	
347-3790	GAVISCON DOUBLE ACTION MINT #	600ML	£9.77	10.00%	£8.79	
337-9583	GAVISCON DOUBLE ACTN ANISEED #	300ML	£6.27	10.00%	£5.64	
418-5468	GAVISCON DOUBLE ACTN BERRIES #	300ML	£6.27	10.00%	£5.64	
398-8136	GAVISCON DOUBLE ACTION MINT ##	500ML	£1.99	10.00%	£1.79	
418-5476	GAVISCON DOUBLE ACTN BERRIES #	150ML	£3.88	10.00%	£3.49	
418-5484	GAVISCON DOUBLE ACTN ANISEED##	600ML	£9.77	10.00%	£8.79	

**10%**  
**DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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# NUMBS YOUR BUM



The UK's best-selling piles treatment with anaesthetic\*



\*To verify please contact [consumerhealthuk@bayer.com](mailto:consumerhealthuk@bayer.com)

Germoloids® Cream, Germoloids® Ointment, Germoloids® Suppositories contain zinc oxide and lidocaine hydrochloride. **Indications:** The symptomatic relief of pain, swelling, irritation and itching associated with haemorrhoids, and pruritus ani. **MA Holder:** Bayer plc, 400 South Oak Way, RG2 6AD, UK. Information about these products, including adverse reactions, precautions, contra-indications, and method of use can be found at <https://products.mhra.gov.uk/?search=germoloids&page=1>. **Legal Category:** GSL. **Date of Preparation:** March 2022.

**20%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
3FUJI400	GERMOLOIDS CREAM #	55GM	£5.85	20.00%	£4.68	
3GECR2	GERMOLOIDS CREAM #	25GM	£3.24	20.00%	£2.59	
3GEOI2	GERMOLOIDS OINTMENT #	25ML	£3.38	20.00%	£2.70	
3GEOI5	GERMOLOIDS OINTMENT #	55ML	£5.54	20.00%	£4.43	
3GESU1	GERMOLOIDS SUPPOSITORIES #	12	£3.39	20.00%	£2.71	
3GESU2	GERMOLOIDS SUPPOSITORIES #	24	£5.66	20.00%	£4.53	

Pharmacy Name: ..... Telephone Number: .....

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infacol<sup>®</sup>



Symptoms settled  
in **9/10** babies



**8/10** babies  
slept better\*



**97%** of babies  
cried less\*



Britains no1  
colic remedy<sup>o</sup>



\*when treated for suspected colic with Infacol

The Infant Colic Real World Evidence (ICORE) Study;  
1,892 parents' experience of using Infacol to treat suspected colic

ALWAYS READ THE LABEL. Contains Simeticone.

<sup>o</sup>Based on 2018 sales data.

Infacol.co.uk

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
408-0560	INFACOL SUSPENSION 40MG/ML ##	55ML	£3.48	<b>7.50%</b>	<b>£3.22</b>	
408-0578	INFACOL SUSPENSION 40MG/ML ##	85ML	£5.12	<b>7.50%</b>	<b>£4.74</b>	

**7.5%**  
**DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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# TAKE CHARGE OF PHARMACY CONTRACEPTION



**EMERGENCY CONTRACEPTION**



**SCAN THE QR CODE  
TO FIND OUT MORE**

LoviOne® 1.5 mg Tablet (Levonorgestrel) - MA holder: NAARI B.V, Rietveldenweg 102, Netherlands  
Distributor: Maxwellia Ltd. Classification: P. Information about this product, including adverse reactions, precautions, contra-indications, and method of use can be found at [www.lovima.com/hcp/lovione](http://www.lovima.com/hcp/lovione).

**7.5%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
425-2300	LOVIONE 1.5MG LEVONORGESTREL #	1	£4.95	<b>7.50%</b>	<b>£4.58</b>	

Pharmacy Name: ..... Telephone Number: .....

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# Metanium

There for every change

Treatment



Protection



[www.metanium.co.uk](http://www.metanium.co.uk) MetaniumUK MetaniumUK

Metanium Nappy Rash Ointment is a medicine. Always read the label.

Product Authorisation Holder: Thornton & Ross Ltd., Linthwaite, Huddersfield, HD7 5QH, UK. Legal Classification: GSL. Product Name: Metanium Nappy Rash Ointment. Ingredients: Titanium dioxide, Titanium peroxide, Titanium Salicylate. Indications: For the treatment of nappy rash. Information about this product including adverse reactions, precautions, contra-indications, and method of use can be found at: <https://www.medicines.org.uk/emc/product/4902>

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
Z14	METANIUM NAPPY RASH OINTMENT #	30GM	£3.34	15.00%	£2.84	
3DYNA2	METANIUM EVERYDAY BARRIER OIN#	40GM	£2.49	15.00%	£2.12	

**15%**  
**DISCOUNT**

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# Motusol®

## Powerful anti-inflammatory pain relief

For **muscle and joints** when  
associated with **strains and sprains**



Motusol 1.16% w/w and Motusol Max 2.32% w/w Gels contain diclofenac diethylamine. **Legal category:** GSL. **Indications:** For the short-term local, symptomatic treatment of mild to moderate pain in acute strains, sprains or contusions following blunt trauma. **MA Holder:** Teva UK Limited, Ridings Point, Whistler Drive, Castleford, WF10 5HX, United Kingdom. Information about this product, including adverse reactions, precautions, contra-indications, and method of use can be found at: Motusol (<https://www.medicines.org.uk/emc/product/13852/smpc>) Motusol Max (<https://www.medicines.org.uk/emc/product/13853/smpc>) **Job code:** MED-GB-00149. **Date of Preparation:** July 2022. **Job code:** MOT-GB-00022. **Date of Preparation:** June 2023.

teva

20%

DISCOUNT

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
421-3609	MOTUSOL 1% DICLOFENAC GEL #	100G	£7.49	20.00%	£5.99	
421-3583	MOTUSOL 2% DICLOFENAC MAX #	50G	£5.62	20.00%	£4.50	
421-3591	MOTUSOL 2% DICLOFENAC MAX #	30G	£4.06	20.00%	£3.25	

Pharmacy Name: ..... Telephone Number: .....

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Happy nails.

Happy you.



Nailner

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
397-8731	NAILNER FUNGAL NAIL BRUSH #	5ML	£14.19	20.00%	£11.35	

20%

DISCOUNT

Pharmacy Name: ..... Telephone Number: .....

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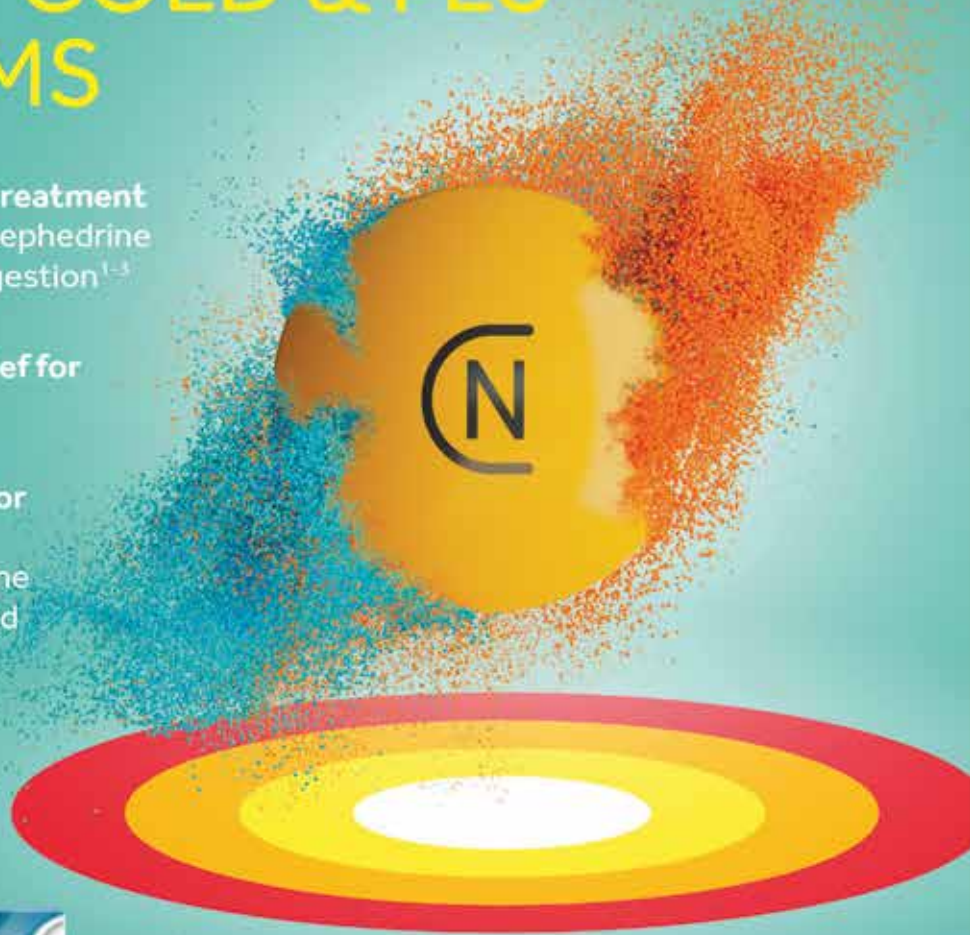


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# A POWERFUL COMBINATION AGAINST COLD & FLU SYMPTOMS

- **Powerful combination treatment** with Ibuprofen + Pseudoephedrine that relieves pain & congestion<sup>1-3</sup>
- **Fast and long lasting relief for up to 8 hours<sup>1\*</sup>**
- **Ibuprofen can be used for COVID-19 symptoms** (eg. sore throat, headache and joint pain<sup>1</sup>) as advised by the European Medicines Agency



Nurofen combines a decongestant and an analgesic that has anti inflammatory properties to effectively relieve cold and flu symptoms.

\*Refers to ibuprofen.

References: 1. Nurofen Cold & Flu Relief 200 mg/30 mg Tablets. Summary of Product Characteristics, Updated March 2021. Accessed October 2022. <https://www.medicines.org.uk/emc/product/5626>. 2. Moore RA et al. EJP. 2015; 19(9): 1213-1223. 3. Horak F et al. Ann Allergy Asthma Immunol. 2009; 102(2): 116-120. 4. European Medicines Agency. EMA gives advice on the use of non-steroidal anti-inflammatories for COVID-19. 2020. Available at: [https://www.ema.europa.eu/en/documents/press-release/ema-gives-advice-use-non-steroidal-anti-inflammatories-covid-19\\_en.pdf](https://www.ema.europa.eu/en/documents/press-release/ema-gives-advice-use-non-steroidal-anti-inflammatories-covid-19_en.pdf). Accessed October 2022.

Essential information: Nurofen Cold & Flu, 200 mg Ibuprofen/30 mg Pseudoephedrine Hydrochloride. Indications: For the relief of symptoms cold and flu with associated congestion, including aches and pains, headache, fever, sore throat, blocked nose and sinuses. Licence Holder: Reckitt Benckiser Healthcare (UK) Ltd, SL1 4AQ. Legal Classification: P. Information about this product, including adverse reactions, precautions, and methods of use can be found at <https://www.medicines.org.uk/emc/product/5626>.

Adverse events should be reported. Reporting forms and information can be found at [www.mhra.gov.uk/yellowcard](https://www.mhra.gov.uk/yellowcard) or search for the MHRA Yellow Card in the Google Play or Apple App Store. Adverse events should also be reported to Reckitt Benckiser Healthcare (UK) Ltd on: 0333 200 5345

10%

DISCOUNT

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
3NURSF1	NUROFEN CHILD SUSP ORANG S/F #	100ML	£2.75	10.00%	£2.48	
326-7770	NUROFEN CHILD SUSP S/BER S/F #	100ML	£2.75	10.00%	£2.48	
326-7796	NUROFEN CHILD SUSP S/BER S/F #	200ML	£5.27	10.00%	£4.74	
410-7371	NUROFEN CHILD SUSP S/BERRY 4%#	100ML	4.59	10.00%	£4.13	

Pharmacy Name: ..... Telephone Number: .....

VALID FOR MARCH 2024 ONLY E&OE AND SUBJECT TO AVAILABILITY

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# NUROFEN FOR CHILDREN IS **TOUGH** **ON TEETHING<sup>1</sup>, GENTLE** **ON LITTLE TUMMIES<sup>1,2</sup>**

- **Anti-inflammatory properties**, helps tackle the pain from inflamed gums<sup>1,3</sup>
- **Up to 8 hours** pain & fever relief<sup>1</sup>
- Starts to work in **15 minutes** to reduce fever<sup>4</sup>

**RECOMMEND NUROFEN FOR CHILDREN**  
**SUITABLE FROM 3 MONTHS\***

**NUROFEN**   
**FOR CHILDREN**

\*Nurofen for Children is suitable for infants aged 3 months and older or weighing  $\geq 5$  kg.<sup>1</sup>

REFERENCES: 1. Nurofen for Children Strawberry 3 months to 12 years. Oral Suspension. Summary of Product Characteristics. April 2021. Accessed August 2023.  
2. Barbagallo M & Sacerdote P. *Minerva Paediatr.* 2019;71(1):82–99. 3. Kelley MT et al. *Clin Pharmacol Ther.* 1992;52(2):181–189. 4. Pelen F et al. *Ann Pediatr.* 1998;45:719–728

**ESSENTIAL INFORMATION**

**NUROFEN FOR CHILDREN STRAWBERRY 3 MONTHS TO 12 YEARS ORAL SUSPENSION:** Ibuprofen 100 mg/5 ml (equivalent to 2.0% w/v) (GSL) Indications: For the fast and effective reduction of fever, including post immunisation pyrexia and the fast and effective relief of the symptoms of colds and influenza and mild to moderate pain, such as sore throat, teething pain, toothache, headache, minor aches and sprains. MA Holder: Reckitt Benckiser Healthcare (UK) Ltd, SL1 4AQ. Information about this product including adverse reactions, precautions, contra-indications and method of use can be found at <https://www.medicines.org.uk/emc/product/8139/smpc>; <https://www.medicines.org.uk/emc/product/393>

Adverse events should be reported. Reporting forms and information can be found at [www.mhra.gov.uk/yellowcard](http://www.mhra.gov.uk/yellowcard) or search for the MHRA Yellow Card in the Google Play or Apple App Store. Adverse events should also be reported to Reckitt Benckiser Healthcare (UK) Ltd on: 0333 200 5345

RKT-B-44836 DECEMBER 2023

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# NATURAL CALM

For balanced days and restful nights



rescueremedy.com



20%  
DISCOUNT

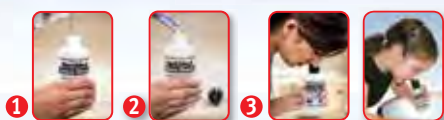
CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
425-4983	RESCUE KIDS DROPPER 10ML #	10ML	£5.16	20.00%	£4.13	
425-4991	RESCUE KIDS NIGHT DROPER 10ML#	10ML	£5.16	20.00%	£4.13	
343-5849	RESCUE REMEDY BLCKCURRNT PAS #	50GM	£4.13	20.00%	£3.30	
053-8579	RESCUE REMEDY DROPPER #	10ML	£5.16	20.00%	£4.13	
053-8595	RESCUE REMEDY DROPPER #	20ML	£6.71	20.00%	£5.37	
353-8444	RESCUE REMEDY NIGHT LIQ MELTS#	28	£5.68	20.00%	£4.54	
331-9837	RESCUE REMEDY NIGHT SPRAY #	20ML	£6.71	20.00%	£5.37	
325-1188	RESCUE REMEDY ORNG & ELDR PAS#	50GM	£4.13	20.00%	£3.30	
230-5936	RESCUE REMEDY SPRAY #	7ML	£4.36	20.00%	£3.49	
291-1543	RESCUE REMEDY SPRAY #	20ML	£6.71	20.00%	£5.37	

Pharmacy Name: ..... Telephone Number: .....

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**SAFE • SIMPLE • EFFECTIVE • AFFORDABLE**

**Over The Counter Products**  
(No Prescription Required)



Now, Soothing Saline Nasal Rinse is as easy as...

**Helps Alleviate:**

- Nasal Symptoms from Allergies & Hay Fever
- Nasal Symptoms from Cold & Flu
- Post Nasal Drip
- Sinus Pressure & Nasal Stuffiness
- Allergies from Occupational and House Dust, Fumes, Animal Dander, Grass, Pollen, Smoke, etc.
- Nasal Symptoms in CPAP Users with Sleep Apnoea
- To Loosen Thick Nasal Mucous Symptoms seen in Cystic Fibrosis and Immotile Ciliary Syndrome

☒ Suitable for use during pregnancy

☒ **Money Back Guarantee\***

\*If returned within 120 days from date of purchase.

**NeilMed® product range**



P4957

**NeilMed® Pharmaceuticals Ltd.,**

Unit 8, Beddington Cross, 136-38 Beddington Farm Road, Croydon, CR0 4XH UK

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or email us at: [questions@neilmed.com](mailto:questions@neilmed.com) • [www.neilmed.co.uk](http://www.neilmed.co.uk)

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
3SINU1	SINU RINSE KIT + 60 SACHET #	EACH	£11.50	24.00%	£8.74	
3SINU10	SINU RINSE NASAMIST SALINE #	177ML	£5.99	24.00%	£4.55	
3SINU5	SINU RINSE NASAMIST SALINE #	75ML	£3.99	24.00%	£3.03	
3SINU6	SINU RINSE NASOGEL SPRAY #	30ML	£5.10	24.00%	£3.88	
336-9873	SINU RINSE NETTIPOT 60 SACHET#	240ML	£10.25	24.00%	£7.79	
3SINU2	SINU RINSE REFILL SACHET #	120	£12.99	24.00%	£9.87	
3SINU4	SINU RINSE REFILL SACHET #	50	£8.00	24.00%	£6.08	
3SINU3	SINU RINSE REG KIT+10 SACHE #	EACH	£6.50	24.00%	£4.94	

**24%**

**DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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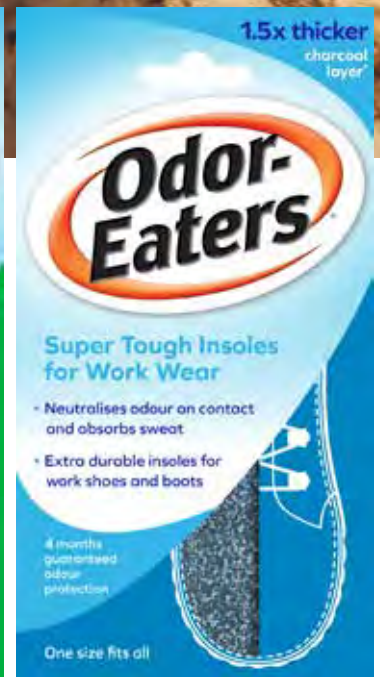


CODE	PRODUCT DESCRIPTION	PK SIZE	INVOICE PRICE	QTY
033-5919	NIVEA LOTION DRY SKIN #	250ML	£3.95	
033-2338	NIVEA LOTION NORMAL SKIN #	250ML	£3.95	

Pharmacy Name: ..... Telephone Number: .....

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CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
3DEN36	ODOREATERS FOOT & SHOE SPRAY #	EACH	£2.44	12.00%	£2.15	
3DEN37	ODOREATERS SPORT FOOT & SHOE #	EACH	£3.01	12.00%	£2.65	
3DEN34	ODOREATERS SUPER TUFF #	EACH	£2.75	12.00%	£2.42	
3DEN35	ODOREATERS TRAINER TAMERS #	EACH	£3.10	12.00%	£2.73	
3DEN33	ODOREATERS ULTRA COMFORT #	EACH	£2.41	12.00%	£2.12	



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**NEW!**

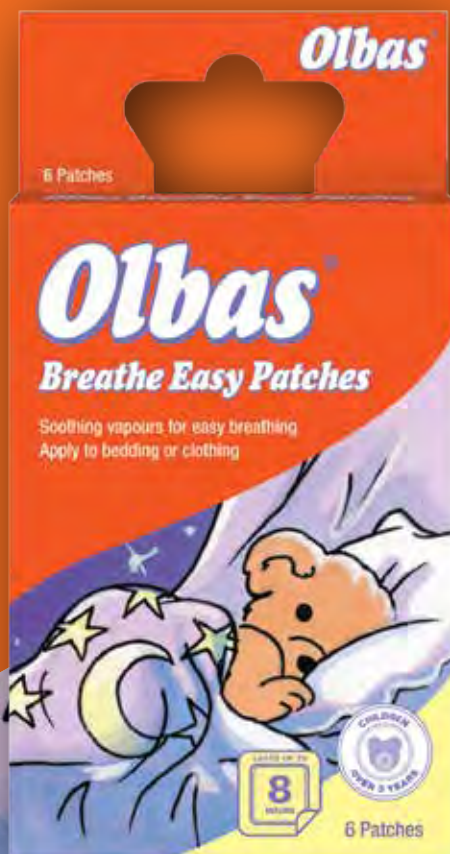
# Olbas®

MAKE SURE *Olbas*  
IS PART OF YOUR  
PORTFOLIO THIS COMING  
COLD AND FLU SEASON

## Breathe Easy Patches

- ✓ Infused with a blend of oils for easy breathing.
- ✓ Lasts for up to 8 hours.
- ✓ Helps little ones sleep easy.
- ✓ 6 individually wrapped self-adhesive patches.

Always read the leaflet



CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
30LBAT2	OLBAS BATH LIQUID #	250ML	£2.77	15.00%	£2.35	
423-7418	OLBAS BREATHE EASY PATCHES #	6	£4.37	15.00%	£3.71	
30LBSTI	OLBAS INHALER STICK CARDED #	SINGLE	£2.05	15.00%	£1.74	
30RTBEN	OLBAS INHALER STICK TWIN PK #	2 PC	£3.16	15.00%	£2.69	
410-6522	OLBAS OIL 12ML #	12ML	£3.66	15.00%	£3.11	
410-6530	OLBAS OIL 30ML #	30ML	£5.37	15.00%	£4.56	
410-6514	OLBAS OIL FOR CHILDREN #	12ML	£3.66	15.00%	£3.11	
415-3003	OLBAS PASTILLE MENTHOL #	45GM	£2.22	15.00%	£1.89	

**15%**

**DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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Offer/trade  
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Opticrom

# Convenient Allergy and Hayfever Relief



Effective relief of  
hayfever eye symptoms



Prevents and relieves itchy,  
watery and inflamed eyes



Fast acting eye  
drops that start  
relieving hayfever  
eye symptoms in  
just 2 minutes

STOCK UP  
NOW AHEAD OF  
THE HAYFEVER  
SEASON

Opticrom Allergy 2% w/v Eye Drops, Solution. Opticrom Hayfever 2% w/v Eye Drops, Solution. Opticrom Allergy & Opticrom Hayfever Abbreviated Product Information. Presentation: Eye Drops containing Sodium Cromoglicate 2.0% w/v. **Indications:** Opticrom Allergy: For the relief and treatment of seasonal and perennial allergic conjunctivitis. Opticrom Hayfever: For the relief and treatment of the eye symptoms of hayfever. **Legal Category:** Opticrom Allergy: P. Opticrom Hayfever: GSL. **Product licence holder:** Aspire Pharma Limited, Unit 4, Rotherbrook Court, Bedford Road, Petersfield Hampshire GU32 3QG. UK. Email: [medinfo@aspirepharma.co.uk](mailto:medinfo@aspirepharma.co.uk) Tel: +44(0)1730231148.

Information about this product, including adverse reactions, precautions, contraindications, and method of use can be found at: Opticrom Allergy <https://www.medicines.org.uk/emc/product/5088>. Opticrom Hayfever <https://www.medicines.org.uk/emc/product/6951/smhc>. Date of preparation: December 2023.

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
347-2990	OPTICROM HAYFEVER EYE DROPS #	10ML	£3.50	15.00%	£2.98	
216-4382	OPTICROM ALLERGY E/DROPS #	10ML	£3.50	15.00%	£2.98	

15%

DISCOUNT

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# TARGETED RELIEF FOR INFECTED EYES

With  
**CHLORAMPHENICOL**  
which is recommended  
by NICE for bacterial  
conjunctivitis<sup>1</sup>



**Drops**  
PIP Code: 3152709

**Trust the UK's first  
pharmacy-only OTC  
antibiotic<sup>2</sup>**

- ... Scientifically proven to help treat acute bacterial conjunctivitis
- ... Can help reduce the duration of moderate symptoms<sup>3</sup>



**Ointment offers an alternative for  
adults & children who don't like drops**

- ... No need for refrigeration
- ... Suitable for both day & night time use

**Ointment**  
PIP Code: 4025565

**Both products are suitable  
for adults and children aged 2 years +**

Experts in Eye Care 

**10%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
Z29	OPTREX INFECTED EYE DROPS #	10ML	£5.17	10.00%	£4.65	
402-5565	OPTREX BACTERIAL EYE OINTMENT#	4GM	£5.17	10.00%	£4.65	

Pharmacy Name: ..... Telephone Number: .....

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Recommend Panadol,  
a range of treatment options  
for your patients' pain relief

Experts in  
pain relief

Panadol ActiFast is  
absorbed twice as  
fast as standard  
paracetamol tablets



Paracetamol



Paracetamol &  
Caffeine

Panadol Extra  
Soluble has a  
combination of  
ingredients which  
provide up to 37%  
more potent pain  
relief than standard  
paracetamol<sup>1</sup>



The Panadol 'Release Starts Here' campaign is supported by  
strong media on youtube, TV, social and digital platforms.  
Scan to listen to the 'Sound of release' on Spotify from the  
campaign.

1. Wilson CG et al. Comparison of a novel fast-dissolving acetaminophen tablet formulation (FD-APAP) and standard acetaminophen tablets using gamma scintigraphy and pharmacokinetic studies. Drug development and industrial pharmacy. 2011 Jul 1; 37(7): 74753. 2. Laska EM et al. JAMA 2984; 251(13): 1711-1

**Panadol Extra Soluble Tablets (Paracetamol/Caffeine) and Panadol ActiFast Soluble Tablets (Paracetamol). Indications:** For the treatment of most painful and febrile conditions **Legal category:** GSL. **PL holder:** Haleon UK Trading Limited, The Heights, Weybridge, Surrey, KT13 0NY, U.K.

Information about this product, including adverse reactions, precautions, contraindications, and method of use can be found at:  
[www.medicines.org.uk/emc/product/6473](https://www.medicines.org.uk/emc/product/6473)

<https://www.medicines.org.uk/emc/product/6492>

Trade marks are owned by or licensed to the Haleon group of companies. PM-GB-PAN-23-00039.

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
3PANACT1	PANADOL ACTIFAST COMPACT TAB #	14	£1.54	15.00%	£1.31	
3PANA1	PANADOL ADVANCE TABLETS #	16	£1.46	15.00%	£1.24	
415-3524	PANADOL ADVANCE TABLETS #	30	£2.39	15.00%	£2.03	
3PANEXT1	PANADOL EXTRA ADVANC TAB COMP#	14	£2.14	15.00%	£1.82	
3PANE32	PANADOL EXTRA ADVANCE TABS #	32	£3.16	15.00%	£2.69	
371-5885	PANADOL PERIOD PAIN TABS #	14	£2.14	15.00%	£1.82	
3PANES2	PANADOL EXTRA SOLUBLE TAB #	24	£3.73	15.00%	£3.17	
234-2590	PANADOL NIGHT PAIN TABS #	20	£3.50	15.00%	£2.98	
342-1146	PANADOL ACTIFAST SOLUBLE TAB #	24	£3.42	15.00%	£2.91	

15%

DISCOUNT

Pharmacy Name: ..... Telephone Number: .....

VALID FOR MARCH 2024 ONLY E&OE AND SUBJECT TO AVAILABILITY

0800 597 4462



0800 597 4439



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51

# Science to Thrive

25%  
OFF



25%

DISCOUNT

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
421-5844	PHIZZ M/VIT APPLE&B/C EFF TAB#	20	£4.53	25.00%	£3.40	
422-7328	PHIZZ M/VIT EFF TAB MIX BERRY#	20	£4.53	25.00%	£3.40	
423-4241	PHIZZ M/VIT EFF TABS MANGO #	20	£4.53	25.00%	£3.40	
421-5810	PHIZZ M/VIT EFF TABS ORANGE #	20	£4.53	25.00%	£3.40	

Pharmacy Name: ..... Telephone Number: .....

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# SOOTHING SCIENCE

AS SEEN  
ON TV



As a healthcare professional, every clinical decision you make has a scientific basis;  
and caring for skin should be no different.

The QV range of soap-free, dermatologically tested cleansers and moisturisers are specifically developed for sensitive skin. The QV range is suitable for use with eczema, psoriasis, dermatitis and a range of dry skin conditions.



[www.qvskincare.co.uk](http://www.qvskincare.co.uk)

Further information and samples are available from  
[qvskincare.uk@egopharm.com](mailto:qvskincare.uk@egopharm.com)

**QV**™ PUTTING SCIENCE  
INTO SKINCARE

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
327-3307	QV BATH OIL ##	500ML	£5.51	10.00%	£4.96	
367-1849	QV BATH OIL ##	250ML	£3.40	10.00%	£3.06	
363-9168	QV GENTLE WASH EMOLLIENT ##	500ML	£5.47	10.00%	£4.92	
363-9176	QV GENTLE WASH EMOLLIENT ##	250ML	£3.38	10.00%	£3.04	
363-9150	QV INTENSIVE OINTMENT ##	450G	£5.89	10.00%	£5.30	
327-3331	QV LOTION ##	250ML	£3.38	10.00%	£3.04	
363-9341	QV SKIN LOTION ##	500ML	£5.47	10.00%	£4.92	
363-9143	QV MOISTURISING CREAM ##	1050G	-	-	£12.40	
327-3323	QV EMOLLIENT CREAM ##	500G	-	-	£6.60	
327-3315	QV EMOLLIENT CREAM MX 50##	100G	-	-	£2.54	

**10%**  
**DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

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# Savlon®



**FIRST AID  
FOR LIFE**

The UK's  
No.1  
Antiseptic  
Cream\*



## Savlon Antiseptic Cream

- Top seller & popular item with high consumer awareness.
- A household name in first aid for generations.
- Helps prevent infection.
- Available in 15g, 30g, 60g, 100g.

## Savlon Scar Prevention Gel

- Hydro-active colloid gel for the treatment of minor wounds.
- Promotes faster healing and helps reduce the likelihood of scarring.
- Can quickly help soothe the pain of minor wounds and the gel helps create optimal healing conditions.



## Savlon Dual Action Gel

- For use on insect bites & stings, and skin reactions such as nettle rash, caused by contact with plants.
- Anaesthetic: helps **relieve** pain.
- Antiseptic: helps **prevent** infection.

## Savlon Burns & Scalds 0.25% w/w Cream

- Provides effective relief for minor burns & scalds.
- Treats sunburn blisters and infected cracked skin.
- Formulated to treat the skin and begin its natural healing journey.



## Savlon Bites & Stings Pain Relief Gel

- Relieves the pain and itching caused by bites & stings.
- Helps prevent insect bites & stings from infection.
- Soothes & protects.

\*IRI sales data for Savlon Antiseptic Cream. To verify contact [savlon@thorntonross.com](mailto:savlon@thorntonross.com)

**15%  
DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
3SAVCRE1	SAVLON ANTISEPTIC CREAM #	15GM	£1.27	15.00%	£1.08	
3SAVCRE3	SAVLON ANTISEPTIC CREAM #	30GM	£1.70	15.00%	£1.45	
3SAVCRE6	SAVLON ANTISEPTIC CREAM #	60GM	£2.54	15.00%	£2.16	
3SAVCRE12	SAVLON ANTISEPTIC CREAM #	100GM	£3.67	15.00%	£3.12	
3SOLS1	SAVLON BITES & STINGS GEL #	20GM	£3.73	15.00%	£3.17	
396-5027	SAVLON DUAL ACTION GEL #	20GM	£3.74	15.00%	£3.18	
423-0967	SAVLON BURNS & SCALDS CREAM #	30GM	£3.12	15.00%	£2.65	

Pharmacy Name: ..... Telephone Number: .....

VALID FOR MARCH 2024 ONLY E&OE AND SUBJECT TO AVAILABILITY

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# Shantys

L I M I T E D

Innovate, design &  
create brand leaders

## Maxi Multi Dose

19029

PB11



- With Medication Record Card
- Large volume compartments

## PillCutter

19022

PB3

- Useful for splitting tablets



## Pill Cut & Crush

19039

PB9

- For cutting large pills before crushing
- Suitable for those who are unable to swallow pills



## Nitcomb-M2

01061

5COMLIC2



- Uniquely spaced stainless steel teeth for efficient removal of lice, eggs and nits
- Two row technology head lice comb



CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
PB11	PILLMATE MAXI MLT DS WEEK19029	EACH	£10.41	10.00%	£9.37	
PB3	PILLMATE PILLCUTTER 19022	EACH	£2.12	10.00%	£1.91	
PB9	PILLMATE PILL CUT&CRUSH 19039	EACH	£3.63	10.00%	£3.27	
5COMLIC2	HEAD LICE NITCOMB M2 1061	EACH	£3.55	10.00%	£3.20	

**10%**  
DISCOUNT

Pharmacy Name: ..... Telephone Number: .....

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## PACK SIZE CHANGE

# Solpadeine<sup>®</sup> SOLUBLE

# PACK SIZE REDUCTION

Solpadeine<sup>®</sup> MAX & PLUS Soluble 32s is transitioning to a **24 tablet pack size only**, in line with posology and treatment duration of 3 day use.

- 24 tablets = 3 days treatment

**NEW 24CT  
PACK SIZE  
TO REPLACE 32CT**



**Solpadeine Max Soluble Tablets, Paracetamol 500mg, Codeine Phosphate Hemihydrate 12.8mg, Caffeine 30mg (P)** contain paracetamol, codeine phosphate hemihydrate and caffeine.

For the treatment of acute moderate pain which is not relieved by paracetamol or ibuprofen alone, including headache, migraine, dental pain, period pain, strains & sprains, backache, arthritic & rheumatic pain and sciatica. **MAH:** Omega Pharma Ltd, Wrafton, Braunton, Devon, EX33 2DL UK. Information about this product, including adverse reactions, precautions, contra-indications and method of use can be found at: <https://mhraproducts4853.blob.core.windows.net/docs/88169c64abe6134dbfd51a9244245c8cd311d7f9>

**Solpadeine Plus Soluble Tablets, Paracetamol 500mg, Codeine Phosphate Hemihydrate 8mg, Caffeine 30mg (P)** contain paracetamol, codeine phosphate hemihydrate and caffeine.

For the treatment of acute moderate pain which is not relieved by paracetamol or ibuprofen alone, including migraine, headache, backache, rheumatic pain, period pain, dental pain, strains & sprains, sciatica. **MAH:** Omega Pharma Ltd, Wrafton, Braunton, Devon, EX33 2DL UK. Information about this product, including adverse reactions, precautions, contra-indications and method of use can be found at: <https://mhraproducts4853.blob.core.windows.net/docs/ca948956c9e5a159bb92041e7b306ffa43c7cb39>

UK/2023-363

**12.5%  
DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
426-3406	SOLPADEINE MAX SOLUBLE TABS #	24	£5.29	12.50%	£4.63	
033-6347	SOLPADEINE PLUS SOLUBLE TABS #	24	£4.70	12.50%	£4.11	

Pharmacy Name: ..... Telephone Number: .....

VALID FOR MARCH 2024 ONLY E&OE AND SUBJECT TO AVAILABILITY

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# Sudocrem®

## Stock up on the UK's No 1 nappy rash brand\*



### Treats nappy rash

**Antiseptic Healing Cream**  
soothes & heals nappy rash. Also for cuts, scrapes, minor burns, acne, eczema & chilblains



### Heals broken skin

**Sudosolve**  
Helps to heal and soothe broken, inflamed skin. Antiseptic & antibacterial formula helps prevent any secondary infections



Reference: \*IRI nappy rash unit sales w/e 26 Nov, 22  
Sudocrem Antiseptic Healing Cream contains Zinc oxide, Benzyl alcohol, Benzyl benzoate, Benzyl cinnamate and Lanolin. Legal category: GSL. Indications: For the treatment of nappy rash. MA Holder: Teva UK Limited, Ridings Point, Whistler Drive, Castleford, WF10 5HX. Information about this product, including adverse reactions, precautions, contra-indications, and method of use can be found at <https://www.medicines.org.uk/emc/product/8860/smpc#ref>. Job code: MED-GB-NP-00134. Date of Preparation: January 2022.  
Sudosolve Nappy Rash Treatment 0.15%w/w Cream contains dibrompropamide isetionate 0.15%w/w. Legal category: GSL. Indications: Treatment of nappy rash. MA Holder: Manx Healthcare Ltd, Taylor Group House, Wedgcock Lane, Warwick, CV34 5YA. Information about this product, including adverse reactions, precautions, contra-indications, and method of use can be found at <https://mhproducts4853.blob.core.windows.net/docs/f24d13bf71ea9b7f34e9d8f04d9de7050302bbc6>. Job code: MED-GB-00170. Date of Preparation: November 2022.  
Job Code: SUD-GB-00465. Date of Preparation: January 2023.

CODE	PRODUCT DESCRIPTION		PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
3SUD1	SUDOCREM	##	125GM	£4.24	17.50%	£3.50	
3SUD2	SUDOCREM	##	250GM	£7.49	17.50%	£6.18	
3SUD4	SUDOCREM	##	400GM	£9.99	17.50%	£8.24	
3SUD6	SUDOCREM	##	60GM	£2.80	17.50%	£2.31	

**17.5%**  
**DISCOUNT**

Pharmacy Name: ..... Telephone Number: .....

# ARE YOU LISTENING TO YOUR CUSTOMERS?

If you stock our home diagnostics kits  
it's a **SURESIGN** you are!

## 6 DAY EARLY



- Can be used 6 days early.
- No test works earlier.
- Over 99% accurate.

## BLOOD PRESSURE



- British & Irish Hypertension Society listed (BIHS).
- 24-hour UK & ROI customer care line.
- 1 year warranty.

## STRIPS



- Easy to use dip test.
- Combines accuracy & value for money.
- Over 99% accurate.

## URINARY TRACT INFECTION



- A simple urine test for the detection of a possible UTI.
- Test similarly used by GP's.
- Tests for Leukocytes (LEU) & Nitrite (NIT).

**UPTO**  
**15%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
420-7494	SURESIGN BLOOD PRESSURE MONITO	EACH	£13.49	5.00%	£12.82	
347-1431	SURE SIGN 6 DAY EARL PREG TEST	2 TEST	£3.75	15.00%	£3.19	
3CIG02	SURE SIGN DIPSTICK 2 TEST (N)	2 TEST	£0.65	15.00%	£0.55	
418-2481	SURESIGN UTI TRIPLE TEST KIT #	3	£2.39	15.00%	£2.03	

Pharmacy Name: ..... Telephone Number: .....

VALID FOR MARCH 2024 ONLY E&OE AND SUBJECT TO AVAILABILITY

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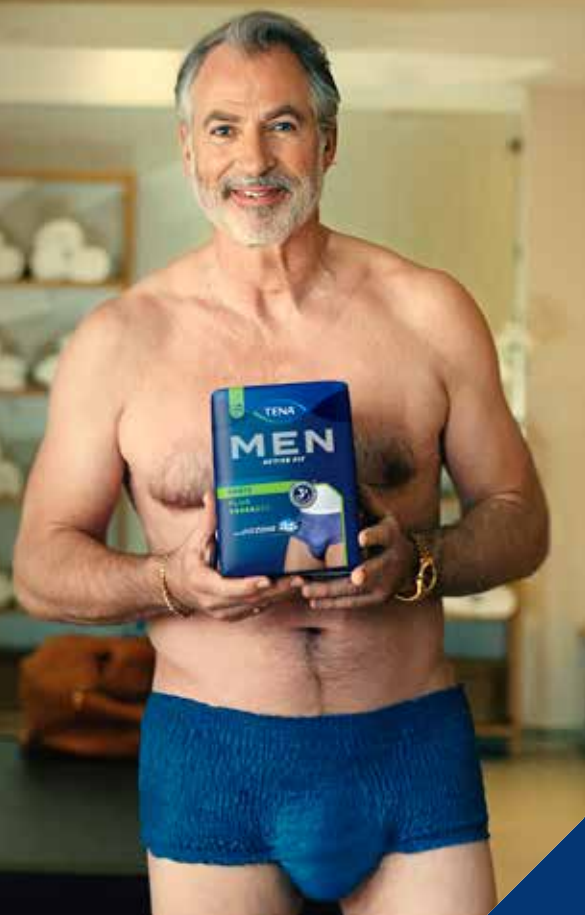
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# LET'S GET MEN COMFORTABLE SPEAKING ABOUT URINE LEAKAGE



**MEN**  
KEEP CONTROL



IN PARTNERSHIP WITH

**PROSTATE  
CANCER UK**

TENA Men have teamed up with Prostate Cancer UK to tackle the stigma surrounding male bladder weakness. 1 in 8 men will get prostate cancer and thousands will experience bladder weakness as a side effect of their treatment.

**JOIN US IN TACKLING THE TABOO AND HELP MEN LIVE WELL.**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
SM0014	TENA MEN LEVEL 0 P/SHIELD	PK14	£3.60	10.00%	£3.24	
3TEN03	TENA FOR MEN LEVEL 1 12'S	PK12	£3.60	10.00%	£3.24	
3TEN04	TENA FOR MEN LEVEL 2 10'S	PK10	£3.60	10.00%	£3.24	
SM0013	TENA MEN LEVEL 3	PK8	£3.60	10.00%	£3.24	
SMTNPFM	TENA MEN PREMIUM FIT PANTS S/M	PK10	£6.52	10.00%	£5.87	
SMTNPFL	TENA MEN PREM FIT PANTS L/XL	PK8	£6.52	10.00%	£5.87	
SMTNAFM	TENA MEN ACT FIT PANTS+ S/M	PK9	£6.52	10.00%	£5.87	
SMTNAFL	TENA MEN ACT FIT PANTS+ L/XL	PK8	£6.52	10.00%	£5.87	
423-1890	TENA MEN ACT FIT PANTS NOR-S/M	PK9	£6.52	10.00%	£5.87	
423-1171	TENA MEN ACT FIT PANTS NR L/XL	PK8	£6.52	10.00%	£5.87	



Pharmacy Name: ..... Telephone Number: .....

VALID FOR MARCH 2024 ONLY E&OE AND SUBJECT TO AVAILABILITY

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# TOTAL SECURITY DAY & NIGHT



The UK's No1 Bladder Weakness Brand\*

## Key Product Benefits:

Offers the protection you'd expect from a TENA product.



It's designed to be safe and kind to the skin.



Dual Absorption Zone - for optimum dryness and protection.



Soft and breathable material for soft comfort.



\*TENA Pants Super

Designed for men and women experiencing moderate to very heavy bladder and/or bowel incontinence. TENA Pants offers a highly absorbent core that quickly and effectively locks in liquid for total security day and night.

**Recommend the UK's No1 Bladder Weakness brand today and provide your customers with support that's trusted by millions.**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
423-9943	TENA NIGHT PANTS - XL	PK10	£10.33	10.00%	£9.30	
SMTNP3	TENA UNISEX PANTS PLUS -XS	PK14	£9.59	10.00%	£8.63	
SMTNP4	TENA UNISEX PANTS PLUS - S	PK14	£9.36	10.00%	£8.42	
SMTNP1	TENA UNISEX PANTS PLUS - M	PK 9	£6.84	10.00%	£6.16	
SMTNP2	TENA UNISEX PANTS PLUS - L	PK8	£6.65	10.00%	£5.99	
SMTNP5	TENA UNISEX PANTS PLUS - XL	PK12	£10.33	10.00%	£9.30	
SMTNS10	TENA UNISEX PANTS SUPER - S	PK12	£9.04	10.00%	£8.14	
SMTNS8	TENA UNISEX PANTS SUPER - M	PK12	£9.75	10.00%	£8.78	
SMTNS9	TENA UNISEX PANTS SUPER - L	PK12	£10.90	10.00%	£9.81	
372-1917	TENA UNISEX PANTS SUPER - XL	PK12	£10.92	10.00%	£9.83	
SMTNM1	TENA UNISEX PANTS MAXI - M	PK10	£11.99	10.00%	£10.79	
SMTNM2	TENA UNISEX PANTS MAXI -L	PK10	£11.99	10.00%	£10.79	
409-7838	TENA UNISEX PANTS MAXI -XL	PK10	£11.99	10.00%	£10.79	



Pharmacy Name: ..... Telephone Number: .....

VALID FOR MARCH 2024 ONLY E&OE AND SUBJECT TO AVAILABILITY

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# SUPERIOR PROTECTION



The UK's No1 Bladder Weakness Brand\*



## Key Product Benefits:

The entire range provides  
long lasting dryness.



It's designed to be **safe**  
and **kind to the skin**.



Offers the protection you'd  
expect from a **TENA** product.



Dermatologically tested  
and **perfume free**



# WITH SURPRISING DISCRETION

TENA discreet effectively locks in moisture for up to 12 hours offering your customers superior protection day or night. 1 in 3 women experience bladder weakness at some point in their life. Help women find the right purpose-made product for their needs and provide your customers with protection that's trusted by millions.

Source: Bladder Weakness RSV% by Brand and Sub-Brand - Nielsen data to 05.08.23

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
3TEN06	TENA LIGHTS LIGHT LINER 28'S	PK28	£2.22	10.00%	£2.00	
SMTN02	TENA LIGHT LINER 24'S	PK24	£2.22	10.00%	£2.00	
SM0011	TENA LIGHTS LINER SGL/WRP 22'S	PK22	£2.22	10.00%	£2.00	
SM0010	TENA LIGHTS LONG LINER 20'S	PK20	£2.22	10.00%	£2.00	
SMTND7	TENA DISCREET MINI 20'S	PK20	£2.40	10.00%	£2.16	
3TEN08	TENA LADY NORMAL 12'S	PK12	£2.40	10.00%	£2.16	
SMTND8	TENA DISCREET NORMAL 12'S	PK12	£2.40	10.00%	£2.16	
SM0007	TENA DISCREET NORMAL DUO	PK24	£4.04	10.00%	£3.64	
3TEN01	TENA DISCREET EXTRA 10'S	PK10	£2.40	10.00%	£2.16	
SM0006	TENA DISCREET EXTRA DUO	PK20	£4.04	10.00%	£3.64	
3TEN02	TENA DISCREET EXTRA PLUS 8'S	PK8	£2.40	10.00%	£2.16	
SM0005	TENA DISCREET EXTRA PLUS DUO	PK16	£4.04	10.00%	£3.64	
SMTN10	TENA DISCREET MAXI 6'S	PK6	£2.40	10.00%	£2.16	
SMTN09	TENA DISCREET MAXI NIGHT 6'S	PK6	£2.40	10.00%	£2.16	
SM0022	TENA DISCREET MAXI NIGHT DUO	PK12	£4.04	10.00%	£3.64	



Pharmacy Name: ..... Telephone Number: .....

VALID FOR MARCH 2024 ONLY E&OE AND SUBJECT TO AVAILABILITY

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## Details that make all the difference

As the UK's No.1 selling IDB and most recommended by dental hygienists\* you could forgive us for not wanting to change. That's why we've carefully examined every part of our business to find more sustainable solutions without compromising our products or your patients' oral health. We're using a range of initiatives from raw materials to energy supply that reduces our IDBs carbon footprint by 80%.

Get the details at [tepe.com](https://tepe.com)

\*Source: A survey of 201 dental hygienists in the UK, Ipsos (2019)

**15%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
380-3939	TEPE ANGLE BRUSH BLUE 0.6MM #	6	£2.57	15.00%	£2.18	
380-3954	TEPE ANGLE BRUSH GREEN 0.8MM #	6	£2.57	15.00%	£2.18	
380-4549	TEPE ANGLE BRUSH MIXED #	6	£2.57	15.00%	£2.18	
380-4531	TEPE ANGLE BRUSH ORANGE 0.45M#	6	£2.57	15.00%	£2.18	
380-3913	TEPE ANGLE BRUSH PINK 0.4MM #	6	£2.57	15.00%	£2.18	
380-3921	TEPE ANGLE BRUSH RED 0.5MM #	6	£2.57	15.00%	£2.18	
380-3947	TEPE ANGLE BRUSH YELLOW 0.7MM#	6	£2.57	15.00%	£2.18	
401-4361	TEPE EASY PICK ORANGE XS/S #	36	£2.35	15.00%	£2.00	
399-6162	TEPE EASY PICK TURQUOISE M/L #	36	£2.35	15.00%	£2.00	

Pharmacy Name: ..... Telephone Number: .....

VALID FOR MARCH 2024 ONLY E&OE AND SUBJECT TO AVAILABILITY



## Our newly developed TePe Dental Floss.

- The expanding floss adapts itself to the dental space and is suitable for different gaps sizes
- Expands and becomes softer during use
- Slides easily between teeth without shredding
- Multiple threads makes it gentle and efficient to use
- Mint flavoured
- Floss made from recycled water bottles for low environmental impact
- Container is made from recycled material and recyclable
- Packaging is made from FSC paper and 100% recyclable



CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
243-3936	TEPE INTERDEN BRUSH BLUE 0.6M#	6	£2.52	15.00%	£2.14	
246-7637	TEPE INTERDEN BRUSH GREEN 0.8#	6	£2.52	15.00%	£2.14	
331-7633	TEPE INTERDEN BRUSH MIXED #	6	£2.52	15.00%	£2.14	
243-0072	TEPE INTERDEN BRUSH ORAN 0.45#	6	£2.52	15.00%	£2.14	
239-8626	TEPE INTERDEN BRUSH PINK 0.4M#	6	£2.52	15.00%	£2.14	
249-3252	TEPE INTERDEN BRUSH PURPL 1.1#	6	£2.52	15.00%	£2.14	
243-0098	TEPE INTERDEN BRUSH RED 0.5MM#	6	£2.52	15.00%	£2.14	
245-2910	TEPE INTERDEN BRUSH YELL 0.7M#	6	£2.52	15.00%	£2.14	
317-4422	TEPE PLAQSEARCH TABLETS #	20	£2.55	15.00%	£2.17	
381-4563	TEPE TONGUE CLEANER #	EACH	£1.88	15.00%	£1.60	



Pharmacy Name: ..... Telephone Number: .....

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S U P P L E M E N T S



## THREE NEW MUST-STOCK LINES

Quality Supplements  
& Effervescent  
at affordable prices.

**25%**  
**DISCOUNT**

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
VP422	VALUPAK EFF VITAMIN C 1000MG #	20	£1.59	20.00%	£1.27	
409-3001	VALUPAK VITAMIN C + ZINC OAD #	20	£2.26	20.00%	£1.81	
409-2995	VALUPAK VITAMIN B + C OAD #	20	£2.68	20.00%	£2.14	

Pharmacy Name: ..... Telephone Number: .....

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# Stock up for Valentines



VIATRIS

The UK's NO.1 best-selling  
brand for erection  
problems\* is back on TV.  
Stock up now!

\*IRI unit sales week ending 14 May 2022.

Name of product: VIAGRA Connect® film-coated tablets | Active ingredient: Sildenafil | Supply classification: P | Indications: For erectile dysfunction in adult men. Always read the label. Further information about this product, including adverse reactions, precautions, contraindications, and method of use can be found at <https://www.medicines.org.uk/emc/produces/8725> or from Upjohn UK Ltd, Walton Oaks, Surrey, KT20 7NS, VIAC-2023-0245 DOP June 2023

CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
406-9399	VIAGRA CONNECT 50MG OTC #	8	£28.39	12.00%	£24.98	
406-9407	VIAGRA CONNECT 50MG OTC #	4	£16.17	12.00%	£14.23	
416-0990	VIAGRA CONNECT 50MG OTC #	2	£8.82	12.00%	£7.76	

12%

DISCOUNT

Pharmacy Name: ..... Telephone Number: .....

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Dry... Irritated... Tired Eyes?

discover



# Eye Care that's kind to eyes



**pH balanced** – helps prevent stinging



**isotonic** – won't dehydrate eyes



**contact lens friendly**



Ask in store for more information

[www.vizulize.com](http://www.vizulize.com)



CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
397-9705	VIZULIZE ALL IN 1 SOL 360ML#	360ML	£4.58	15.00%	£3.89	
404-7858	VIZULIZE COOLING EYE/DRP 10ML#	10ML	£2.29	15.00%	£1.95	
291-3242	VIZULIZE DRY EYE DROPS #	10ML	£2.06	15.00%	£1.75	
394-1713	VIZULIZE EYE WASH #	300ML	2.93	15.00%	£2.49	
394-0830	VIZULIZE HYPROMELLOSE 0.3% E/D	10ML	£1.60	15.00%	£1.36	
397-9697	VIZULIZE INTENSIVE DRY EY/DRP#	10ML	£2.29	15.00%	£1.95	
397-9671	VIZULIZE IRRITATED EYE DROPS#	10ML	£2.29	15.00%	£1.95	
266-6311	VIZULIZE TIRED EYE DROPS 15ML#	15ML	£1.60	15.00%	£1.36	

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# WHICH BATH SALT WORKS BEST FOR YOU?



- Soothes and relieves tired, aching and overworked muscles
- Excellent after sports and exercise
- Relaxes mind and body to support a good night's sleep

RICH IN  
**MAGNESIUM**

VS

- Softens and nourishes dry skin, soothes and calms itchy and irritated skin
- Helps support the skin's natural barrier
- Suitable for use on eczema, psoriasis and sensitive skin



PROTECTS THE  
**SKIN'S BARRIER**

KIND TO BIOME®

VS



ANIMAL  
TEST-FREE  
AND  
VEGAN

- Naturally relaxes your mind & body
- An easy way to help boost and supplement magnesium
- Supports healthy sleep patterns and a deep night's sleep
- Used before intense exercise to help prevent injury

MINERAL WELLBEING  
**Westlab**

**WESTLABSALTS.CO.UK**

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CODE	PRODUCT DESCRIPTION	PK SIZE	TRADE	DISCOUNT	INVOICE PRICE	QTY
400-2408	WESTLAB DEAD SEA SALT #	1KG	£4.00	40.00%	£2.40	
400-2440	WESTLAB HIMALAYAN PINK SALT #	1KG	£4.00	40.00%	£2.40	
402-3537	WESTLAB MAGNESIUM FLAKES #	1KG	£4.00	40.00%	£2.40	

**40%**

**DISCOUNT**

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